# CADOGANVIP

THE MAGAZINE FROM CADOGAN CONCIERGE • JANUARY 2020

MUST SEE EVENTS TO KICK START THE NEW DECADE FOOD FOR THOUGHT WITH VEGANUARY CHINESE NEW YEAR CELEBRATIONS



Cirque du Soleil - Luzia A Waking Dream of Mexico

# Inside



RETAIL THERAPY

Step into the New Year with these must have items



#### EXCLUSIVELY FOR YOU

Indulgence from Adam Handling Chelsea and 'fitspiration' from KXU



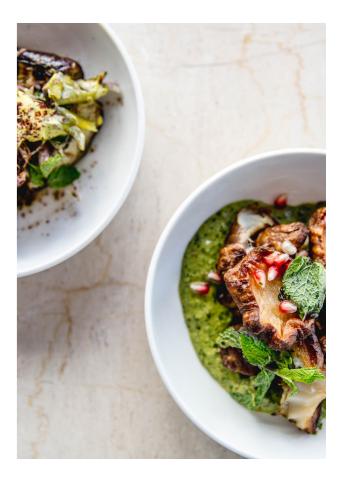
VEGANUARY Vegan inspired local feasts



YOUR LONDON

The capital's most exciting dates for your diary

#### JANUARY • 2020





# What's on in Chelsea

MUSIC • ART • THEATRE • EXHIBITIONS • FOOD



Chelsea Chinese New Year Market

> 25 Jan - Duke of York Square www.dukeofyorksquare.com

Duke of York Square will be full of festivities on Saturday 25th January, as the usual Fine Food Market will feature an array of Chinese specialities. Along with the delicious food, will be traditional Lion Dance performances and other entertainment.



### Heralding Spring Kokedama Making

25 Jan - Chelsea Physic Garden www.chelseaphsyicgarden.co.uk

Feeling green-fingered? Join the Chelsea Physic Garden's horticultural team to start your own Japanese garden and participate in snowdrop Kokedama classes running throughout the day.

#### The Pink Singers

#### 11 Jan - Cadogan Hall www.cadoganhall.com

Celebrating over 35 years of musical development and Europe's longest-running LGBT+ choir, The Pink Singers will be on stage showcasing their diversity and talent. An irrepressible evening with music from artists including Queen, Beyonce and Rag'n'bone Ma.

### Scenes with girls

#### 15 Jan to 22 Feb - Royal Court Theatre www.royalcourttheatre.com

'Scenes with girls' follows the lives of two teenage girls, Tosh and Lou who speak in their own invented language, discussing the universe, pop culture and their future together. Friends and lovers have come and gone, but they have clung together.

#### Large Oversized Tote **Bag** Workshop

19 Jan - The Fashion School www.thefashionschool-uk.com

Book on to this Sunday session to make an oversized tote bag out of linen and a selection of other sustainable or organic fabrics. Perfect for beginners, you will learn how to set up a sewing machine, use different stiches and all the techniques to create and decorate your bag.







An immersive and contemporary interpretation of James Abbott McNeill Whistler's famed Peacock room, by artist Darren Waterston.

### **Tribute Ink**

### Architecture Modelling

#### Filthy Lucre: Whistler's Peacock Room Reimagined

#### From 25 Jan - V&A www.vam.ac.uk

#### From 31 Jan - National Army Museum www.nam.ac.uk

Explore the role of tattoos within the Armed Forces. Serving as acts of remembrance, statements or belonging and recording significant events during their service, the tattoos reveal powerful stories of identity, comradeship, bravery and sacrifice.

#### 26 Jan - Design Museum www.designmuseum.org

For budding architects, step into the shoes of a building designer and create your own 3D model. Using paper engineering techniques, learn how to make the architectural models of your own designs.

For more local events and exhibitions, visit www.inchelsea.co.uk

# **Retail Therapy**

LUXURY • ACCESSORIES • PERSONAL SHOPPING • EXPERIENCES

# Must haves for a stylish start to the year...







# Exclusively for You

#### COMPLIMENTARY GLASS OF ENGLISH SPARKLING WINE AT ADAM HANDLING CHELSEA

Adam Handling Chelsea at Belmond Cadogan Hotel -Sloane Street www.adamhandlingchelsea.co.uk

Belmond Cadogan Hotel on Sloane Street is a retreat in the heart of Chelsea and a London legend reborn. Chef Patron Adam Handling is at the helm of the property's culinary creations. Modern British dishes are served in the destination restaurant Adam Handling Chelsea, from morning to night. A unique Afternoon Tea concept, perfectly blending history and nostalgia with showstopping culinary technique and flair, is served daily in Cadogan's by Adam Handling.

As a valued member of Cadogan VIP and to celebrate the new decade, we are delighted to offer a complimentary glass of Adam Handling's own label English sparkling wine when booking a table in Adam Handling Chelsea or Cadogan's by Adam Handling, throughout the month of January.

*Ts&Cs: Offer is only valid until 31.01.20, with tables of up to 6 guests. To book email reservations(Qadamhandlingchelsea. co.uk or call 0208 089 7070, and quote Cadogan Concierge or show this page on arrival.* 



# Exclusively for You

#### DISCOUNTED MONTHLY KXU CLASS MEMBERSHIP

KXU – Pavilion Road www.kxu.co.uk

Looking for THE venue to turn your newly set wellness intentions into a reality? Well, look no further. KXU is Chelsea's leading fitness and spa destination, located on 241 Pavilion Road. They offer HIIT, Strength, Yoga, Barre and U-CYCLE classes 7 days a week, there are 9 class formats to choose from which will get you in the best shape of your life, whilst enjoying the process along the way. Alongside fitness, KXU also have an industry-leading Medi-Spa. Choose from an array of beauty, aesthetic, body rehab and body contouring treatments as well as Cryotherapy and an Infrared Sauna.

As a valued member of Cadogan VIP, KXU are offering an exclusive 10% discount on monthly class and yoga memberships throughout the month of January.

*Ts&Cs: offer is only valid until 31.01.20, on multiples of 5, 10, 20 and 30 classes. To book, please use the code: CADOGANCKXU* 



# Veganuary

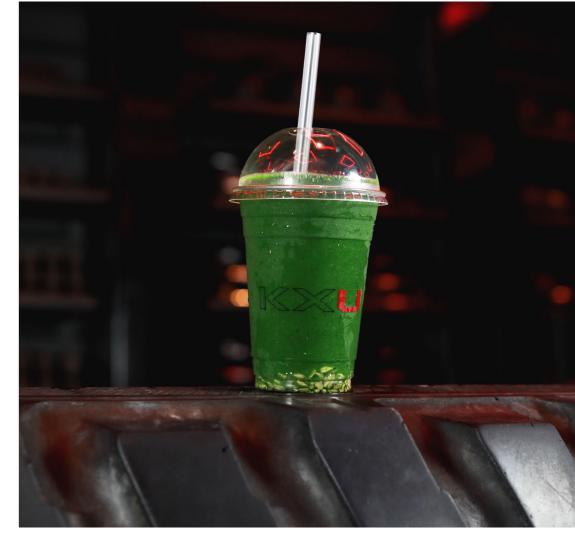
As memories of champagne, mince pies and one-too-many Quality Street linger, adopting 'Veganuary' could help us feel back on track! Whatever your motivation; ethics, the environment, or a New Year health-kick, Veganism is much more accessible, with over 1/8th of the British population vegetarian or vegan. So, remove all the temptation (yes, that includes the leftover cheese!), ban your weekend bacon sarnies and commit to Veganism. As inspiration, here's our round-up of Chelsea's best locations with tempting vegan dishes guaranteed to make sure you don't go hungry...

### Wulf & Lamb

#### 243 Pavilion Road, London www.wulfandlamb.com

'For ferocious herbivores and friends' is their tag line and it couldn't be any closer to the truth. January may be cold and bleak, but Wulf and Lamb offer comfort food turned up a notch; indulgent, warming and 100% vegan. Satisfy those cravings with truffle pasta; sedanini pasta with mixed mushrooms and white truffle oil or if you're in for breakfast, go for the Full Wulf; potato layer cake, barlotti ragout scrambled ackee, lemon spinach, sautéed peppers, mushrooms and toasted sourdough.





## KXU

## www.kxu.co.uk

## 241 Pavilion Road, London

Make the fitness and wellbeing hub, KXU, on Pavilion Road your second-home this Jan. Sweat out those Christmas toxins with a workout class (we hear The Games is a real challenge) and then refuel at their Nutrition Bar designed to nourish, aid recovery and enhance performance. The Vegan Bowl will fill you up 'till your next meal (raw Mediterranean salad, fregola, broccoli and cauliflower, pumpkin seeds and preserved lemon) whilst if you're after something lighter, most of their smoothies can be made vegan. Our favourite is the Superhero, banana, rice milk, peanut butter, GF rolled oats, chocolate plant protein, flax seed and cacao powder.



#### Rabbit

#### 172 King's Road, London www.rabbit-restaurant.com

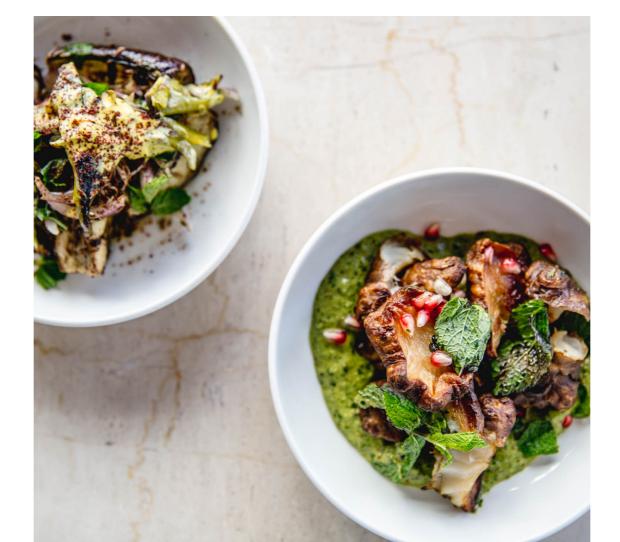
Championing local and wild British produce are the Gladwin brothers, founders of King's Road haunt, Rabbit, which comes with a separate vegan menu. Share and enjoy their selection of mouthfuls; breakfast radish and pickle gel or caraway crisp bread, tamarind ketchup and pickled rapeseed, followed by broad bean hummus or courgette tartare.

### Vardo

#### 9 Duke of York Square, London www.vardorestaurant.co.uk

Low and slow cooking inspired by dishes from across the world makes Vardo a perfect destination for vegan globetrotters. Designed for sharing, thier vegan dishes are packed with colour and flavour making for a delicious January feast. Enjoy roasted Jerusalem artichokes, green tahini with pomegranate and mint or charred sweetcorn, salted pandau, coconut milk, sesame and chilli. For something a little larger, try the quinoa grain bowl, with quinoa, edamame and buckwheat, broccoli, pickled daikon, toasted sweatpeas, mung beans and sesame soy.





### The Phene

#### 9 Phene Street, London www.thephene.com

Chelsea institution, The Phene, is not the traditional watering-hole. With a kitchen run by Michelin-trained chef, Sid Kounta, The Phene has menus to cater for every nutritional need. We suggest you indulge in the moving mountains vegan burger with vegan gouda and finish with the vegan apple tarte tatin and coconut yogurt, sure to cause food envy amongst your friends. If you've taken things one step further and opted in to "Dry Jan" as well, they stock three alcohol-free beers as well as 0% alcoholic cocktails.

# Your London

We take a look at some of the capital's most exciting dates for your diary.

We can access tickets for a range of occasions including many sold out or unobtainable events. Please contact us for further details covering the world of theatre, sport, exhibitions, comedy, film premieres and concerts...



The Cinema at Selfridges

The first permanent department store cinema in the world has officially opened and consists of three screens in total: a 70-seat main screen, a second 59-seater, and a third 28-seater; all filled with curved rows of plush, reclining seats. They've installed recording-studio-quality speakers **Open now – Selfridges** that can both shake the earth and hear a single perfect pin-drop. There's food on demand, a membership scheme, www.thecinemaatselfridges.com and a cocktail bar for pre/post drinks. The only quesion that remains: what will you book to see?

18 Cadogan Concierge

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#### Cirque du Soleil – Luzia A Waking Dream of Mexico

#### 12 Jan to 01 Mar – The Royal Albert Hall www.royalalberthall.com

Escape to an imaginary Mexico – a sumptuous world suspended between dreams and reality. The delightfully imaginative and visually stunning show will see brand new acts and breath-taking production, never used by Cirque du Soleil at The Royal Albert Hall before, including the use of rain in acrobatic and artistic scenes.

### Roddy Doyle's 2020 Tour

### 11 Mar – Southbank Centre www.southbankcentre.co.uk

Roddy Doyle's writing is immediately recognisable for his rich humour, unique use of dialogue and contemporary references. Celebrate the career of one of Ireland's best-loved writers, as he discusses his work in an intimate and entertaining evening of sprawling conversation, with various speak guest interviewers.

# William Shatner – Wrath of Khan

16 Mar – Eventim Apollo www.eventimapollo.com

Set your phasers to stun and beam yourself to London's Eventim Apollo for an unforgettable night with the one and only William Shatner, live on stage. Audiences will enjoy a screening of the classic film, Star Trek II: The Wrath of Khan, on the big screen, followed by a live conversation with the one and only "Captain James T. Kirk." William will share fascinating and humorous stories from portraying the original Captain Kirk in the "Star Trek" television series and movies, as well as from his career spanning over 50 years as an award-winning actor, producer, director and writer. A limited number of VIP tickets will be available, which include premium seating and a photo opportunity with Mr. Shatner himself.



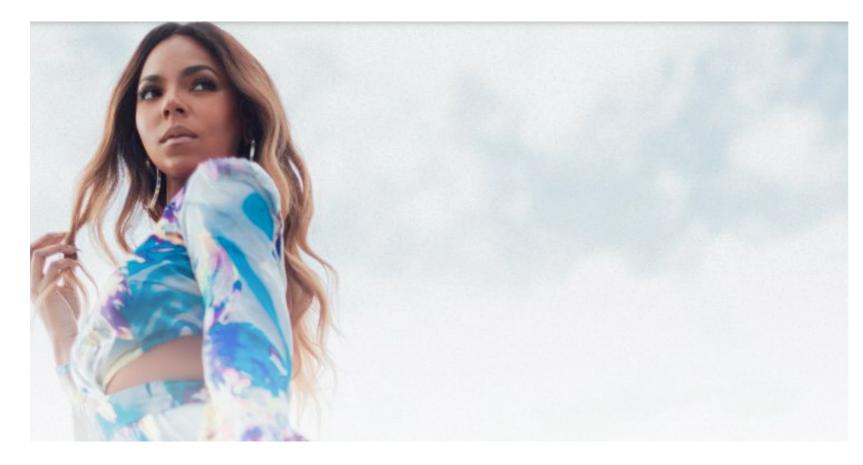






#### **GIGS & CONCERTS**

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31 Jan – Eventim Apollo www.eventimapollo.com

# Peter Green

www.lwtheatres.co.uk

### The Script

29 Feb – The O2 www.theo2.co.uk

13 to 15 Mar – The O2 www.theo2.co.uk

### Ashanti, Ginuwine & Mario

Ashanti has announced a UK tour taking place this year and even better, she's bringing some of her superstar friends with her! Ginuwine and Mario are also joining to give an ultimate sense of noughties nostalgia.

## Mick Fleetwood and Friends Celebrate the Music of

## 25 Feb – The London Palladium

Legendary drummer, Mick Fleetwood has enlisted an all-star cast for a one-of-a-kind concert honouring the early years of Fleetwood Mac and its founder, Peter Green. The bill includes Billy Gibbons, David Gilmour, Jonny Lang, Andy Fairweather Low, John Mayall, Christine McVie, Zak Starke, Steven Tyler, Bill Wyman and many more...

Irish alt-pop trio The Script embark upon a new chapter with the release of their new album 'Sunset & Full Moons' with a UK tour that includes a stop at The O2, with Becky Hill supporting.

Country to Country

Europe's biggest country music festival returns to The O2 this March, with headliners Eric Church, Darius Rucker and Luke Combs all confirmed.

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#### Into the Night – Cabaret and Clubs in Modern Art

### Now until 19 Jan – Barbican Art Gallery www.barbican.org.u

This wildly vibrant exhibition explores the social and artistic role of cabarets, cafes and clubs around the world from the 1880s all the way into the 1960s. The first major show staged on this theme, Into the Night offers an alternative history of modern art that highlights the spirit of experimentation and collaboration between artists, performers, designers, musicians and writers of the avant-garde.

### Patrick Staff: On Venus

### Now until 08 Feb – Serpentine Sackler Gallery www.serpentinegalleries.org

For their newly commissioned exhibition at the Serpentine, Patrick Staff presents their most ambitious work to date: On Venus. A site specific installation exploring structural violence, registers of harm and the corrosive effects of acid, blood and hormones through architectural intervention, video and print.

### Moving to Mars

### Now until 23 Feb – The Design Museum www.designmuseum.org

Following its blockbuster exhibition Stanley Kubrick, the Design Museum invites you to travel to Mars without leaving London – in a multi-sensory adventure for all ages.

#### Cars: Accelerating the Modern World

Now until 19 Apr – The V&A www.vam.ac.uk

As we approach another major turning point in automotive design, this exhibition looks at the role of the car in shaping the world we live in today. Bringing together 15 diverse cars to tell extraordinary stories about design, displays will include the first production car in existence; an autonomous flying car; a converted low-rider; and a 1950s concept car – making this the first time that many of these cars have been shown in the UK before!







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#### 13 Jan to 15 Feb – The Garrick Theatre www.nimaxtheatres.com

With a comedy career spanning over three decades, don't miss out on Frank Skinner's five-week run at the Garrick Theatre. One of Britain's finest stand-up stars, his award-winning routines have seen him entertain audiences around the country; with this experience set to be no different.

## www.ssearena.co.uk

## Mary Poppins

#### Now until 07 Jun – Prince Edward Theatre www.princeedwardtheatre.co.uk

Disney and Cameron Makintosh's multi award-winning musical Mary Poppins if flying high at the Prince Edward Theatre. Starring the legendary Petula Clark as The Bird Woman, the magical story of the world's favourite Nanny is triumphantly and spectacularly brought to the stage with dazzling choreography, incredible effects and unforgettable songs.

### SIX

#### Now until 15 Jul – The Arts Theatre www.artstheatrewestend.co.uk

### Frank Skinner: Showbiz

### Jack Whitehall - Stood Up

## 10 Jan – The SSE Arena Wembley

Award-winning comedian, actor and writer Jack Whitehall has announced the two closing dates of his 'Jack Whitehall: Stood Up' arena tour. Following two sell out arena tours, this show promises to be the most hilarious yet from one of comedy's most eccentric talents. A joy to watch on stage and a comedian who is firmly on the road to becoming a global megastar, this show is not to be missed!

Divorced! Beheaded! Live! SIX returns to the Arts Theatre in London where it played to sell-out audiences last year. From Tudor queens to pop princesses, the six wives of Henry VII finally take the mic to tell their tale, remixing five hundred years of her-storical heartbreak into a 75 minute celebration of sisterly sass-itude.

### The Dafabet Masters

#### 12 to 19 Jan – Alexandra Palace www.alexandrapalace.com

The Masters, sponsored by Dafabet, is snooker's most prestigious invitation tournament. It has a rich history dating back to 1975 and is considered one of the sport's Triple Crown events, alongside the World Championship and UK Championship. Only the elite top 16 players are invited to compete for the famous trophy and a top prize of £200,000.

#### The NBA in Paris – Charlotte Hornets v Milwaukee Bucks

#### 24 Jan – The Accor Hotels Arena Paris www.accorhotelsarena.com

Make your way to Pairs for an official NBA match-up between the Charlotte Hornets and the Milwaukee Bucks in the very first-ever NBA regular-season game played in Paris. Contact us for all your travel and ticket packages.

### **Guinness Six Nations**

## 01 Feb to 14 Mar – London, Cardiff, Edinburgh, Dublin, Pairs and Rome www.sixnationsrugby.com

Following the Rugby World Cup in Japan, all eyes in the Rugby World turn to the 2020 Six Nations, which will begin on Saturday 1st February and finish with a Championship 'Super Saturday' on March 14th. Grand Salm winners Wales start at home in Cardiff against the Italians, with England travelling to Paris to play France. Ireland will hope for a better result too as they begin their campaign against Scotland in Dublin. Contact us for individual match and group packages as well as hospitality.











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