# SLOANE SQUARE

ART \ CULTURE \ FASHION \ FOOD JANUARY 2020



TOKENS OF LOVE TO WIN THEIR HEART THIS VALENTINE'S DAY

John Simpson

THE VETERAN WORLD AFFAIRS EDITOR ON THE CHELSEA HE LOVES

Vardo

BRING THE RESTAURANT EXPERIENCE HOME WITH THE CHEF'S RECIPES

Cefinn

SAMANTHA CAMERON IN CONVERSATION ABOUT HER FASHION BRAND

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#### **SLOANE SQUARE**

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### Calendar

SLOANE SQUARE / JANUARY 2020

#### UNTIL APRIL 17

TATTOOS: TRIBUTE INK Tattoos play an important role within the armed forces community. Inked onto the skin of soldiers, sailors and airmen, they reveal powerful stories of identity, comradeship, bravery and sacrifice. Renowned photographer Charlie Clift has captured the tattoos of serving and ex-serving personnel in military bases across the UK.

Free, National Army Museum, Royal Hospital Road. T: 020 7730 0717, nam.ac.uk

# Events JANUARY & diary

#### **UNTIL FEBRUARY 14** NATURE: INVESTIGATE FOR FAMILIES

Drop into Investigate, the Natural History Museum's science centre, to get hands-on with the museum's collection. Designed specially for families with children aged sevenplus, the hub has more than 300 specimens to spark your curiosity, ranging from trays of fossils and beetles to bones, skins, minerals and more.

Free, Natural History Museum, Cromwell Road. T: 020 7942 5000, nhm.ac.uk



#### Calendar



#### **UNTIL APRIL 28**

NATURE: PALAEOART -RECONSTRUCTING THE PAST This display brings together a wide range of palaeoart - works that attempt to reconstruct prehistoric animals and their habitats using fossil material and the latest scientific knowledge – from nearly 200 years ago to the present day. Don't miss the huge depiction of a long-extinct giant ground sloth, the largest painting in the collection. Free, Natural History Museum, Cromwell

Road. T: 020 7942 5000. nhm.ac.uk

#### **UNTIL AUGUST 31**

PHOTOGRAPHY: REFLECTION Internationally acclaimed artist Valérie Belin is known for her monumental photographs exploring artifice, identity and representation. For this display she has drawn inspiration from the V&A's photography collection, particularly from



historic street photography and commercial pictures of shop-window displays by New York's Worsinger Window Service. Free, V&A.

Cromwell Road. T: 020 7942 2000, vam.ac.uk

#### THEATRE: SCENES WITH Other friends have come, found boyfriends and gone. But Tosh and Lou have each other. They're not interested in becoming clichés. They'll never be like other girls. And Tosh is going to keep it that way. Miriam Battye developed Scenes With Girls while taking part in a Royal Court writers' group. **Tickets** from £15, Royal Court Theatre, Sloane Square. T: 020 7565 5000,

royalcourttheatre. com







#### **JANUARY 20**

MUSIC: JOSHUA BELL AND THE ACADEMY OF ST MARTIN IN THE FIELDS Joshua Bell leads the academy in a programme of iconic string orchestra pieces from the 18th, 19th and 20th centuries, including Bach's spirited Violin Concerto in A Minor and the third Brandenburg Concerto. Mahler's sumptuous string orchestra arrangement of Schubert's String Quartet in D Minor, "Death and the Maiden", is another highlight. From 7.30pm.

Tickets from £10, Cadogan Hall, 5 Sloane Terrace. T: 020 7730 4500, cadoganhall.com



#### **JANUARY 20**

KIDS: TINY TROOPERS: POSTERS Sing, play and create with your little ones at this fun and sensory Tiny Troopers toddlers' session. The regular event has a different theme every time, and this session focuses on army posters. It's ideal for children aged from two to four. Sessions start at 10am and 11.20am and last approximately 45 minutes.

Tickets £5, National Army Museum, Royal Hospital Road. T: 020 7730 0717, nam.ac.uk

#### **JANUARY 22**

EVENT: TRAVEL WRITING WORKSHOP Some of the UK's most highly respected female travel journalists will share hints and tips on how to capture and record your journeys in writing, as well as sharing their experiences on assignments. The panel includes journalists who have written for outlets including the BBC, CNN, *Condé Nast Traveller* and the *FT*. From 7–9pm.

Tickets from £8, Royal Geographical Society, 1 Kensington Gore.



#### Calendar

#### **JANUARY 23**

EVENT: BOOK CLUB: GHOST TREES BY BOB GILBERT Author Bob Gilbert explores the hidden wildlife of the inner city and its edgelands in his book *Ghost Trees*, finding unexpected beauty in the cracks and crannies. Come along to the Royal Geographical Society's inaugural book club to discuss the book at a welcoming evening of community and conversation. From 7–8.30pm.

Tickets from £15, including wine and soft drinks, Royal Geographical Society, 1 Kensington Gore. T: 020 7591 3000, rgs.org





#### **JANUARY 26**

MUSIC: JEANIE BARTON'S NOËL AND COLE Join Jeanie for a delicious soirée showcasing the songs and stories of singersongwriters Noël Coward and Cole Porter. The flamboyant duo dominated the jazz and cabaret scenes from the 1930s and beyond. Jeanie will perform some of their most enduring hits, including "I Get a Kick Out of You" and "Mad About the Boy". Showtime is 8pm.

Tickets £15, The Pheasantry, 152 King's Road. T: 020 7439 4962, pizzaexpresslive.com

#### JANUARY 30-FEBRUARY 22

THEATRE: POET IN DA CORNER In a strict Mormon household somewhere between East London and Essex, a girl is given Dizzee Rascal's groundbreaking grime album *Boy in da Corner*. Precisely 57 minutes and 21 seconds later, her life begins to change – from feeling muted by dyslexia to spitting the power of her words; from being conflicted about her sexuality to finding the freedom to explore.

Tickets from £12, Royal Court Theatre, Sloane Square. T: 020 7565 5000, royalcourttheatre.com







#### ENJOY 30% OFF YOUR COSY WINTER GETAWAY

Newly appointed a member of Relais & Châteaux, 11 Cadogan Gardens is an unforgettable 5-star boutique hotel built in the late 19th century. Located in the heart of Chelsea, enjoy the warmth and comfort of your cosy bedroom and benefit from a 30% discount until 31st March 2020. We look forward to welcoming you to your London home from home soon...

\*T&C's apply, please visit our website: www.Ifcddogangardens.com For reservations, call +44 (0)20 7730 7000 or email reception@11cadogangardens.com





#### WINTER MENU AT HANS' BAR & GRILL

Our Head Chef, Luke Phillips, a finalist of MasterChef: the Professionals 2018, is launching a new menu for the winter season, rooted in British produce and underpinned by his classical cookery skills.

> MARKET MENU 2 COURSES £20 | 3 COURSES £26

For reservations, call +44 (0)20 7730 7000 or email info@hansbarandgrilLcom

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#### Calendar

#### **FEBRUARY 2**

MUSIC: SIERRA BOGGESS Broadway star Sierra Boggess's recent credits include *It Shoulda Been You* and *School of Rock*. She also starred in the 25th anniversary concerts of Andrew Lloyd Webber's *The Phantom of the Opera* at the Royal Albert Hall and in *Love Never Dies* in the West End, which won her an Olivier Award nomination. She will perform at 2.30pm and 6.30pm.

Tickets from £29.50, Cadogan Hall, 5 Sloane Terrace. T: 020 7730 4500, cadoganhall.com



#### **FEBRUARY 9**

FASHION: FROCK ME VINTAGE FASHION FAIR Established in the late 1990s, Frock Me is a must-visit destination for those seeking vintage fashion. More than 60 exhibitors typically attend the fair, each with their own specialisms, including 1920s fashion, 1970s labels such as Ossie Clark and Biba, French textiles and popular vintage designer labels such as Chanel. From 11am–5.30pm. Tickets £5.98, Chelsea Old Town Hall, King's Road. frockmevintagefashion.com



#### JANUARY 31

GARDENING: WINTER FLOWER PRESSING Discover the ancient art of flower pressing and view beautiful specimens from Chelsea Physic Garden's herbarium. With expert guidance, choose a variety of seasonal flowers and leaves to use in your own flower press, which you can take home at the end of the workshop. From 11.30am–1pm.

Tickets £35, Chelsea Physic Garden, 66 Royal Hospital Road. T: 020 7352 5646, chelseaphysicgarden.co.uk





#### FEBRUARY 29-JUNE 21

FASHION: KIMONO: KYOTO TO CATWALK Stunning 17th-century Japanese garments, international haute couture and costumes from *Star Wars* come together in this major new exhibition on kimono fashion. The showcase will present the kimono as a dynamic and constantly evolving icon of fashion, revealing the sartorial, aesthetic and social significance of the garment from the 1660s to the present day.

Tickets from £16, V&A, Cromwell Road. T: 020 7942 2000, vam.ac.uk



#### MARCH 18-20

ANTIQUES: THE CHELSEA ANTIQUES FAIR Now in its 70th year, the Chelsea Antiques Fair brings 35 to 40 respected antique dealers and galleries to London. Expect silver, jewellery, porcelain and pottery, objets d'art, oil paintings and watercolours, some furniture and unique decorative pieces dating from around 1700 to the present day. Prices range from £25 to £10,000.

Entry £5 on Wednesday, £3.50 thereafter or get complimentary e-tickets via the website, Chelsea Old Town Hall, King's Road. T: 01825 744074, penman-fairs.co.uk

#### FEBRUARY 2

GARDENING: THE MAGIC OF HELLEBORES WITH ED FLINT With warmer weather and longer days not too far away, discover more about these glorious early-spring flowers with Ed Flint. Ed has worked under the legendary Christopher Lloyd at Great Dixter, at Washfield Nursery for Elizabeth Strangman and in private gardens across Europe. From 2pm. Tickets £5, Chelsea Physic Garden, 66 Royal Hospital Road. T: 020 7352 5646, chelseaphysicgarden.co.uk



News / January

#### SLOANE SQUARE / JANUARY 2020

INITIALLY LONDON is a new monogramming business founded by Chelsea resident Jane Wiest, who lives and works just off Sloane Square. It puts personalisation to the fore: whether you put your initials on a handbag, go for napkins with a monogram or pick a personalised yoga mat, the options not to mention colours and styles - are endless. initiallylondon.com





AT THE LONDON LIFESTYLE AWARDS in November, Duke of York Square was named "London's Favourite Lifestyle Street", as voted for by the public. It is a huge accolade, with other destinations like Bond Street. Elizabeth Street and Portobello Road also considered. A worthy winner, Duke of York Square was originally built as a school for military orphans in 1801. It was acquired by Cadogan in 1998 and redeveloped to fuse classic architecture with contemporary design. Today, it is home to the Saatchi Gallery, the newly opened Vardo restaurant, one of Zara's largest European stores and flagships for British jeweller Monica Vinader, skin experts Dermalogica, shoe designer Miista and denim brand Trilogy. Dining al fresco at any of the square's seven restaurants and cafés is always a treat, and the Duke of York Square Fine Food Market on a Saturday attracts locals and visitors alike. dukeofyorksquare.com

LOCAL WRITER Sarah J. Naughton has a third psychological thriller coming out this month with Orion Books. Entitled *The Mothers*, it is set all over Chelsea, so expect to see some familiar places. Naughton was shortlisted for the Costa Award for her debut children's book and her last thriller, *The Other Couple*, was a bestseller.



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 BAGPAD WAS FOUNDED in 2018 by Chelsea

 resident Marielle Kangasniemi. It solves one of life's

 litte problems: how to get your designer bag to retain

 its shape in style. Bagpad can make a bag cushion to sit

its shape in style. Bagpad can make a bag cushion to sit inside any brand bag, with perfect dimensions, in your choice of material and with monogramming, too. It's sustainable in that it helps beloved bags last far longer than they otherwise would, and also stops people using paper and plastic to stuff them after each use. Bagpad is committed to reducing plastic in landfills, and has collaborated with the One Ocean Foundation, which helps to keep the Mediterranean Sea plastic-free. *The Bagpad showroom is at 105 Sloane Street* 

AT THE DECEMBER 2019 GENERAL ELECTION, MP Greg Hands held his seat as Conservative MP for Chelsea & Fulham and with an increased majority. Greg has been elected MP for the borough four times, and has been an MP since 2005. In Kensington, Felicity Buchan retook the seat for the

Conservatives from Labour who had held the seat since 2017.



#### Community News / January

LEGENDARY PHOTOGRAPHER Terry O'Neill passed away in November 2019. *Sloane Square* magazine interviewed him some years ago and he was a local resident who was passionate about supporting the area. Kensington + Chelsea Art Weekend founder Vestalia Chilton says, "He was the first to support Kensington + Chelsea Art Weekend and champion other artists and cultural projects in photography and beyond. We were very lucky to have had him on our advisory board and in our first public art installation in Sloane Square, entitled: Faces of Kensington & Chelsea." Of

the installation, Terry O'Neill himself said at the time: "This is where it all began for me...Since I've lived and worked around Kensington and Chelsea most of my life, it is wonderful to participate in the Art Weekend. The exhibition, Faces of Kensington & Chelsea, will celebrate those amazing faces that brought - and in some cases continue to bring - art and culture to this wonderful borough." He will be missed.



**KENSINGTON + CHELSEA ART** Weekend was such a success that this year it is due to run for a whole week, from June 26–July 5. It is launching an open call to artists, performers and curators to submit artworks and projects. These will be displayed on the KCAW20 Public Art Trail. temporary art installations that are a wonderful asset for the area and visitors who come to see them. This is the first time in its three years that KCAW has launched an open call, and promises to give wonderful exposure to local talent. Sound artists and performers as well as visual artists should submit existing artworks or ideas for projects by January 25. The



shortlisted proposals will be evaluated by an art committee made up of leading names from the visual arts, performance arts, literature and media. Please email Rebecca@kcaw.co.uk for more information or see kcaw.co.uk/ public-art-open-call





NINAI ZARACH, founder of Duke of York Square's Italian restaurant Manicomio, was nominated as a finalist at the 2019 NatWest everywoman Awards. The awards represent the leading platform for celebrating the successes of female entrepreneurs, and finalists are selected by a prestigious judging panel that includes Chrissie Rucker OBE (The White Company), fashion designer Melissa Odabash, Rosaleen Blair CBE (Alexander Mann Solutions) and Poonam Gupta OBE (PG Paper Company). Nassrin was shortlisted in the Hera category, awarded to the most inspirational woman running a business trading for 10 years or more.





JESSICA ROTHMAN, aka @sw3kitchen, is a Chelsea resident who runs a cooking Instagram page where she shares photos and recipes. Local restaurants are starting to reach out on supper-club collaborations, and she does much of her food shopping locally, at Natoora on Pavilion Road and Daylesford. "Obviously the name of my page and the general essence is highly influenced by the area," Jessica says. Follow her for food goals.

11 CADOGAN GARDENS has been announced as London's only Relais & Châteaux hotel, the third member in the Iconic Luxury Hotels group to join the prestigious association. Relais & Châteaux celebrates exceptional hospitality through service, cuisine and amenities, and 11 Cadogan Gardens is known for its rich heritage and exceptional service. Originally built by Lord Chelsea in the late 19th century, today it is one of London's top boutique hotels, with 56 luxury rooms and wonderful restaurant Hans' Bar & Grill, which opens onto the charming Pavilion Road.



## True luxury is time

The Lanesborough Club & Spa is a private members' health and fitness club where time ticks to an alternative tune. Here, world-renowned fitness regimes, nutritional programmes, spa and beauty treatments are bespoke, allowing for an optimal state of wellbeing. Welcome to the epitome of tranquillity, where high octane lives find much needed rest and relaxation. Quote "**Sloane Square**" when enquiring.





Fashion / News

SLOANE SQUARE / JANUARY 2020

FROST IS A NEW BRAND from actress and fashion designer Sadie Frost, available to snap up at Urban Retreat (2–4 Hans Crescent). The 10-piece collection of leggings, vests and bra tops is inspired by the five senses and the alignment of chakras to inspire strength and positivity. Each piece features affirmations, and is perfect for in the gym and out of it. *From £43* 

MAJE HAS LAUNCHED First Stone, a sustainable denim capsule collection, so-called because all major projects start with the first step - the first stone. One of the most wasteful production processes in fashion is denim, but by adopting new stone-wash techniques, Maje has reduced all the resources needed in the process. Water has been reduced by up to 95 per cent, chemicals by up to 50 per cent and energy by up to 79 per cent. The company is also looking to make its wool, cotton, viscose, packaging and transport more sustainable, and has already started using recycled wool in selected products. You can look good and feel good, too. 182A King's Road



AT THE BRITISH FASHION COUNCIL'S awards gala in December, Bottega Veneta (33 Sloane Street) swept the board with four awards, including the coveted Brand of the Year award. Its creative director Daniel Lee also scooped several awards – he is pictured here accepting the Accessories Designer of the Year award from model and actress Rosie Huntington-Whiteley. Edward Enninful, Donatella Versace, Tom Cruise and

> more were in attendance to celebrate the best of British fashion at the event held at the Royal Albert Hall.

#### Fashion / News

T.BA (262 Pavilion Road) has launched its Gipsy capsule collection for autumn/winter. Look out for bohemianinspired, hand-painted silk velvet coats and jackets, combined with oriental prints and exotic paisley wool jacquards. There are carved brass buckle belts with a twist, embellishments with feathering and delicate embroidery. The collection reflects the Andalusian equestrian roots of the brand's director Mercedes López de Carrizosa, and is both romantic and winter-perfect.



HANDBAG DESIGNER Daniela de Montby is ever innovative. She has created an interactive window display in her shop at 406 King's Road, and has also started hosting Alice in Wonderland-themed dinner parties in the basement of the shop. Yet more reasons to step inside.



HATCH LABEL, an online marketplace for independent brands not widely distributed within the UK, has opened a new winter sports store at 126 King's Road. Pop into London Ski Pop Up before the half-term skiing trip, as the store stocks lots of independent skiwear brands, with a full range of ski clothing and accessories. One of the brands on display will be Legendary Alpine, which specialises in slim-fit, Seventies-style women's salopettes. Think flattering, feminine, high-waisted pants with adjustable straps, contrast stripes and Swiss stretch fabric. The fabric gives you racer-like manoeuvrability when whizzing down the slopes – and is the quickest way to look chic on them, too.





TONTERIA a very naughty friday 14<sup>TH</sup> FEBRUARY

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Fashion / Cefinn

SLOANE SQUARE / JANUARY 2020



SAMANTHA CAMERON MAY ONCE UPON A TIME HAVE BEEN KNOWN FOR BEING WIFE-OF-DAVID, BUT SHE'S NOW TRULY CARVED HER OWN NICHE IN CONTEMPORARY, SMART WOMENSWEAR. CHARLOTTE PASHA ASKS HER ALL ABOUT CEFINN





IF YOU'VE EVER SEEN CEFINN clothes, you know they really are designed for real women. Women going from boardroom to bar, from school run to office and everything in between. With sleekly tailored trousers, smart shirts and colourful dresses, it ensures there is nothing boring, but everything practical, about workwear. And according to Samantha, the brand's USP is its versatility.

"In creating Cefinn, one of the most important factors for me was designing chic, hard-working fashion that looks as good at the end of the day as it did at the start, with little to no creasing and that can be put in the washing machine! It's your ultimate day-to-evening wardrobe that takes you from the workplace to a night on the town switching up trainers for heels," she says. "Cefinn creates chic, grown-up fashion for the multitasking woman. Every piece is designed to be smart, modern and feminine. Easy to wear and elegantly understated, it's fashion you don't have to overthink – easy to wear, easy to style."

Perhaps Samantha was always destined to end up in fashion. "When I was a child my aunt worked for Jasper Conran and my mum's best friend was Bruce Oldfield so we got to wear their samples as teenagers. I used to make my own clothes and loved browsing through September *Vogue* – all the lovely winter colours and textures."

Samantha was creative director at Smythson (141-142 Sloane Street) until 2010, after which she gleaned a unique perspective on fashion. While in Downing Street, she spent years having to dress for a huge range of functions, which proved invaluable learning experience. "It was a huge honour to be able to wear so many of our incredibly talented young British designers during my time at Downing





"IT'S FASHION YOU DON'T HAVE TO OVERTHINK – EASY TO WEAR, EASY TO STYLE"

#### Fashion / Cefinn

Street. Many became good friends and are the most lovely, hard-working, supportive group of people I have had the pleasure to get to know. I saw a gap in the market for quality design that wasn't at a luxury price point but could see you through a busy day and going out for dinner after work, that looked good from start to finish. A brand that was modern, versatile and wearable."

If you're popping into the King's Road shop to look for winter knits and layering pieces, you won't be disappointed. "Our latest winter collection gives a nod to the Seventies with some bell-sleeved merino knits and several structured check pieces.





#### "IT'S BEEN EXCITING TO LEARN MORE ABOUT WHO OUR CUSTOMER IS AND WHERE THEY COME FROM"

I have taken inspiration from British Savile Row tailoring for this season with a pinstripe dress fabric and elegant suiting. We also have a selection of velvet dresses and suiting for the winter party season. My favourite pieces are our winter velvets, party pieces and our Sullivan Coat. For me a coat is key, it pulls a look together, instantly making you feel elegant and ready to go," Samantha says.

Chelsea is attracting a whole host of fashion brands at the moment, from the likes of Rixo to Mackage, and Cefinn is an exciting part of the landscape. "Chelsea seemed to be a great fit for our brand, especially with the King's Road being such a prime shopping destination. We're still quite new to this area. It's been exciting to learn more about who our customer is and where they come from," Samantha says.



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Local consultant plastic surgeon, Chris Abela takes a bespoke, discreet and holistic approach to his work.

Chris treats both adults and children at his clinic at 102 Sydney Street, Cheisea and has helped his patients with:

- · Cosmetic facial surgery
- · Skin lumps, bumps, swellings, moles and skin cancer
- Emergency treatment of facial injuries
- Congenital abnormalities and facial asymmetry
- Abdominal wall problems after childbirth and body contouring after weight loss
- Non-surgical interventions such as steroid injections for scar management.

Patient care is Chris' first and foremost priority. A complete package of care is built for each patient based on an individual's unique set of needs. The aim of all surgery is an informed and excellent patient experience with fabulous results and a better quality of life, long after the scars have healed.

#### Fashion / Cefinn

She's clearly having fun getting to know the area – favourite hangouts are "the Saatchi Gallery, Chelsea Antiques Market, Japanese restaurant OKA, Bluebird and Peter Jones."

In a retail landscape like today's, it's important to stay savvy. Samantha believes "most women enjoy multi-channel shopping, it is important to be able to come and try the collection on as well as buy online."

And in case – like me – you've always wanted to know why the brand was so-called, it is pronounced 'Sefin' and "is based on an acronym of my surname, Cameron, and my children's initials: Elwen, Florence, Ivan and Nancy."

It's just one indication of how family minded Samantha is. Her Christmas plans involved being with the family in Cornwall (wearing the brand's Romy dress in teal) and for her, switching off involves "coming home in the evening, spending time with my husband and kids, listening to music and watching TV."

It would appear that Samantha has found the sweet spot in Cefinn. Expect to see its dresses on everyone – for good reason.

156 King's Road



#### "I HAVE TAKEN INSPIRATION FROM BRITISH SAVILE ROW TAILORING THIS SEASON"







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Fashion / Eyewear

SLOANE SQUARE / JANUARY 2020

# The eyes have it



EYEWEAR BRAND MOSCOT'S FATHER-AND-SON DUO HARVEY AND ZACK MOSCOT TELL CALLY SQUIRES ABOUT THEIR NEW CHELSEA STORE

#### WHAT DREW YOU TO CHELSEA?

Harvey: Like the Lower East Side of Manhattan [where Moscot originated], Chelsea has a storied past, from the authors and poets in the 1900s to the epicentre of modern culture and 1970s counterculture; the neighbourhood felt like home to us. It has continued to evolve. We really felt all these connections...

#### HOW WOULD YOU SUM UP THE BRAND?

Harvey: CLASSICONIC, our trademarked term of classic and

#### Fashion / Eyewear

iconic. And staying true to the core values of our predecessors.

#### TELL US ABOUT THE HISTORY OF MOSCOT.

Zack: Our family business started from a pushcart in 1899 on NYC's famed Lower East Side. Now on to the fifth generation, we take our craft seriously and never take for granted our family's success. We are passionate about delivering the best pair of eyeglasses that suits an individual's lifestyle... it can really change their life!

#### HOW IS THE DYNAMIC, WORKING TOGETHER AS FATHER AND SON?

Harvey: It is a special privilege to work together. With mutual respect and an open mindset, we can learn a lot from each other. Zack, armed with a formal industrial/ product-design background, brings innovative designs and digital perspectives to our 105-year-old brand.

#### WHAT TRENDS WILL WE BE SEEING IN 2020?

Zack: We're seeing bolder eyewear and more exploration in frame shape and colour. Our fans are experimenting more with tinted lens colours for different occasions and looks.

MOSCOT

#### DO YOU BOTH WEAR PRESCRIPTION LENSES?

Zack: Harvey wears prescription but I do not. I do like to wear custommade

tints and a digital relief lens when I am looking at screens, though, to help eliminate glare and filter out blue light. Finally, optical frames are a fashion accessory! They took way too long to become an accessory, as eyeglasses are the first thing one notices when viewing another person. How can you have just one pair? This never made sense to us, as people have multiple belts, scarves and shoes.

HOW MANY PAIRS OF GLASSES DO YOU OWN? Harvey: Multiple, and for good reason! We have different frame styles for different outfits and also different lens products for





STARTED FROM A PUSHCART IN 1899 ON NYC'S FAMED LOWER EAST SIDE"

**"OUR FAMILY BUSINESS** 

different needs. I don't go running in my wingtips and I certainly don't use the computer in my progressives! Different needs call for different pairs, technology and aesthetics.

#### CAN CUSTOMERS GET THEIR EYES TESTED AT THE KING'S ROAD SHOP, TOO?

Zack: Yes, we take pride in the fact that Moscot's CEO is a

doctor of optometry, so we understand the importance of annual eye exams. **Harvey:** So many asymptomatic, sight-threatening, ocular conditions can be diagnosed and prevented during an annual eye exam.

HOW OFTEN DO YOU VISIT?

> Zack: As often as we can. The Moscots love London!

WILL YOU BE BRINGING YOUR LEGENDARY MUSIC NIGHTS FROM NEW YORK TO THE NEW STORE?

Harvey: As a company of musicians and artists, we would love to expand our Moscot Music venue to all of our locations [the brand has 13 stores worldwide]...stay tuned!

WHERE DO YOU SEE MOSCOT IN 10, 20 YEARS' TIME?

Harvey: Servicing the eyewear public as it has for the past 105 years. Perhaps we'll even have our first female CEO, since the fifth generation, Zack Moscot, is expecting twin girls!

Moscot opened in December at 74 King's Road

LEFT: HYMAN MOSCOT ABOVE: SOL MOSCOT



# Success Stories

SUCCESS COMES IN MANY FORMS AND AT EATON HOUSE BELGRAVIA WE FEEL THAT IT IS IMPORTANT TO DEVELOP EVERY CHILD IN A HOLISTIC WAY, BALANCING ACADEMICS AND WELLBEING. HERE ARE FOUR BELGRAVIA PUPILS WHO HAVE TAKEN UP THE CHALLENGE OUTSIDE SCHOOL, CHOOSING INTENSIVE EXTRA-CURRICULAR ACTIVITIES DESIGNED TO STRETCH THEIR MINDS AND DEVELOP THEIR CHARACTERS

#### LAITH

Laith, aged 9, has a dream to be a Formula One racing car driver. A pupil at Eaton House Belgravia, he balances work with his passion for professional go-karting as a junior member of the Evolve Motorsport team. He will be attending the British Championship and the LGM Championship in the Cadet Category in 2020. He had his first

experience of go-karting on his third birthday, where his mother noticed he had an exceptionally good sense of direction. He went professional at age four, entered the British Championship Bambino Category at age 5 and was placed tenth. At age 7, he finished sixth, despite mechanical failures. Racing along in his team car, which is the same colour as his racing suit, in grey and white with flashes of zingy yellow. he can reach an incredible. 70 miles per hour.

Recently named as one of seven Motorsport UK Bambino and Cadet Karters as 2019 FA1 F1 future stars, he has been allowed to join his Grand Prix heroes on the grid at Silverstone in July, representing British karting Laith's mother says that the school has been very supportive throughout.

Laith concedes that if you crash the kart, "it's

really dangerous. If you look back, it's not a good thing!" He adds, "You can't just get back in if the kart's badly damaged."

#### HUGO

Hugo, aged 10, also has a hobby that may turn into a career. He has a passion for ballet and attends two hour classes several times a week, performing at a Gala performance of The Nutcracker' at the Coliseum, featuring dancers from the English National Ballet alongside

HUGO, AGE 10



#### Promotion



MURAD, AGE 10

children from Chelsea Ballet Schools where he learned to dance. His mother has commented that the ballet develops both creativity and discipline, and that Hugo has flourished as a result.

Currently on Standard 3, Hugo sits exams in January for Standard 4. He admits that there's one step that he can't quite get his head around, immediately demonstrating what looks like a high speed gallop across the empty classroom, followed by what looks like a hop and a step back. It is very complicated,

When not practising his ballet, he enjoys the responsibility of being Deputy Head of Eaton House Belgravia. His highlight of the year was helping to lay a wreath on the Cenotaph on Armistice Day in November.

#### MURAD

Murad, aged 10, who accompanied him on that day as Head Boy, is also ambitious, hoping to reach the adult title of chess grandmaster at the age of 16, with a rating of 2460. His current rating is 1319. He plays in all the Eaton House Belgravia tournaments and attends Battersea Chess Club, one of the oldest in London.

He developed a love of the game after playing with his brother for the prize of 'escaping' chores, and by attending his first tournament in Azerbaijan. His progress was so rapid that he was allowed to play grandmaster Jon Speelman at Battersea, only resigning after 2 hours and 10 minutes. Murad says that chess really helps with decisions under pressure.

"In chess, you have to have a poker face, always."

#### "AT HIGH SPEED I CAN GO UP TO 70 MILES PER HOUR"

#### DANIEL

Daniel, aged 7, the youngest of the boys, has a huge talent for art. He is holding his picture of a gorgeous and glossy parrot, which he loved painting because it is fun to paint in "big and bold splashes." It comes as no surprise that Van Gogh is his favourite artist.

He has entered all the Eaton House competitions and also the 'Young Art' competition run by the RCA to help cancer research. Highly commended, he was one of the 500 young artists whose work was displayed at the exhibition.

All of these boys share desire to get to the highest level of their extra-curricular activity. As Laith says, "Just think positive and keep going."



#### EATON HOUSE BELGRAVIA: THE FACTS

Eaton House Belgravia has been educating boys since 1897. Itt akes boys from 4-11 and has a co-ediminery. It achieves outstanding results that get boys into the top London day schools. From 2010-2019, similer 60% of Eaton House Belgravia boys gained places at Westminister Under St Paul's Junions. Westminister Cathedral Cheir School, King's College Junior School, Sussex House, Dulwich College Junior School, Sussex House, Dulwich College Junior School, Sussex House, Dulwich College Junior School, Ludgrove, Haberdosher's Aske's the Dragon Land Summer Fields, Contact Sam Feilding on 020 3017 5050, email stallding@catorhouseschools rom or go to www.eatonhouseschools.com

## Fashion / RIXO

SLOANE SQUARE / JANUARY 202

# GREEN DREAM

MEET THE DUO BEHIND FASHION'S HOTTEST -YET'GREENEST' - BRAND



**RIXO MAY BE RELATIVELY NEW ON** THE FASHION SCENE. **BUT IT HAS A CULT** FOLLOWING ALREADY. IT'S WHERE THE COOL **GIRLS GO FOR THEIR VINTAGE-INSPIRED** DRESSES, GORGEOUS PRINTS AND FABULOUS FLORALS. CHARLOTTE **PASHA TALKS TO ITS FOUNDERS**, HENRIETTA RIX AND ORLAGH MCCLOSKEY. **ABOUT HOW THE BRAND IS PUTTING** THE CHIC BACK INTO **SUSTAINABILITY** 

#### CHELSEA GIRLS, TAKE NOTE:

RIXO's new pop-up on the King's Road is worth getting lost in for at least half a day. Its location is no accident, either. "The energy in London, especially West London, really inspires us," says Orlagh. "There is such a hub of creativity in the area, whether it's new exhibitions or shows; it's steeped in fashion and music history and culture. It's 100 per cent been a source of inspiration for us and played a big part in the brand. It's the place where we both chose to come to university, where we met and where we have lived for the last 10 years, and our West London living room is where RIXO was born! Our pop-up store is based on the King's Road and

we couldn't think of a more perfect place for our customers to experience RIXO first-hand."

In fact, RIXO's last collection, the Woodstock-inspired Back to the Garden, showed at London Fashion Week in September and paid homage to the Swinging Sixties of the King's Road. It also focused heavily on sustainability. The whole set was sustainable, made from recycled British textiles, and the collection was limited, with pieces running to a maximum of 175 per piece globally. "We don't produce for a sale season or overconsumption. For us, the first price is the right price and pieces are limited and special – when they're gone, they're gone," Henrietta says. Plus, RIXO shoppers can choose whether £5 from the sale of each item goes to charity: Smart Works, or Cool Earth, which works to slow down deforestation.

Sustainability is hugely important to the duo, on a personal level and within the brand. "We've both personally loved shopping for vintage for as long as we can remember; we have it to thank for becoming best friends and starting RIXO. When we met at university it just wasn't something that anyone else on our course

or any of our friends were into. We prefer to explore and dig around charity shops and vintage fairs than buy something brand new. We go all over London and the UK together and even plan our holidays around where we can find the best flea markets and vintage," Orlagh says. Henrietta adds: "Before we launched RIXO, we'd always rely on our favourite vintage silk pieces that we'd discovered at charity shops or vintage markets and kept returning to wear again and again – the quality, timelessness and cyclicality of vintage is what inspired RIXO. My mum was the person who trained my eye for vintage – since I was young she's always taken me with her to auctions, antique markets and vintage fairs."

#### Fashion / RIXO

RIXO is a brilliant alternative to fast fashion, which is designed to be cheap and disposable. Its pieces are wellmade and classic, and can therefore be handed down or reworn in any number of years. "Our overall brand DNA hinges on the timelessness of pieces. We see the idea of throwaway fashion as completely alien and so do our customers. With this in mind, we don't design with specific trends or seasons in mind, and we encourage our customers not to impulse buy but invest in pieces they genuinely love and will wear again," Henrietta says.

I ask how often we should be cleaning out our wardrobes, and hoarders will love the answer – basically, don't. "Don't get rid of clothes at all!" Orlagh says. "When I'm designing I don't follow fashion trends. We want RIXO pieces to be something that our customers can really love, want to wear over and over again and pass down to their daughters and even granddaughters – future vintage!"

RIXO pieces are produced in India and China, but the women are conscious of the downsides of this, and do their best to combat them. "In an effort to reduce our carbon footprint, we source the fabrics and produce our pieces in the same location. Some other brands will source their fabrics or silks in China but then put their fabrics on a plane to be produced elsewhere," Orlagh says.

It does appear that fashion in general is working to become more conscious and inclusive, which can only be a positive thing. "I like how open designers are nowadays to help and work with each other. There is a real sense of togetherness and supporting each other, which perhaps wasn't around in the past. Everyone is doing something so unique and has realised that there is enough of a market for us all to be successful.

I also think there is a lessening focus on trends and more of a focus on the longevity of pieces – both in terms of timeless design, as well as fabrication and quality," Orlagh says.

Henrietta agrees. "I love how much power and awareness customers now have and that they are being given more of a voice in the industry. They have a lot more power to hold brands accountable and have more information, so they can decide for themselves what they want to invest in, rather than being dictated to."

As for what inspires the duo, one only need look at the bright, fun dresses in-store to imagine that travel must play a part. "We're inspired by so many different




#### "WE'RE REALLY PASSIONATE ABOUT DEVELOPING A GLOBAL COMMUNITY, INSPIRING AND EMPOWERING REAL WOMEN AROUND THE WORLD"



things – art, vintage, our favourite icons, places we travel," Henrietta says. Orlagh agrees, saying, "We're like magpies, constantly looking for our next vintage steal. Our ideal holiday is spending time together, renting a car or jumping on a train, like we did recently in Naples, and travelling around hunting down the best finds at vintage stores, flea markets and antique fairs! It's these trips that invigorate us and spark new ideas – they remind us of how we became friends through our shared love of vintage, why we started RIXO, and really reaffirm our passion for what we do."

Stepping into RIXO at the moment is heaven. "One of our most recent collections, Liberated Territory, is my personal favourite and is inspired by empowered female icons of Studio 54 – Bianca Jagger, Grace Jones, Cher, Jerry Hall," Henrietta says. "I love our Tina skirt in green check – it's something I'll always reach for again and again and works whether I wear it with a T-shirt and trainers or if I dress it up with our Jamie shirt and a block heel. I also really love our retro floral print pieces like our Thelma, Barbara and Daisy dresses – they really stand out but are also completely timeless."

Orlagh opts for "our micro-garden print pieces, the Maddison and Zadie dresses; the print is something you can wear no matter the season or weather, and the shapes fit easily into my lifestyle, whether I'm jumping on my bike to cycle to work or off for drinks with my friends."

As for what's next, customers are at the fore. "We're really passionate about developing a global community of #HumansofRIXO, inspiring and empowering real women around the world through their wardrobe. Our

#HumansofRIXO, our customers, are at the heart of everything we do! We know that shopping in a physical space is still really important for our customers to see and understand the RIXO story. At the moment we're focusing on our physical pop-ups and our latest concept - our vintage Sixties Routemaster RIXO bus, which will be a roaming pop-up shop and will be travelling the UK and abroad next year, stopping at key cities and festivals. We aim to surprise and delight customers with this new pop-up - we might even turn up on the doorstep of some of our lucky customers to personally deliver their order. That will be our next big milestone - taking RIXO on the road!" Henrietta says. We'll be right there behind them. 94 King's Road

#### LOCAL RESIDENT AND FOUNDER OF RENOWNED SKINCARE BRAND 111SKIN, EVA ALEXANDRIDIS, TELLS CALLY SQUIRES HOW SHE LOVES TO FIND HER INSPIRATION IN HARVEY NICHOLS, HARRODS, AND PAVILION ROAD

# What I wore

"I'D DESCRIBE MY STYLE AS ECLECTIC and

fun, but comfort is key also as I'm constantly on the move. We moved to Chelsea 15 years ago from Miami, and I haven't looked back. I love the village feel of Pavilion Road with its traditional approach to grocery shopping, offering a beautiful assortment of shops from a butcher and bakery to a hearty cheesemongers and fresh grocery store. I relish walking down there with my children and picking up some treats to enjoy over the weekend. My son Ale and I while-away time deliberating over cheeses at London Cheesemongers, their assortment is vast!

For special occasions we like one of the hotel restaurants, Belmond is on my list so hopefully my husband and two sons will take me there [for Valentine's Day]. Galleries are also a must for my family, we have the Saatchi on our doorstep, as well as the V&A of which Yannis and I are proud to be patrons.

Without question I love Harrods, where I find my favourite designers under one roof - Christopher

Kane, Alessandra Rich, Roland Mouret and Erdem. I also love the contemporary offering at Harvey Nichols, namely Zimmerman, Off-White and Alexandre Vauthier. Another favourite, Peter Dundas, just opened a shop on Sloane Street too.

In terms of my style icons I'd have to choose Net-a-Porter global buying Director Elizabeth von der Holtz, British Vogue deputy editor Sarah Harris; as well as influencers like Olivia Palermo, In the Frow and Xenia Adonts, topped-off with the formidable couture and ready-to-wear designer Tamara Ralph.

I regularly visit 111CRYO/HEAT in Harvey Nichols, which offers cryotherapy, thermotherapy and a full body LED light system. When you do these in succession it is known as contrast therapy, which is great at resetting, refreshing and generally reinvigorating your body. I love it and swear by its ability to detox, condition and tone your body. I also love the clarity of the mind I get after the sessions." *111Skin is available at Harvey Nichols, 109-125 Knightsbridge* 

# Fashion / Style



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A better life together

# Valentine's / Gift guide

SLOANE SQUARE / JANUARY 2020

PAMPER, SPOIL AND DELIGHT YOUR LOVED ONE THIS VALENTINE'S DAY WITH GIFTS TO MAKE THEM SWOON

LA PERLA 163 Sloane Street

# Valentine's / Gift guide

## FOR HIM

ENGLISH SPARKLING WINE £27.50, Harvey Nichols, 109–125 Knightsbridge

LINEN JACKET £425, Hackett, 137–138 Sloane Street



(HN)

TRAINERS £640, Brunello Cucinelli, 159 Sloane Street

MERINO JUMPER £225, PINK, 11–13 Duke of York Square

> MACARONS £8, Harrods, 87–135 Brompton Road



# Melodia!

### Discovering Musicals from Russia and the Caucasus

Tue 7 Jan 18.30 Ciné Lumière We Are From Jazz (1983)

Tue 21 Jan 18.30 Ciné Lumière Karine (1969) Wed 8 Jan 18:30 Ciné Lumière Cheryomushki (1962)

Wed 22 Jan 18.30 Ciné Lumière A Man from Boulevard des Capucines (1962) Tue 14 Jan 18.30 Ciné Lumière Carnival Night (1956)

Sun 26 Jan 18.00 Ciné Lumière Hipsters (2008) Wed 15 Jan 18.30 Cinë Lumière Melodies of the Vera Quarter (1973)

Fri 31 Jan 19.30 Ciné Lumière Leto (2018)

WATERSHED

and additional dates in Bristol, Nottingham, Oxford and Cambridge! Please visit kinoklassikafoundation.org for more information

Screening as part of BFI MUSICALS! THE GREATEST SHOW ON SCREEN, a UK-wide film season supported by National Lottery, BFI Film Audience Network and ICO. #kinoklassika #melodiamusicals #bfimusicals











# Valentine's / Gift guide

# FOR HER



# Discover the world of floristry with ovses tevens

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**JOIN** the floral revolution with a course at the *Moyses Stevens Flower School*. Explore the intricacies of hand-tied bouquet design on our taster sessions or develop your skills further with 1 & 2 day courses.

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## Valentine's / Gift guide

# FRAGRANCE





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BONPOINT Cowboy boots, £214, 15 Sloane Street



JANE TAYLOR Burgundy hat, £516, 253 King's Road ESSENTIEL ANTWERP Puffer jacket, £230, 27A Sloane Square



# Wet-weather gear / Top 10

#### SLOANE SQUARE / JANUARY 2020

PETER JONES Beanie, £20, Sloane Square



PETER JONES Joules pheasant umbrella, £32, Sloane Square



MACKAGE Laila coat, £650, 135 Sloane Street





BODEN Waterproof jacket, £98, 20–23 Duke of York Square

COS White trench, £135, 19 Duke of York Square

Food / News

SLOANE SQUARE / JANUARY 2020

LIV RESTAURANT has just launched at 18–22 Holbein Place. The neighbourhood restaurant is all about contemporary dining in a relaxed, vibrant space. Open all day, the dishes utilise produce from top British artisanal suppliers - breakfast includes Persian eggs and banoffee banana bread. It's worth popping in just for a coffee: LIV uses a bespoke coffee blend roasted in Naples and delivered weekly.



**GOOD NEWS** for Italian lovers, as Chucs Café Chelsea has recently opened. As one of Chucs' more casual sites, the all-day menu here includes truffle arancini, burrata and Chucs classics like the chicken Milanese and famed tiramisu. It's open for breakfast and there are take-away options, too. There's also a dedicated milkshake menu, which kids won't be able to resist, and interiors have been created by Fettle Studios. After all, if you can't be on the Amalfi Coast in January, you can at least dine like you are. **65 Lower Sloane Street** 



**TRADITIONAL ITALIAN** restaurant Caraffini recently celebrated its 25th anniversary. The perfect pit stop after a long day's shopping in Sloane Square, it specialises in classic Italian fare – that is, fine dining without being stuffy. Its clientele are extremely loyal for good reason (you may see the odd famous face or two) and the ravioli is a firm favourite. **61–63 Lower Sloane Street** 



COMPTOIR LIBANAIS at 53–54 Duke of York Square has reopened after a refurbishment. The Lebanese dishes like halloumi, falafel and lamb stew are no less delicious, and décor is bright and inviting. Perfect for families or date night, pretty hanging lights, indoor greenery and

**A NEW GOURMET DELI,** Colette, is opening at 315 Fulham Road in January. The focus is on take-home dining.

Executive chef Chris Hill, formerly at the Ritz, has created a menu using the finest ingredients, fit for either a high-end dinner party or midweek supper at home.

Prepared daily on site, the seasonal menus include classic confit cod with lemon, roasted garlic and capers, soy-glazed beef rib with bok choi, ginger, spring onion and traditional beef wellington, with lighter salads at lunchtime. It will also stock a well-curated selection of fine wines, artisan cheeses, charcuterie and luxury chocolates. Who said January was gloomy? bright, colourful patterns are everywhere. Owner Tony Kitous has used old family pictures, brass objects and fez hats throughout – it's a real experience that feels as though you're dining in a vibrant souk.

**CINQUECENTO PIZZERIA** is new to the area at 1 Cale Street. Made in an old-school way taken directly from Naples, the pizza is light and airy,

thanks to the fermentation process of the dough, and the décor defines rustic chic, with gorgeous Italian tiles. Pop in for a pizza that's a cut above the average.



Food / On a plate

SLOANE SQUARE / JANUARY 2020

#### PAOLO ELESBANI, CHEF AT THE SLOANE STREET DELI, TALKS TO CALLY SQUIRES ABOUT HIS SIGNATURE DISHES



#### **STARTER**

SMOKED BURRATA SALAD "We get our burrata from La Bufala - a specialist mozzarella importer. It's a premium product, as it's still made the old-fashioned way. It differs from many other similar products on the market, as the producers manage to keep the soft consistency of the centre while slightly drying the outer layer during the smoking process, which concentrates the burrata's own flavours. The Cuore del Vesuvio tomatoes from Natoora are simply some of the best tomatoes you can find in London. Another peculiar product here is the vintage balsamic vinegar from Modena, which receives an additional ageing process in sherry wine casks, enriching it with sweetness and aromas."





#### MAIN

# AVOCADO AND SPICED BUCKWHEAT TARTINE

"This dish is a personal and friends' favourite. The mix of spice that we use is something I came up with a very long time ago for my own breakfast. Kasha is roasted buckwheat - a very ancient grain from Asia, which is present in many different countries' cuisine. Somehow, centuries ago, the buckwheat arrived in a small mountain valley of my region in Italy, and is a staple ingredient in many traditional dishes of that specific area. We only use Clarence Court eggs, as their quality and flavour are second to none. Our amazing sourdough supplier, Flour Station, provides us with many different kinds of sourdough, shaped in many different ways. Some of them are special and hard to find elsewhere."

### DESSERT

#### WALNUT PARIS-BREST

"This is our twist on a French classic dessert. Paris–Brest is essentially a big round choux pastry doughnut filled with a crémeux, which is a kind of mousse. The classic version is with hazelnuts, but we decided to use caramelised walnuts instead for more richness. It's a customer favourite, as it's perfect to be shared by two people, and also one of my favourites, so it will stay on the menu for the time being. The secret to a good Paris–Brest is finding the perfect balance between the choux pastry and the filling."



SLOANE STREET DELI, 162B Sloane Street





KALLISTA

ANN SACKS

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Food / Vardo

SLOANE SQUARE / JANUARY 2020

What's for supper?

IF YOU'RE LACKING INSPIRATION, TAKE NOTE OF SOME OF THESE EASY-TO-REPLICATE RECIPES FROM MILES KIRBY, VARDO'S CO-FOUNDER AND EXECUTIVE CHEF





#### CHARRED AUBERGINE, SAFFRON BUTTERMILK DRESSING, GRILLED TURKISH CHILLI

If you've got the BBQ out, this recipe becomes a touch easier. Nevertheless, it's a great dish, packed with flavour, to accompany fish or meat, or as part of a vegetarian feast.

It's summer in New Zealand, and around Christmas my BBQ juices always start flowing and I need to grill. If you are not brave enough to grill outside, switch the oven on and roast away.

200g aubergine, cut into thumb-sized pieces 2 long green Turkish chilli peppers 100m olive oil 5g cumin seeds Salt, to taste

#### For the dressing:

100g mayonnaise 100g buttermilk 1 pinch saffron threads 1 lemon, juiced 1 clove garlic, crushed

#### To serve:

2g fresh parsley leaves 5g fresh mint leaves 2g sumac

In a bowl, combine the aubergine, peppers, olive oil, cumin seeds and salt. Toss the ingredients together to ensure the vegetables are coated in olive oil.

Place on a tray and roast in the oven at 200°C for 15–20 minutes or until the vegetables are cooked and nicely browned. Allow to cool.

For the dressing, combine the mayonnaise, buttermilk, saffron, lemon juice and crushed garlic in a bowl.

To serve, combine the aubergine with as much dressing as you like (any extra will keep in the fridge for a week). Gently toss in the parsley and mint leaves. Place the dressed aubergine in a serving bowl and top with the peppers, another dollop of dressing and a sprinkling of sumac.

## Food / Vardo

#### BAHARAT-RUBBED LAMB CUTLETS, GREEN HARISSA, TAHINI

As a New Zealander, lamb chops are never far from my mind. I grew up eating them simply roasted or grilled with a squeeze of lemon from the tree outside and lots of salt. Middle Eastern flavours match so well with the fattiness and the deep flavour of the lamb. The green harissa recipe makes more than you will need, but it will keep in the fridge for weeks and is a great addition to cheese on toast.

2 tbsp Baharat spice mix (you can buy this from the local market or a spice vendor) 8 lamb cutlets (allows for 2 each)

#### For the tahini:

100g tahini 100ml water 1 clove garlic, crushed Salt and pepper, to taste **For the green harissa:** 

12g cumin seeds

6g coriander seeds 400g green chilli, roughly chopped 15g spring onion, sliced 10g garlic, minced 125ml olive oil 50g fresh parsley leaves 50g fresh coriander leaves 5g Maldon sea salt 1 lemon, juiced

Rub the Baharat spice mix on the lamb cutlets, then place them on a baking tray. Set aside until everything else is ready, then cook under the grill until pink.

In a bowl, mix together the tahini, water and crushed garlic. Season to taste.

Toast and grind the cumin and coriander seeds, place in a blender with all other ingredients and blitz to a paste.

Serve the tahini and green harissa in small bowls alongside the cutlets.



### Food / Vardo



#### Make the most of winter veg with squash and kale freshened up with mint and creamy, salty feta. The savoury za'atar spice brings simple vegetables to life.

200g kuri squash 10g za'atar spice mix 100g red onion, sliced into 2mm rings 75ml red wine vinegar 100g kale, blanched

#### For the dressing:

10g fresh mint leaves, chopped 80g feta cheese, crumbled 100m olive oil 1 orange, juiced Salt and pepper, to taste Cut the squash into wedges and toss in a large bowl with the za'atar, a splash of olive oil and salt and pepper to taste. Place on a tray and roast in the oven for 45 minutes at 180°C.

Place the red onion rings in a bowl, then splash on the red wine vinegar. Allow to stand.

In a separate bowl, combine the mint leaves, feta, olive oil and the orange juice. Season with salt and pepper to taste.

Mix the kale and squash gently together and place on a serving dish of your choice. Scatter over some of the sour red onion and spoon on the feta and mint dressing.

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# IS YOUR **SMART HOME** NOT AS CLEVER AS YOU HOPED?



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#### Efficiency through Integration



# Rolling back the years

Four centuries after the restorative properties of Epsom salt were first identified, pioneering British brand Newton Wood"is keen to show how this time-honoured remedy can fit seamlessly – and luxuriously – into contemporary living.

As few readers will need reminding, London life can be tough on both body and mind. If you live and workhere, there's the daily toll exacted by packed streets and creaking transport infrastructure, quite apart from whatever the job itself throws at you. Even if you're here purely for pleasure, a long day of sightseeing and shopping can still leave you tired and footsore. And whether you're a resident or visitor, the sheer pace of life in the capital can bring on or exacerbate a whole panoply of aches, pains, complaints and conditions that make day-to-day living awkward and uncomfortable.

Happily, the solution to a great many of these everyday issues has been with us for years - 401, in fact. Because it was in 1618 that the restorative properties of Epsom salt (the common name for magnesium sulphate) were first identified. Today, this remarkable product is as effective and relevant as ever - and thanks to new British brand Newton Wood\*, it's even easier to make it part of your daily health, wellbeing and beauty routines.



Launched at the International Professional Beauty Show at London's Excel in February 2019, Newton Wood\* is the world's first super-premium beauty and wellness brand bringing this traditional – and quintessentially English – restorative to a global audience. A 100% natural, organic and sustainable product, Newton Wood\* crystals are made from the highest-grade Epsom salt, free from artificial colours, perfumes, anti-caking agents and other additives.

"Soaking in Epsom salt dissolved in warm water has long been recommended for easing and reviving tired muscles and joints after hard work or exercise, and is a popular complementary therapy for a wide range of conditions," says the brand's founder and CEO. Leslie Wilson. "You can add Newton Wood" crystals to a bowl



of warm water to soak weary hands and feet, or to a bath to relax and restore the whole body."

Newton Wood\* crystals also make a wonderful natural addition to your daily beauty and bathing routines. The crystals dissolve easily in shampoo and shower gel, where they act as a gentle but effective deep cleanser, leaving hair and skin softer and more vibrant: mix them with your favourite face cream and you have a natural, organic microdermabrasion treatment. After showering, you could also try gently massaging your wet skin with a handful of crystals; the coarse texture will help scrub away any remaining dead skin cells.

"As a brand, we're responding to growing consumer concerns around additives, artificial chemicals, toxins, and non-sustainable materials in conventional beauty products," says Wilson. "We're offering consumers a simple, sustainable replacement for facial cleansers and other products containing harmful plastic microbeads, which were banned in the UK in 2018." As a further bonus, Newton Wood" crystals are suitable for both vegans and vegetarians, having been officially certified by the Vegetarian Society as a wholly non-animal product, free from all artificial additives, and guaranteed never to have been tested on animals.

Newton Wood\* crystals are supplied in attractive biodegradable packaging designed and produced in the UK, in a range of sizes from 250g travel packs to 1kg packs to keep in the bathroom at home.





NEWTON-WOOD.CO.UK Purveyors of the finest Epsom salt crystals



BEE YÜ IS A SKINCARE RANGE harnessing the benefits of manuka honey, a natural antimicrobial, which stimulates the immune system. The latest products are the Hydrating Day Crème and Intensive Night Crème. Bee yü will donate £5 from the sale of each to the Chelsea Physic Garden, which houses a collection of beehives that they use to produce their own honey as well as a bee forage – a collection of plants that attract pollinators to other crops.

> THE CADOGAN CLINIC has a lot going on behind its discreet Sloane Street façade. Pop in for a bespoke facial, or the new BlephEx eye treatment, which works to improve eyelid health. All the staff are total pros, and you'll leave with exactly the look you wanted.





#### SLOANE SQUARE / JANUARY 2020

HELENA REBINSTEIN PRODIGY CELLIGLOW

MORE THAN 100 YEARS after she opened her first London beauty salon, Helena Rubinstein is back, at Harrods Fifth Floor. Famed for creating the world's first waterproof mascara, Helena's skincare products today include Prodigy Cellglow, Replasty and Powercell.

The Powercell range is based on the regenerative power of cells extracted from samphire, while Replasty uses research from top surgeons and dermatologists to create products that mimic the effects of laser on dark spots, the plumping effect of fillers and more. Bespoke Helena Rubinstein facials are also available – try the 18-carat-gold cellular electro-stimulation.

# Beauty / News

DERMALOGICA IS LAUNCHING a new product: BioLumin-C Eye Serum. Designed to brighten the eye area with a hit of vitamin C, as well as reduce the appearance of fine lines and wrinkles, its formula takes into account just how thin the skin around our eyes is and how delicate. Our eve area is also under constant strain thanks to smiling, frowning, squinting and so on. We could all use some BioLumin-C around the eyes.  $\pounds 63$ 



imperfections and enhancing overall

glow. It contains skin-tone-coloured

pearls to illuminate, and can be worn

alone for a barely-there sheen or layered under foundation. It's available in four shades – prepare to shimmer.

The new Linda Meredith Natural Algae Facial detoxifies and rebalances the skin, while combatting the effects of air pollution. It uses brown algae, which acts as a delivery system for calcium and sodium ions. 🗇 vitaboutiquefitness

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# Charity / K+C Foundation

SLOANE SQUARE / JANUARY 2020

#### SPOTLIGHT ON AGE UK: BRINGING COMPANY AND WARMTH TO LOCAL PEOPLE

# **Combatting loneliness**

THE K+C FOUNDATION is a trusted independent charity working in Chelsea and across this borough. They raise funds and in-kind support, which they invest in the best local charities that work to combat pressing needs. Thanks to Cadogan's ongping role as principal supporter, one hundred per cent of the money donated to them goes directly to local charities and campaigns.

One of the local needs they are currently focused on is loneliness and isolation. This is something that affects local people of all ages and from all backgrounds, but it can particularly impact on older people with devastating effects.

Did you know that almost 50 per cent of local older people in this borough live alone? (K+C JSNA 2016–21.)

The K+C Foundation is currently working with 17 local charities on a variety of vital projects to connect people across our community. One of these charities is Age UK Kensington and Chelsea, which helps older people in the borough to stay independent, active and in touch with others. Their grant from the K+C Foundation was funded by local people like you and means that older residents in Chelsea are offered befriending and can enjoy social activities such as language classes, lunch clubs, walking groups, computer lessons, concerts and daytrips.

"There is nothing worse than the feeling of isolation. We all have to feel we belong to the local community, and this project has given me that feeling of belonging" – a local Age UK K&C member.

To continue their work to improve local lives, the K+C Foundation needs your support. Their friendly team can help you every step of the way, guiding your giving to where it's needed most and to a cause that's close to your heart and home.



To find out more, contact team@thekandcfoundation. com or call 020 7229 5449. The Kensington + Chelsea Foundation, 111–117 Lancaster Road, W11 1QT. Registered charity no. 1125940



# All about florals



ABOVE: RICHARD QUINN BELOW: RESTAURANT OURS



WHAT TO DO WHEN YOU WANT TO create a floral sensation befitting the Philharmonic Orchestra and a 100-member Bach choir? Well, when Veevers Carter created the floral scenery to the finale of Fashion Week, they worked closely with designer Richard Quinn and orchestrated a dramatic kabuki drop to reveal his debut bridal collection as the music reached a crescendo. They used cherry blossom and birch to provide height, while wild jasmine meandered through props such as antique ladders and dressing tables. British hydrangea and roses spilled out of drawers and into sweeping arches that grew over the stage entrances.

Sound epic? That's because it was, but not

#### Promotion / Event Concept

at all out of character for the scale of the installations that Veevers Carter creates. The team is inspired by the ephemeral nature of botany, art and design, all of which come through in its bespoke installations.

Veevers Carter flowers are a 360-degree immersive experience. When clients come for a consultation, the focus is very much on how they want their guests to feel, rather than focusing on how a moment will look.

At the V&A summer party in partnership with Dior, Veevers Carter recreated the Love monument from the gardens of Versailles, floating it in the centre of the V&A lake. Rambling roses, tumbling scented jasmine, blooming hydrangeas and scabious in pale blue were interspersed with pops of cherry prunus. To match the grand central lake florals, Veevers Carter created two majestic 4-metrehigh urns, bursting with summertime florals.

The V&A isn't the only prestigious gallery Veevers Carter has worked with. They were entrusted to create the Sarah Izod-designed nocturnal forest installation for the Dezeen Awards at the Tate Modern. The large snowtouched tree was delicately constructed around the Tanks' central concrete pillar. Two hundred and twenty-five hanging ribbons were hand-pinned to suspended trusses, creating an eerie yet ethereal effect.

Elsewhere, working closely with creative agency Story Events, Veevers Carter designed and created a Twisted Fantasy walkway in South Kensington's Restaurant Ours. They integrated pumpkins and pampas grass for the "Good" end, while the "Evil" side saw eerie ivy, overgrown mushrooms, frogs and crows. As with most Veevers Carter designs, lighting elements were incorporated to accentuate the look and atmosphere.

As for future trends, Veevers Carter is well placed to comment on what we can look out for. "Floral artists are leaning into a much more naturalistic, organic style following the 1970s bohemia revival. Veevers Carter are incorporating a lot of dried and preserved flowers and foliage into our designs to create organic and conceptual shapes; ticking both the sculptural and sustainability boxes," says founder Ming Veevers Carter.

And when it comes to the most challenging bit about creating such elaborate installations,



V&A SUMMER PARTY IN PARTNERSHIP WITH DIOR

Ming says it is "assessing and delivering the appropriate mechanics to ensure longevity. Every installation requires a different mechanical structure, which must allow for the natural movement of wood and florals as they can change with time and conditions."

However, she's clear about just how rewarding it is. "As florists, we get so much pleasure from seeing others enjoy the ethereal experience that we've created. If it's a shortterm installation, we give the flowers a 'Second Chance to Bloom' by repurposing them for hospices, and we also donate timber to local schools for art programmes."

It's the perfect finishing touch to any party, and sets the tone for the event you want. For upcoming projects, follow along on Instagram @veeverscarter – prepare to be inspired.

eventconcept.co.uk; veeverscarter.com



#### UNTIL JANUARY 19 BRUSH AND BLUE ABSTRACTION

Korean artist Lee Jungwoong paints pictures of paintbrushes – specifically large-scale, hyperreal images of traditional Chinese paintbrushes, which are accompanied by the marks, blotches and splashes they make.

The brush itself is rendered in coloured oil paint, while the paint around it is portrayed in monochromatic ink. The artist works on *hanji* (Korean paper) mounted onto canvas, an ideal medium to capture the expressive power of ink.

The life-like images are enigmatic, posing the question, "What does the brush stand for? Is it a symbol of the artist himself or a metonym for the act of painting?" A master of technique, Jungwoong brings a blend of cultural sensibilities to his sought-after work.

Pontone Gallery, 43 Cadogan Gardens. T: 020 7730 8777, pontonegallery.art

#### JANUARY 22–26 LONDON ART FAIR

The London Art Fair returns in January to open the 2020 international art calendar. The fair connects seasoned and aspiring collectors with the best galleries from around the world, focusing on modern and contemporary art.

More than 100 galleries will be

taking part, including Brownsword Hepworth, Crane Kalman Gallery and Purdy Hicks Gallery from the Chelsea area. Curated showcases will include photography and a space for emerging international galleries.

Business Design Centre, 52 Upper Street. Tickets from £12.75, londonartfair.co.uk



#### UNTIL JANUARY 25 RE-ANIMATOR

In a deserted landscape, tiny alpinists venture the ascent of a woman's leg, entire families swim in a bowl of blue soap, a cowboy sits astride a small bird, and children fly through the sky in a pleasure boat. These surreal scenes are the work of Belgian artist Sammy Slabbinck, who creates dynamic, surrealist contemporary collages. He uses cuttings from vintage magazines to compose an absurd universe with a novel, poetic harmony.Using humour as a visual tool, Slabbinck choreographs compositions, meditating on the past while revealing the absurdity of popular culture.

Michael Hoppen Gallery, 3 Jubilee Place. T: 020 7352 3649, michaelhoppengallery.com

MODERN HEAD NO.2 BY ROY LICHTENSTEIN, 1970 • FAIRHEAD FINE ART





#### UNTIL MARCH 1 ARTIFICIALIS

Saatchi Gallery artist-in-residence Cyril de Commarque presents a multimedia installation created as a response to Tutankhamun: Treasures of the Golden Pharaoh, which is on display at the gallery until May 2020.

The starting point of Artificialis is the Anthropocene era – when man first had an impact on Earth's geology and ecosystems – and it later looks towards the future, meditating on the effect that technology and scientific advancement will have on humans and the environment.

#### Saatchi Gallery, Duke of York Square.

Tickets from £28.50 (includes entry to the Tutankhamun exhibition), saatchigallery.com

#### SLOANE SQUARE / JANUARY 2020

#### UNTIL FEBRUARY 29 WINTER EXHIBITION

The winter exhibition at Cricket Fine Art offers a diverse selection of abstract and figurative artworks and sculpture in a variety of media, and a fabulous opportunity to buy original pieces at a range of prices.

Cricket Fine Art, 2 Park Walk. T: 020 7352 2733, cricketfineart.co.uk





#### JANUARY 25-MAY 3 FILTHY LUCRE: WHISTLER'S PEACOCK ROOM REIMAGINED

Step inside a detailed reimagining of James Abbott McNeill Whistler's famous Peacock Room – a sumptuous 19th-century dining room created by the flamboyant former Chelsea resident, painter and etcher.

American artist Darren Waterston has recreated each of the room's individual elements with a twist, with the immersive installation revealing a magnificent ruin crumbling under the weight of material decadence and the egos involved in the original room's creation.

The design of the original interior famously saw Whistler create the space without the knowledge of his commissioner.

V&A, Cromwell Road. T: 020 7942 2000, vam.ac.uk

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## Art / Round-up



CURVED CHEST OF DRAWERS, "PALLADIANA", BY BARNABA FORNASETTI © HOLLY JOHNSONANTIQUES

#### MARCH 18–24 THE OPEN ART FAIR

Featuring thousands of objects from an eclectic interdisciplinary mix of dealers, the Open Art Fair offers a celebration of excellence from a surprising multitude of artistic spheres, with works on display spanning from ancient antiquity to the contemporary.

Promising to surprise and delight any collector or enthusiast, the fair will not only entertain visitors by the diversity of the exhibits on display, but also by superb cocktails and delicious artisanal food.

Duke of York Square. Tickets £20, theopenartfair.com



#### JANUARY 29-FEBRUARY 22 NOCTURNE

Light is the protagonist in a new series of oil paintings by South African artist Sasha Hartslief, which allows for interpretation coloured by the viewer's own thoughts, background and feelings. From the soft, milky light of dawn filtering through a window to the flickering candlelight on a table set for dinner, light illuminates apparently mundane moments and suffuses them with a significance that highlights the beauty of the everyday. **Everard Read, 80 Fulham Road.** 

T: 020 7590 9991, everardlondon.com



#### FEBRUARY 13-29 NEW EQUESTRIAN PAINTINGS

Michael J. Austin is known for his bold and expressive figurative style, capturing the dynamism and machismo of the animals he depicts. Using a limited palette of only four colours, the Devonbased artist paints quickly, with a fluid "wet in wet" technique.

In 2003 he was invited by Prince Charles to accompany him to India and Oman as tour artist. In 2016 he again accompanied Prince Charles, together with the Duchess of Cornwall, on a tour of the Middle East, visiting Oman, the UAE and Bahrain.

Jonathan Cooper, 20 Park Walk. T: 020 7351 0410, jonathancooper.co.uk





# Cyril de Commarque

Meet the artist showing at the Saatchi Gallery, who lives on a Chelsea houseboat

#### I LIVE ON A BOAT IN

**CHELSEA** on the River Thames. I love Chelsea's streets in spring, when all the trees are in blossom. The river is my favourite spot, and I also love Prezzemolo & Vitale on the King's Road.

#### ARTIFICIALIS AT THE SAATCHI

**GALLERY** has been created as a response to Tutankhamun: Treasures of the Golden Pharaoh. It is an installation about the Anthropocene era and the future. It is a full immersion in a moment of chaos, in which we all have the obligation to readdress our relationship to the future. The evolution of humankind has added a new parameter in us: responsibility. It is the first time in history that we are creating a better life for
# People / Local artist

## SLOANE SQUARE / JANUARY 2020

today by depriving future generations of their basic human rights. Artificialis plays with symbols of the past, it questions the language of art and the nature of materials. All sculptures are made from recycled plastic, metal and wood. I mix in my process robotic and manual work to question our relationship to evolution.

#### FINALLY, AFTER SO

many years when our societies have consciously ignored the ecological necessity, there is a larger movement for change. Already in the Fifties artists were starting to tackle the topic, and since then one always had artists trying to get their political duties expressed in their work. I started to work on destruction in the late Nineties, but there is more space for this now.

#### I DON'T THINK THE

"art world" is changing; what is changing is the importance given to the market and the way some see it purely as a commodity. Being an artist essentially remains the same; what might change it is our relationship to artificial intelligence, if we accept to connect our brain to computers and, de facto, authorise others to access it. The freedom of creation could be altered.

## THE BEST PART OF MY

job is when you search, experiment and create, and then put all the pieces of the puzzle together.

I AM INSPIRED BY NATURE, humankind

and the future.

## NEXT, I AM WORKING

on a series of conferences at the French Institute beginning at the end of January on the Anthropocene and the future, with guests talking about the ecosystem, ecology and the city (with AA), artificial intelligence and the loss of freedom.



LEFT: ARTIFICIALIS, INSTALLATION VIEW, 2019, SAATCHI GALLERY ABOVE: ORO, 2019 BELOW: PRIMITIVE, 2019





#### I HAVE LIVED AT THE ROYAL

HOSPITAL for two years now and really enjoy it. I love the security and the care that's provided by each member of staff, and it's great being in Chelsea. I haven't lived in London since I was a child so I was hesitant, but I'm really enjoying it. I like the local restaurants in particular – Caraffini, and I also adore the food at Côte on Sloane Square. I often take my daughter and granddaughters there for dinner.

I have always sung in the Royal Hospital choir. We sing in the dementia ward every Thursday and are always amazed by the response we get from some of the patients. Some of my favourite pieces of music include Vivaldi's *Four Seasons*, [Offenbach's] *Tales* of *Hoffmann* opera, and anything by Barbra Streisand and Celine Dion.

I went on *Britain's Got Talent* for a dare. I was convinced they wouldn't want an old man like me on the show, so I'm glad I went for it. The experience was life-changing and I have been extremely busy since! My tour is next year, so I will be performing across lots of venues in the UK. I have been lucky enough to perform at some fantastic venues in London this year, including the Palladium, the Apollo and the Royal Albert Hall. Next, I am doing a *BBC Breakfast* album launch, *Loose Women* and a Katherine Jenkins duet at the Royal Albert Hall.



# People / Local hero

SLOANE SQUARE / JANUARY 2020



Singing from the heart



FAR LEFT: ON ITV'S BRITAIN'S GOT TALENT IN 2019 PHOTO: DYMOND/THAMES/SYCO/ SHUTTERSTOCK

LEFT: WITH ROSS KEMP AT THE LAUNCH OF THE POPPY APPEAL, 2019 PHOTO: GUY BELL/ALAMY LIVE NEWS







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# Social / People

Tamara Ecclestone and Jay Rutland



# New year, new parties

sea Levland and

## APOTHEM

## HARVEY NICHOLS

New CBD lifestyle brand Apothem launched at Harvey Nichols with a glitzy opening bash. Chelsea Leyland and Lady Mary Charteris manned the decks, while guests including Craig David, Sharleen Spiteri, Lottie Moss, Tamara Ecclestone and Jay Rutland partied the night away.











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## <u>STRUTZ</u>

#### **DOVEHOUSE GREEN**

Glam animal groomer Love My Human put on the second edition of the now-annual King's Road Strutz canine fashion show, held on Dovehouse Green. Chelsea pooches and their owners walked the green carpet, with the garments worn auctioned afterwards to raise money for animal charities the Wild at Heart Foundation and PDSA. Strutz compere Anna Webb with English toy terrier Mr Binks





## Social / People

## REALLY WILD

es, Lucy Cleland Iilani-Gallieni

## **53 SLOANE SQUARE**

Country & Town House editor Lucy Cleland hosted a little Q&A with Really Wild founder Natalie Lake at the boutique's official opening event. Guests including Lady Tatiana Mountbatten and Jemima Cadbury enjoyed canapés from Cliveden as well as a spot of late-night shopping from the new season's collection.

Natalie Lake and Lucia van der Post

Lady Tatiana Mountbatter and Jemima Cadbury

Francisco Macedo, Judy Baird-Murray and Justin Baird-Murray





Guests on opening night

Adam Handling, Hugh Seaborn Ind Mark Curtin



Tim Green Photography

Chice Ward, Sally Abe, Toby Burrowes and Connor Lowrey

## UGLY BUTTERFLY

Sion Hamilton and Daniel Britten

## 55 KING'S ROAD

Chef Adam Handling launched his second Chelsea venue, Ugly Butterfly, in partnership with Cadogan and Quintessentially Foundation. Speeches were given at the on-trend restaurant, which has pioneered a creative way to reduce food waste, by Handling, Cadogan CEO Hugh Seaborn and one of the charitable organisations that Ugly Butterly supports, The Felix Project.

# My Chelsea / John Simpson све

SLOANE SQUARE / JANUARY 2020





## **JOHN SIMPSON CBE** THE RENOWNED WORLD AFFAIRS EDITOR TELLS CALLY SQUIRES WHAT HE LOVES ABOUT CHELSEA

#### WHAT IS YOUR FAVOURITE ... PLACE TO EAT?

Ziani, Radnor Walk, has been a firm favourite over many years, Frantoio at World's End for the atmosphere and the warm and welcoming staff, Café Colbert for rescuing us from the awful, indifferent place that was there before and now Vardo on Duke of York Square for new 21st-century eating fun.

#### PLACE TO DRINK?

Mostly friends' houses dotted all along the Embankment and old Chelsea. When out for a drink, Chelsea Arts Club is still number one - the garden and bar are the depository of so many of my best memories and big moments. The Crown pub in Dovehouse Street, where Chelsea characters like Eduardo Paolozzi used to hang out. The Builders Arms behind Waitrose, especially on a Sunday for a Martini or a Bloody Mary.



## SHOP?

The National Army Museum shop for unusual gifts, especially for children and teens; Peter Jones for everything; Massimo Dutti for a bit of style.

## GALLERY OR

**THEATRE?** I loved going to the Chelsea Cinema – can't wait for it to reappear.

**FILM?** *Lawrence of Arabia.* 

BOOK? Tobias Smollett's *The Expedition of Humphry*  From top: Vardo; Chelsea Arts Club garden; toy from the National Army Museum shop



*Clinker*. He lived in Lawrence Street in Chelsea. Also George Eliot's *Silas Marner*.

### **CHARITY?**

Survival International, but it's a difficult choice as there are many.

#### **PODCAST?**

The Bellingcat Podcast for its fearless journalistic investigation.

#### DREAM GUEST TO HAVE ON YOUR PODCAST?

Alexandria Ocasio-Cortez. I'd like to talk to her about how America's world standing can be revived. Also Vladimir Putin: I'd like to ask him again why people he falls out with end up dead.

## WORDS OF WISDOM?

"I have seen flowers come in stony places, / And kind things done by men with ugly faces, / And the gold cup won by the worst horse at the races, / So I trust, too." John Masefield

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