

SLOANE SQUARE

ART \ CULTURE \ FASHION \ FOOD

MAY 2020

CARING FOR OUR COMMUNITY

LOOKING TOWARDS A
BRIGHTER FUTURE

Food for thought

THE RESTAURANTS AND
RETAILERS HELPING US
ALL KEEP IT TOGETHER

Keeping fit

THE EXPERTS GIVE US THE
LOWDOWN ON FRONT-
ROOM FITNESS

Home work

LOCAL SCHOOLS: TIPS
ON HOW TO HELP YOUR
CHILDREN LEARN

Home.

One small word which means so much. The place where we shelter and shape our families. Where our children grow. The place we remember throughout our lives. Our refuge in times of threat or uncertainty.

We all have an ideal, a vision for the home we want. But at a time like this, a time such as none of us has ever known, our dreams, hopes and plans are on hold. Everything now is uncertain.

It is at a time like this

that you most need wise and expert advice. Advice about your planned purchase, sale or rental, which now hang in limbo. Advice on how to navigate the coming months, and how to handle the financial pressures which may arise.

If you send us your email address (details below), we will send you a daily briefing, sharing our insight and experience with you. Or you can call one of our expert advisers.

We know about homes.

We know what they mean, and we know how hard it can be buying a new home or leaving one. We have helped our clients through these difficult moves countless times over the 124 year life of our firm.

Right now, like you, we are all 'at home', but we are also at work: ready, willing and able to advise you during this, the most uncertain time any of us has ever experienced. Call us. We will do our utmost to advise, help and support you.



home@knightfrank.com +44 20 3797 0774

Contents / May 2020

07 LEADER

We are here to help our community

08 CALENDAR

A guide to virtual local happenings

13 NEWS

All the latest goings-on in Chelsea

16 COMMUNITY NEWS

The stories that matter

18 FASHION NEWS

How to support our retailers online

24 WHAT I WORE

Neville Hair and Beauty's Elena Lavagni

26 TOP 10

Loungewear that is comfy and stylish

28 FOOD NEWS

All your at-home food needs covered

34 HOSPITALITY

Inside the Belmond Cadogan hotel

39 ART NEWS

Galleries engaging online and through social media

COVER

The rainbow has become a symbol of community togetherness – here melded with a spring rose



42 ART FEATURE

Kensington + Chelsea Art Week

46 GARDENS

Tips from the Chelsea Physic Garden on how to grow your blooms

48 BOOKS

Spotlight on John Sandoe

52 CHILDREN

How to get the best out of home schooling your kids

56 CHELSEA AWARDS

Call for nominations



SENZAFINE NIGHT COLLECTION, DESIGN POLIFORM.

Poliform

Poliform London
020 3967 5000
info@poliformuk.com

POLIFORM.IT

62 K+C FOUNDATION

Spotlight on a cause

64 LOCAL HERO

The director of the
Kensington + Chelsea
Foundation

68 9 TO 5

Meet Elicyon
founder
Charu
Gandhi

70 BEAUTY NEWS

Time to
pamper
at home



60



17



22



82

73 WELLNESS

The supplements and other
essentials to stock up on

77 FITNESS

Replace the gym with
these expert-approved
home workouts

81 SOCIAL

A pre-lockdown event

82 MY CHELSEA

Cadogan Clinic's Dr Maryam
Zamani reveals her local loves

SLOANE SQUARE

is produced for Cadogan by

Publishing Business

3 Princes Street
London W1B 2LD
020 7259 1050

Cadogan

10 Duke of York Square
London SW3 4LY
cadogan.co.uk

Editor

Charlotte Pasha
020 7259 1054
charlotte@pubbiz.com

Deputy Editor

Cally Squires
020 7259 1058
cally@pubbiz.com

Writer and Sub-editor

Selma Day

Designer

Andy Lowe

Advertisements

Caroline Warrick
020 7259 1051
caroline@pubbiz.com

Bridget Rodricks
020 7259 1059
bridget@pubbiz.com

Publisher

Adrian Day
020 7259 1055
day@pubbiz.com

Printed on ECF (Chlorine Free) paper
using fibre sourced from well-managed
forests. All inks vegetable based. Our
printers are certified to ISO 14001
Environmental Management.

Publishing Business is a
member of the Professional
Publishers Association and
observes the PPA Code of
Publishing Practice.

@SloaneSquareMag
@DOYSQ
@SloaneStreetSW1
@Pavilion_road

@SloaneStreetSW1
@PavilionRoad
@dukeofyorksquare
@SloaneSquareMag
@Kingsroad.london

HANS'

BAR & GRILL

We are looking forward to re-opening in the near future and hope to announce a date soon. Follow us [!\[\]\(919a2cb85b99741a73c0c31a427236a8_img.jpg\)](#) [!\[\]\(c9cd5a1c35167a83f09a35036fe5dcbd_img.jpg\)](#) [!\[\]\(ae1936640fabdea8c18f922ca69733fe_img.jpg\)](#) @hansbarandgrill for our latest news.

In the meantime we wanted to share one of our favourite dessert recipes with you - Hans' Chocolate Fondant - something to try at home.



CHOCOLATE FONDANT

INGREDIENTS

(6-8 servings)

- 450g Butter
- 450g Dark Chocolate
- 9 Eggs
- 360g Caster Sugar
- 360g Flour

RECIPE

Pre-heat the oven to 180°C. Grease ramekins with a thin layer of butter and place them in the fridge.

Melt the chocolate and butter in a small bowl set over a pan of hot water. Remove from the heat and stir in the sugar until smooth. Then add the flour, mixing well before beating in the eggs.

Spoon the mixture into the moulds $\frac{3}{4}$ of the way up. Place them on a baking tray and bake for 9 minutes.

When baked, turn out the fondants carefully onto a serving plate, add a scoop of your favourite ice-cream and enjoy!

Next time you visit make sure to pick up your Hans' Neighbourhood Dining Card for 20% off your first bill and 15% thereafter.

Editor's letter / May

SLOANE SQUARE / MAY 2020

A NOTE TO OUR READERS

In the whole time *Sloane Square* has been published, it hasn't had an Editor's letter. We prefer to focus on you, the readers, and those who live, work and travel in the area, bringing you the news you want.



Supporting local businesses at this time of need. From top: Partridges and The Sea, The Sea



But that normally includes the latest news from shops, salons and restaurants, who, like all of us, are suffering with the impact of Covid-19. Yet in this time of crisis, so much good has emerged. We want to use this May issue of *Sloane Square* to champion those going above and beyond, showing the power in unity and the gestures that go a long way.

Community spirit is palpable. Local shops on Pavilion Road are offering discounts to NHS workers, shops are opening early for the elderly, volunteers are doing phone rounds and the Kensington + Chelsea Foundation has launched a wonderful appeal which anyone can donate to.

Keep reading to discover books to read in isolation, supplements to stay well and how to stay fit when the gym is no longer an option. You can also find some escapism in exploring the Belmond Cadogan and, of course, now is the time to support our local businesses more than ever, which is why everything on our fashion and beauty news pages is available online.

Seeing how shops and individuals are adapting so quickly has been inspiring. Innovation, as well as compassion and humanity, can be seen across the board. Chelsea is playing its part in this unusual time, and that is something to be proud of.

With best wishes,
Charlotte Pasha, Editor



Virtual events MAY & JUNE diary

MAY 18-23

VIRTUAL RHS CHELSEA FLOWER SHOW

Although unable to surround yourself with extraordinary garden talent at this year's Flower Show, visit the Virtual Chelsea Flower Show to celebrate our great horticultural industry and gardening heritage.

rhs.org.uk/shows-events/rhs-chelsea-flower-show

UNTIL JUNE 21

KIMONO: KYOTO TO CATWALK

The V&A may be closed but you can still explore this exhibition that presents the kimono as a dynamic and constantly-evolving icon of fashion on the V&A website and on its YouTube channel. Discover the ways in which designer Jotaro Saito finds inspiration in everyday life, his techniques and processes.

V&A, Cromwell Road
T: 020 7492 2000,
vam.ac.uk



Calendar

SLOANE SQUARE / MAY 2020



ANTHROPOLOGIE is bringing its in-store events to you. Join them via Zoom twice a week, each Tuesday and Thursday, for workshops hosted by experts in flower arranging, cocktail making, jewellery and yoga. First up, Chloe Hodgson (pictured left) hosts a full-body, power pilates workout to target the core, glutes and arms. The idea is to make you work hard and feel the burn!

anthropologie.com/en-gb/blog/events/

HOLY TRINITY SLOANE SQUARE

Holy Trinity Sloane Square is live streaming services from Tuesday to Saturday at 10am (morning prayer); 6pm (evening prayer and benediction); and on Wednesday at 6pm and Sunday at 11am (The Eucharist).

Visit facebook.com/sloanechurch

ST LUKE'S AND CHRIST CHURCH

St Luke's and Christ Church has created a series of special videos to continue in its pattern of worship together.

Visit chelseaparish.org/coronavirusupdate.htm

The church's Coronavirus Buddies scheme is also putting many local people and parishioners in contact with one another for mutual support.

If you would like to find out more and become a Buddy, please phone the Parish Office on 020 7351 7365.

WILDLIFE PHOTOGRAPHER
OF THE YEAR
Ticket holders to the Wildlife
Photographer of the Year can
be reassured, despite the
Natural History Museum's
current closure, tickets will
be valid for one year from the
date of allowed entry. In the
meantime, you can view the
winning images online.
[nhm.ac.uk/visit/wpy/
gallery/2019/index.html](http://nhm.ac.uk/visit/wpy/gallery/2019/index.html)



RAYMOND BLANC WHO RECENTLY HOSTED A VIRTUAL COOKING CLASS

BELMOND INVITATIONS
Belmond has launched “Belmond
Invitations” – a series of streamed
performances by leading experts
to enrich and entertain the mind,
body and soul. They range from
live yoga classes and poetry to
botanical workshops, culinary
masterclasses and home
baking.
To join any of the events,
simply follow
@belmond on Instagram
#belmondgoodliving





THE HUDDLE BY STEFAN CHRISTMANN, GERMANY (WINNER 2019, WILDLIFE PHOTOGRAPHER OF THE YEAR PORTFOLIO AWARD)

INSTAGRAM LIVE CLASSES FROM KXU
KXU is bringing its motivational workouts to your homes directly via daily IG live classes with its popular trainers. Squat and sweat to the virtual version of your favourite class. No equipment needed.

To book and to see the schedule visit
kxu.co.uk/classes#book-schedule

SOHEI NISHINO AT MICHAEL HOPPEN
Michael Hoppen Gallery is hosting an online exhibition of new works by Sohei Nishino. The artist combines photography, collage, cartography and psychogeography to create large

prints of urban landscapes. Inspired by the 18th century Japanese mapmaker Ino Tadataka, his prints re-imagine the cities he has visited.

michaelhoppengallery.com/exhibitions/6/overview/



A JOURNEY OF DRIFTING ICE, MAGADON, 2019. COURTESY OF SOHEI NISHINO AND MICHAEL HOPPEN GALLERY

**CHELSEA
HISTORY
FESTIVAL**

23-27
SEPTEMBER 2020

**STORIES THAT SHAPE
OUR FUTURE**



chelseahistoryfestival.com

FOUNDING PARTNERS

NATIONAL
ARMY
MUSEUM



SPONSORED BY





CHELSEA-BASED chemicals company Ineos aims to produce one million hand sanitisers a month to meet the needs of frontline NHS staff and care services.

Chairman and CEO Jim Ratcliffe said: “We are working on the fastest way to get them where they need to be. I am confident that, within a few days, our santiser will start to be seen in hospitals, surgeries and people’s homes.”

He added: “If we can find other ways to help in the Coronavirus battle, we are absolutely committed to playing our part.”

AS BUSINESSES STRUGGLE in the current climate, so far, Cadogan has helped over 250 local businesses with bespoke support measures, including 100 per cent rent relief for all its café, restaurant and bar tenants that contribute to making Chelsea so special. It is also supporting the Kensington + Chelsea Foundation’s Covid-19 appeal. Funds will be used to provide weekly packages for vulnerable and isolated people, along with other support requested by charities in the area (see page 64).

KENSINGTON AND CHELSEA COUNCIL has added £500k to a financial hardship fund, on top of government contribution. The existing fund has been available to residents for years but is being expanded so that the council can help more people who are affected by Coronavirus, helping to pay for essentials such as food and energy bills. To apply for the hardship grant, visit the council website rbkc.gov.uk

News / May

SAM HOLE IS THE ASSOCIATE VICAR AT ST LUKE'S AND CHRIST CHURCH. New to the post last October, he has already taken on a pivotal community role. Now, staying connected and helping each other feels more important than ever. He says: "St Luke's was built in 1824 as a modern replacement for the medieval parish church that is now known as Chelsea Old Church.

Christ Church was built in 1839. Year round, we offer lots of services. To list a few: many baptisms, weddings, funerals and memorial services in both churches. Café Portico operates at St Luke's, offering tasty and affordable snacks and meals, and is a peaceful haven for many locals and hospital visitors. With Sunday worship now suspended nationally, we are working hard to help people continue in prayer and worship at this difficult time. We are keeping the church open as much as possible, with opening times and resources for prayer on our website, and providing videos of services. We hope to keep our church halls open as far as possible, aware that the homeless shelter and the many 12-step groups who use our space need it more than ever. We have also been hugely grateful for the response of our congregation in supporting one another and other friends and neighbours.

People have offered huge amounts of mutual support to one another, whether in the form of phone calls, shopping for essentials or supportive messages. We have close connections with the wonderful local homelessness charity, Glass Door. They have responded admirably to the challenges of the virus, seeking to maintain volunteer numbers and to continue to provide for those in need. Do support them in this difficult time if you are able. Contact the parish office and we will be delighted to speak with you."

*Sydney Street
chelseaparish.org*



CW+ AT CHELSEA AND WESTMINSTER has launched the Covid-19 Rapid Response Fund, supporting staff and patients at the hospital with new equipment and technology. Many members of the local community have pledged their support.

A spokesperson said: "This is an extraordinarily tough time for everyone across the country, particularly for the most vulnerable in society. There are a number of charities and organisations that are at the forefront of this pandemic, and we hope these donations can help them continue their excellent work when it has never been more needed."



HELP PREVENT the spread of Covid-19 through regular handwashing. For each Lemon Tea Tree handwash bought from Ushvani, a donation will be made to Richmond Foodbank, supporting those unable to feed their families .

Order the vegan-friendly handwash online, 300ml for £25.

1 Cadogan Gardens
ushvani.com

THE CADOGAN CLINIC has ceased all non-urgent activity, but patients can rest assured that it continues to provide remote consultations and the clinic remains open for time-critical dermatology concerns and skin cancer removals, in line with the British Association of Dermatology's latest guidelines. It has also offered the NHS its expertise, staff and facilities for essential overflow capacity, with five of its consultants already redeployed into the NHS to aid with the Covid-19 crisis.

120 Sloane Street



FAMED FRENCH CHEF Michel Roux passed away in March at the age of 79. He was well known for opening the original Le Gavroche at 61 Lower Sloane Street back in 1967, which became renowned for its clientele and truly excellent food. He made his mark in the restaurant world, inspired the next generation of chefs and will be sorely missed.



THE COVID-19 VIRUS has had a dreadful impact on families, businesses and the country at large, but examples of positivity abound too. The Hari hotel shared that it was on hand to help with picking up shopping, posting mail and collecting supplies. It's a reminder of what a community can be.
20 Chesham Place

A NEW POLYMER £20 featuring painter JMW Turner has entered circulation. Chelsea resident Turner lived for many years with his partner Sophie Caroline Booth at her house in Cheyne Walk until his death at the age of 76. The Bank of England has called the new £20 its most secure banknote. It depicts a self-portrait of the artist, along with his famed painting *The Fighting Temeraire*.



CHELSEA FC has offered to let NHS staff stay in a hospital it owns – the Millennium Hotel at Stamford Bridge. “It was decided the best way Chelsea can assist the NHS is to provide accommodation for NHS staff,” reads the club’s website. It continues: “Many of the medical staff will be working long shifts and may not be able to travel home or would otherwise have to make long commutes.” It’s a wonderful example of community support through Covid-19.



AT THE SHOP OF THE YEAR AWARDS in March, Andreas of Chelsea was awarded the trophy for Specialist Food or Drink Shop. A grocer beloved by the local and wider community, it’s a huge and deserved accolade. Be sure to pop in for the freshest fruit and veg around.

SLOANE SQUARE / MAY 2020

RETAILERS ARE BECOMING MORE CREATIVE THAN EVER, providing all kinds of activities and virtual events that people can enjoy from their sofa. Don't forget to make the most of special offers and vouchers, which can be used once we are all out and about again.

Visit their websites and social media handles for information.



ANNOUSHKA'S new Garden Party collection is perfect for Spring. As ever, Annoushka is inspired by nature, this time from the shapes of trees in her garden. Tiered earrings are made from textured yellow gold. We love the pendants hanging from minimal gold chokers,

perfect for day, night and everything in between.

There's also a limited-edition cocktail ring featuring a miniature maze – tactile, fun and beautiful. From £2,500.

41 Cadogan Gardens



OLD CHURCH STREET, CHELSEA

A newly refurbished Georgian townhouse in the heart of historic Chelsea.

The property has undergone extensive alterations and offers modern luxury and period detail throughout.

4 BEDROOMS | 3 BATHROOMS | 2 RECEPTION ROOMS | SEPARATE STUDIO
LANDSCAPED GARDEN | UTILITY ROOM | APPROXIMATELY 2,800 SQ FT | EPC D
0.9 MILES TO GLOUCESTER ROAD UNDERGROUND STATION



Guide price £7,600,000 Freehold

Knight Frank Chelsea
sarah.rose@knightfrank.com 020 3641 6172

 OnTheMarket.com
knightfrank.co.uk

Fashion News / May

THROUGHOUT MARCH, Rixo was thrilled to donate 10 per cent of all profits to Age UK, helping the vulnerable and those in need. Shop online to continue to support the brand and those receiving the much-needed support from Age UK.
94 King's Road



THE FASHION SCHOOL has launched 'fashion at home' kits to keep kids entertained while at home during the Covid-19 crisis, and beyond. Kits include everything you could need to stay busy – you'll find sustainably sourced fabrics, recycled sketchbooks, technique guides, fun ideas and plenty of information. There's also the option to sign up for additional online tutoring. Choose from an All Ages kit, Little Fashion kit and more – plus, kits have a 20 per cent discount for NHS staff.

Prices vary. See thefashionschool-uk.com/
224A King's Road

CASSANDRA GOAD has refurbished her Sloane Street townhouse store to celebrate 35 years of jewellery design. The first floor is home to high-jewellery and engagement rings, with a beautiful rug brought back from Cassandra's travels.
147 Sloane Street





Woodfall Street, SW3 4DJ

A 286 ft² Ground Floor ONE bedroom flat with a delightful 360 ft² Private Patio Garden.

Reception room, bespoke "Robert Patch" Kitchen, Double Bedroom with built in wardrobes and en-suite shower room. Wooden Floors throughout, Wireless Internet and Flat Screen TV provided.

The Smart Place to have your London Pied-a-terre.

Floorplan from justin@proprium.co.uk

Long Let Unfurnished £475 per week

www.proprium.co.uk
020 7589 6298
justin@proprium.co.uk



PROPRIUM
Established 1974

RIXO FOUNDERS HENRIETTA and Orlagh wanted to do something positive and support NHS workers during this challenging time, so they created the 'Stay At Home' t-shirt. Fifty per cent of profits from the t-shirt will go to NHS Charities Covid-19 Urgent Appeal. The brand has also gifted some NHS workers the t-shirt to brighten their day. The first drop of the 'Stay at Home' t-shirt sold out on its launch day in April, but it has been restocked since. Do your bit and look great, too. £55.
94 King's Road
rixo.co.uk



SIRPLUS'S SS20 collection features several unisex items, like the Stone Twill Chore Jacket and the Cuban shirt in different patterns and shapes. There are also linen Nehru jackets, waistcoats and trousers – all available to buy online.
178A King's Road
sirplus.co.uk

TIFFANY'S NEW COLLECTION, Tiffany T1, involves a year-long series of launches. It began in April with nine 18k rose gold styles and 18k white and yellow gold styles will follow this summer. An evolution of the iconic Tiffany T collection, it reimagines the 'T' motif as one continuous design. It includes bracelets and rings available in wide and narrow widths, and five of the nine designs are intricately set with radiant Tiffany diamonds. From around £693, 145 Sloane Street





DNA
CINEMAS

Experience films like never before

Professional standard home cinemas bring a whole new level of excitement, intensity and luxury to watching films, gaming and sport.

Enjoy the unique experience of perfect sound and vision that takes cinema to the very limits for the whole family to enjoy the full intensity of the immersive experience. We offer the full design and build service to transform a room into a finished home cinema.

DNA Cinemas

Creating unique home entertainment spaces

23 Berkeley Square, Mayfair, London W1J 6HE

www.dnacinemas.com

0207 129 1265

ELENA LAVAGNI IS THE OWNER OF NEVILLE HAIR
AND BEAUTY SALON ON PONT STREET.
ELENA TELLS CHARLOTTE PASHA ABOUT BEING A
WORKING MUM AND HER STYLE ICONS

What I wore

“MY STYLE IS TREND-DRIVEN, polished and relaxed. Being a working mother means I have very little time to go out and shop, therefore, I try and buy most of my clothes online. I buy a lot of my clothes on Net-a-Porter and Matches. I also like to pick up unique pieces from small independent designers when I travel.

The most treasured items in my wardrobe are a green silk Gucci shirt which I bought on a romantic trip to Milan with my husband Neville. Another of my favourite pieces is a vintage Russian gold locket that Neville bought in an auction. It contains my son's first ever lock of hair. My style icons are Valentina Muntoni and Leandra Cohen.

Home is nestled away 15 minutes from the salon in Chelsea and is currently under severe construction work, so The Hari hotel is my home away from home. I love the restaurant Il Pampero. The Sunday roast at No 50 Cheyne is unmissable and, for some fusion food, I tend to go to E&O Chelsea.

I get up at 5.30am each day to watch the news

with a warm cup of coffee. I then spend an hour with my personal trainer Dino before dropping my son off at school. Afterwards, I go back home to get ready before heading into the office. I spend most of my morning in the salon greeting clients and dealing with day-to-day issues. Lunch is generally spent with journalists talking about the latest treatments and developments in the beauty industry. The remainder of the day is used to seek opportunities for the staff and new creative outlets to continuously reinforce the importance of our industry.

My favourite treatments in the salon are colour with Seniz Alkan – believe it or not, I'm 85 per cent grey. I have my blow dry with any stylist available because they are all very skilled.

I also love getting acrylic manicures with Andrea. She saves me so much time as they last up to two weeks. When my skin is feeling tired, I see Fere Harangi for a deep cleanse facial.”

Neville Hair and Beauty, 5 Pont Street

SLOANE SQUARE / MAY 2020



BANGLE

Cartier

RING

Dior

BAG

Valentino

JUMPSUIT

Couturissimo



10

of the best



Loungewear has long featured on the catwalks. With so much choice now, you can look stylish and still be comfortable whilst working from home

1



HOBBS
Tapered culottes in sky graphite, £320, hobbs.com

2



MADELEINE THOMPSON
Grey bolt cashmere knit, £295, trilogystores.co.uk

3



VALLE AND VIK
Long flirt silk dress in vann planter pink, £182, valleandvik.com

Top 10 / Luxe loungewear

SLOANE SQUARE / MAY 2020

4

WHISTLES
Rollneck jumper
in pale blue, £115,
whistles.com

5



MOSCOT
Lemtosh reading
glasses in tortoise,
£245, moscot.com

6

REALLY WILD
Contrast v-neck jumper
in chamomile £183.75,
reallywildclothing.com

7

BODEN
Elveden sweatshirt, £50,
boden.co.uk



9

EBERJEY
Just Giving pyjama set,
£140, harveynichols.com

10

SUNSPHEL
Printed cotton cami
in Liberty tulips, £60,
sunspel.com

8



JESSICA RUSSELL FLINT
Silk eye mask, £34,
anthropolgie.com

Food / News

SLOANE SQUARE / MAY 2020

WAITROSE has announced it is creating a £1 million Community Support Fund. Funds will be spent locally on initiatives such as setting up additional local delivery services for those isolated and delivering essential items to local care homes. Waitrose shops have also set aside the first hour of opening for the elderly, the vulnerable and those who look after them, to ensure they can access what they need at the easiest possible time. While Waitrose cafés are closed, John Lewis is developing ways for its partners to stay in touch remotely, so people don't feel isolated at such a troubled time.

196 King's Road

OUR FOODIE COMMUNITY has come together in unprecedented ways to cope with the Covid-19 crisis. Delivery drivers from supermarkets and restaurants are working overtime to keep up with demand. Shops and restaurants have gone above and beyond to support the NHS and key workers. We look at who's doing what and how we can support them – many restaurants are now offering vouchers, so do check their websites for details



TREAT SOMEONE SPECIAL to an unforgettable dining experience by renowned chef Adam Handling with a restaurant or bar gift voucher at Adam Handling Chelsea and Afternoon Tea at Cadogan by Adam Handling. Vouchers are valid for 18 months from the date of purchase. Available at adamhandling.co.uk/product/gift-vouchers/

Another way you can support is by booking Adam to come in and cater a private dinner at your home, serving his classic dishes.
75 Sloane Street

PHOTO: TIM GREEN



PAVILION ROAD IS PROVIDING a delivery service using a zero emission e-cargo bike, to keep you healthy, safe and fed. Delivery is up to a three-mile radius. Simply call one of its five stores – London Cheesemonger, Natoora, Provenance Butcher, The Sea, The Sea and The Chelsea General Store, asking them to deliver, and you will get what you need that very same day. Some shops are operating reduced hours, but remain open for customers. Provenance is open from 10am-4pm at the moment.



IT IS STILL SUMMER, despite everything going on. If you're hankering for ice cream, Ice Cream Union is delivering via Deliveroo, so you can still get the freshest and tastiest ice cream around.
166 Pavilion Road

MARKS & SPENCER has set aside the first hour of shopping on certain days for its vulnerable customers, so they can stock up on essential supplies with ease. Monday and Thursday mornings are when these customers should go food shopping, while NHS workers have the first hour to themselves on Tuesdays and Fridays. See marksandspencer.com/stores for exact timings.
85 King's Road

FRENCH-STYLE BAKERY POILÂNE is offering its products for home delivery – simply go online to browse and order. Most goodies last up to around two weeks – we love the sourdough, walnut bread and butter cookies. You can also order from Deliveroo.
39 Cadogan Gardens



TOP-QUALITY GREENGROCER NATOORA

is offering 30 per cent off for NHS workers. Plus, it has made its chef-only app available to everyone at the moment, which means you can now get seasonal fruit and vegetables right to your doorstep, along with sustainably-produced dairy and freshly-sliced charcuterie. The delivery charge is £6 and it's available throughout zones 1-4. It makes meal prep that bit easier at a difficult time.
245 Pavilion Road



THE SEA THE SEA is offering 75 per cent off all mainline market fish for NHS workers and 25 per cent off for those in the hospitality industry. Pop in for fresh fish and shellfish, along with dry goods, deli treats and tinned fish. See the website (theseathesea.net) for recipes or try the ready-to-eat meal boxes and oven-ready dishes for an easy seafood meal at home.

Order by email with proof that you are an essential NHS worker. Orders open from 10am Monday-Friday for next-day delivery. Cap of 10 orders per day (first come, first served), with a maximum order of £25 pre discount and two orders per person per week.
174 Pavilion Road



THE CROSS KEYS PUB is now offering takeaway options. Somewhat unusual for a pub, it has been designed to help Londoners stay home and safe, while enjoying a hearty meal. Look on Instagram to see menu and daily specials. You can pay over the phone with ease, too.
@crosskeyspubs

MANICOMIO has reopened its café doors into a community store. Find groceries, food staples and wine, Italian provisions and cleaning supplies as well as pre-prepared meals from their chef, available to order online for delivery or click-and-collect.

83-85 Duke of York Square
chelsea.manicomio.co.uk





MAY 2020 marks the 48th anniversary of Partridges. The Royal Warrant Holder to the Queen, continues to go from strength to strength, supporting the local community with supplies of fresh, frozen, ready-prepared and tinned goods; household staples; wine, beer and spirits. Unlike many other stores, its shelves remain full, and it also has ready meals that are easy to prepare at home. Partridges also has a wide selection of treats to cheer up family and friends. For up-to-date information about delivery services and opening hours please visit partridges.co.uk.
2-5 Duke of York Square



BEAT THE SUPERMARKET battle and purchase your flour at Bread Ahead, just £1/1kg. For tips and tricks, join owner and master baker Matt Jones for free daily workshops on IG Live at 2pm. Looking for more? Purchase 2-for-1 gift vouchers online, on half and full-day workshops, valid from September for a year. Find all these recipes in the Bread Ahead recipe book (available at £25). Purchase yours and receive 2kg of flour and 50g of fresh yeast for free. 249 Pavilion Road breadahead.com



FOR IMMUNITY-BOOSTING, fresh, organic and nourishing staples, visit the Daylesford online shop. Free delivery is available to those within a 1km radius.

Choose from a variety of hot and cold dishes and seasonal baskets, along with ingredients such as bone broth, turmeric and manuka honey.
76-82 Sloane Avenue
daylesford.com/daylesford-delivered

VISIT RAW
PRESS online to
arrange delivery
via Deliveroo,
of immunity-
boosting goodies,
including medicinal
mushroom lattes
and antioxidant-
filled acai bowls.
3 Ellis Street
rawpress.co



THE ROASTING
PARTY is busy
taking online
orders – and
NHS workers
get 20 per cent
off. Simply
email order@theroastingparty.co.uk with your
NHS number for
coffee, cake and
more.
253 Pavilion Road

WHEN THIS PERIOD is behind us, take yourself for lighthearted relief and the sweetest afternoon tea around at Maître Choux. Go straight for an expertly-paired selection of éclairs and choux with glasses of Laurent-Perrier champagne, including the iconic La Cuvée Rosé. It's pink, pink and more pink, from the food to the chairs. Perfect for a girly afternoon – and be sure to Instagram some pics.
59 King's Road.





Veevers Carter

www.veeverscarter.com

Hospitality / Belmond Cadogan





SLOANE SQUARE, MAY 2011

A *Chelsea* ICON

THE BELMOND
CADOGAN HOTEL
OPENED TO MUCH
FANFARE A LITTLE
OVER A YEAR AGO.
CHARLOTTE PASHA
TAKES A LOOK AT HOW
IT HAS FOUND ITS FEET

Hospitality / Belmond Cadogan

THE FIRST THING TO NOTE ABOUT THE BELMOND CADOGAN is that this is a place with history. The building was constructed in 1887 and played home to actress and socialite Lillie Langtry, as well as Oscar Wilde, who was famously arrested on site. Now a luxury hotel, there has been no rewriting of its past. Rather, Belmond has celebrated its history, so much so that the room where Oscar Wilde was arrested is now not just a bedroom but part of the Royal Suite. There's also Oscar, the Swarovski-crystalled peacock in the private dining room – a tribute to Mr Wilde – and the Prince of Wales' feathers in Lillie Langtry's original dining room.

Last year, the hotel – owned by Cadogan and managed by Belmond – underwent a significant renovation. Amenities from a spa to a bar were added, but the design stays true to its Queen Anne style – original features can be found in the floral mosaic floor design and wooden panelling in the entrance. Literature plays a key role in the aesthetic and sentiment – libraries have been curated in the bedrooms, thanks to local bookseller John Sandoe Books, and there is a striking sculpture made from 600 books in the lobby.

Two interior design firms, Russell Sage Studios and GA group, were consulted, resulting in a hotel that is warm, yet contemporary and sleek. It is glossy but not stark and inviting but also airy, from the second you enter the lobby.

When it comes to art, British artists lead the way. There are more than 430 pieces of artwork on the walls, with a particular highlight a piece that explores the history of the Cadogan Estate. There's much to be seen hanging on the walls of the beautiful dining room, which has wonderful cornicing. Food comes from Adam Handling, who runs all food on site, from the bar and restaurant to charming tea lounge, which is perfect for afternoon scones. Dinner is traditional and focuses on the best of British, always with a modern twist. Adam's cheese doughnuts are greatly renowned, the bread and butter with chicken scratchings is unmissable and presentation is always beautiful. You'll often spot Adam himself in the open kitchen – it has bar seating, which is a fun way to glimpse into a bustling kitchen. Sunday lunch is a weekly and decadent highlight, served as a buffet with the likes of seafood, charcuterie, classic roasts and sweet treats.

Once satiated, you can make your way to your room. There are 54 bedrooms and all are spacious. Many offer views over Cadogan Place Gardens – which guests also have access to – and the likes of freestanding bathtubs, working fireplaces and in-room bars and tea sets (cosies



TOP: THE LOUNGE IS THE PERFECT SPOT FOR AFTERNOON TEA

BELOW: THE RESTAURANT, RUN BY ADAM HANDLING, FOCUSES ON THE BEST OF BRITISH





ONE OF THE
GOALS OF
THE BELMOND
CADOGAN IS
FOR GUESTS
TO TRULY FEEL
LIKE A CHELSEA
RESIDENT,
RATHER THAN
A TRANSIENT
TOURIST

are knitted by Adam Handling's mother).

The Penthouse and Royal Suite both have dining rooms, and the chance to experience Adam personally design a bespoke menu for you and your guests. Once you've checked in, you'll never want to leave.

One of the goals of the Belmond Cadogan is for guests to truly feel like a Chelsea resident, rather than a transient tourist. The hotel can pack you a picnic to enjoy in the gardens, or you can play tennis there. A fantastic concierge will not only book top local restaurants and haunts, but also curate bespoke London experiences.

On your return, you'll be welcomed back by immaculately-dressed staff, clad in uniforms inspired by the swinging '60s of the King's Road as the epicentre of fashion, before being enveloped back into the hotel's cocoon.

It's a wonderful example of a luxury hotel that has more than found its feet since opening. From service to style, the Belmond Cadogan is ticking all our boxes.

*£470 per room per night based on two sharing.
75 Sloane Street*



KENSINGTON + CHELSEA ART WEEK

**DISCOVER
A WORLD OF
CULTURE IN
WEST LONDON**

KCAW.CO.UK

Art / Round-up

SLOANE SQUARE / MAY 2020

ICONIC IMAGES HONOR BLACKMAN BY TERRY O'NEILL



VIRTUAL TOUR FOR BOND FANS COURTESY OF ICONIC IMAGES

Iconic Images gallery is taking its new James Bond exhibition online, timed to coincide with the launch of the book *Bond: The Definitive Collection*; photographed by the late, great Terry O'Neill and edited by film historian James Clarke. Through a virtual walk-through app, there will be new, original content and stories from the book, so 007 fans will be able to enjoy some of O'Neill's greatest images, including this one of Honor Blackman (left), who sadly died last month. Visit iconicimagesgallery.net to check for regularly updated content.

Iconic Images, 13a Park Walk.
T: 020 7535 3905, iconicimages.net

Lockdown *round-up*

SHADES OF CREATIVITY BY TOM DAVIES

Eyewear designer Tom Davies has been encouraging people to get creative during social distancing and put pen to paper with an arty challenge. Davies launched a competition on his Facebook page at the end of March, calling for fans to design their own pair of sunglasses and share their sketches online or via email.

Davies judged the designs based on creativity, aesthetics and functionality, and made the winning designs by hand himself.

The three lucky winners who got to see their visions come to life were Jessica Minette and her black and white cat glasses, Mathieu Jacques with his turquoise blue frames and seven-year old Phoebe Bailey, pictured, who impressed Tom with her round floral shades.





JABBOUR - BY SILENCE AND BY FRAGRANCE (2020, OIL ON LINEN)

GRAFFITI IS FIRST OF THREE DIGITAL SHOWS

The Pontone Gallery is taking three exhibitions online, with the team still available to answer enquiries. Running on the website until May 17 is South Korean artist JIHI.Young's Digital Graffiti, followed in June by by surrealist abstract painter Chris River and new work by New York Academy of Art graduate Henry Jabbour
Pontone Gallery, 43 Cadogan Gardens.
T: 020 7730 8777, pontonegallery

SAATCHI GETS SOCIAL

In March the Saatchi Gallery announced the launch of its weekly social media initiative, #SaatchiTakeover, which sets out to engage its audiences with art and creativity from all over the world by inviting people to share their work with the hashtag

#SaatchiTakeover. Themes will be announced weekly and can be discovered by following the gallery on Instagram, Facebook and Twitter.

Saatchi Gallery,
Duke of York Square
saatchigallery.com



TANYA BAXTER IN CHARITY TIE-UP FOR NHS:

King's Road gallerist Tanya Baxter has formed a partnership with the Maudsley Trust, a charity which is crucially running an emergency fundraising campaign for the NHS. The gallery is offering discounts of between 10 and 30 per cent on selected works, and asking clients to donate 10 per cent of that saving to the NHS. Charity pieces available include Marc Quinn's Upper East Side Glacier oil on canvas, which has a special NHS Healing Art Fund price of £110,000, reduced from £145,000, and polished bronze balloons by Mr Brainwash which are now available for £22,000 instead of £28,000
Tanya Baxter, 436 King's Road
T: 020 7351 1367,
tanyabaxtercontemporary.com

KATE MOSS DESCENDING, 2007 ©MIKE FIGGIS



MR BRAINWASH BALLOON



LITTLE BLACK GALLERY DOUBLE BOOK LAUNCH

Perfect for those looking to expand their bookshelves, Chelsea's Little Black Gallery has announced the publication of two books with teNeues and MENDO, titled GIRLS! GIRLS! GIRLS! And BOYS! BOYS! BOYS! Both tomes are edited by the gallery's co-founder Ghislain Pascal, with all royalties being split between Tamara Beckwith's Lady Garden Foundation and the Elton John AIDS Foundation. The GIRLS! edition celebrates the female form with both photographic legends and rising female photographers, while BOYS! is a contemporary collection of queer and gay photography, full of variety, power and intensity.



Little Black Gallery, 13 Park Walk
Tel: 020 7349 9332,
thelittleblackgallery.com

JONATHAN COOPER ARTIST PUZZLE

The Jonathan Cooper gallery has thought up a suitably creative way to support the NHS in challenging times. The gallery has cleverly produced a 1,000-piece jigsaw (right) by one of its artists, Harry Steen's house in Wales, which has not only helped keep isolating clients entertained, but has raised much-needed funds, with all proceeds going directly to the NHS Charities Covid-19 Urgent Appeal. The puzzle costs £40.

Jonathan Cooper, 20 Park Walk.
T: 020 7351 0410, jonathancooper.co.uk





Extraordinary ideas
for
extraordinary times

SLOANE SQUARE / MAY 2020



VESTALIA CHILTON

THE ANNUAL KENSINGTON
+ CHELSEA ART WEEK HAS
BEEN MOVED TO OCTOBER BUT
YOU CAN STILL KEEP YOUR
CREATIVE JUICES FLOWING
THROUGH THE WEBSITE AND
ON SOCIAL MEDIA.
BY CALLY SQUIRES

KENSINGTON + CHELSEA ART WEEK (KCAW), now due to enter its third and biggest year in 2020, was conceived to celebrate the rich heritage of the royal borough, by opening doors to local creative spaces and facilitating public engagement in local culture. The annual festival prides itself on being run by a volunteer steering group, with the idea of using art as a platform for everyone in the local community to come together as one transformative unit.

Although the week of artistic events was due to take place this summer, the Covid-19 outbreak has naturally meant a swift change of plans. "Our aim remains to support our creative community that has come together in a time of crisis, and is responding to these unprecedented challenges with unmatched creativity," says KCAW director Vestalia Chilton.

In that spirit, the KCAW committee has been quick to adapt. While the core activity has currently been postponed until October, in keeping with this year's festival theme of 'Transformation', the KCAW team has partnered with CW+, the official charity of Chelsea and Westminster Hospital. The charity has been running a pioneering Arts in Health programme at the hospital for over 26 years, and is committed to transforming hospital environments for patients and the staff who care for them.

To support the inspiring work that CW+ continues to carry out, multidisciplinary artist Yinka Ilori will create a series of unique pieces for the Emergency Department at Chelsea and Westminster, in collaboration with KCAW and with sponsorship from Cadogan. Known for his use of bold patterns and vibrant colours, Ilori's practice fuses his British and Nigerian heritage to tell new stories in contemporary design.

In response to recent events, the team is also crucially "moving all current activity online by creating weekly updates, supported by a monthly calendar on our website that will share current events, stories and opportunities with our audiences", says Chilton.

The What's On section is a great resource for those looking to flex their creative muscle during isolation, with links to talks, workshops

and live play reading via social and digital platforms to keep people engaged.

Recent resources shared on the calendar include live home baking classes by Bread Ahead, a community book club organised by fashion brand Rixo, live streamed concerts from the Royal Albert Hall, community conversions on Zoom run by the Chelsea Theatre and lunchtime lectures from the V&A. This content will continue throughout the pandemic and beyond.



LEFT: VESTALIA
CHILTON
BELOW: ONE OF YINKA
ILORI'S CREATIONS

"YINKA ILORI WILL CREATE A SERIES OF UNIQUE PIECES
FOR THE EMERGENCY DEPARTMENT AT CHELSEA AND
WESTMINSTER, IN COLLABORATION WITH KCAW AND WITH
SPONSORSHIP FROM CADOGAN"

Also new on the KCAW website is an ideas exchange, based on the philosophy that extraordinary times require extraordinary ideas, which focuses on developing new partnerships to support local cultural industries. A digital map of retailers, artists and galleries has already gone live on the site. To collaborate, volunteer or find out more visit kcaw.co.uk.

The KCAW team and advisory board are determined that as soon as it is possible, "we will once again fill our borough with public art installations and open doors to the area's creative spaces", assures Chilton.

The new dates for the programme's core cultural activity are now scheduled for October 1-11, designed to coincide with National Poetry Day and London's annual art fair season. A highlight is bound to be the public art trail, which will connect the borough via an evolving journey of discovery, created in partnership with the walking app Go Jauntly. Urban ramblers will be able to explore the trail on foot and through digital experiences.

To receive updates and news on any changes to dates and events, check the website kcaw.co.uk, join the mailing list and follow KCAW on social platforms.





Interested in university in the USA?

Arcus Advisory is a respected UK-based educational consultancy. We advise families from around the world, helping to optimise their potential and gain admission to top US universities.

Offering a hands-on, unique 4 stage approach, Arcus guides students throughout the US application process, preparing them for the best possible chance of success.

Most important, Arcus Advisory works with students to create their bespoke blueprint and timeline for a successful application, including college visits, university shortlisting, application management and essay optimisation. Our wealth of experience has helped applicants gain admission to many of the world's highest-ranked universities.

Get involved now!



Email Arcus Advisory now

Contact:

Susie Cochlin de Billy
susie@arcusadvisory.com
www.arcusadvisory.com
Twitter: @Arcusadvisory
Facebook: @arcusadvisory
Instagram: @arcusadvisory

Curious to fine-tune your extracurricular activities and add to your accomplishments?

Now is an ideal time to help students working from home amplify their US university application "story". We have added an exciting "Skills" section to our website as an interactive online tool for students! Discover our selection of top sites full of unique opportunities for students to learn new skills and get involved in online volunteering or remote internships!

Click on
www.arcusadvisory.com
go to the "Skills" tab & take advantage of the promotions.

Explore, Discover & Enjoy!

Image:
Georgina
Viney



Gardens / At-home tips

SLOANE SQUARE / MAY 2020

WITH ADDED TIME ON YOUR HANDS TO LET YOUR GREEN FINGERS FLOURISH. CHELSEA PHYSIC GARDEN OFFERS TIPS ON HOW TO MANAGE YOUR OWN BLOOMS AT HOME

1 Think about what it is you are aiming to achieve. Are you trying to encourage bees and pollinating insects? Are they merely for effect, purely for privacy or all of those things? So, choose your plants carefully and, if you're not sure, there is plenty of advice out there online or at your local garden centres (once they reopen).

2 Less is more, so try not to get carried away and over plant. It's better to have fewer, stronger, healthier plants that perform well.

3 Regular maintenance is important if you want to achieve the best results. Some plants may prefer less watering than others but, crowded together, competition is fierce so all window boxes and containers will need assessing regularly, even over the winter months. Maintenance, such as deadheading, removing fading leaves and weak growth is also important – after all, less is more. Most importantly, feed your plants once every couple of weeks – from Spring to Autumn – with a suitable plant food.

4 Plan ahead and your window boxes and containers will look great all year round. In early

Ready, set, BLOOM

Autumn, it really is worth thinking about under planting with spring bulbs. Autumn and late-Spring are good times to freshen up the soil. Some gardeners prefer to start afresh and throw away all the compost, whilst others prefer to replace some of the old compost with fresh medium. There are, of course, pros and cons to both methods.

5 Finally, do think of the environment. Whilst our window boxes and containers may be making our streets look prettier and greener, do consider your carbon footprint and try to avoid being wasteful, maybe by considering donating your unwanted plants to a local community garden or neighbours – someone may be glad of them.



ST PHILIP'S SCHOOL

An outstanding prep school for boys aged 7–13



Inspirational teaching in a warm and nurturing environment
that delivers exceptional results

For admissions please contact Julia Ironside: j.ironside@stpschool.co.uk

Culture / Books

SLOANE SQUARE / MAY 2020



ABOVE: JOHN SANDOE BOOKS
ABOVE RIGHT: JOHNNY DE FALBE
BELOW: CHRISTOPHER STAMP (LEFT) AND
BENEDICT SULLIVAN PICKING UP THE
"ONLY IN CHELSEA" AWARD AT
THE CHELSEA AWARDS IN 2019



WORDS *of* comfort

WINNER OF THE ONLY IN CHELSEA AWARD AT THE 2019 CHELSEA AWARDS, JOHN SANDOE BOOKS IS VERY-MUCH LOVED BY LOCALS. BROWSE ONLINE AND FIND YOUR FAVOURITES FROM ITS RECOMMENDED BOOK LIST BY SELMA DAY



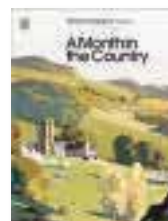
THERE'S NOTHING MORE COMFORTING than curling up with a good book – specially in these troubled times. In normal circumstances, for many, the only place to go for their reading fix is John Sandoe Books where the staff are friendly, knowledgeable and will go out of their way to help you find the book you want – or indeed the book you didn't know you even wanted until you got there. This little gem – founded in 1957 – is a treasure trove of books – home to an astonishing 30,000 titles, carefully curated by a passionate team of booksellers, including director John De Falbe who has been running the shop since 1989 when the late John Sandoe retired.

Tucked away in Blacklands Terrace in a set of quirky Georgian cottages just off the King's Road, it has become one of the best-loved independent bookshops, not just for locals, but for people all around the world. Regulars have included Mary Quant, Mick Jagger, Keith Richards, Tom Stoppard, Lucien Freud and Dirk Bogarde. As Chelsea resident Alain De Botton puts it quite simply: "John Sandoe is, and always will be, the best bookshop in London."

For now, while the shop itself is closed in the light of the Coronavirus situation, John Sandoe Books is still open for business, but behind closed doors. It is restricted to mail order only, albeit worldwide. Do phone, write or email for orders. For those deprived hours of contented browsing, the shop's wonderful, funny and learned staff will be happy to discuss your book selection or reading wishes by telephone.

In the meantime, we asked the team to come up with their recommendations to help us get through the coming difficult weeks ahead ...

10-12 Blacklands Terrace



A MONTH IN THE COUNTRY

J.L. Carr

A brief, perfect novel about a young man's summer in the countryside after the Great War. Pure escapism.



THE MORNING GIFT

Eva Ibbotson

An interwar romance bursting with wit and charm, containing a memorable scene on Cheyne Walk.



PHILOSOPHY FOR POLAR EXPLORERS: Sixteen Life Lessons to Help You Take Stock and Recalibrate

Erling Kagge

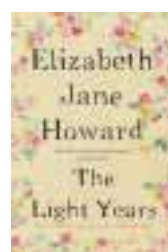
Perhaps the ultimate in isolation reading – advice for living from the first man in history to reach the North and South Poles and the summit of Everest by foot.



A GENTLEMAN IN MOSCOW

Amor Towles

A Russian count is put under house arrest in a hotel after the revolution. A runaway bestseller and a favourite of ours, ideal reading for those kept at home.



THE LIGHT YEARS

Elizabeth Jane Howard

The first of the five Cazalet novels, a family epic spanning the Second World War and the years after. We can think of no better time to sink into beloved series.



SOMETHING FRESH

P.G. Wodehouse

The best-loved comic novelist of the 20th Century, indispensable one in troubled times.



Literary legends

CHELSEA HAS ALWAYS ATTRACTED WRITERS. HERE ARE JUST A FEW



ABOVE: LAURIE LEE IN 1973 OVERLOOKING HIS CHILDHOOD HOME IN THE COTSWOLD VILLAGE OF SLAD – THE SUBJECT OF HIS BEST-KNOWN WORK, *CIDER WITH ROSIE*
© DAVID REED ARCHIVE / ALAMY STOCK PHOTO

TOP RIGHT: DOUBLE BILL: *FRANKENSTEIN* AND *DRACULA*, THE TWO MOST FAMOUS CLASSIC HORROR STORIES OF ALL TIME

JANE AUSTEN

23 Hans Place

This is the site of an earlier house visited by novelist Jane Austen (1775-1817), where her brother Henry lived, having moved from 64 Sloane Street. Henry helped Jane to get her work published, beginning with *Sense and Sensibility* in 1811, which was an overnight success. Jane stayed with him from 1814 to 1815 at the height of her career. She also often stayed at the Cadogan Hotel (now Belmond Cadogan Hotel) when she visited London from Bath.

LAURIE LEE

Markham Square

Best known for *Cider With Rosie*, Laurie Lee – in his reminiscences of wartime Chelsea in *A Village Christmas: And Other Notes On The English Year* – describes the square as “a compact little enclave of oddities, a fringe gathering of painters, poets and muses”. He goes on: “Halfway through the morning I’d see Dylan Thomas, like a plump, furry little mole, pop up from his basement opposite and go paddling off to the pub.” Chelsea was once so deserted, Lee “stood in the middle of the King’s Road and shot an arrow from the Markham Arms to the old Town Hall”.

A. A. MILNE

13 Mallord Street

Born in London, A. A. Milne (1882-1956) brought happiness to people the world over through his creation of the teddy bear Winnie-the-Pooh. Milne moved to Chelsea after being discharged from the British Army in 1919 and lived in this three-storey arts and crafts house well into his old age. It was while living here that he wrote both of the Winnie-the-Pooh books and two collections of poetry. Milne’s son, the real Christopher Robin, grew up here with his teddy and his sister Alice with whom, as the poem goes, he would walk to see the changing of the guards.



**PERCY BYSSHE SHELLEY
AND MARY SHELLEY**

41 Hans Place

A former house where the poet Percy Bysshe Shelley (1792-1822) and his wife Mary stayed in 1815. Mary (1797-1851), who was only 17, had eloped with her husband at the age of 16, and gave birth to their first child while living here. The baby died a few weeks later. The following year, the pair travelled to Switzerland, to stay with Lord Byron, where Mary began work on her Gothic horror novel, *Frankenstein*.

BRAM STOKER

18 St. Leonard's Terrace
Bram Stoker (1847-1912), the author of *Dracula*, was born in Ireland and made himself a home in London after moving here in 1878. Making friends with big-name Londoners like Sir Arthur Conan Doyle meant that Bram Stoker quickly became involved in London's highest societies – landing him a home in Chelsea. He was living in Chelsea when he came up with *Dracula* in 1897 after allegedly suffering “nightmarish dreams from eating too much dressed crab”.

OSCAR WILDE

3 and 34 Tite Street and
The Cadogan Hotel
Poet, playwright and author Oscar Wilde (1854-1900) lived in Chelsea for some time, first at number 3 Tite Street and later at 34. It was here that he wrote *The Picture of Dorian Gray* and also where he was first introduced to Lord Alfred Douglas, which would eventually lead to his downfall. Oscar Wilde was residing in room 108 of the Cadogan Hotel when he was arrested and taken into custody for a trial that would charge him with gross indecency – a case against the Marquess of Queensberry that he would eventually lose.

A young girl with a long, dark brown braid is seen from the back, wearing a pink shirt. She is standing in front of a large, teal-colored chalkboard, with her right arm raised as if writing or drawing on it. The scene is brightly lit, and the chalkboard has some faint, illegible markings.

HOME WORK

WHETHER YOU ARE
FINDING A ROUTINE
OR ENCOURAGING
OUTDOOR ACTIVITIES,
EDUCATING YOUR
CHILDREN AT HOME
NEED NOT BE A
DAUNTING TASK. HERE
TO HELP WITH THEIR
TIPS ARE SOME OF
THE COUNTRY'S BEST
TEACHERS



GARDEN HOUSE GIRLS' SCHOOL

EMMA STUDD IS THE HEAD of Chelsea's Garden House Girls' School. If your child is lucky enough to go there, they can make the most of the school's remote learning program. But if not, you can certainly get inspired by what the school is doing, and recreate it for yourselves.

"We are aiming to do this through video conferencing Form Time, feedback sessions by phone or Zoom and use different technology to share virtual white boards," says Emma.

"The day will commence at 8.45am with Form Time, then lessons will start. The timetable will include a sport slot with our PE team setting daily challenges by video – from hockey drills using a loo roll to competitive fitness exercises using socks! During the music lesson slot, the department is challenging children to create a musical instrument from household objects then use them to create percussion compositions.

Art will take a similar approach – using easily accessible items to create a set artwork each week. As for drama, our Head of English is planning a 'Romeo and Juliet' themed project for Year 6, including making sock puppets and a set to 'stage' their own production which they will share via video conferencing.

And for a final piece of advice, Emma says, "it is our intention to encourage the children to wear one piece of Garden House uniform for their virtual lessons – be it their beautiful teal velvet berets, their straw hats, a skirt, shorts or perhaps a sports hoodie. It will help to make the new virtual school more familiar, we believe".

Turks Row



Children / Remote learning

MISS DAISY'S NURSERY SCHOOL

MISS DAISY'S NURSERY SCHOOLS, founded by Daisy Harrison in 2006, provides a nurturing, play-based early years' education for children aged two to four years. Here, Daisy gives us some top tips to make the stay at home a little less daunting and, above all, enjoyable!

ROUTINE

Not only do children thrive on a routine, but a daily structure will help you and your child to feel more secure. This doesn't have to look like your normal working day, nor does it need to follow the routine your child's nursery follows. Decide a time you will all be up, dressed and breakfasted, adopt a timeframe you will allocate to different tasks and activities each day and then, with your child, tick them off as you do them. This helps everyone feel a sense of achievement and provides a reassuring routine to your little one's day.

HELP AROUND THE HOUSE

This is a perfect time to teach your child important life skills and develop their independent learning. Don't underestimate the ability of two and three-year olds – encourage them to take more responsibility within the home, such as pouring their own milk at breakfast, dressing themselves, tidying their



DAISY HARRISON



toys away and helping to set the table for dinner. Children love to take part in 'grown-up' activities. Give them time and encouragement and you'll be amazed at the satisfaction they feel with their newly-acquired skills.

READING

Reading aloud is widely recognised as the single most important activity, leading to language development. Amongst other things, reading aloud builds word-sound awareness in children, a vital tool to future reading

success. It also builds motivation, curiosity, memory and gives children the opportunity to practise listening – a crucial skill for the return to nursery and beyond.

Most importantly though, reading aloud is proven to help children cope during times of stress. Include in your daily routine getting tucked up on the sofa and sharing a page-turning adventure together. The library and video-call app 'Caribu' is also an excellent way for wider family to connect and share the magic of story time too.





PLAY

Play is, without doubt, the most important tool for young children to learn and is the most fun and wonderful way for you to get to know your child even better. From playing together, you will discover even more of their personalities. Let your child take the lead and tune into what they are doing and saying – you will, no doubt, share some wonderful moments and insights into the people they are.

DOWN TIME

There has been a huge amount of pressure on parents to constantly stimulate and entertain their children during isolation. However, down time is so important and beneficial for children's development – it helps to improve concentration and gives time to reset emotions. Likewise, it is only when children are faced with creating their own entertainment that creativity is truly discovered. In the words of Winnie-the-Pooh: "Doing nothing often leads to the very best of something."

USEFUL LINKS

[twinkl.co.uk/resources/parents](https://www.twinkl.co.uk/resources/parents)
[family.co.uk/blog/](https://www.family.co.uk/blog/) – provides a wealth of fun, simple to organise activities perfect to occupy young minds whether indoors or out.

St Luke's Church Crypt, Sydney Street
St Simon's Zelotes Church Hall, Milner Street

ST PHILIP'S SCHOOL

Julia Ironside,
 Registrar, gives
 us her five tips for
 keeping your children
 learning during
 lockdown



1

Put together a timetable with your child for each day of the week. Be realistic in terms of the time allocated to each task and allow time for play. Children like and respond well to routine and involving them in the process should give them ownership.

2

Factor in reward time at the end of the day. Give them something to aim for and look forward to, be it talking to their friends or doing something together as a family.

3

Get creative. That recycling box for the bin men is a sculpture in the making! It's amazing what children can come up with given a few cartons, an old egg box and some sellotape or pva glue. Let them use their imagination and take photographs of the finished results to create a gallery of their work.

4

Allocate a designated area for your child to work. This may not always be practical but there may well be less distractions if they are sat at the kitchen table rather than in their bedroom.

5

Use the internet, but be mindful of too much screen time. There are some amazing resources out there: BBC Bitesize is a wealth of information and Duolingo makes learning a language fun.

St Philip's School is an independent prep school for boys aged 7-13.

6 Wetherby Place

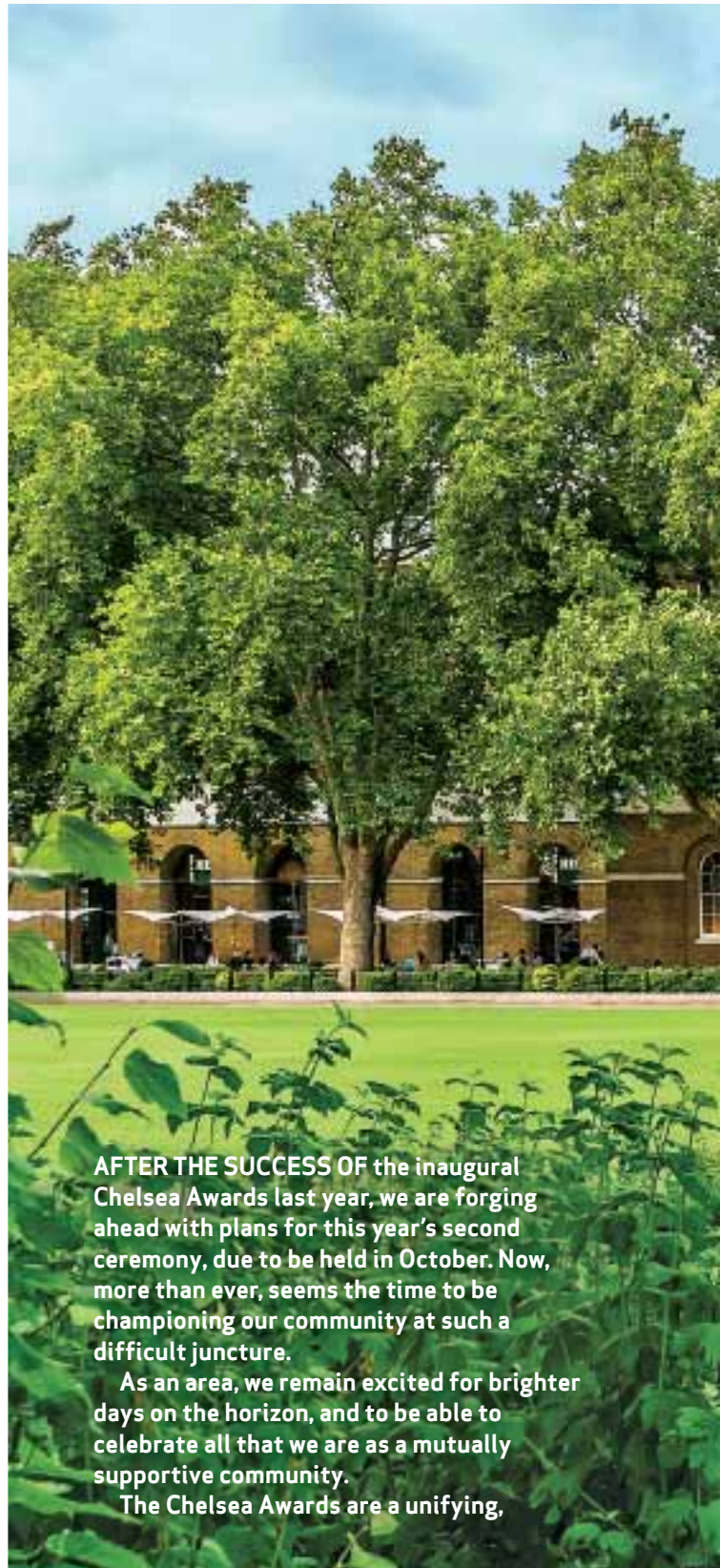
Community / *The Chelsea Awards*

SLOANE SQUARE / MAY 2020

PROPOSE YOUR FAVOURITE CHELSEA PEOPLE, PLACES AND FACES WHO YOU THINK DESERVE TO BE RECOGNISED IN THE COMMUNITY EVENT OF THE YEAR



ABOVE: REV BRIAN LEATHARD, PATRICK LUONG AND MELISSA KERSCHEN, FROM GLASS DOOR, PICKING UP THE "COMMUNITY COLLABORATION" AWARD
BELOW: JOHN SHEPHERD COLLECTS THE "IN GOOD TASTE" AWARD ON BEHALF OF PARTRIDGES FROM KATE DE'ATH, CAPRICE HOLDINGS AND MAYOR, WILL PASCALL



AFTER THE SUCCESS OF the inaugural Chelsea Awards last year, we are forging ahead with plans for this year's second ceremony, due to be held in October. Now, more than ever, seems the time to be championing our community at such a difficult juncture.

As an area, we remain excited for brighter days on the horizon, and to be able to celebrate all that we are as a mutually supportive community.

The Chelsea Awards are a unifying,



THE *CHELSEA* AWARDS

uplifting initiative, and a perfect way to show support at a testing time for your favourite local haunts, from artisans and small businesses to shops and restaurants.

It's a true celebration of the individuals and collaborations that make up our community, enhancing everyday life by going the extra mile, and the evening itself brings everyone together with true Chelsea spirit.

We are proud to be sponsored by Knight Frank, Ineos, the Belmond Cadogan Hotel, Ted's Grooming Room and Poliform UK and

will be announcing further sponsors in due course.

In this issue we chat to the Belmond Cadogan Hotel's manager Nick Bromhead, and store manager of Ted's Grooming Room, Hassan Ahmet, to find out why supporting the local community is at the core of their respective business philosophies.

To nominate a person or organisation that you think helps to make Chelsea a truly wonderful and vibrant place, simply go to chelseaawards.com

AWARD CATEGORIES

ONLY IN CHELSEA

a business that brings something unique to the area

COMMUNITY HERO

an organisation or person that has benefited the community through their actions

CULTURAL CHAMPION

an organisation or person that has enriched Chelsea's culture

IN GOOD TASTE

someone who has made Chelsea more delicious

COMMUNITY COLLABORATION

businesses that have joined forces for the greater good

MASTERS OF CRAFT

an artisan who elevates the everyday to the extraordinary

FUTURE FORWARD

a company innovating to meet tomorrow's challenges

CREATIVITY IN A CRISIS

An individual or business that has adapted and served the community during the Covid-19 pandemic

Please send in your nominations today to:
ChelseaAwards.com

Hotel heaven

Engaging with local communities is a key part of the Belmond philosophy, says Nick Bromhead, the manager of one of Chelsea's iconic hotels

When did you join the hotel?

I started my Belmond journey in May 2019, three months after the hotel re-opened from a multimillion pound restoration. The chic Chelsea location, paired with inspirational leadership and people full of character, make it an environment that I am hugely proud to be part of. Each Belmond property is inspired by its local area, so from London to Machu Picchu, we create exceptional experiences based on engaging with communities.

What does it mean for the hotel to be a part of the 2020 Chelsea Awards?

The awards celebrate everything it means to reside in Chelsea. With our hotel's own history in art, literature and celebrity, the Belmond Cadogan perfectly resembles the charm of this community. Therefore, it is a great honour to be involved in such a prestigious celebration of our world-renowned residence. Community is a key pillar of the Belmond philosophy and we are currently working on a project to raise awareness for the Children's Literacy charity, which works within the community to give young people the basic skills they need to succeed.

Tell us a fun fact about the historical significance of the building?

The hotel is famous for the poem 'The Arrest of Oscar Wilde at the Cadogan Hotel' by John Betjeman. This recalled the happenings in room 118 – now our Royal suite – where Oscar Wilde was arrested. Prior to this famous resident, the hotel was also home to Lillie Langtry, the British-American socialite, who lived there until 1897.

Why is artwork so important at the hotel?

Art and literature run through the veins of the hotel, with over 430 pieces of original artwork displayed throughout the building and within the bedrooms. My favourite piece is the peacock designed by Clarita Brinkerhoff, which we have affectionately named Oscar. The unique piece is studded with thousands of stunning Swarovski crystals and completely resembles the glamour of Chelsea chic.



“THE AWARDS CELEBRATE EVERYTHING IT MEANS TO RESIDE IN CHELSEA. WITH OUR HOTEL’S OWN HISTORY IN ART, LITERATURE AND CELEBRITY, THE BELMOND CADOGAN PERFECTLY RESEMBLES THE CHARM OF THIS COMMUNITY”

Is there something about the hotel that people might not know?

For our chef Adam Handling, pictured above, family and community are the two main inspirations for his work. This is reflected in the hand-knitted tea caddies made by his mother, and the welcome cocktail named after his baby son Oliver.

What is your favourite room?

It’s the penthouse which embodies an unparalleled feeling of luxury combined with a sense of home comfort. The beautifully-designed balcony offers a real sense of place.

What are you looking forward to in more positive times?

I am confident the local community will be stronger than ever and we look forward to supporting events such as London Craft Week, London Fashion Week and Frieze Art Fair. I am also excited about our own Good Living campaign, which concentrates on guilt-free indulgence for body, soul and mind. Good Living with Belmond is about freedom and an invitation to live life to the fullest. This means creating a happy balance of guilt-free indulgences, and dancing ‘til dawn at the best parties in the world.

NICK BROMHEAD



Ted talks

In these challenging times, community is more important than ever, says manager of Ted's Grooming Room Hassan Ahmet

Tell us about the treatments at Ted's?

What makes Ted's Grooming Room so special is that it is far from a simple haircut service. It is a traditional barbering experience whereby gentlemen can escape their daily routine and invest in themselves. All experiences include ear-flaming, eyebrow trimming, hot towel treatment and massage.

Are Ted's services exclusively for gentlemen?

Our barbers are specialised in traditional barbering that is usually for gentlemen, however, they occasionally cater for ladies with a shorter hairstyle.

What do you love about the area?

We love that even since starting our building work prior to opening, we have received a really warm welcome from all the neighbours.

This really made us feel like we belonged to the community, and thanks to all of this support, our opening day [in January] was a success.

What does it mean for Ted's to be part of the 2020 Chelsea Awards?

We wanted to be part of a celebration of the Chelsea community, whereby we would be able to meet as many people as we can. In this challenging time, the local community is very important and we believe that, despite most retailers now being closed, it can be the time to support each other. This can be done through social connectivity and by offering what we offer in our stores through online platforms.



"WE HAVE RECEIVED A REALLY WARM WELCOME FROM ALL THE NEIGHBOURS. THIS REALLY MADE US FEEL LIKE WE BELONGED TO THE COMMUNITY"



Can people still shop online?

Our online store is still up and running and our Ted's Grooming Room product range can be purchased, as well as gift cards to experience one of Ted's services once our stores can safely re-open.

What are your top tips for at-home grooming?

Take this occasion and let any unwanted partings or high fades grow out. Don't risk anything by cutting your own hair. By the time stores re-open, you will have a fresh canvas for your barber to work on. Take this time to condition and treat your hair throughout the day.

This is also a great time to experiment with facial hair. When it comes to beards, ensure your top lip line is a clean, straight line above the top lip, and for your cheek lines, a short trim blended down is better than a sharp barber's line.

HASSAN AHMET



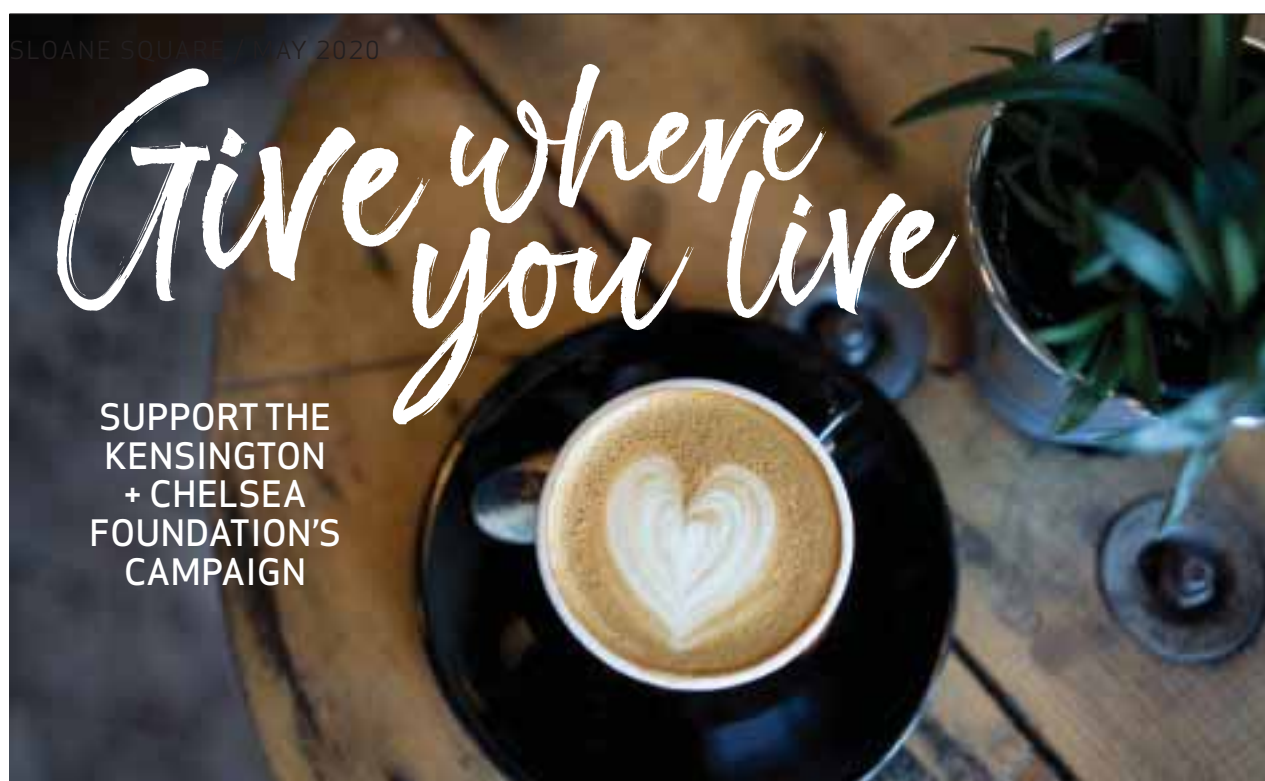
Poliform

TED BAKER
LONDON
Ted's Grooming Room

INEOS


BELMOND
CADOGAN HOTEL
LONDON

Charity / K+C Foundation



THE K+C FOUNDATION is launching a new campaign called Give Where You Live and it needs your help. It is an independent charity supporting local projects to reduce isolation and loneliness, develop skills and employment opportunities, and help young people to make the most of life.

Kensington + Chelsea is usually thought of as an affluent borough. But there are also areas of severe deprivation.

Do you know? K+C has:

- The worst rate of income inequality in all London boroughs
- 37.3 per cent of children living in poverty
- Nearly a quarter of working residents earning less than the London Living Wage
- The highest proportion of people living alone in the country

WHAT GIVE WHERE YOU LIVE IS

It's a campaign to raise funds for projects supporting disadvantaged and vulnerable people in our community.

"THERE IS NOTHING WORSE THAN THE FEELING OF ISOLATION. WE ALL HAVE TO FEEL WE BELONG TO THE LOCAL COMMUNITY, AND THIS PROJECT HAS GIVEN ME THAT FEELING OF BELONGING"

MARY, RESIDENT AND AGE UK K+C MEMBER

WHERE THE DONATIONS GO

£15 could pay for reading classes for children with learning difficulties, £20 could pay for a crafts session for someone living alone and enable them to make new friends, £50 could pay for youth centre sports equipment.

HOW IT WORKS

- Can you make a donation to the campaign via its website or ask friends and family to donate to the campaign in honour of your birthday?
- If you are a school, could you hold 'non-uniform' days or sponsored silences?
- As a restaurant, perhaps you can add a voluntary £1 donation to all customer bills in June?

- As a business, can you take part in a sponsored event, summer BBQ or organise a bake sale to support its projects?

Contact the K+C Foundation to discuss your ideas on how you can get involved and bring our community together at: team@thekandcfoundation

Registered charity no. 1125940

Kensington
+ Chelsea
Foundation
A better life together



JOIN US

mayfairPA

Mayfair PA is a group of dedicated professionals who enjoy bespoke monthly events in central London with the chance to experience luxury boutiques, fine dining restaurants, hotels and business services – all looking to showcase the best they can offer to Personal or Executive Assistants.

As a key influencer in your organisation, these evenings are wonderful opportunities to engage with premium brands that should be on your company's radar. Always varied and fun, Mayfair PA is here to point you in the right direction, whatever your company's needs.

Joining Mayfair PA and attending its events is free. To receive regular email event invitations all we require is your name, the company you represent and your work email address.

Please contact
MayfairPA@pubbiz.com
to join in



People / Local hero

SLOANE SQUARE / MAY 2020

“THE KENSINGTON + CHELSEA FOUNDATION is an independent charity working towards our vision of a borough where everyone has the opportunity to live healthy, happy, fulfilled lives. We identify and support local projects that improve the lives and life chances of the most disadvantaged and vulnerable people in our community. Our priorities for the next three years are reducing isolation and loneliness, improving skills and employment opportunities, and ensuring children and young people have the best chance in life.

I joined in November 2019. I was fascinated by the idea of raising money and spending it in the same community. I love being able to visit all of the projects we support and seeing first-hand the

and provide meaningful engagement to those who might otherwise struggle to connect with their neighbours.

We support a range of innovative activities run by local partners who are making a positive impact on isolated people by connecting them with other residents, social activities and support services.

We have been really inspired by the collaboration we've seen amongst local partners as a result of the Covid-19 crisis, who have co-ordinated an emergency response team that targets the elderly and most vulnerable in the community.

A partnership of voluntary sector organisations take donations of food and essential supplies, which are sent out as care packages to those in most need. We

VICTORIA STEWARD TODD IS THE DIRECTOR OF THE KENSINGTON + CHELSEA FOUNDATION. SHE TELLS CHARLOTTE PASHA HOW IT MAKES A DIFFERENCE IN THE COMMUNITY, AND HOW WE CAN SUPPORT IT NOW MORE THAN EVER

impact they are having on local lives. It's a fantastically diverse borough, which is something to really celebrate. It is also, in some ways, a microcosm of the wider social problems that exist across the country. If we can provide viable solutions to some of those issues here, they could potentially be replicated in other boroughs and have even greater impact.

In our borough, loneliness and isolation are major issues, having devastating effects on people's mental and physical health. Loneliness can damage the immune system, increase the risk of having a stroke or coronary artery disease by 30 per cent, and even lead to premature death. The sting and stigma of loneliness are magnified in a big city, when people see crowds of people rushing past every day but find they have no one to talk to. Our Isolation and Loneliness programme supports projects that celebrate our diverse community





Building a strong FOUNDATION

realised that this was having a significant impact on their resources and wanted to offer our support by launching a fundraising campaign that could meet some of the immediate financial need but also help local partners to rebuild their services after the pandemic is over. We've been delighted by the positive response to our appeal.

The Foundation secured £150,000 of matched funding pledges for its Covid-19 Appeal from Cadogan, the Julia and Hans Rausing Trust and the Rockspring Charitable Trust.

Cadogan, the long-term principal supporter of K+C Foundation, pledged £50,000, which will go towards helping distressed companies and vulnerable residents.

It's fantastic to see the community coming together to support our most vulnerable neighbours. As well as funds, people have been keen to donate food and supplies, and to offer their time and skills as volunteers. Our appeal is very much still running and we would be hugely grateful if people could donate. Most recently, we have been overwhelmed by the generosity of LMAX Group, which has made an incredible lead donation of £250,000 to our Covid-19

Appeal. This will enable us to support a whole range of vital activities including a food distribution network for the most vulnerable people in north Kensington; activities and mentoring for young people at risk during lockdown; and the provision of tablets and stands at Chelsea and Westminster Hospital so that Covid-19 patients can have contact with their families and friends.

As for future plans, we are very focused on the Covid-19 response fundraising campaign

"IN OUR BOROUGH, LONELINESS AND ISOLATION ARE MAJOR ISSUES, HAVING DEVASTATING EFFECTS ON PEOPLE'S MENTAL AND PHYSICAL HEALTH"

and ensuring those funds reach frontline organisations who need it most. But this issue isn't going away in the immediate future and we are continuing to listen to the changing needs of the community and understand how we can best help over the coming months. We will also continue to work on our core programmes and intend to pilot some exciting new ideas."

thekandcfoundation.com

DINE IN ELEGANCE PLAY IN STYLE

Located in the heart of London's most prestigious Royal Borough, the newly refurbished Forty Five Kensington offers a dining and gaming experience that sets new standards in style and sophistication.

Sample the delights of our luxurious new restaurant, offering fine dining with an inspiring menu filled with dishes from around the world. Equally as impressive as the menu is the level of service, with our team of highly trained staff attending to your every need.

After your meal, enjoy a drink in the relaxed surroundings of our elegant bar or experience the excitement of the Kensington Gaming Floor, where you'll find all your favourite table games and state-of-the-art electronic gaming machines.

Whether you're a discerning gamer wanting to take your skills to the next level, or simply looking to enjoy an evening of first class dining and entertainment, Forty Five Kensington promises to go above and beyond every expectation.

WE LOOK FORWARD TO WELCOMING YOU WHEN WE REOPEN

Open 24 hours a day, 7 days a week

No membership required, over 18s only

 **FORTY FIVE**
K E N S I N G T O N

Forty Five Kensington,
45 Cromwell Rd.
South Kensington,
London SW7 2EF

+44 (0)20 7589 4041

www.fortyfivekensington.co.uk



BeGambleAware.org



SENSE



Over 18 only







Charu Gandhi

Interior design studio Elicyon designed a number of key spaces in Chelsea Barracks, including the first ever show apartment. Meet the founder, Charu Gandhi



9to5

I SET UP ELICYON NEARLY SIX YEARS AGO. We create exquisite interior couture, bringing a strong architectural and spatial approach, combined with a creative and tailored interior design eye. We work across a range of projects around the world, from private houses and family estates to large-scale residential developments and boutique hotels.

KEY TRENDS to look out for are a strong focus on wellness, working from home, champagne gold accents and eco materials. Clients travel more and experience different aesthetics, which makes the design collaboration really enjoyable. Many have come to us with images from their trips and we have woven references, materials and patterns into their project.

CHELSEA BARRACKS

is such a landmark development and important part of the local fabric. It was a great milestone to be invited to design the lobbies, meeting rooms and spa areas plus some show apartments. The brief was to celebrate its vision, architecture and spaces.

THE APARTMENT

features delicate military details, inspired by infantry uniforms and artillery, which we wove into the design to honour the heritage of the former barracks. Set against an ivory base, we worked with a colour palette of various shades of blue – from pale midnight to shades inspired by the Chelsea Pensioners' navy undress uniform.

THE LOCAL AREA also played into our design of the residence. Blackened bronze accents add an unexpected industrial twist to the space, complemented by bespoke joinery with intricate rivet detailing inspired by the nearby Chelsea Bridge.

OUR DESIGNS of the communal spaces were again inspired heavily by the history of the site and its links to two key materials – chalk and clay.



We chose a neutral palette with natural and luxurious textures. The artwork and accessories have a strong reference to craft, inspired by the annual Collect show.

MY FAMILY all live around Chelsea, so it is very much my village and home – I have lived here for 23 years. The area south of King's Road leading to Cheyne Walk, where I live, has such a lovely labyrinth of streets with interesting architecture and hidden restaurants.

CHELSEA HAS ALWAYS HAD a bohemian, artist undertone. We love visiting the various exhibitions at the Saatchi Gallery and are members

of the Chelsea Physic Garden.

A TYPICAL WEEKEND

would entail a pop into whatever exhibition is on at the Saatchi Gallery, always with a quick browse at John Sandoe Books. I love the long-standing shops and institutions such as Green & Stone for art supplies and Andreas for groceries. A perfect day would end with a great show at the Cadogan Hall or Royal Court Theatre.

I ALWAYS SAY my favourite project is my next one.

ELICYON DESIGNED SHOW APARTMENTS AT CHELSEA BARRACKS, TAKING INSPIRATION FROM ITS HISTORY – INCLUDING THE UNIFORMS OF THE CHELSEA PENSIONERS – AND LOCAL AREA



Beauty / News

SLOANE SQUARE / MAY 2020

AT THE TIME OF GOING TO PRESS, some of our local beauty salons were trying to stay open for customers during this difficult time, albeit with limited hours. The ones that aren't able to stay open, to protect the health of their employees and clients, will desperately need support as soon as they can reopen their doors. In the meantime, consider buying their products online or a gift card to use in the near future.



RICHARD WARD'S VIRTUAL salon on instagram (@richardwardhair) is keeping us groomed and coiffed whilst in isolation. Follow the team's online tutorials on how to perfect the brow and the art of the manicure.
82 Duke of York Square

A NEW virtual consultation service is bringing the Hari's expert team to the comfort and safety of your home. If you would like to book a 15-minute WhatsApp video appointment with one of the salon's stylists or colourists, please email: emma@harissalon.com
233 King's Road





LISA FRANKLIN is expanding her luxury skincare range with exciting and innovative launches for this Spring/Summer. Try the Lisa Franklin DNA – Genetic Analyses, £520.

Working closely with a leading European provider of genetic testing, it's all about DNA testing to discover what your genes say about you. That way, Lisa can create truly bespoke, personal recommendations, such as identifying the types of skincare treatments and products from which you will benefit the most.

186 Sloane Street



SARAH CHAPMAN'S new product, Glow, blends actives, vitamins, omega oils and botanicals for a delicious serum-oil. As a founding patron for Women Supporting Women, an initiative powered by The Prince's Trust Charity, Sarah is dedicated to helping empower thousands of vulnerable young women. For every bottle of Glow sold, Sarah will donate £10 to The Prince's Trust.

£64,
259 Pavilion Road

GET READY for sunnier days with Dermalogica's new Invisible Physical Defense SPF30. It really is the holy grail: an invisible, blendable sunscreen that works for all skin types. It is a lightweight physical formula that contains non-nano zinc oxide for an invisible finish, while offering real protection against skin-damaging UV rays and blue light. It's skin-soothing, too.

£49,
37 Duke of York Square

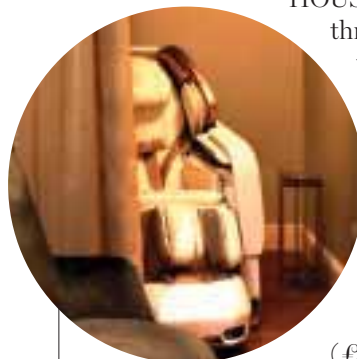


URBAN RETREAT AT THE WHITE HOUSE has launched

three day-long reset treatments and programmes for mind, body and soul. Look out for I am Lighter (£400), the Khera-Griggs Ultimate Ritual (£500) and I am Healthier (£400.) Pick

from infrared sauna sessions, body cupping, colonic consultations and a full body dry brush exfoliation. At this difficult time, it is also offering free services to NHS workers, including Vinylux manicure, pedicure and blow dry.

2-4 Hans Crescent



LOUNGE & LINGER

FURNITURE PROVIDERS

From concept to completion, we work with our clients on pop-ups, restaurant installations, parties and interiors.



Furniture - Interiors - Décor

info@loungeandlinger.co.uk | 0208 004 7004 | www.loungeandlinger.co.uk

NEOM

KEEP NORMALITY TICKING
OVER WITH A LITTLE
LOCKDOWN LUXURY.
BY CALLY SQUIRES



*KEEP
FIT
stay well*

OUR HEALTH AND WELLBEING IS AT THE FOREFRONT OF OUR THOUGHTS RIGHT NOW. WE'VE GOT THIS COVERED WITH OUR PICK OF SUPPLEMENTS FOR IMMUNITY AND GLOWING SKIN, SELF-CARE ESSENTIALS FOR A ZEN MIND AND BODY, AND SOME TOOLS AND TREATMENTS FOR A LITTLE HOME PAMPERING



BAMFORD
Quartz crystal heart, £120, bamford.com

SELF-CARE ESSENTIALS



AESOP
Breathless botanical massage oil, £25, aesop.com

NEOM
Scent to sleep pillow spray, £20, neomorganics.com

JO MALONE
Lime, basil and mandarin bath oil, £45, jomalone.co.uk



WHITE COMPANY
Spring candle, £20, thewhitecompany.com

DIY BEAUTY



L'OCCITANE EN PROVENCE
Duolab machine, £250,
uk.loccitane.com



LISA FRANKLIN
Anti-pollution
cleanser, £60,
lisafranklin.
london



HERMÈS
Twilly d'Hermès
moisturising body
balm, £28, hermes.
com

VALMONT

Palazzo Nobile
Eau De Toilette in
Casanova, £136,
harveynichols.com



INSTYLER

Max prime 32mm
revolving styler,
£59.98, boots.com



111SKIN
Sub-zero sheet mask, £85 for five,
harveynichols.com

SUPER SUPPLEMENTS



ADVANCED NUTRITION PROGRAMME

Skincare Ultimate pack,
£72, harveynichols.com

EQUI LONDON

Beauty formula, £53,
harveynichols.com

OSKIA

Pure MSM plus black
pepper extract, £62,
spacenk.com

SARAH CHAPMAN

Skinesis Omega
Plus booster, £64,
sarahchapman.com

ORGANIC PHARMACY

Superantioxidant
capsules, £47,
theorganicpharmacy.
com



*"From the bottom of my heart,
many thanks for your help and support."*

- "Paula", a Glass Door guest in her fifties, now staying in a hotel

Many of us want to do the right thing and stay home to keep everyone safe. But what if you don't have a home?

Chelsea-based homeless charity Glass Door is working with the government during the pandemic to move people who are homeless into hotels. But there are still many left on the streets, hungry and afraid. While the progress made has been historic, our work is not done.

Glass Door would like to thank the community for coming together in this time of great uncertainty. Our partners, friends, volunteers and supporters have helped more than 170 people move into hotels so far.

To provide support to someone like Paula and make a long-term difference in the life of individuals affected by homelessness, consider supporting our Covid-19 Emergency Appeal. Please give today, and help provide shelter, food and hope in these uncertain times.

To find out more or make a donation, visit at GLASSDOOR.ORG.UK.

GLASS DOOR

Homeless support in West London churches

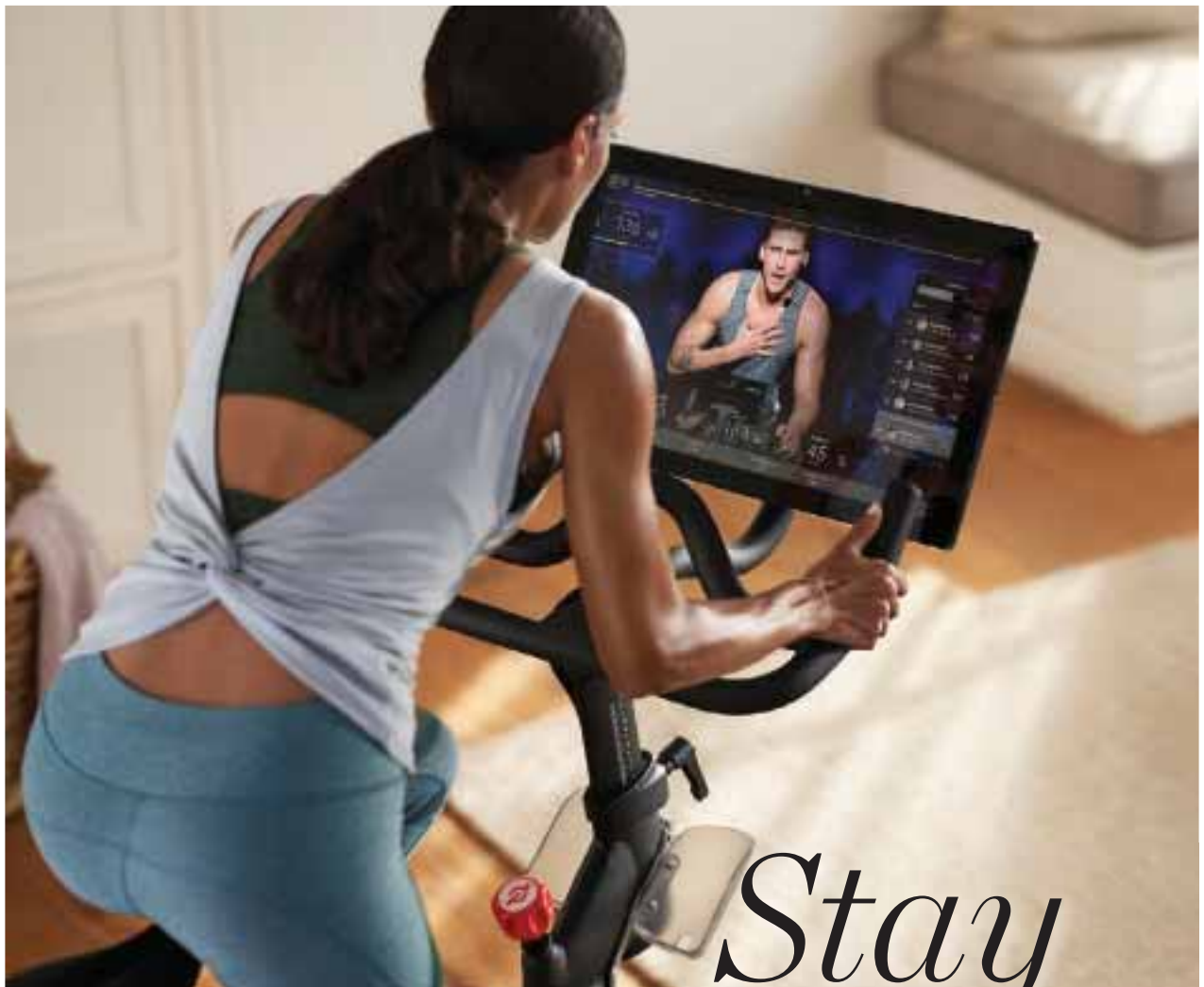
Glass Door is a registered charity
(no. 1083203) in England and Wales

THANK YOU

STAY HOME

AND HELP OTHERS OFF THE STREETS.

TO KEEP YOUR MENTAL HEALTH UP WHEN SPIRITS ARE OTHERWISE LOW, EXERCISE CAN REALLY HELP. YOUR FAVOURITE STUDIOS MAY HAVE CLOSED THEIR DOORS, BUT CHARLOTTE PASHA HAS ASKED LOCAL TRAINERS AND EXPERTS FOR THEIR TOP TIPS ON HOW TO EXERCISE AT HOME. THERE'S LOTS OF UNCERTAINTY, BUT KEEPING YOUR BODY MOVING CAN ONLY HELP



Peloton

*Stay
healthy
at home*



DIVAN KOMBRINK is personal trainer at the Khera Griggs cleanse clinic at Urban Retreat, 2-4 Hans Crescent

“Plan your sessions. By planning, you have a lot more structure. Keep them short, too. A 20-minute intense at-home workout can be all that’s needed to get the endorphins flowing.

If you can manage to get outside, it’s always best to get some fresh air.

Body weight interval exercises are very effective, such as burpees followed by press ups followed by a plank with a rotation.

You absolutely do not need equipment! Your body weight is more than enough for any person. You could add in a resistance band for some functional movements.”

PADDY COLMAN is head trainer at Core Collective, 23 Pavilion Road.

“Core Collective has just launched a new on-demand subscription service for at-home fitness, called CCTV – stream it anytime, anywhere.

Make a daily schedule – allocate a time every day to exercise. Keep it at the same time you would go to the gym or do a class, as consistency is key to staying on track. If you aren’t used to exercising regularly, then start by picking two or three days a week dedicated to exercise and use

that as a starting point to build from.

Get others to help hold you accountable. See if you can get a friend or family member involved so you can call or FaceTime after or even during, so you are in it together. This is a great way to stay motivated and keep connected with loved ones.

Listen to music – make or follow a playlist as music is always my best source of motivation to keep moving through a workout. As a starting point you can check out my Spotify @paddycolman for some music inspiration.”



KOBOX IS
HOLDING
INSTAGRAM
LIVE WORKOUT
CLASSES EACH
DAY AT 10AM -
DO TUNE IN.

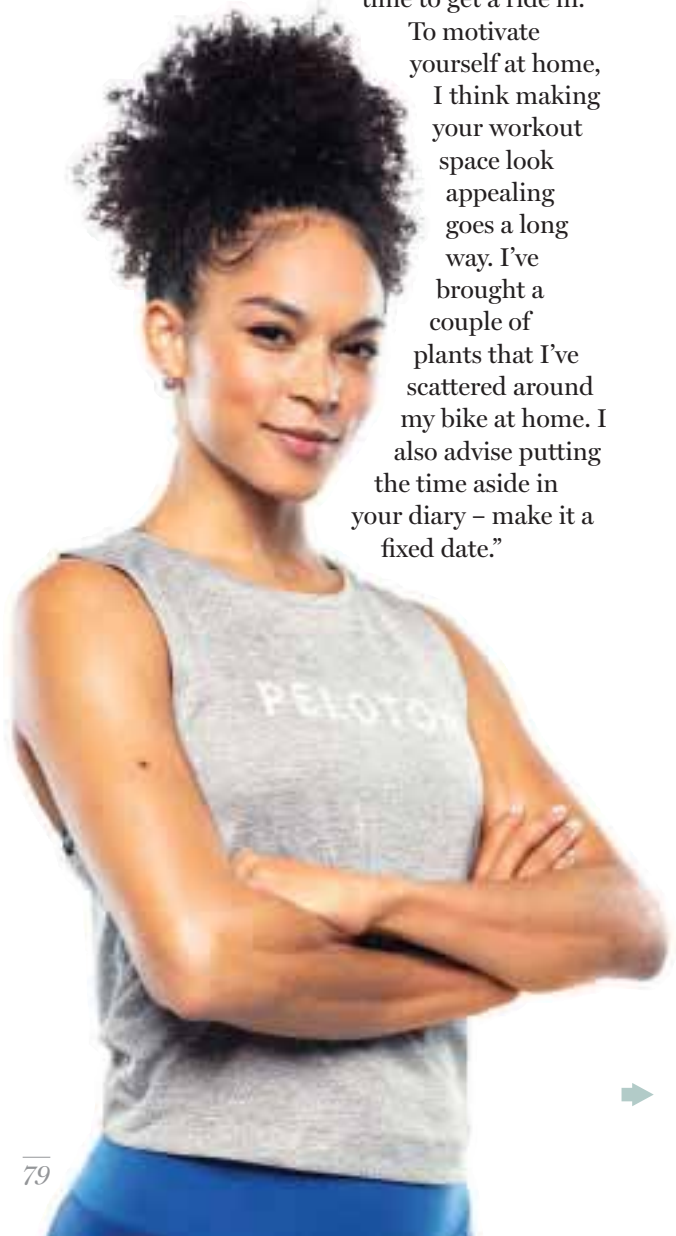
CHECK OUT
LULULEMON'S
INSTAGRAM FOR
WELLBEING TIPS,
AND HEAD TO
PINTEREST FOR
DOWNLOADABLE
WORKOUTS.

HANNAH FRANKSON is a
cycling instructor at Peloton,
110-112 King's Road

"At-home workouts are great because
there are no time constraints as to
when you take them. Peloton has
thousands of classes to choose from
on the bike. You can give other
members a virtual high five and track
your own progress as you go.

Our beginner and advanced
beginner classes last for up to 30
minutes. However, we also have
15-minute HIIT (high-intensity
interval training) rides that can work
perfectly for people who have limited
time to get a ride in.

To motivate
yourself at home,
I think making
your workout
space look
appealing
goes a long
way. I've
brought a
couple of
plants that I've
scattered around
my bike at home. I
also advise putting
the time aside in
your diary – make it a
fixed date."





KXU

GIDEON REMFRY is wellness director at KXU, 241 Pavilion Road

“Aim to exercise as regularly as permitted – ideally three to four times per week. Exercise or physical activity should be of around 30-45 minutes – no longer. Moderate physical activity is optimal. The great thing about this type of intensity is it can be maintained by doing various forms of exercise. These include brisk walking, indoor cycling, circuit training and Vinyasa flow yoga – watch this space for streamed KXU yoga. Finally, just keep moving as much as possible – 10,000 steps or more each day is ideal and can be achieved by everything from stair climbing to housework.”



SLOANE SQUARE / MAY 2020



Slowear plus homeware

EXTRAORDINARY OBJECTS

SLOWEAR

In March, Slowear celebrated the launch of its collaboration with Tom Dixon, the 'Extraordinary Objects for Everyday Use' collection. The beautiful design objects, from candles and coffee table books to hand creams, many with Tom's signature copper touches, are now available at Slowear and make for the perfect finish touch to any chic home.

The party was held at the Slowear store (15 King's Road). A stylish crowd saw cocktails flowing, a cool DJ creating a great buzz and canapés in abundance.

Slowear is known for its super-stylish menswear, so naturally, the party goers were well dressed and ready to have a good time.



My Chelsea / Dr Maryam Zamani

SLOANE SQUARE / MAY 2020

DR MARYAM ZAMANI IS A CHELSEA RESIDENT AND CONSULTANT OCULOPLASTIC SURGEON AND AESTHETIC DOCTOR AT THE CADOGAN CLINIC. SHE IS ALSO THE FOUNDER OF SKINCARE RANGE MZ SKIN

WHY CHELSEA?

My husband was living here when I moved from the US and we wanted to stay in the area because it's very central to our lives but also feels quite residential. I love that the Cadogan Clinic where I see all my patients and Harrods where we launched MZ Skin are both so close by.

WHAT IS YOUR FAVOURITE SHOP?

There are too many! I love the children's clothing store on Cale Street Amaia. I like

browsing Salt on Walton Street and Joseph in Duke of York Square always has a fabulous range.

WHERE IS YOUR FAVOURITE PLACE TO EAT OUT?

There is nothing better than Raw Press for my daily matcha latte. The Good Life for my green juice. And, of course, I can't forget Granger & Co with girlfriends.

WHERE IS YOUR SECRET SPOT?

Not quite a secret but I love KXU Gym.

WHAT DO YOU DO TO RELAX?

Exercise is great for de-stressing. I like to



see my trainer and I go to the gym to do some cardio or I indulge in a home spa treatment. MZ Skin Radiance & Renewal is my go-to mask when I want to unwind in the bath.

FAVOURITE BOOK?

I need a good book to take my mind off work and *Why We Sleep* by Mathew Walker is my favourite. I think it's fascinating to know how our bodies work in the context of sleep and repair.

WHAT IS THE BEST PART OF YOUR JOB?

I love to be able to make people feel better about themselves. I love how

the tweakments I offer help to give patients a real confidence boost.

WHAT IS THE MOST COMMON REQUEST YOU HAVE AT THE CLINIC?

The most common request is to make my patients look less tired. There are many options from starting with an eye cream such as Soothe & Smooth or Depuff & Define, injectables such as a hyaluronic filler or eyelid surgery!

WHERE DO YOU SEE THE FUTURE OF FACIAL AESTHETICS?

I see that there will be a larger arsenal of treatments available. People are learning to take care of their skin, bodies, mind and well-being as a lifestyle change.

*Cadogan Clinic,
120 Sloane Street*



Clockwise from top: Dr Maryam Zamani; MZ Skin Radiance & Renewal mask; Good Life juice; and M.A.B.E. top

Professional | Approachable | Bespoke



In light of the COVID-19 pandemic, Chris is taking all possible precautions to protect his patients. He is offering virtual consultations for non-urgent cases and 'see and treat' appointments to reduce any exposure.

Patient care is the first and foremost priority of Chris and his team. A complete package of care is built on an individual's unique set of needs and circumstances.

The team's overarching philosophies encompass:

- a safe and evidence based approach to the medicine and surgery provided
- holistic and honest consultations to enable patients with a better quality of life, long after they have been discharged
- providing the right infrastructure and personnel to take care of a patient and fully support them for the duration of their journey

All this is done with discretion in mind.



GARDEN PARTY
18ct Gold and Diamond
Pendant • 18ct Gold Choker

annoushka.com

Annoushka
10 YEARS