

# CADOGANVIP

THE MAGAZINE FROM CADOGAN CONCIERGE • OCTOBER 2020

KENSINGTON & CHELSEA ART WEEK  
EXERCISE AL FRESCO  
SUNDAY LUNCH LOCATIONS SORTED





*Pavilion Road*

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OCTOBER • 2020

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# What's on in Chelsea

MUSIC • ART • THEATRE • EXHIBITIONS • FOOD

## Kensington & Chelsea Art Week

Now until 11 Oct - Across Kensington & Chelsea  
[www.kcaw.co.uk](http://www.kcaw.co.uk)

Kensington & Chelsea Art Week has returned with a vibrant programme celebrating arts and creativity, with over 100 events taking place across the borough.

With many outdoor events, you should feel reassured that it can be enjoyed safely with public art trails and the discovery of large-scale pieces of art all on display. 'In Bloom', a majestic geometric sculpture and light installation, sits on Sloane Square - with its title evoking memories of the Chelsea Flower Show, and the neighbourhood's botanical heritage.

Astone's throw away, on Duke of York Square, will be "Through", an interactive walk-through glass installation by Liz West. This multi-coloured sculpture exudes positivity through the rainbow colours that have become synonymous with hope in the recent months.

This year's event also sees the return of the acclaimed photography competition by Alison Jackson, 'A Day in Your Life'. The photography competition invites aspiring local photographers over the age of nine years to submit a photograph which best expressed a day in their life during the lockdown period. The winning photographs will be exhibited at the Chelsea Theatre. **All events are free to attend.**



*For more local events and exhibitions,  
visit [www.inchelsea.co.uk](http://www.inchelsea.co.uk)*



# Al Fresco Work Outs

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*Forget sweaty gym studios, as working out outdoors comes with a host of additional benefits far beyond improving your fitness. Experts report that exercising outside helps fight Seasonal Affective Disorder (SAD), reduces blood pressure, stress levels and combats insomnia - so what are you waiting for?*

## Run Club

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**Every Monday - Duke of York Square**  
**[www.dukeofyorksquare.com](http://www.dukeofyorksquare.com)**

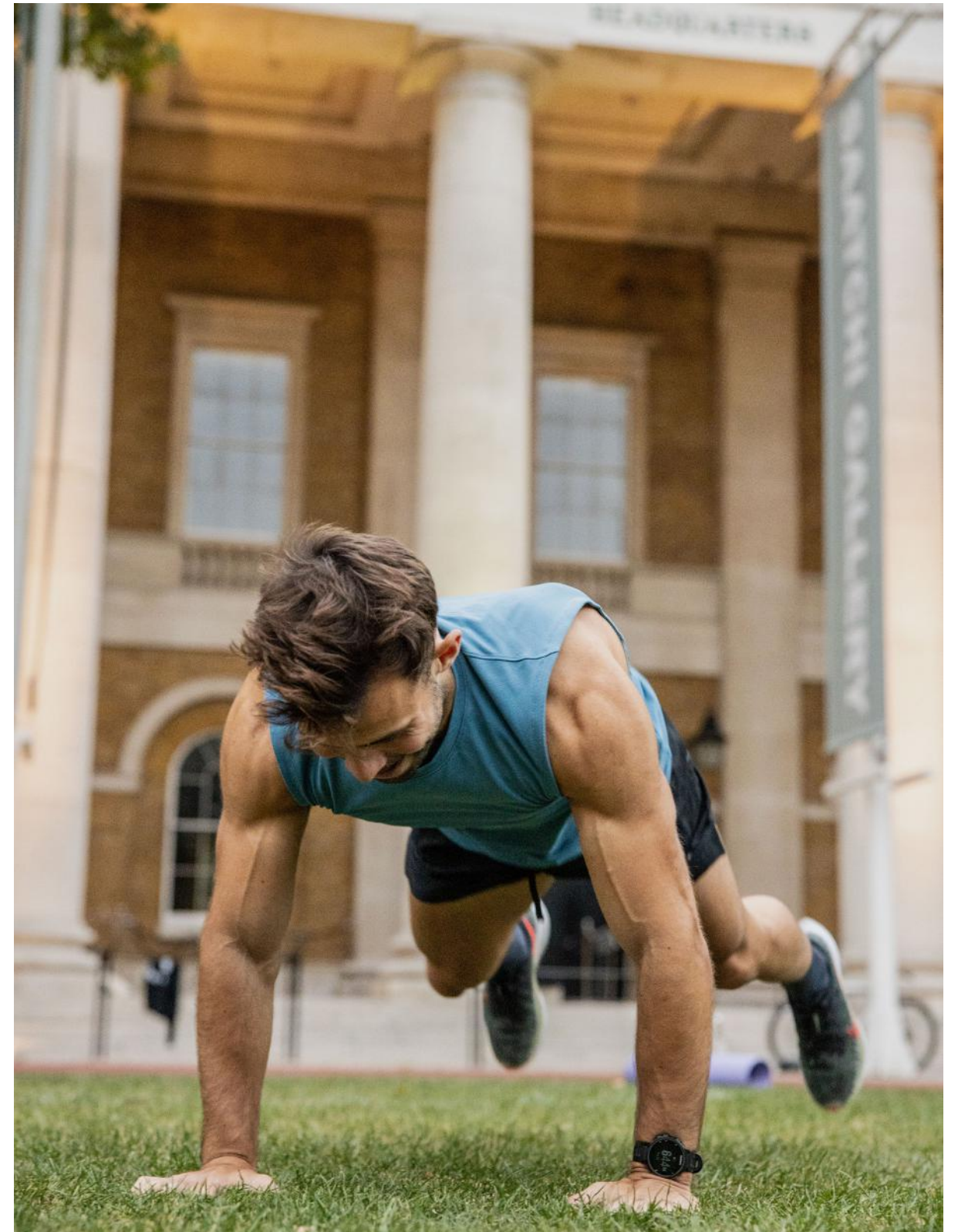
Join Fletch, the One Track running specialist, as he returns to the Running Track at Duke York Square for his weekly Monday Run Club. Focusing on time and intensity, this is a class for all abilities and complimentary to attend. Arrive at 6.45pm in advance of the 7pm kick-off and let the experts guide you towards your fitness goals. Booking is essential, with the class also being live streamed for those wanting to take part virtually. **To book please visit: <https://www.onetrack.club/events/duke-of-york-square-track-session>**

## KXU

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**Every Tuesday until 27 Nov - Duke of York Square**  
**[www.dukeofyorksquare.com](http://www.dukeofyorksquare.com)**

KXU, a firm favourite among fitness-fanatics, is usually found at home on Pavilion Road. This autumn, they have taken on the great outdoors and brought their popular Hiit & Run class to Duke of York Square. Rory Knight and Nina Jam will take you through a heart-pounding, adrenaline-inducing workout every Tuesday from 6.30pm to 7.30pm with the aim to increase your speed, strength and stamina. Booking is essential, and each class is £15 per session. **To book please visit: [www.dukeofyorksquare.com/whats-on/news/kxu-take-on-the-great-outdoors](http://www.dukeofyorksquare.com/whats-on/news/kxu-take-on-the-great-outdoors)**





# Retail Therapy

LUXURY • ACCESSORIES • PERSONAL SHOPPING • EXPERIENCES

## Cosy home essentials...



The White Company  
Ivory Bella Throw  
£400



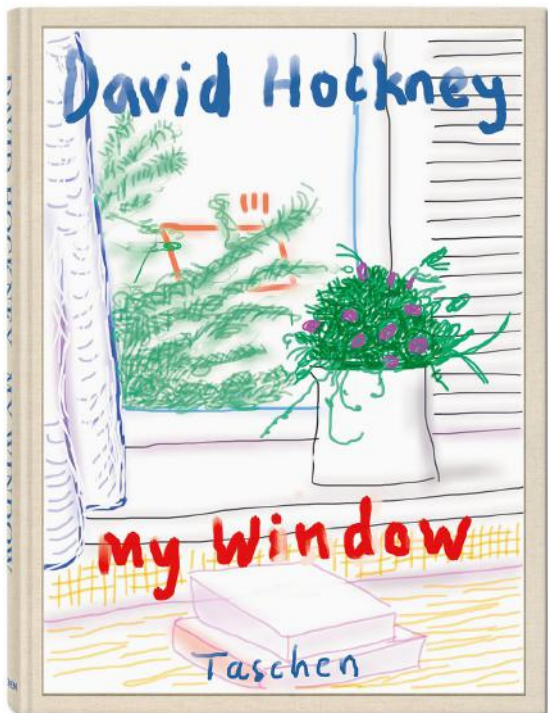
David Mellor  
Stainless Steel Toast Rack  
£70



Armani Casa  
Plage Ping Pong  
Racket with Ball  
£432



Yves Delorme  
Caliope Bedcover  
£499



Taschen  
David Hockney, My Window  
Signed Copy with Print  
£10,000



Olivia von Halle  
Coco Astor Pyjama Set  
£465



Aesop  
Aromatique Candles  
£80 each



Anthropolgie  
Karen Mabon Snow  
Leopard Cushion  
£128



French Connection  
Spiced Bloom Cushion  
£30



Peloton  
Peloton Bike +  
From £2,295



# Exclusively for You

## SWEET TREATS FROM MAÎTRE CHOUX

**Maître Choux – King's Road**  
[www.maitrechoux.com](http://www.maitrechoux.com)

Bringing their modern version of a French pâtisserie to Chelsea is Maître Choux – the world's first choux pastry specialist catering to the most discerning of taste buds. Open Monday – Sunday, from 11am – 8pm and offering an array of delectable treats.

As a valued member of Cadogan Concierge, enjoy a 10% discount on all éclairs, choux and chouquettes throughout the month of October.

***Ts&Cs: Please show this page when making a purchase. All discounts are applied at the time of purchase in the King's Road boutique only, until 31st October 2020.***



## SAVINGS WHEN STAYING AT 3 SLOANE GARDENS BOUTIQUE APARTHOTEL

**UnderTheDoormat – Sloane Gardens**  
[www.underthedoormat.com/3-sloane-garden](http://www.underthedoormat.com/3-sloane-garden)

Award-winning professional and short-term rental company, UnderTheDoormat introduces The Boutique Aparthotel at 3 Sloane Gardens – offering the experience of a hotel with the comfort and space of a luxury apartment. Finished in a luxury-modern style with plenty of space to unwind, each apartment is available for stays from 2 nights through to extended stays.

As a valued member of Cadogan Concierge, receive £40 off on your first booking at 3 Sloane Gardens.

***Ts&Cs: Offer is valid until 31st January 2021 on all stays over £400. To book please quote CADOGANVIP when prompted at the checkout or contact your Lifestyle Manager for further assistance.***





# Exclusively for You

## COMPLIMENTARY CHAMPAGNE AT HANS' BAR & GRILL

Hans' Bar & Grill – Pavilion Road  
[www.hansbarandgrill.com](http://www.hansbarandgrill.com)

Hans' Bar & Grill offers an oasis of calm, nestled amongst the artisanal shops and food suppliers on picturesque Pavilion Road. With a new Autumnal menu rooted in British produce, a visit for lunch or dinner is guaranteed not to disappoint.

As a valued member of Cadogan Concierge, indulge in a complimentary glass of champagne when ordering two courses from the all-day dining menu.

***Ts&Cs:** Offer is valid from Sunday – Thursday, 12pm – 9pm until 15th November 2020 when ordering from the all-day dining menu. Please quote **CADOGANVIP** at the time of booking or contact your Lifestyle Manager for further assistance.*



## DISCOUNTED TREATMENTS WITH THE URBAN RETREAT PRIVILEGE CLUB

Urban Retreat – Hans Crescent  
[www.urbanretreat.co.uk](http://www.urbanretreat.co.uk)

Urban Retreat is the ultimate hair, beauty and spa destination in London. Spanning across a beautiful five storey townhouse in Knightsbridge, it's located just behind Harrods. Urban Retreat is not only a home from home for their customers, but a wellness paradise and sanctuary. Experience a range of luxury treatments and services, as well as premium retail products from the world's finest beauty houses.

As a valued member of Cadogan VIP, enjoy exclusive access to the Urban Retreat Privilege Club to receive 20% off selected treatments and services all year.

***Ts&Cs:** For the full terms and conditions and to become a member of the privilege club please email: [customerrelations@urbanretreat.co.uk](mailto:customerrelations@urbanretreat.co.uk) with your contact details providing proof of your residential or working address within the Chelsea and Knightsbridge area.*





# Sunday Lunches

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*As the days of ordering summer-salads passes, nothing completes a perfect weekend better than a delightfully indulgent roast; piling plates high with Yorkshire puddings and cauliflower cheese. Here's our round up of Chelsea's Sunday best.*

## No. Fifty Cheyne

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50 Cheyne Walk  
[www.fiftycheyne.com](http://www.fiftycheyne.com)

Book a table for the whole family (even the dogs, too) to enjoy a Sunday lunch with seasonal produce sourced from passionate Lake District Farmers surrounding the restaurant's open grill. Iain Smith, one of Jason Atherton's proteges, serves up delicious crowd-pleasers of refined classics, including an unmissable selection of desserts.







## The Saatchi Gallery Bar & Brasserie

90 Duke of York Square  
www.searcys.co.uk

The Sunday menu is the latest addition to the Saatchi Gallery Bar & Brasserie's repertoire; perfectly timed with the leaves turning golden and the temperature dropping. Indulge in three courses of elevated British cuisine, from confit chicken and pistachio terrine to start, slow roast quarter Suffolk chicken (with all the trimmings), topped off with an Earl Grey panna cotta. Make it extra special and select a bottle from their fantastic champagne collection.

## The Cross Keys

1 Lawrence Street  
www.crosskeyschelsea.co.uk

Tucked away on a quiet residential street in Chelsea is The Cross Keys, a local institution that has been open since 1708. A regular haunt for those of SW3; including artists such as JMW Turner and John Sargeant, it is the destination of choice for today's Sunday lunch revellers. With an emphasis on the 'field to fork' concept, their iconic roast is as traditional as it gets. Rumor has it, the cauliflower cheese is what keeps the regulars coming back for more.



## Adam Handling Chelsea

75 Sloane Street  
www.adamhandlingchelsea.co.uk

Experience nothing short of exceptional when it comes to Sunday Lunch at Adam Handling Chelsea. With "British, modern, seasonal and sustainable" being the ethos that underpins his cooking, a three course lunch for £60 per person is the only way to end your week. Iconic dishes, elevated for the Sunday lunch connoisseurs of Chelsea, include wagyu beef and tuna tartare to start, beef Wellington to be accompanied of course, by Adam Handling Yorkshires, and followed by chocolate bourbon and rye dessert.



## Elystan Street

43 Elystan Street  
www.elystanstreet.com

Awakening your Sunday roast taste buds is Phil Howard, acclaimed restaurateur behind the Michelin-starred Elystan Street. Oozing sophistication and style, their Sunday menu plays host to more traditional roast options of beef or lamb, but for those after something a little different, try the double baked cheese souffle consisting of quickes mature cheddar, melted leeks, button mushrooms and truffle. One critic even said, "At certain points, the food was so good, I was nearly moved to happy tears".





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