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SEPTEMBER / OCTOBER 2021

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Contents / September-October 2021

6 CALENDAR

Essential events for your diary in September and October

16 NEWS

Keeping you in the know about what's going on in Chelsea

25 ART NEWS

All the must-see exhibitions

30 DESIGN

Local resident Claire Hughes on capturing memories

32 LITERATURE

This month, it's all about Children's classics

34 FILM

A new documentary on the controversial figure of Max Mosley

37 FOOD NEWS

The latest happenings and James Knappett's perfect Sunday Roast

42 FLOWER SHOW

Sustainability is the focus of this year's floral extravaganza

44 CHELSEA IN BLOOM

Prepare to enjoy the battle of the floral shopfronts

50 TOP TEN

Inspired by the Chelsea Flower Show, we've picked out some great gardening goodies

53 FASHION NEWS

Exciting new openings, Boden's birthday and La Perla boosts its green credentials

58 FASHION

A chat with Pinko's new sustainability director

COVER

Beaverbrook Town House comes to Sloane Street.
Page 68



64

54



40



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51



61 TRENDING

Family fashion with a conscience

66 IN DETAIL

Dress to impress: Really Wild's founder on a signature piece

68 HOTELS

Joel Cadbury brings the Beaverbook name to Chelsea

70 K&C FOUNDATION

Continuing to support young people in the borough

72 LOCAL HEROES

The duo behind homelessness charity RESTART



25

77 BEAUTY NEWS

The latest treatments, fitness classes and wonder creams

80 BEAUTY

Under the skin of MZ Skin founder Maryam Zamani

82 MY CHELSEA

Home thoughts from the River Caf  s

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Calendar

SEPTEMBER 20-25

FLOWERS: CHELSEA IN BLOOM

Don't miss London's largest free flower festival, an explosion of colour and floral art in the streets and shops of Chelsea. This year, the theme is 'Extraordinary Voyages.' Prepare to see the golden age of travel reinvented as a series of breathtaking floral displays, each competing to win a coveted award.

chelseainbloom.co.uk



SEPTEMBER 24 AND OCTOBER 23

KIDS: DINO-SNORES AT THE NATURAL HISTORY MUSEUM

This autumn, kids can experience an unforgettable sleepover in the Natural History Museum, exploring the galleries by torchlight and attending a fun-filled nighttime science show. For grown ups, there's Dino-snores on September 10 featuring a live animal workshop, pub quiz and all-night monster movie marathon.

Dino-snores for kids: £65; Dino-snores for grown-ups: £185. The Natural History Museum, Cromwell Road

SEPTEMBER
& OCTOBER

Events diary



**SEPTEMBER
21-26**

**ANTIQUES:
THE CHELSEA
ANTIQUES FAIR**

The fair is celebrating its 70th anniversary this year. Leading dealers from across the country will be exhibiting for the first time, presenting an eclectic mix of treasures including fine period furniture,, scientific instruments, Japanese art, vintage telescopes and Chinese porcelain.

Chelsea Old Town Hall, King's Road



**SEPTEMBER
21-26**

**FLOWERS: RHS CHELSEA
FLOWER SHOW 2021**

For the first time in its history, the Chelsea Flower Show will be held in September. After the show was staged digitally last year, flower-lovers can make the most of the breathtaking gardens, floral displays and top-notch shopping. On September 21, guests can attend 'Chelsea Late' from 5.30pm: an after-hours experience packed with twinkling lights, night-blooming flowers, and evening talks themed around 'colour' and 'water.'

rhs.org.uk



SEPTEMBER 10

MUSIC: THE TALLIS SCHOLARS AT CADOGAN HALL

Kicking off the Choral at Cadogan series is a performance by The Tallis Scholars, an award-winning vocal ensemble who've been called "the rock stars of Renaissance vocal music" by the *New York Times*.

7.30pm; Tickets: £19-£37; 5 Sloane Terrace

SEPTEMBER 17-26

HISTORY: CHELSEA HISTORY FESTIVAL

Get ready for the third annual Chelsea History Festival, a collaboration between the National Army Museum, the Chelsea Physic Garden and the Royal Hospital. There's something for everyone in this busy programme of talks, tours and events: we've picked out five of our favourites.

DRESSED FOR WAR

Author Julie Summers talks to Alexandra Shulman, former editor-in-chief of *Vogue*, about the extraordinary career of Audrey Withers. Audrey was a renowned journalist who edited *Vogue* during a period of unprecedented social change, from the devastation of the Blitz to the upheaval of the Swinging Sixties. Learn how she shaped the magazine we know and love today.

Online; September 17

THAMES MUDLARKING

Mudlarking is having a moment. For the uninitiated, it's the practice of searching river mud for buried objects, unearthing everyday treasures like rings,

bones, cutlery and shoe buckles. This talk will give you a thorough introduction, allowing you to get up close and personal with found objects from the foreshore of the River Thames.

National Army Museum; September 19

BUILT IN CHELSEA

Dan Cruickshank explores the history of Chelsea through its living architecture and townscapes, introducing us to a colourful cast of bohemian artists to bright young party people.

Burton Court, September 25 5.30pm - 6.30pm

A STREET THROUGH TIME

This immersive event, perfect for families, allows you to explore 2,000 years of London's history. Take a stroll down memory lane to discover how one street weathered the centuries.

Burton Court; September 25-26

SCOFF: A HISTORY OF FOOD AND CLASS IN BRITAIN

Author and historian Penn Vogler will be discussing the ever-changing role of food in the UK, paying special attention to its relationship with class. Follow the changing fortunes of jelly, avocados and roast beef, and discover how our dinner plates can reveal a complex tangle of assumptions and pretensions.

Burton Court; September 26

chelseahistoryfestival.com





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annoushka.com

Annoushka



SEPTEMBER 17 AND OCTOBER 1

ENTERTAINMENT: SILENT DISCO AT THE NATURAL HISTORY MUSEUM

Could there be a more exciting venue for a silent disco? Dancing kings and queens will fill the iconic Hintze Hall at the Natural History Museum, strutting their stuff while three DJs compete over separate airwaves. Just choose whether you'd prefer to dance to pop, rock or party classics, then jive the night away, sustained by refreshments from the fully-stocked bar.

10pm-1am; Tickets: £25;
The Natural History Museum,
Cromwell Road



SEPTEMBER 16-19

FILM: LUNA CINEMA AT THE ROYAL HOSPITAL CHELSEA

This autumn, Luna Cinema is bringing its al fresco cinema experience to the Royal Hospital. Relax in the historic surroundings and enjoy a selection of well-loved films, including *Top Gun*, *The Greatest Showman*, *Grease* and *Star Wars: A New Hope*. The on-site Luna Bar serves up your choice of alcoholic and non-alcoholic drinks, as well as tasty cinema snacks and gourmet hot food.

thelunacinema.com; Royal Hospital Chelsea



UNTIL SEPTEMBER 26

CULTURE: ARTS & CRAFTS FESTIVAL 2021 AT HOLY TRINITY

Holy Trinity is holding its fifth annual Arts & Crafts Festival, a three-week celebration of creativity in the borough. 'Paradise Regained' will explore sustainability through talks, classes and performances. Highlights include a workshop from *Woman's Hour* presenter Safia Minney about ethical fashion, a talk from Prince Philip's close friend and fellow environmentalist Martin Palmer, and a gala performance of *Pictures of Life* by local composer Lionel Segal. From September 20-21 the garden will become a café. **146 Sloane Street**

HOMES FOR SALE IN CHELSEA AND KNIGHTSBRIDGE



MALLORD STREET, SW3

Formerly the residence of AA Milne and with a blue plaque to show for it, this wide and low built house is situated on the southern side of this popular street.

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roly.im@knightfrank.com 020 4502 7491





OCTOBER 4-10

ART: LONDON CRAFT WEEK

Don't miss London Craft Week, a celebration of art, craft, design and fashion. This year, Artisan Chelsea will be running a programme of exciting events designed to showcase the area's creativity and craftsmanship. Here are some unmissable picks:

Repairing and upcycling with the Fashion School Chelsea – learn invaluable mending, stitching and darning skills to give treasured pieces a new lease of life

Plant fibre sculptures with Smythson – get up close and personal with Gill Wilson's intricate sculptures, made from plant fibre pulps

Floristry paper workshop with Papersmiths – sculpt a bouquet of delicate crepe blossoms with Karen Hsu, the craftswoman behind PomPom Factory

Irish embroidery at Olivia Von Halle – in collaboration with Jenny King embroidery, explore embroidered panels created with a modern aesthetic using a traditional Irish technique

Other exciting events include a leather craftsmanship workshop at Bentleys, interactive workshops at Anthropologie, and talks from the British luxury experts at Walpole and The Cadogan, A Belmond Hotel. Or maybe get along to see Anya Hindmarch in conversation with Lisa Armstrong of *The Daily Telegraph* as they discuss the importance of craftsmanship in a post-pandemic world at The Village in Pont Street.

londoncraftweek.com



OCTOBER 1-2

CHARITY: GLASS DOOR SLEEP OUT 2021

Get ready for Glass Door's ninth annual sleep out, which raises funds for homeless people in London. Participants can either apply for one of the limited places in Duke of York Square or take part in a location of their choice. Last year, the online event raised £166,000 for Glass Door's emergency Covid response. This year, the aim is to raise £200,000.

glassdoor.org.uk



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SEPTEMBER 18-OCTOBER 3

ART: RHS BOTANICAL ART & PHOTOGRAPHY SHOW AT THE SAATCHI GALLERY

This collaboration between the RHS and the Saatchi Gallery will showcase more than 200 botanical artworks and photographs. Alongside the exhibition, a series of outreach projects will involve schools and community groups in painting, drawing and print workshops, designed to inspire a passion for botanical art.

Tickets from £5, Duke of York's HQ



OCTOBER 21-24

BOOKS: FIRSTS, LONDON'S RARE BOOK FAIR AT THE SAATCHI GALLERY

Visit one of the most prestigious rare book fairs in the world, where leading dealers will showcase their unique and unusual treasures. Now in its 64th year, this book-lovers' paradise promises exciting exhibits and specialist tours.

Duke of York's HQ

UNTIL OCTOBER 23

THEATRE: IS GOD IS AT THE ROYAL COURT THEATRE

When a letter arrives from the mother they believed to be dead, 21-year-old twins Racine and Anaia must travel across the California desert in pursuit of revenge. This immersive play about justice and family recently won both the Relentless Award and the Obie Award for Playwriting. See it now at the Royal Court Jerwood Theatre Downstairs – and on September 15, attend a post-show talk with writer Aleshea Harris.

Tickets from £12, Royal Court Theatre



CHELSEA HISTORY FESTIVAL

17-26
SEPTEMBER 2021



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JEWELLER TO THE STARS Theo Fennell has taken control of his eponymous jewellery and silverware brand for the first time in 40 years. Although Theo was always the creative mastermind behind the brand, it has been owned by private equity firm Endless for nearly half a decade. However, this year, 69 year-old Fennell has realised a lifelong dream by buying the company. The brand is known for creating intricate and surprising pieces, often featuring hidden compartments, miniature portraits, secret messages and carved gemstone domes. No wonder, then, that the star-studded clientele includes the likes of Sir Elton John, Lady Gaga and Post Malone.
169 Fulham Road

A NEW SOHO HOME Flagship is due to open on the King's Road at the end of September. This contemporary interiors brand offers a range of handcrafted furniture, luxury textiles, lighting and tableware, all designed to help you capture that Soho House look in your own home. Claire Barber, Director of Asset Management at Cadogan, says "Soho Home captures the excitement and enduring appeal of physical retail – beautiful, tactile products combined with outstanding hospitality and constantly inspiring experiences."
6 Duke of York Square



CADOGAN HALL has announced the return of its flagship Zurich International Orchestra Series, as well as the much-loved Choral at Cadogan. The Hall will welcome orchestras from six different countries during the 2021/22 season, including Russia, the Czech Republic, Armenia, China and Hungary, and audiences will have the chance to see acclaimed international soloists from Freddy Kempf to Jennifer Pike. As part of the Choral at Cadogan series, expect to hear a selection of the very best British choirs, including VOCES8 and The Sixteen.
5 Sloane Terrace



ALEX BAILEY of Haines, London's oldest news kiosk, has recently welcomed a beautiful baby girl. Willow Bailey was born on July 19, and is pictured here with her older sister Emily. Feel free to drop by the kiosk with your congratulations – and if you ever miss your copy of Sloane Square Magazine, remember that you can always grab a new one from

Alex and co.
*Haines,
Sloane
Square*

A NEW MULTI-USE SPACE for young people will be opened in Kensington and Chelsea after a successful proposal from the Youth Council. The new Urban Youth Room will be a community hub that can be used for arts exhibitions, performances, working or learning, classes, social clubs and more. The hope is that it will provide a space for creativity and community for young people in the borough.



VASILY PATRENKO has been announced as the new music director of the Royal Philharmonic Orchestra, which is based at Cadogan Hall. The Russian-born conductor has worked with many of the world's most prestigious orchestras, and has spent the last 15 years as Chief Conductor of the Royal Liverpool Philharmonic. His appointment coincides with the orchestra's delayed 75th birthday celebrations.

5 Sloane Terrace



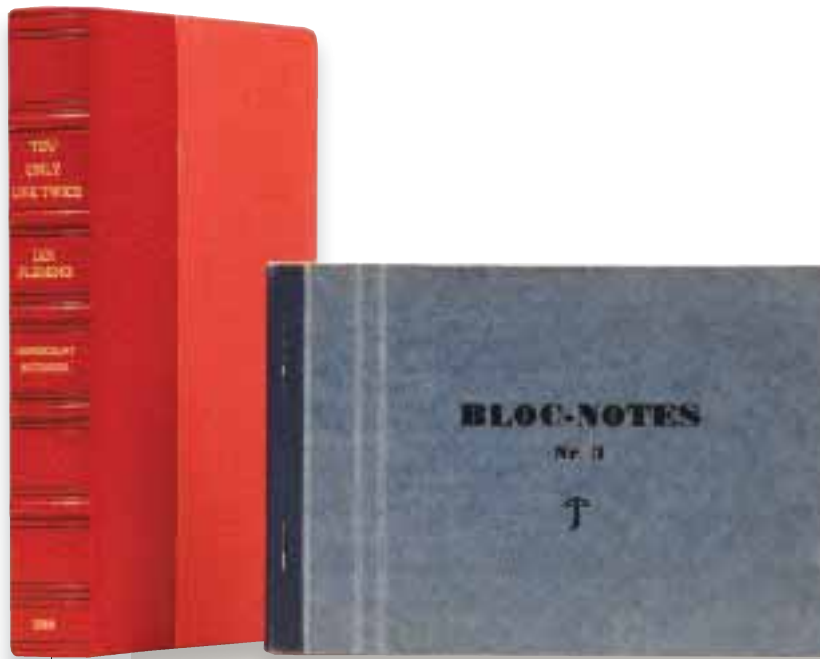
IMAGE: SIM CANETTY-CLARKE

AURIENS CHELSEA, a new luxury later-living destination, opened on September 1. The space is modelled on a 5 star hotel, and draws together a world-class hospitality team trained at the likes of The Connaught and The Savoy. Residents will have access to a restaurant, wine cellar, cinema and speakeasy bar, as well as an Art Deco inspired cinema, a 15m swimming pool, gym, spa and fitness studio. The courtyard garden has been designed by eight-time RHS Chelsea gold medal winner Andy Sturgeon. The 56 apartments range from 900 sq ft to 2,000 sq ft, and are luxuriously appointed and sensitively future-proofed, making this the ultimate retirement destination.

2 Dovehouse Street



THE NATURAL HISTORY MUSEUM has secured a National Lottery Heritage Fund Grant of £3,231,900 for its Urban Nature Project. It will now be able to transform its five acres of gardens into a fully accessible and biologically diverse green space, complete with outdoor galleries and new learning centres. The new and improved gardens are due to be completed in 2023, and will include wet and dry habitats. A brand-new weatherproof cast of the museum's iconic diplodocus skeleton will take pride of place. *Cromwell Road*



RARE BOOK DEALERS Peter Harrington are selling a unique collectible valued at £95,000. The notebook belonged to Bond author Ian Fleming, and contains the jottings he made on a research trip to Tokyo. Flick through the pages and you'll find addresses, phone numbers and simple Japanese phrases, as well as observations on Japanese culture and several prose passages which became the basis for sections of *You Only Live Twice*. *100 Fulham Road*



IMAGE: SIM CANETTY-CLARKE

INNOVATIVE SLEEP BRAND Sleep.8 has launched a store on the King's Road. Offering everything from temperature-controlled pillows to made-to-order ergonomic mattresses, Sleep.8 uses the latest technology to ensure that everyone gets their optimum eight hours of slumber. If you're unsure what to choose, an in-house sleep consultant can provide you with advice in a one-to-one consultation. 366-368 King's Road



CHELSEA LOCAL
Paulette Clarke has opened a new dog care service, Diva Dogs. The company offers dog sitting, walking, and a mobile grooming service that operates across Chelsea, Kensington and Westminster - perfect for pampered pooches. 17 Hortensia Road



THE CHELSEA AND WESTMINSTER HOSPITAL has opened new adult and neonatal intensive care units, with the capacity to treat more than 2,000 critically ill adults and babies each year. Every detail of the new ICU, from acoustics to lighting, is the result of extensive research into how to promote healing and reduce stress. As part of the CW+ 'Arts in Health' programme, patients in the ICU can also expect performances from resident musician and access to bespoke activity kits including loom-weaving and wreath-making. 369 Fulham Road



HANS'

BAR & GRILL



JOIN US IN THE HEART OF CHELSEA FOR SOME WARM FESTIVE CHEER

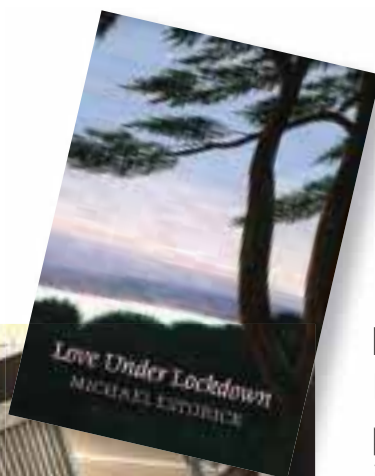
Chef Rowen and his merry brigade have prepared an array of wonderful menus for the holiday season. It all starts on Thanksgiving and then rolls straight into our all-day festive specials menu, served right up until Christmas Eve. Do make sure to book for the big day so that you do not miss out on the delicious Christmas Day four course set menu.



For reservations call +44 (0)20 7730 7000
or visit: hansbarandgrill.com

[@hansbarandgrill](#)





MICHAEL ESTORICK, who lives in Sloane Square, has published a new novel inspired by the recent pandemic. *Love Under Lockdown* follows a father and son for four years, exploring generational conflict as they squabble over Brexit and eventually find common ground during lockdown. When he's not writing, Michael is chairman of The Estorick Collection of Modern Italian Art.

THE PUBLIC can now have their say on more than 50 proposals to boost markets across Kensington and Chelsea. Residents, local businesses and visitors are invited to offer their feedback as part of the council's five-year Markets Plan, which is intended to support the

area's thriving market culture - including the iconic Portobello and Golborne. The proposals cover a range of themes, from sustainability and youth engagement to access and safety. Take a look and share your thoughts at consult.rbkc.gov.uk/communities/markets-plan.



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SEPTEMBER 18-NOVEMBER 28

**JAMEEL PRIZE: POETRY TO POLITICS
AT THE V&A**

Now in its sixth year, the Jameel Prize celebrates excellence in contemporary design inspired by the Islamic tradition. This year, finalists hail from Iran, India, Lebanon, Pakistan, Saudi Arabia, the UAE and the UK, and work in a diverse range of mediums from fashion to typography. The winner will be announced at the exhibition's opening.

Victoria & Albert Museum, Cromwell Road.

T: 020 794 2000, vam.ac.uk



KALLOL DATTA, LOOK 4, VOLUME 1, 2018. IMAGE: SIDDHARTHA HAIRA



LEONARDO ANKER VANDAL, STUDIO SHOT 3. IMAGE: MICHELE GUSMERI, COURTESY CADOGAN CONTEMPORARY

**UNTIL SEPTEMBER 18
UNDER THE DOME AT CADOGAN
CONTEMPORARY**

This new exhibition at Cadogan Contemporary showcases work by Italian artists Leonardo Anker Vandal and Lorenzo Brinati. Vandal uses art as a form of catharsis and therapy, creating highly personal works which meditate on trauma using unusual materials like earth, reeds and tree roots. Brinati's work is inspired by the artistic traditions of Florence.

**Cadogan Contemporary, 87 Old
Brompton Road. T: 020 7581 5451.
cadogancontemporary.com**



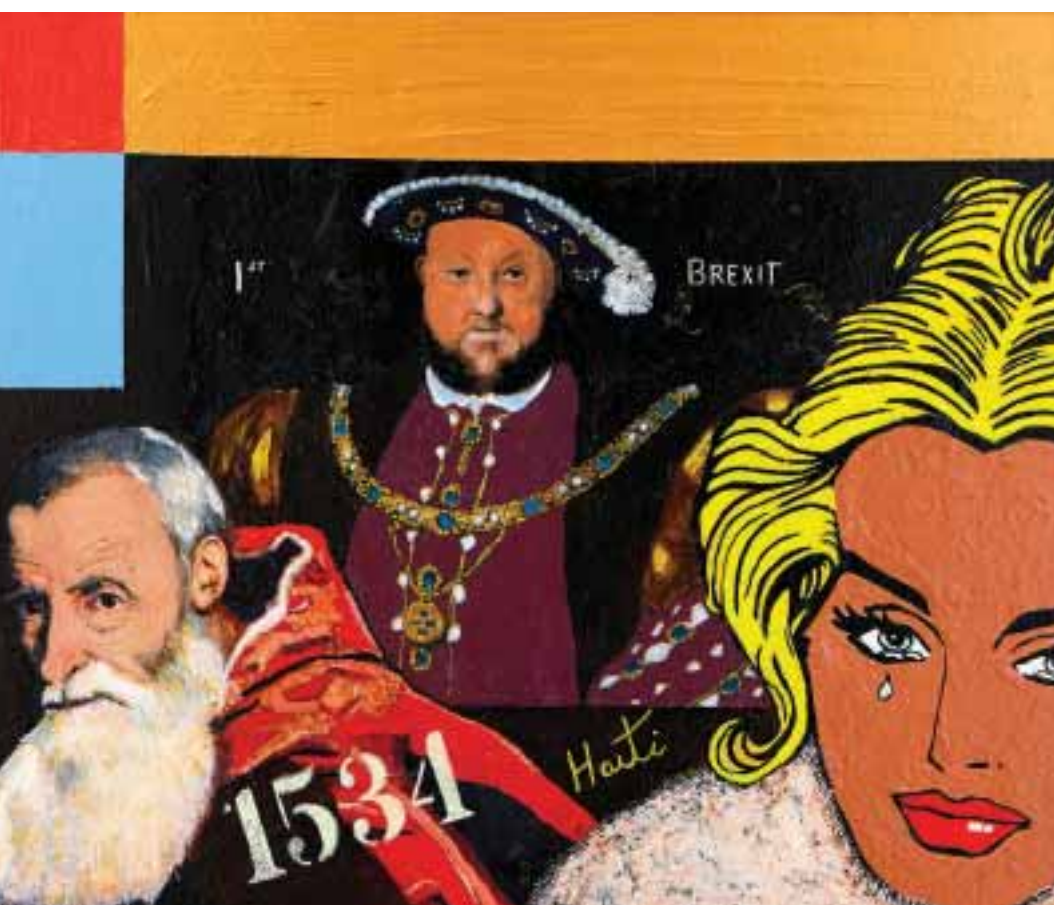
Acclaimed artist Ben Turnbull recently announced that he would be giving away an artwork valued at £16,000 via an Instagram competition. The work in question is *Made in America*,

a satirical portrait of Donald Trump that was displayed at the Saatchi Gallery as part of Turnbull's recent *American History Remix* exhibition.

Visitors were encouraged

to take a selfie in front of the portrait and tag @ben_turnbull_artist.

The winner was then chosen through a raffle. Turnbull's work is in high demand amongst celebrities



OCTOBER 13-17 START ART FAIR 2021 AT THE SAATCHI GALLERY

If you're looking to kick-start your own contemporary art collection, visit the START Art Fair at the Saatchi Gallery. This global gathering of artists and galleries is the perfect place to find stunning pieces for your walls, or to discover emerging contemporary artists before they hit the mainstream. Alongside established names, three internationally-renowned K-pop stars (Ohnim, Yoo Yeon and Henry Lau) will be debuting their artwork at this year's fair.

The Saatchi Gallery,
Duke of York's HQ.
T: 020 7811 3070.
saatchigallery.com

HARTI 1534 FIRST BREXIT

LADY FINGER CAKE BY CAMILLA HANNEY



such as Jared Leto, Harry Styles, Jude Law, Claudia Schiffer and Johnny Lee Miller.

The Saatchi Gallery, Duke of York's HQ, T: 020 7811 3070. saatchigallery.com

**SEPTEMBER 8-30
PHILIP BARLOW:
SLOWING A SPLIT
SECOND AT EVERARD
READ**

Don't miss this exhibition of evocative oil paintings from South African painter Philip Barlow. Barlow has been using paint to experiment with 'bokeh', the out-of-focus blur seen in photographs. The results are colourful, atmospheric paintings exploring the vibrant streets and beaches of Cape Town. **Everard Read, 80 Fulham Road. T: 020 7590 9991. everardlondon.com**



**UNTIL SEPTEMBER 19
SUMMER 2021
EXHIBITION BY THE
ROYAL SOCIETY OF
SCULPTORS**

From enormous iced gems to dresses knitted out of shredded diary pages, you're bound to find something unexpected in this treasure-trove showcase in the gallery spaces of Dora House. The sculpture exhibition was inspired by the 'années folles' – or crazy years – which followed the 1918 Spanish Flu epidemic. Could we be on the brink of our very own explosion of creative expression?

Dora House, 180 Old Brompton Road. T: 020 7373 8615



**FROM OCTOBER 29
WASTE AGE: WHAT CAN
DESIGN DO?**

To coincide with the UN Climate Conference, the Design Museum is launching an exhibition to investigate the ways in which design can tackle waste.

Through a series of artefacts and installations, *Waste Age* demonstrates how designers are reimagining fashion, construction, food, electronics, packaging and more in order to minimise the environmental consequences of waste, promoting a circular economy.

224-238 Kensington High Street.

T: 020 3862 5900.

designmuseum.org

**SEPTEMBER 29-OCTOBER 16
EMMA HAGGAS: LIVING LANDSCAPES AT
CRICKET FINE ART**

Explore 40 free-flowing landscapes by Emma Haggas, a Wiltshire-based artist known for her colourful oil-paintings. She uses washes of rich colour to conjure up moorlands, fields and seascapes, taking inspiration from her surroundings and from the North Cornish coast.

2 Park Walk. T: 020 7352 2733. cricketfineart.co.uk





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CLAIRE HUGHES IS THE FOUNDER OF LIVING IMAGES DESIGN, MAKING HANDBOUND, DIGITALLY-PRINTED PHOTO ALBUMS IN THE HEART OF CHELSEA. SHE SHARES THE PROCESS BEHIND HER CRAFT, HER FAVOURITE HAUNTS AND WORDS TO LIVE BY.

AS TOLD TO CHARLOTTE PASHA

Images to remember



WHAT DO YOU LOVE MOST ABOUT LIVING AND WORKING IN CHELSEA?

I have lived in Chelsea for 25 years. I love the fact that I can walk everywhere. I live and work between the King's Road and the river so, after spending too much time sat in front of my screen, I can head off in either direction depending on how I'm feeling. I have a lovely weekly tennis game at Burton Court which I've been doing for over 20 years although there seems to be more chatting and laughing and less tennis as the years go by.

HOW DOES THE PROCESS BEHIND CREATING AN ALBUM WORK?

I started the business at the end of 2012 – I was an interiors photographer and was shooting a wonderful

old house in the country that was being sold. The lovely owners had lived there for over 40 years, and I wanted to capture each room and the dog by the Aga and the apple tree they had planted in the garden. They commissioned me to make a memory book of their home, so the process began to find the best printers and binders in the UK. I like to meet with my clients initially to understand their



Business / Design



requirements. Clients then send their edited or unedited collections of photographs. Some people just want 50 photographs in an album; others give me access to their iCloud account with over 250,000 photographs and ask me to make an annual album for each year! I edit down and collate the photographs. I enhance them and produce layouts that are emailed as a digital proof which the client can easily make changes to.

WHO USES YOUR SERVICE?

My repeat business is very high and I have lots of lovely Chelsea clients. Michael Goedhuis [local art dealer] was charming to work with. My favourite projects have been when siblings got together to do a family album for their parents' 50th wedding anniversary or scanning in some beautiful watercolours and shooting and fishing notes from an old album in Scotland. I have just finished an album for President Barack Obama for his 60th birthday.

WHY DO YOU THINK PEOPLE STILL APPRECIATE PHOTO ALBUMS IN A DIGITAL ERA?

As we capture so many more images, they remain on our digital devices. To share the experience of looking through

"MY REPEAT BUSINESS IS VERY HIGH AND I HAVE LOTS OF LOVELY CHELSEA CLIENTS. MICHAEL GOEDHUIS WAS CHARMING TO WORK WITH"



a photo album to reminisce together is a wonderful connection point especially between the generations. This is best summed up by my client Christopher Ward (journalist/author) who wrote, "just gorgeous to open, to touch, to smell and to wonder at the technical skill of digitally stitching the pages so creatively".

WHERE DO YOU LIKE TO GO IN CHELSEA?

We have the best Italian restaurant at the end of our street, Ziani's. Chelsea Physic Garden is always such a special place to visit. Pavilion Road is such an amazing addition to Chelsea – wonderful artisan shops run by people who are knowledgeable and who care.

livingimagesdesign.com



**DR PHILIP W. ERRINGTON,
SENIOR RARE BOOK SPECIALIST
AT PETER HARRINGTON**

Where the Wild Things Are
by Maurice Sendak

"This is a book which I didn't have as a child, but I've loved reading it to my own children. The story is told in less than 340 words and concerns a child who discovers something about himself, his bad behaviour and parental love. The illustrations are everything you'd want, with a sense of dark brooding menace, and I love how the deceptively simple text is wonderfully subversive. It's got a comforting ending, which is just as well after the 'wild rumpus' of the contents. Peter Harrington has a true first edition in stock, beautifully bound by The Chelsea Bindery."

AS A NEW SCHOOL YEAR BEGINS, LOCAL BOOKWORMS
SHARE TREASURED AND TIMELESS KIDS' CLASSICS

BOOK CLUB *Children's classics*



**ZVEZDANA POPOVIC,
LIBRARIAN AT CHELSEA
LIBRARY**

The Magician's Nephew
by CS Lewis

"If you love *The Lion, The Witch and The Wardrobe*, you should read *The Magician's Nephew*! It explains how the boundaries between our world and the land of Narnia first became blurred. Whichever page of the book you open you'll find something beautiful – whether it's a description of snow, or springtime, or betrayal, or friendship. There are magical characters, important messages, and a fight of good against evil. In September, I'll be discussing this at Chatterbooks, our book club for seven to 11-year-old readers. I can't wait to hear what they think of it!"



Literature / Bookworm



NIKKI AGRAVAT, FOUNDER OF CHELSEA TOYSHOP PINGO PONGO

Charlie and the Chocolate Factory by Roald Dahl

"I was probably about eight when I read *Charlie and the Chocolate Factory* for the first time. Every time I return to it, I discover something new and magical. The way it captures the joy of simple things – like chocolate – combined with the message that anything you dream of is possible, makes this such an important read for imaginative young minds. I've read it to my girls, and I'll be giving my childhood copy to my eldest as soon as she's ready to read it on her own. Ironically, I'm not a huge chocolate fan... but that doesn't stop me coming back to this classic again and again.



IMAAN ABDI, KENSINGTON AND CHELSEA'S FIRST YOUTH MAYOR

Harry Potter and the Prisoner of Azkaban by JK Rowling

"When I take myself back to my childhood self and try to remember what book made me feel

the most magical, there can only be one answer: *Harry Potter and the Prisoner of Azkaban*.

Harry Potter has been a huge part of my life, a shared love between my elder siblings and I, and the common interest behind many of my closest friendships. The magic of Hogwarts never wears off and, no matter how many times you read the books, you always find yourself wishing that the world of Harry Potter truly did exist."



ALEXANDER WULFEN-THOMAS, HEAD MASTER OF ST PHILIP'S SCHOOL

The Hobbit by JRR Tolkien

"I always come back to *The Hobbit*. Firstly, it is at its heart a wonderful adventure story, and a beautifully-written one. It stretches literacy as much as the imagination, and it is surely no coincidence that many successful modern fantasy computer games follow a similar quest-based plot. Secondly, it is a classic coming-of-age story for our hero Bilbo Baggins, and central to the tale is his eventual victory over temptation and greed. Finally, the timing of its publication – in 1937 as the world moved inexorably towards World War II – is poignant.

Tolkien was scarred by his experiences as a soldier in the Great War and imagery associated with its battlefields abound in the book, particularly its conclusion with the Battle of Five Armies. An enthralling adventure."



KATE BAILEY, CURATOR OF ALICE: CURIUSER AND CURIUSER AT THE V&A

Through the Looking Glass and What Alice Found There by Lewis Carroll

"I love *Alice's Adventures*! My favourite of the two Lewis Carroll books is *Through the Looking Glass*

and *What Alice Found There*. This episodic journey, in which Alice climbs through a mirror to discover a world on the other side, is full of mind-blowing concepts and ideas. It's a book that keeps on firing the imagination – the more you read it, the more it inspires. My favourite quote is "sometimes I imagine six impossible things before breakfast". It's remarkable that today, 150 years since the book was first published, Alice remains such an enduring and relevant character. There's something about her curious spirit and resilience that still resonates with readers of all ages."



The FAST LANE

PRIVACY CAMPAIGNER AND FORMULA ONE BOSS MAX MOSLEY LIVED IN CHELSEA UNTIL HIS DEATH IN MAY. ALICE CAIRNS SPEAKS TO THE DIRECTOR OF A NEW DOCUMENTARY, *MOSLEY: IT'S COMPLICATED*

WHAT TO MAKE OF MAX MOSLEY?

A Chelsea resident until his death at the age of 81, Max has been variously described as a man of principle and a modern-day Machiavelli, a fearless campaigner and an enemy of the free press. Now he's the subject of *Mosley: It's Complicated*: a new documentary which explores his remarkable life.

"Max's life makes a fascinating human story," director Michael Shevloff tells me.

"As a man, he was full of contradictions. In some ways, he was firmly part of the establishment, but he also had this desire to tear it down and reject it – perhaps

because it had rejected him."

Max's father was British fascist Oswald Mosley, his mother the aristocratic socialite Diana Mitford. When Max was just 11 weeks old, his parents were arrested and taken to Holloway Prison, where they would remain for the next three years. Max and his siblings were raised by a series of aunts, nannies and boarding schools, never fully escaping the shadow of their parents' past. At the age of 22, Max was arrested and charged with threatening behaviour after defending his father from a mob, leading many to brand him a sympathiser.

Max was to find his safe haven in an unlikely place: the fast and furious world of auto racing. Competing as an amateur driver, he was delighted when a competitor asked if he was any relation of Alf Mosley, the coachbuilder. He went on to dedicate his life to motorsports, eventually gaining control of Formula One after a power struggle that hinted at frustrated political ambitions. For the next 20 years, Max would shape motorsports into the multi-

Cinema / Max Mosley

billion-dollar industry it is today.

Michael first met Max 10 years ago, while making a documentary about safety in motorsports. Mosley was the founding chairman of Global NCAP, an organisation dedicated to promoting safety on the roads.

“Before I met Max, I knew that people had a negative view of him. I thought to myself – how does a man who has spent the last 20 years saving hundreds of thousands of lives end up perceived as a villain?”

Talking and travelling with Max over the course of a decade, Michael gained a unique insight into a complex man.

“I found him to be fiercely bright, loyal and incredibly principled. At the same time, he certainly enjoyed a fight when he believed himself to be right. There was something – and I’m loathe to say this – Trumpian in his personality. I’ll give you an example: Max refused to give a mea culpa on behalf of his father. He said many times that he rejected his parent’s politics – but what he refused to do was to say sorry on their behalf. I think the press were looking for that from Max, an apology for who his father was, and it would have made his life a lot easier if he’d given it.”

In fact, run-ins with a hostile press would become a defining feature of Max’s life. After *News of the World* published salacious reports about his sex life, Max sued the paper – winning a landmark victory which laid the foundation for the Leveson Enquiry. For the rest of his life, he continued to fund victims of press privacy invasion.

“Max felt so deeply wronged by what was done to him, that he had no choice but to act – even though the irony is that by taking the case to court, he actually drew more attention to his scandal. Still, it’s undeniable that his money and drive have been influential in keeping the debate around privacy alive.”

Tragically, Max’s son Alexander was to die of a drug overdose the year after his court victory. Already acutely aware of how a father’s notoriety can affect his



children, Max couldn’t escape feelings of responsibility and guilt.

“It weighed heavily on him for the rest of his life. Interestingly, although he didn’t speak much about the death of his own son, Max did talk to me in detail about the fatal crash of racing driver Roger Williamson, which he witnessed beside Roger’s father. Talking about that moment of father-son grief was his oblique way of processing his own, I think. It certainly inspired a lot of his work to promote safety in motoring.”

Michael hopes that *Mosley: It’s Complicated* will encourage the public to re-think Max’s life – his achievements, as well as his flaws.

“It’s true that over the course of his life, Max made mistakes. But it’s very easy to take five per cent of someone’s life, and make it 95 per cent, and I don’t think that’s honest or accurate.”



PARTRIDGES NEW ROSÉ CHAMPAGNE

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Every Saturday 10am - 4pm
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Ready to Blossom for Chelsea in Bloom and Chelsea Flower Show

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A NEW WHISKY BAR, Benjamin's, is opening in Harvey Nichols. There will be more than 100 whiskies by the dram or bottle, including the very rare Glengoyne 50 Year Old and Tamdhu 50 Year Old. An exceptional cocktail list by bartender Rik Patel will also be served, alongside a small-plates menu. Named after Harvey Nichols' founder Benjamin Harvey, the bar is tucked away in the menswear department.



COCKTAIL BAR Callooh Callay Chelsea has launched a bottomless weekend brunch. Head in for hearty Mexican meets East Asian fare – chicken and waffles, breakfast tacos – served alongside a welcome cocktail followed by 90 minutes of either bottomless prosecco or cocktails. One for celebrations, we think. £50, 316-318 Kings Road



THE PINKEST, most fairytale-esque bakery around has just added another string to its bow: Peggy Porschen (219 King's Road) has a new book out. Entitled *A Year in Cake*, it's Peggy's 10th baking tome, and celebrates the stores' iconic design as much as the tasty sugary creations. The book covers cakes, cupcakes and treats for special occasions like Halloween – so now would be a good time to make a headstart.

THE DRAYCOTT HOTEL by Mantis has finally reopened and is kicking things off with some wonderful offers. The family package includes complimentary tickets to the Chelsea Physic Garden and a picnic hamper. The workcation package is the perfect WFH option – with perks such as tea and coffee throughout the day and a mid-morning brain booster smoothie. Sign us up.
22-26 Cadogan Gardens



THE JUMEIRAH Carlton Tower has a new restaurant to go with its refurb.

Al Mare is headed up by Marco Calenzo, formerly of Zuma.

Go along for delicious sophisticated Italian fare, from veal milanese to risotto made with the world's finest 'Piana di Navelli' saffron. The pasta is made fresh in house, so don't skip that course.
1 Cadogan Place

THE FINE FOOD MARKET on Saturdays in Duke of York Square is a destination for tourists and locals alike, with its tempting array of artisanal cannoli, dumplings, sourdough and more. Now, excitingly, the market is working to be single use plastic-free, thanks to efforts from Cadogan, Partridges and market traders. They have worked with waste providers to ensure the most sustainable whole life approach. Traders have found sustainable packaging alternatives such as bamboo and plant-based alternatives, the gloves used for health and safety reasons are now recyclable and the traders are hunting for a sustainable solution to soy sauce bottles - watch this space.



MEET THE HOT NEW CHEF IN TOWN

WHAT ARE THE DISHES TO LOOK OUT FOR?

From the starters... prawn cocktail and fried chicken. For mains, fish and chips and steak with all the sides. Dessert – sherry trifle and Cambridge burnt cream.

WHAT ARE YOU PROUDEST OF ABOUT THE NEW OPENING?

The sense of achievement of bringing back a timeless, classic pub. The Cadogan Arms represents what pubs in London used to be - how they looked and felt, with that sense of community. With the menu, we've brought back dishes that have been lost, neglected or forgotten over time, we're truly celebrating pub classics in a great British pub.

WHAT IS YOUR FAVOURITE SUNDAY ROAST MEMORY?

I loved Sunday roasts at home when we were younger, with the family, with the classic Paxo, bread sauce, redcurrant jelly and always roast chicken. You'd get a little treat like a can of Coke if you were lucky. Those are great memories, and that's still my favorite roast now – the way I had them as a kid.

TOP TIPS FOR MAKING THE PERFECT ROAST POTATOES?

I make mine from raw potatoes, no parboiling. Get the pan super-hot in the oven, and I pair the fat to the roast – so I use chicken fat if I'm having chicken, lamb fat for lamb – whatever meat I'm cooking, I add the fat of that animal to

The Cadogan Arms on King's Road has recently reopened to great acclaim. The team includes executive chef Alex Harper (formerly of The Ledbury and The Harwood Arms) and Culinary Director James Knappett of two Michelin-star Kitchen Table in Fitzrovia. We speak to James about what makes for a great autumnal Sunday roast

the pan. Potatoes go in raw, on about 220 degrees, for at least 30 minutes, and then I'll turn it down a bit to about 180 degrees, so they go completely golden, and then just keep rolling them in the fat. Wait until they have completely broken down, keep rolling them in fat, and don't add salt until the end.

WHAT'S THE TRICK TO CRISPY CHICKEN SKIN?

Like with the potatoes, you want a super-high temperature to start with and then bring it back down for the cooking. Cook it really high for the first 20 minutes and then bring the temperature right down for the remainder, and that'll crisp up the skin, with plenty of basting. It's the basting that caramelises the skin and gets it super crispy, so just keep doing that until it's as crispy as you want.

Open Wednesday – Sunday
298 King's Road
thecadoganarms.london



CHILDREN CAN now eat free at the Gordon Ramsay Bar & Grill in Chelsea. For every adult dining, kids under the age of 12 can enjoy a tasty two-course meal from the children's menu. Options include reliable crowd-pleasers like bangers and mash, fish and chips and sticky toffee pudding. *79 Royal Hospital Road*



THAMESIDE CHELSEA restaurant, No. Fifty Cheyne, has acquired a wedding licence. The recently-renovated First Drawing Room can accommodate 40 seated guests, with ceremonies overseen by Kensington and Chelsea-appointed registrars. There's also plenty of space for receptions, with canapés, champagne and delicious menus overseen by executive chef Iain Smith. The picture-perfect floral displays adorning the exterior of No. Fifty Cheyne also make it a great spot for wedding photos. *50 Cheyne Walk*

FABULOUS GREENGROCER

Natoora has won a sustainability award at the esteemed GQ x Veuve Clicquot Food and Drink Awards. It's well deserved – the beautifully laid-out store works with small-scale growers, champions seasonal produce and has even launched its own regenerative organic farm. It's also working to minimise use of plastic. No wonder its fruit and vegetables are so extra delicious. *245 Pavilion Road*



Let's **CADOGAN** *Together*



THE CADOGAN

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LONDON

INCOMPARABLE GENUINE TRAVEL

BELMOND.COM

Ocean Plastic
Pots – winner
of the most
sustainable
product award



**SUSTAINABILITY IS AT
THE HEART OF THIS
YEAR'S CHELSEA
FLOWER SHOW.**

**REYHAAN DAY
FINDS OUT MORE**

GOING *green*

THE ROYAL HORTICULTURAL SOCIETY'S annual Chelsea Flower Show is a celebration of natural beauty and zen-like open spaces, with thousands of visitors descending on Chelsea to admire the talents of many of the country's best landscape gardeners.

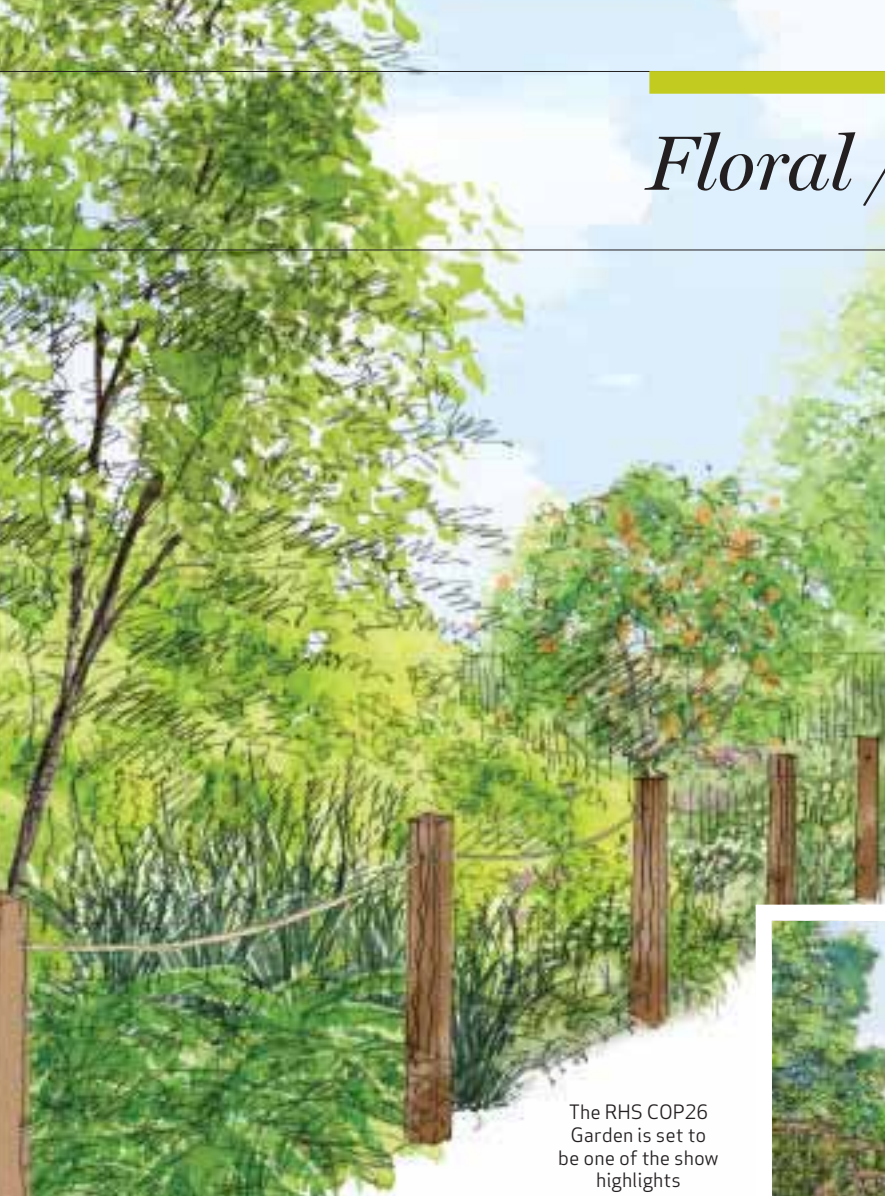
For this year's event, which takes place in September, there is an increased focus on how we can better look after our planet – with a number of initiatives taking place across the show that put the spotlight on sustainability and protecting biodiversity.

"The RHS is passionate about the significant improvements our gardens can make to reverse the biodiversity climate crisis," says Alistair Griffiths, RHS director of science. "We are conducting scientific research to find and share the best solutions to help adapt to, and mitigate against, climate change by looking after our habitat – the planet."

The UK will host the 26th UN Climate Change Conference of the Parties (COP26) in November; and this has inspired the creation of the RHS COP26 Garden – set to be one of the highlights of the Flower Show.

The garden, designed by Marie-Louise Agius of landscape architects Balston Agius, aims to be a call to action, making it clear to all that visit that responsibly growing more plants is key to protecting us, our planet and vital biodiversity. "We have a unique opportunity to talk about how horticulture, plants, management, maintenance and good design can all play a key part in addressing many of the issues associated with climate change," says Agius.

Floral / Sustainability



The RHS COP26 Garden is set to be one of the show highlights

Visitors will explore four key themes as they move through the garden; the section titled Decline will highlight how poor garden planning and development that is inconsiderate to wildlife is central to the climate change problem; while Adaptation shows how to alter our landscaping and planting practices.

The Mitigation area offers ideas for community and personal gardening that is good for our environment and the final stage, Balance, shows visitors how to work with nature to create an environmentally-friendly cottage garden in the face of rising temperatures and more severe weather.

“This is not an issue for ‘others’ to solve – this is something we all should be engaged in,” says Agius.

“The RHS COP26 Garden is an incredible display showing how we can harm our planet through gardens – but also, more importantly, how through nature-based solutions we can proactively do good to help biodiversity, support the environment and protect the planet,” says Griffiths.

RHS has further highlighted the importance of sustainability with its Sustainable Gardening Product of the Year Award, shortlisting 10 products that put the environment at the forefront of their creation and which will be on display at the show.

Royal Horticultural Society’s Chelsea Flower Show takes place from September 21 to 26 at Royal Hospital Chelsea.

“THIS IS NOT AN ISSUE FOR ‘OTHERS’ TO SOLVE – THIS IS SOMETHING WE ALL SHOULD BE ENGAGED IN”



Dalefoot Wool Compost will be on display at the Flower Show

Floral / Chelsea in Bloom

CHELSEA IN BLOOM IS BACK,
BRINGING ADDED VIBRANCY
AND FLOWER POWER TO THE
WHOLE NEIGHBOURHOOD

Around THE WORLD





THE FLORAL SENSATION is in its 15th year and it's better than ever. Chelsea in Bloom is London's largest free flower show, attracting hordes of visitors and much celebration on social media.

Taking place this year from September 20-25 with the theme Extraordinary Voyages, expect to be transported to exotic destinations across the world as you stroll around the beautiful streets of Chelsea.

With shops, hotels and restaurants keeping their floral designs under wrap until the last possible second, it is an extra special treat for the area that is already home to the Chelsea Flower Show. The Show atmosphere takes to the streets, with a huge list of locals taking part in adorning their frontages with fresh flowers designed to carry you away and leave you gasping for joy.

How will the Extraordinary Voyages theme be

interpreted? Part of the fun is we will have to wait until the big day to find out – but we can expect homages to the golden era of travel, a sense of adventure, the notion of discovery and exploration of other cultures and expanding horizons. It's a perfectly timed theme, with many of us dreaming of travel once again, whether to faraway shores or to unite with loved ones.

Locals and visitors will know that this is the first year that both the Flower Show and Chelsea in Bloom are being held in September. Excitingly, the start of autumn brings with it a new dimension to the event. We can expect to see autumn horticulture take centre stage (think flowers such as salvias, asters and dahlias along with grasses, fruit and vegetables) rather than the usual spring blooms. Of course, colour, creativity and floral artistry will remain – these are seasonless.

An additional frisson of excitement to Chelsea in Bloom is that it's a competition, and this year's RHS judges will have a hard time picking from more than 75 participants. There are several prizes to be won: Gold, Silver, Bronze or Merit awards, and three of particular distinction: Best Floral Display; the Innovation Award and Highly Commended. There is also the People's Champion Award, the winner judged by the public. Don't miss your chance to vote on the Chelsea in Bloom website.

2019's Under the Sea themed-winners truly outdid themselves, from a gorgeous octopi from Kiki McDonough (awarded Highly Commended), mermaids from Smythson (also awarded Highly Commended), and Hackett's

EARLY MOOD
BOARDS FOR
THIS YEAR'S
DISPLAYS



Floral / Chelsea in Bloom



EARLY MOOD
BOARDS FOR
THIS YEAR'S
DISPLAYS



sensational ‘20,000 Leagues Under the Sea’ winning display. It was unmissable, complete with pink and yellow tentacles, a deep-sea diving suit and yellow submersible. And Peter Jones isn’t a Chelsea favourite for nothing – it was voted People’s Champion for its colourful underwater wonderland.

Also be sure to explore the wonderful main installations dotted across Sloane Street, Duke of York Square and the King’s Road from All for Love London. The florists have outdone themselves, with the likes of a 7m high Statue of Liberty on Pavilion Road, an elegant oriental arch cascading with cherry blossom, pyramids, camels and the Eiffel Tower all made with flowers and natural plant material.

How best to maximise your time in the area? On foot is always a great way to go, or head to Sloane Square to book a complimentary rickshaw to whisk you around the displays in true Phileas Fogg style. The square is also the Chelsea in Bloom Information Point and where you can also enjoy al fresco dining.

Travel is one of life’s greatest gifts, and from September 20–25, just being in Chelsea can take you all over the world.

Free. Check out last year’s displays at chelseainbloom.co.uk/archive



2021 CHELSEA IN BLOOM PARTICIPANTS INCLUDE

AMORINO	ME + EM
ANABELA CHAN	MONICA VINADER
& OTHER STORIES	MOSCOT
ANTHROPOLOGIE	MOYSES STEVENS
BEAVERBROOK	NATOORA
TOWN HOUSE	NIKE
BLINK BROW BAR	NU
BOODLES	OLIVIA VON HALLE
BRORA	PELTON
BRUNELLO	PETER JONES
CUCINELLI	POETRY
CALVIN KLEIN	POLPO
CARTIER	PROVENANCE
CASSANDRA GOAD	BUTCHER
CEFINN	RABBIT
CHELSEA GENERAL	RALPH LAUREN
STORE	REALLY WILD
CLUB MONACO	REDVALENTINO
COMPTOIR LIBANAIS	RIXO
COSMETICS	ROGER VIVIER
A LA CARTE	SALON SLOANE
CURATED CROWD	SCRIBBLER CARDS
DAVID MELLOR	SIRPLUS
DERMLOGICA	SLOANE CLUB
ECCO	SMYTHSON
11 CADOGAN	SOHO HOME
GARDENS	SPACE NK
ERMANNNO	STICKS'N'SUSHI
SCERVINO	SUNSPEL
FREE PEOPLE	TANNER KROLLE
FRENCH	TATEOSSIAN
CONNECTION	THE BABY COT
GANNI	SHOP
HACKETT	THE CADOGAN
HANS BAR & GRILL	ARMS
HEIDI KLEIN	THE CADOGAN
JAM INDUSTRIES	HOTEL
JIGSAW	THE SEA THE SEA
KATE SPADE	TIMOTHY OULTON
KIKI MCDONOUGH	TOM DAVIES
LAVENDER GREEN	TROTTERS
FLOWERS	28-50 WINE
LES NEREIDES	WORKSHOP &
LORO PIANA	KITCHEN
LOVE MY HUMAN	YVES DELORME
MARSHALL WACE	

VISIT [CHELSEAINBLOOM.CO.UK](http://chelseainbloom.co.uk) FOR FURTHER INFORMATION
AND TO VOTE FOR PEOPLE’S CHAMPION FROM 21 SEPTEMBER

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Since it was launched in 2002, Interiors With Art has perfected interior and exterior design and construction solutions to turn your environment into the Home you deserve and aspire.

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IWA is an interior design and construction company specialising in high-end luxury residential homes. Our clients can utilise IWA Build & IWA Design individually or together as an exclusive turnkey service. At IWA, we take responsibility for finding solutions that not only meet our clients' needs but are also innovative, unique, and creative. We pride ourselves on 19 years' outstanding experience in delivering superior integrated design and construction. We have successfully completed over 300 interior design and 200

construction projects across Prime Central London and globally, including the Middle East, Asia, Europe, the Pacific and the United States.

WITH OUR NEW OFFICE in Drayton Gardens, we appreciate Kensington & Chelsea as the heart of IWA and pay homage to the history of the area.

We take pride in our exceptionally long-standing tradition of working in premier locations across the borough from Pembroke Gardens, Pembroke Gardens, Kensington Palace St, Albert Hall Mansions, Holland Park and The Boltons. Our extensive experience has contributed to a thorough understanding of the specific requirements of working with the constraints of Kensington & Chelsea Council, Grade Listed & Heritage Buildings.

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of the best



With the Chelsea Flower Show giving us a serious case of garden envy, we've rounded up some of the best horticultural buys to transform your outdoor space

EASY READING

Find yourself a shady spot and dip into this enduring classic, a brilliant read for children and adults alike.

£12.99, Waterstones, 158 King's Road



ELEGANT TABLEWARE

Enjoy an al fresco feast with this indigo linen tablecloth. The diamond design is inspired by the intricate endpapers found in antique books.

£125, OKA, 155-167 Fulham Road

WET WEATHER WELLIES

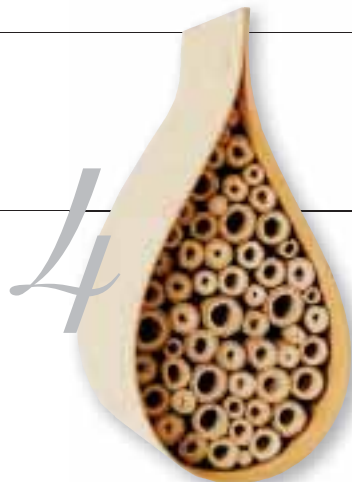
Splash through puddles and stride through mud in a pair of brightly coloured wellies.

Kids will love the rainbow design, a colourful antidote to grey skies.

£27-£31, Boden, 20-23 Duke of York's Square



Top 10 / Garden goodies



A HOME FOR BEES

Do your bit to save the British bee with this handmade dewdrop house. The bamboo tubes provide a shelter for solitary bees – they'll reward you by pollinating your plants.

£28, Toast, 205 King's Road

GLAMOROUS GLOVES

Protect your green fingers with these gardening gloves, handmade at Bradley's Tannery in Shropshire.

The tough leather cuff is guaranteed to ward off brambles.

£33, Lavender Green Flowers, 239 King's Road

MOOD LIGHTING

Light up the long evenings with a portable garden lantern. Customise the colour-changing light to a shade of your choice, or pick the flame setting for a flickering candle-lit effect.

£60, Peter Jones, Sloane Square

AL FRESCO RUGS

Perfect for paved spaces, these outdoor rugs from Weaver Green will brighten up any garden. Made from recycled bottles, they are eco-friendly.

From £105. Peter Jones, Sloane Square

FLORAL FRAGRANCE

Carry the scent of an English garden wherever you go with this fragrance, a blend of just-ripe pear and dreamy autumn florals.

£102, Jo Malone, 150 Sloane Street

COLOURFUL CUSHIONS

Scatter your garden seating with these eye-catching cushions. Shower-resistant, they are also practical for the English weather.

£70, Andrew Martin, 190-196 Walton Street

GARDENING STAPLES

Keep your garden blooming with this traditional – and rust-resistant – watering can.

£34.99, The Chelsea Gardener, 125 Sydney Street



Poliform



JEWELLERY DESIGNERS TATEOSSIAN have created a new collaboration with Zaha Hadid Design, launching in-store in September. The range includes cufflinks, rings, bangles and shoe links (decorative embellishments that attach to your favourite trainers). Each piece has been ornamented with a micro-pavé of glittering white diamonds.

55 Sloane Square



BEEBOON HAS MOVED! The bright yellow store can now be found at 178 King's Road, where it continues to sell cute and colourful clothing for children and babies. The Spanish brand creates traditional kids-wear using timeless designs and quality fabrics, with matching product lines for siblings.
178 King's Road

JUST IN TIME for the start of a new term, Peter Jones has launched its back to school collection. The range features sustainable schoolwear options, including uniforms made from the newly introduced fabric 'Birla Viscose', a soft biodegradable fibre made of wood pulp. Other environmentally friendly fabrics used in the collection include recycled polyester that's been GRS (Global Recycling Standard) certified, and cotton that has been sustainably sourced through the Better Cotton Initiative.
Sloane Square

WOMENSWEAR label Jigsaw has opened a new King's Road store. The brand has collaborated with small businesses and artisans to create a boutique space that showcases natural materials and local talent. Expect separate zones for fashion and accessories, a spacious fitting room and exciting window installations.
145 King's Road



BURBERRY RECENTLY unveiled its new flagship store at No. 1 Sloane Street. Step inside and you'll find brutalist elements juxtaposed against luxurious fabrics, with fixtures and plinths constructed in a variety of materials including concrete, ceramics and high-gloss finishes.

The world-famous Burberry check is reinterpreted in the gridded ceiling's mirrored zones, while the iconic brand colours – beige, black, white and red – are featured throughout the space.



THIS SEPTEMBER, Boden is celebrating its 30th anniversary. The British brand was set up by Johnnie Boden in 1991 from his kitchen table, and initially consisted of a line of just eight menswear products. To celebrate, Boden is launching a limited-edition capsule collection inspired by the best-selling and most well-loved pieces from the archives. British model Jean Campbell, who made her debut in a Mini Boden campaign at just six years old, is now fronting an anniversary campaign shot in the Scottish highlands.
20-23 Duke of York's Square

NIKE HAS OPENED a store on the King's Road. 'Nike by King's Road' is the first of the new Nike Live concept stores to open in the UK, offering a personalised service and digital experiences. It features green energy, LED lighting and recycled materials, including cushions filled with 'fluff', a by-product created by grinding shoes for recycling. It will also be a launch-pad for neighbourhood sports experiences, from in-house workshops to a bi-weekly run club at the Duke of York track.

33 King's Road



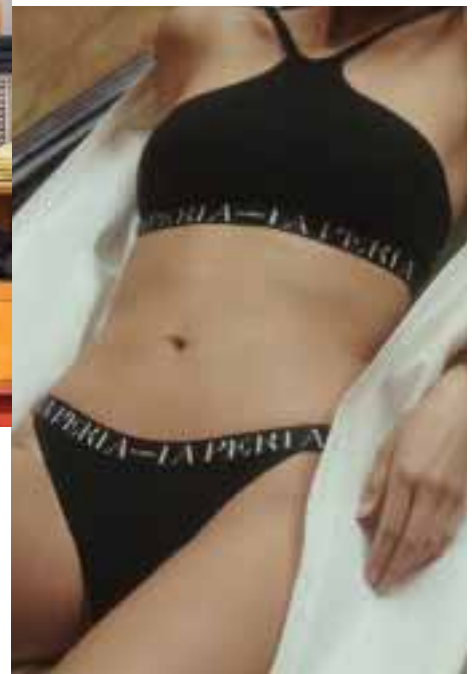
CHELSEA RESIDENT Laura Ward has launched EXEAT, a sustainable tennis-wear brand conceived on the tennis courts of the Royal Hospital. The brand serves up haute grass-court dresses with an emphasis on impeccable tailoring and sustainable supply chains. As well as offering five signature dresses in sizes S to XXL, the brand also sells eco-friendly tennis balls in a range of delightfully sugary pastels.

exeatweekend.com



COMFORT ZONE is a sustainable lingerie range from La Perla, made from environmentally-friendly materials. The 'Supreme Green' cotton used in the collection is traceable from seed to yarn, while the lycra is 100 per cent recycled. Choose from a capsule collection of six mix-and-match staple styles.

163 Sloane Street





THE DAZZLE OF LONDON FASHION WEEK returns with 'real-life' runway shows from Friday 17th – Tuesday 21st September, with a city-wide schedule of events in celebration.

Chelsea will be part of the British Fashion Council's 'City-wide Celebrations' with a host of inspiring events and shopping offers across the neighbourhood – including fashion illustrators capturing complimentary portraits for shoppers, Zadig & Voltaire showcasing their new season

collection, Curated Crowd championing exciting emerging designers, a creative workshop from The Fashion School, Anya Hindmarch launching their latest local shop in the Anya Village, Castore offering a gift with purchase, Raffles hosting an LFW party and Kahani offering a complimentary glass of champagne when quoting 'LFW'.

For the latest info on what's happening locally and across London, visit londonfashionweek.co.uk



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bretzhestia

What is your role as sustainability design director?

This role is new for fashion. It's fantastic that Pinko has taken this innovative step using my knowledge in both design and sustainability to create a role that ensures product has a lower impact but also looks great.

For me, this is super important because it combines two areas which aren't always talking to each other. In the modern business world, it's great that we create roles that allow people to move across the business and create longer-lasting change.

How does Pinko incorporate sustainability into its ethos and clothes?

Pinko is working to reduce its impact and redesign product to move towards a circular economy. It's super exciting to be on this journey with them and work together to create change.

Why is Chelsea the right place for Pinko to be?

Sloane Square is synonymous with fashion and our new collection is perfect for cocktails and dinner in Chelsea. It's bold and fresh and absolutely fantastic for a post-pandemic Sloane Square party. As a child, I would come to London and visit the Saatchi Gallery and so some of my earliest London memories are of Sloane Street. Walking through it on the way to the V&A and admiring the beautiful windows of the stores. For me, it represents the

WE MEET PATRICK MCDOWELL, PINKO'S SUSTAINABILITY DIRECTOR



High-impact glamour

absolute pinnacle of fashion and so it's really a dream come true to now see my designs being worn in the same area I once visited as small child.

Who is your customer?

Bold, ironic – glamour

What are some of your favourite pieces in the current collection?

There are some beautiful silhouettes and sumptuous taffetas. With a denim focus, these pieces are really perfect for cocktails or dinner out, day to night or night to day!

194 King's Road



A new boutique to rival any you will find in Champs Elysees or Fifth Avenue has opened up in Chelsea Green, and at amazing prices! Four Season Boutique is a unique shop selling stylish homeware from lace trimmed bedsets, towel sets to impress, ladies negligees, and the most beautiful and ornate serving trays. We especially like the jewelled teapots and Turkish Coffee/Espresso cups. An Aladdins cave of wonders right here in Chelsea! All the items are handmade in Istanbul, Italy and France.

The owner looks forward to seeing you soon!



33 Elystan Street, Chelsea Green, London SW3 3NT

📞 0777 169 8018 📱 @fourseasonboutique



Eaton Square's world-class family of schools is expanding. Discover Eaton Square Senior School's new Sixth Form – opening in September 2022.

LOCATED IN A HISTORIC BELGRAVIA townhouse, expertly revived to provide the best facilities for Sixth Form pupils, the Eaton Square Sixth Form is fundamentally future-focused, without losing sight of traditional values. Applying a rigorous academic priority to a vibrant, entirely bespoke, educational framework, a structured Preparation for Life programme lies at its core.



Preparing for the future

“Our Sixth Form is clearly distinguished from both an independent sixth form college and from a school.

Instead, it pioneers the benefits of both: balancing the pastoral focus and academic framework of school life with the acute knowledge that sixth form pupils merit greater independence and ownership of their educational journey.”

**SEBASTIAN HEPHER,
PRINCIPAL**

This Preparation for Life programme, which is unique to Eaton Square's new Sixth Form, fully prepares each pupil for life beyond school. Enabling every pupil to take their place as a truly global citizen, its modules span financial literacy, the basics of business, managing mental health, entrepreneurship, nutrition and leadership.

A powerful academic focus complements this. Pupils take 3 A Levels and the Extended Project Qualification (EPQ). Fulfilling potential is a priority. Notably, as the only central London Sixth Form in the prestigious Dukes Education family, Eaton Square provides unparalleled access to world-leading university consultancies, such as A-List Education (the UK's leading US university admissions specialists), The Lawyer Portal and Oxbridge Applications.

Environment naturally plays a key part in the success of any school. The setting of this Sixth Form is unparalleled. Majestically overlooking Eccleston Square and just a short walk from London Victoria, access from all parts of London and the Home Counties is simple. The location is just moments from the globally renowned cultural venues, business hubs, tech districts, royal palaces, restaurants, shops and cafes of our capital. Opportunities and places to develop internships and friendships are abundant.

Without doubt, Eaton Square's Sixth Form pupils will be on track to become tomorrow's leaders: individuals enriched with curiosity, self-confidence, a strong sense of community and an instinctive love of learning.

TO FIND OUT MORE

You're invited to Eaton Square's Sixth Form Launch Event:

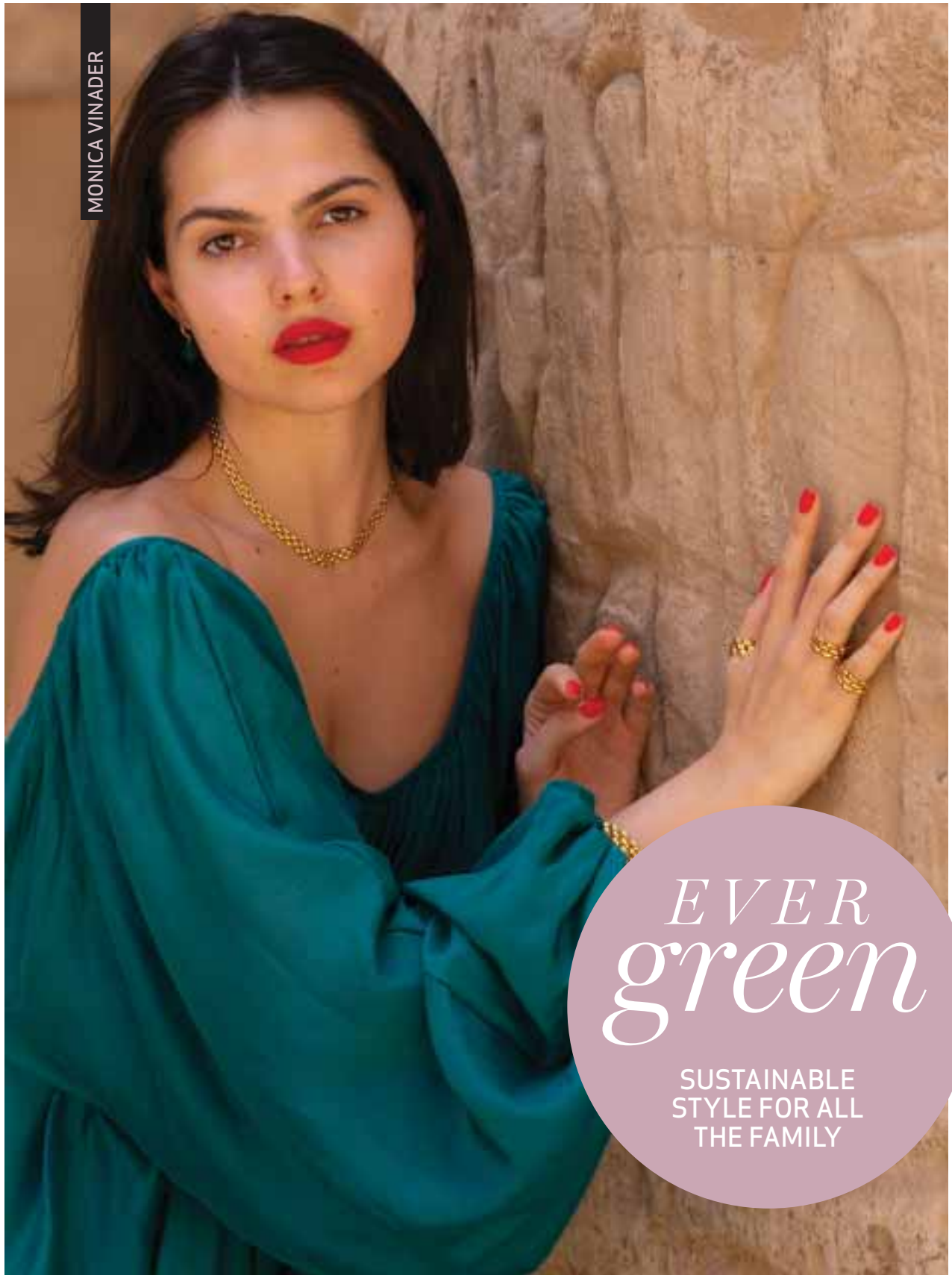
When: 6pm-8pm, Tuesday
28th September 2021

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handmade in England, £19
2 Chelsea Wharf



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made from recycled P.E.T
plastic bottles, £58
34 King's Road



ERIC BOMPARD

Classic V-neck sweater in
100% cashmere, £140
29 King's Road



THE WHITE COMPANY

Grey Quilted
Pramsuit in recycled
polyester, £49
8 Symons Street



VILEBREQUIN

1981 Flower Turtles
in 100% recycled
polyester, £95
23 King's Road



JOHN LEWIS & PARTNERS

Essential Joggers
in navy, £10-14
Peter Jones,
Sloane Square



BODEN

Fire Truck
Appliqué T-Shirt in 100% Better
Cotton Initiative
cotton, from £17
23 Duke of York
Square



Fashion / Women & Men

GANNI

Seersucker Check Strap Midi Dress in responsible checkered seersucker, £215
94 King's Road



ASPIGA

Eco-fleece reversible coat, made of recycled PET bottles, £140
192 King's Road



ANYA HINDMARCH

Patchwork I Am A Plastic Bag Motif Tote Recycled Coated Canvas in Patchwork, £795
157-158 Sloane Street



VEJA

Veja Condor Trainers crafted almost entirely from recycled materials, £130
Anthropologie, 131-141 King's Road



TOAST

Textured Wool Socks using recycled fibre, £19
205 King's Road

ALL SAINTS

Acey Jacket with 20% wastewater reused from processing this fabric, £249
14 Duke of York Square



BA&SH

Belyne cuff bracelet in recycled sterling silver, £425
168 King's Road



HUGO
Water-repellent coat
in recycled fabric,
£389
35-38 Sloane Square

COS
Relaxed wide-leg jeans in
recycled cotton, £89
19 Duke of York Square



BRORA
Cashmere Sleeveless
Cardigan, £335
6 Symons Street



CALVIN KLEIN
CK Reconsidered
trunks made of
Refibra, biodegradable
recycled cotton and
wood fibres, £28
68 King's Road



WILD ONES
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Pendleton
Waistcoat, £235
283 Kings Road



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recycled canvas uppers, £74.99
58 King's Road



NATALIE LAKE,
FOUNDER OF SLOANE
SQUARE'S REALLY WILD,
TALKS US THROUGH THE
PROCESS BEHIND ONE
OF ITS PIECES

“Our *Red Paisley Shawl collar dress* is one of my favourite pieces in our new collection”



“IT’S A VERSATILE PIECE that will slot easily into our wardrobes and will add a playful burst of colour to autumn’s neutrals once the cooler weather is upon us. I feel it is more important than ever to wear clothing that lifts our spirits and the design, with its easy shape and vibrant colours, will also add a touch of glamour.

We are proud to have worked with Liberty London on our printed silks collection for nearly two decades and it is such a pleasure to sift through their treasure trove of archival and current designs each season. For all our collections, I start by putting together a mood board with all the tweeds and Liberty silks to make sure they all work well together. Their silks inspire me to create joyful collections.

AW21 brings a fresh new collection of elevated, casual staples instilled with a sense of nostalgia. Liberty paisley silks,

crisp cotton frills and Scottish mohairs will all work hard for everyday dressing.

I have designed our tailoring with soft, laid-back silhouettes, continuing to use heritage fabrics as I feel we have all rediscovered the need for easy, effortless dressing.

I draw most of my inspiration from the natural world and, as many of the prints are hand drawn from botanical plants and flowers, this connects me with my love of the wild countryside surrounding us. My mother knew most of the names of our British wildflowers and we used to share long country walks together which encouraged my passion for nature. I think, therefore, it gives me great happiness to work with fabrics that take their inspiration from our distinct landscapes with so many colours and patterns to soak up and draw from creatively.

As a company, we pride ourselves on



taking time to ensure quality production, giving value to our collections and helping us connect with the environment — the call of the wild is synonymous with our country roots.

This dress is crafted from a luxury 100 per cent crêpe de chine silk. I designed it thinking it would work well with bare legs and ankle boots earlier in the season and then with our new chunky Scottish knits worn over the top with knee-high boots and cosy textured tights once winter arrives. I like to ensure our designs can be styled several ways to maximise our wardrobes.

Our Sloane Square store was once described as a slice of countryside in the centre of Chelsea, and I think they are spot on. We feel fortunate to be in the heart of London's most thriving and glamorous shopping district, introducing contemporary designs that become forever

pieces that connect the customer with time spent outdoors.

Once the silks are chosen and the design is created, my next job is to ensure the quality of the garment. All these details coupled with the unique tweeds we source from some of Scotland's oldest mills create timeless, modern styles that are rich in British heritage – designs to take you effortlessly through the week from working city life into laid-back weekends in the country.

I love to create clothes that are perfect for easy living, wherever you may be. We are all embracing a relaxed look for the gentler pace of life we are now experiencing, seeking escapism and comfort in clothes with gorgeous textures and colours in natural fabrics that can be thoughtfully purchased for longevity."

*53 Sloane Square
reallywildclothing.com*

Hotels / Beaverbrook

COUNTRY HOUSE HOTEL Beaverbrook is set to open a boutique townhouse in Sloane Street this year, the fourth in a series of flagship hotel partnerships from Cadogan.

The launch was announced in August 2020 with Cadogan chief executive Hugh Seaborn saying “we look forward to delivering a luxury retreat in partnership with Beaverbrook which forms part of our wider vision for Sloane Street, ensuring it remains one of the most exclusive and luxurious shopping streets in the world”.

The enthusiasm is shared by Beaverbrook owner Joel Cadbury. Having lived in and around Chelsea for many years, Cadbury is an admirer of Cadogan’s development of now legendary places such as Pavilion Road. “I’m in love with Pavilion Road in every way, and I wish it had been there when I was growing up in

The 14 suites will be styled and named after celebrated and well-loved London theatres, an idea that came from the brand’s creative director and “living legend” Sir Frank Lowe, referencing Lord Beaverbrook’s love of West End shows.

Four-poster and half-tester beds, antique bureaux, bedside tables and bespoke Nicola Harding rugs on oak floors complete the rooms.

“In terms of food, we wanted to take a slightly different approach to the traditional English country hotel model of one brasserie-esque restaurant and one slightly stuffy French one,” says Cadbury.

Partly a nod to the Japonisme movement that influenced art deco, which has itself informed the rest of the townhouse hotel, Fuji Grill and Omakase Sushi Bar will serve signature dishes such as charcoal wagyu with juniper miso and

Beaverbrook *comes to* Chelsea

Cadogan Square. It’s so visionary what Cadogan has done – they really are thinking about the long term and the bigger picture.”

Talking about the history of Beaverbrook in Surrey, Cadbury explains that he and business partner Ollie Vigers “set out to create something that hadn’t been done in the UK before. We bought the 400 acres and home of Lord Beaverbrook, who was Winston Churchill’s best friend, and on the grounds we built a golf course, tennis courts, swimming pool, a fantastic gym and ended up with 35 bedrooms.”

The new hotel – comprising two revamped Georgian townhouses – will feature art deco-inspired interiors decorated with antiques and statement wallpapers, alongside art prints, photographs and memorabilia. A snug library takes the place of a formal reception.

LOCAL RESIDENT JOEL CADBURY IS EXCITED ABOUT BRINGING THE BEAVERBROOK NAME TO CHELSEA, HE TELLS CALLY SQUIRES

expertly-prepared sushi and sashimi.

The dining room decor will feature soft green shades and a collection of 19th-century woodblock prints by artists including Hokusai and Hiroshige; while the bar has lacquered walls, stained glass and bold pink seating. Lacquered planters, brass, bonsai trees and blossoms complete the Japanese-inspired decor in the garden.

The hotel’s “sensational sommelier” Giovanni Tallu is joining Beaverbrook townhouse after 22 years at Annabel’s, overseeing a “stellar” wine list.

Cadbury says that the Japanese offering is central to Beaverbrook working in London. “Ollie has always



BEAVERBROOK
BRINGS
COUNTRY
COMFORT
TO SLOANE
STREET.

LEFT: JOEL
AND DIVIA
CADBURY

wanted to do a townhouse, and it was the natural next step; but we also felt we'd created a product that was relevant to London based on the popularity of our Japanese restaurant [at the country hotel]."

The new venture is very much for the local community, says Joel, adding that the idea was to create a small, boutique hotel "in keeping with Sloane Street".

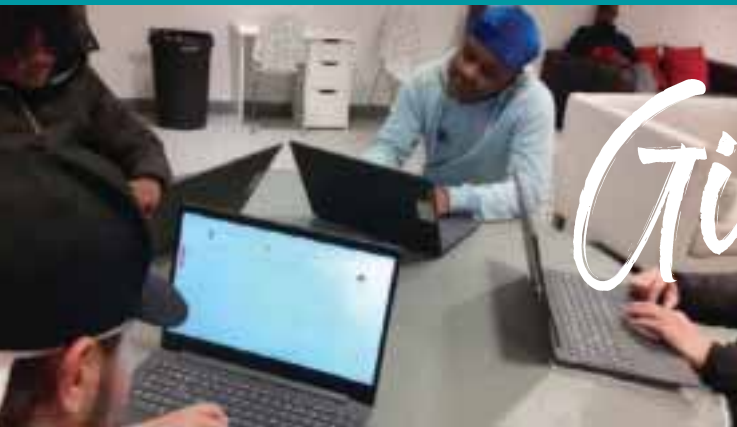
The Beaverbrook group decided on Chelsea for the city location after channelling the press baron himself. "Frankly, Sloane Street is London's finest street in terms of retail and heritage. And Lord Beaverbrook only ever bought the best, so I can well imagine that he might have lived in a beautiful double townhouse on Sloane Street, overlooking the gardens. Where better?"

*Beaverbrook Town House is now open
115 Sloane Street
beaverbrooktownhouse.co.uk*



Charity / K+C Foundation

**SUPPORTING YOUNG PEOPLE
IN OUR COMMUNITY IS A
KEY PRIORITY FOR THE
KENSINGTON + CHELSEA
FOUNDATION**



*Give where
you live*

IN JANUARY 2021, K+C's primary and secondary schools closed once again as England went back into lockdown, leaving many digitally-excluded children in our community unable to keep up with their learning. Concerned about the impact on children's educational opportunities, local charity the K+C Foundation raised funds to buy 115 laptops which were distributed to seven youth groups across the borough.

The laptops were primarily intended for use by children who found learning in their home environments very challenging, and who were invited to use them within the safe space of the youth club supported by trusted staff.

Over the past six months, the laptops have been used by over 350 children and young people for activities including home learning and homework, developing digital skills and employment support activities.

As the lockdown restrictions lifted and schools re-opened, youth clubs have continued to offer the laptops for homework, furthering studies and employment-based activities such as writing CVs and covering letters or job searches. Many have plans to expand the use of the laptops to support other digitally-excluded community members while the children are at school during the day.

As well as addressing lost learning during the past 18 months, the K+C Foundation was keen to

help children and young people to rebuild their social skills and support their mental health as the community began to recover from the pandemic.

Many children had been isolating or shielding in overcrowded accommodation with little opportunity to exercise or socialise for the majority of lockdown, particularly if other family members had health vulnerabilities.

In partnership with Kusuma Trust, the K+C Foundation has been delighted to support 1,400 children and young people to Recover + Reconnect through 13 exciting summer activity programmes. Adventures include using sports, residential and day trips and creative workshops to have fun, socialise and to help build their resilience and confidence.



*If you or your company would like
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People / Local heroes

RESTART MAY BE SMALL, but it's doing big work. The homelessness charity has just two full-time members of staff: CEO Nicola Miller and programmes manager Olivia Pyle. Nonetheless, with the help of a network of volunteers, this unstoppable dream team provides support to vulnerable people in Kensington, Chelsea and London at large.

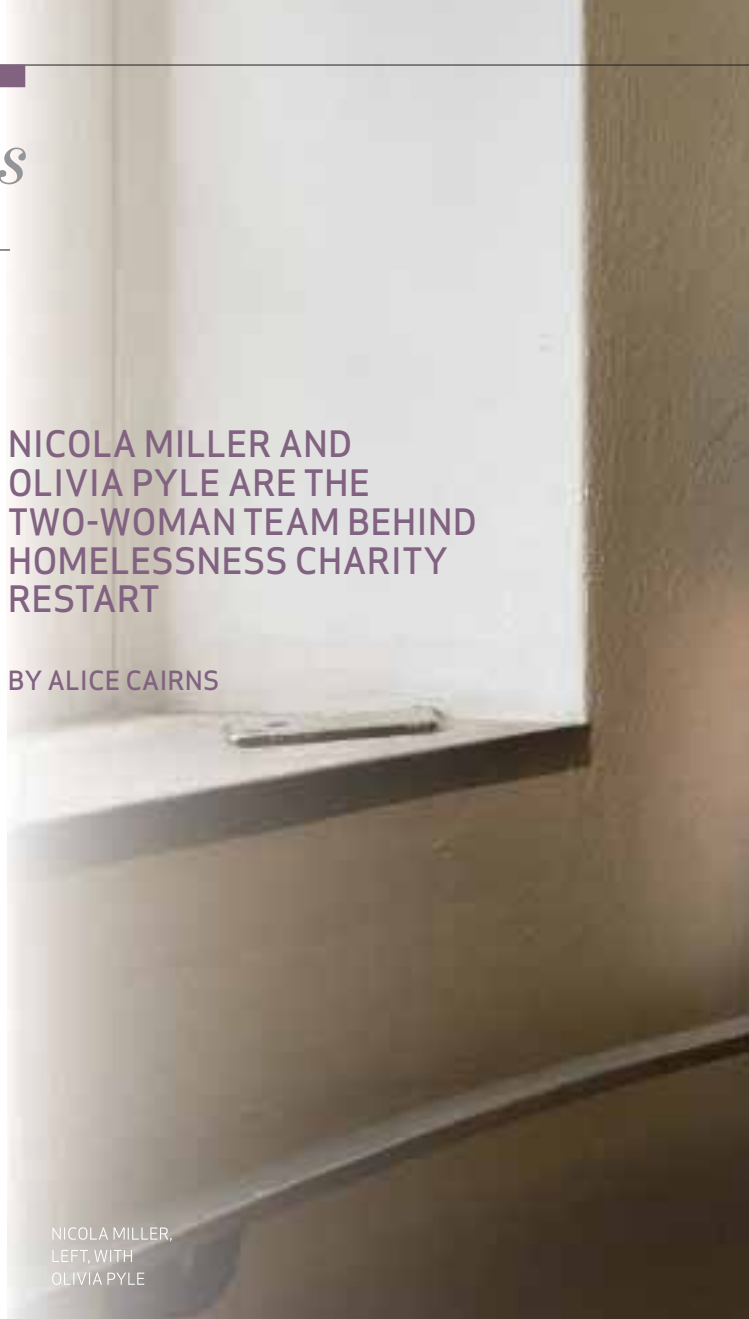
"We're well aware that we're based in one of the wealthiest boroughs in London," says Olivia. "In fact, I often see the *Made in Chelsea* cast walking by. But however prosperous the surroundings may be, you can't forget that many people here still experience homelessness and poverty."

Nicola agrees: "Homelessness is such a complex issue, and it could affect any one of us, wherever we live or whatever our background. The pandemic has proved that things can change in an instant, in any community."

For that reason, a caring and non-judgemental approach is at the heart of RESTART. The aim of the charity is to provide personalised support to vulnerable adults as they return to independent living. That process begins at the weekly drop-in sessions that RESTART has been running since 2009 – first, at St Augustine's Church in South Kensington, and next in St Columba's Church in Knightsbridge. The sessions take place every Friday, attracting between 60 and 70 guests a week.

NICOLA MILLER AND OLIVIA PYLE ARE THE TWO-WOMAN TEAM BEHIND HOMELESSNESS CHARITY RESTART

BY ALICE CAIRNS



NICOLA MILLER,
LEFT, WITH
OLIVIA PYLE

New beginnings

"The drop-ins have a real community feel," says Olivia. "Nobody wears a label, so there's no distinction between our guests and our volunteers. We want this to be an inclusive, friendly space where people can eat a hot meal, grab some provisions and have a chat."

Once they've met a guest at a drop-in, Nicola, Olivia and their group of volunteers work hard to provide them with thoughtful, practical support. In the short term, that could mean giving them toiletries or a sleeping bag. In the long term, it might mean matching them with a personal mentor, supporting them as they re-enter the workplace, or providing them with a course of counselling with a Harley Street psychotherapist.

"As a small charity, we can offer a level of personalisation that other services aren't able to

provide," says Nicola. "We're able to spend time getting to know our members over a cup of tea and a chat, and to really tailor the support we offer to their unique circumstances. A friendly, inclusive and personal approach is at the heart of what we do."

"That's why we don't refer to the people who visit us as 'clients' or 'service users,'" adds Olivia. "We prefer 'members,' because that's what our guests are – members of our community."

And the personalised approach certainly seems to have paid off. When asked for feedback, RESTART's members mention that the staff never forget their names, and are happy to offer support with small tasks, like fixing a smartphone.

According to one member, "spending time with RESTART is one thing in my week that allows me to



not think it's the end of the world. I know on that day, things are basically all right".

Of course, the pandemic has raised a new set of challenges for Olivia and Nicola.

"One problem we were very keen to address during the pandemic was 'power poverty,'" says Olivia.

"Without access to cafés, libraries or day centres, many rough sleepers were unable to charge their devices or access the internet. That's a problem, because they need phones to make calls to services like ours, to apply for jobs and to speak to counsellors and doctors. To deal with that, we began handing out fully-charged power-banks, SIM cards and basic smartphones along with takeaway meals."

Another service introduced during the pandemic was RESTART's 'befriending programme'.

"The initiative was a reaction to the isolation and loneliness that people were feeling during lockdown," says Nicola. "We were able to offer our members someone to chat to, either in person or over the phone – a casual, less-structured chat, to keep people

feeling connected at a time when that was really needed. It's definitely something that we're planning to continue in a post-Covid world."

Of course, the work can be demanding. Nicola and Olivia agree that the hardest part of their job is to recognise that they can't help everyone.

"People think that homelessness is about not having a roof over your head – but that's just the geography of it," says Nicola.

"You very rarely address the issues of homelessness by just thinking about where you can put someone. The work can be challenging, certainly. But Olivia and I bounce off each other, and we support one another."

"At the end of the day, we want everyone to feel supported by the charity – guests, staff and volunteers. We really are exceptionally proud to be part of this welcoming, non-judgemental community."

Restartlives.org

Wellness promotion

A haven at the Hot Spot

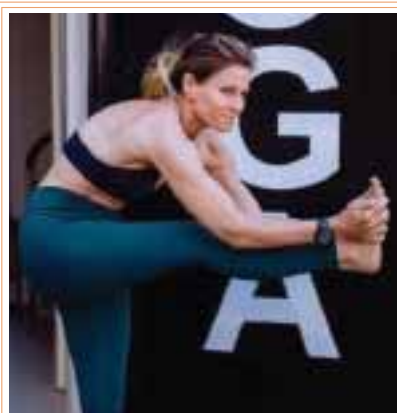
We catch up with our Fulham neighbours at The Hot Spot Yoga on how to heat up as the weather cools down

What is hot yoga?

Hot yoga is a term used to describe a number of styles of yoga practised in a room heated between 30 and 40c. At The Hot Spot Yoga we teach Bikram Yoga which is at the hotter end of the scale at 40c. We also teach Inferno Pilates and warm Yin Yoga (both are taught at 30c).

Tell us more about Bikram Yoga

Bikram Yoga is a specific sequence of 26 hatha yoga postures and two breathing exercises. It is an extremely therapeutic and healing form of yoga (it was originally used as a form of yoga therapy) with many benefits: the heat allows you to stretch safely in addition to increasing circulation and lung capacity; it's an all-over mind/body workout incorporating cardio fitness, strength training and mental endurance all in one practice. The postures are performed in the same sequence in every class which allows you to develop your practice at whichever level (beginner to advanced) you're working at.



Why is it so hot?

Due to the isometric nature of the postures you can endure a higher temperature – you're creating strength in the body through stillness within the postures. You couldn't have the heat as high in a vinyasa class for example due to the movement and the way that the heat works within the body, resulting in that Bikram 'glow' (once you've sweat it out in 40c you'll know why!).

“You're creating strength in the body through stillness within the postures”

MELISSA MCINTYRE

STUDIO DIRECTOR AT THE HOT SPOT YOGA



How did you get started?

I started attending the studio when it originally opened in 2006. I went with a friend and from the very first class I was hooked – the power of the practice combined with the challenge of the heat was exactly what I was looking for in a yoga class. I decided to train as a teacher in 2010 then bought the studio in 2014 from the previous owner. As a Fulham resident and client I had a unique insight into what people wanted from their local studio, ie what worked and what didn't. I have since sold the studio to yet another member but am still involved on a day-to-day-basis. It's a testament to the studio that the ownership has always been 'in-house' so to speak – having a client buy your business does make you feel you must have been doing something right! It has been fascinating to watch the studio evolve through each of its incarnations over the years, culminating in our most recent makeover reflecting the charm of the local area.

What gives your Parsons Green location its charm?

In addition to our village-like atmosphere and an abundance of open and green spaces, our proximity to Kensington & Chelsea means that we get many clients from the neighbouring area as people always seem to ping-pong between the boroughs (including our studio owner, who is a Chelsea resident). Due to its longevity the studio has built up a very loyal and long-standing community, one of its more unique qualities – especially in a busy city such as London. We get people from all different personal and professional backgrounds including people in the arts, film, dance, finance – you name it. On any given day you never know who just might turn up! We pride ourselves on being a friendly and approachable place where people can come to switch off for an hour and practise their yoga in a supportive environment and – most of all – have fun doing it.



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thehotspotyoga.co.uk

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020 3397 9966



KXU has launched an exciting new format for its U-Cycle classes. Get ready for the ultimate party power ride, including an FX screen, weights and additional lighting. There's also a new U-Cycle MTV class at KXU - come along for cleverly edited music videos for a fully immersive ride. It's time to get pumped.

A NEW WONDER CREAM has come to Chelsea. Skin + IQ (11 Elystan Street) and EF Medispa Chelsea (193 King's Road) are both now stocking the recently launched Spectacle Skincare, which was discovered by beauty guru Olivia Falcon. Spectacle Performance Crème is a hard-working moisturiser containing gallic Acid. It uses a new approach with expert formulation called precision-dosing and it's super sustainable – packaging is made of sawdust making it both recycled and recyclable. Celeb facialists love it, too.



UBER LUXE HOTEL Belmond Cadogan has a new spa partner - British brand Elemental Herbology. Find its delicious natural, paraben-free products used across the hotel's massages, scrubs and more. The bespoke spa menu is epic, but we do like the new Fire Energiser Body Scrub - essential oils and sugar work to exfoliate and deeply hydrate skin, leaving you totally blissed out.
75 Sloane Street

LUXURY SWISS SKINCARE brand La Prairie needs no introduction but its new addition to the iconic Skin Caviar Collection does. Skin Caviar Nighttime Oil contains Caviar Retinol - exclusive to La Prairie - and works with the skin's natural circadian rhythms to help counteract age-induced loss of collagen. Plus, its oily composition creates a temporary outer barrier to minimise water loss. Head to the La Prairie counter at Peter Jones to receive a complimentary 30 minute treatment to try Skin Caviar Collection for yourself. £427 for 20ml.



JEWELLERY BRAND MONICA VINADER (71-72 Duke of York Square) now has an in-store piercing service. For £20 for a 20-minute appointment, you can get up to three piercings: upper lobe, lower lobe, higher lobe or helix. Opt for all in one ear or split between both. The more the better, we say, as it provides further opportunity to showcase Monica Vinader's gorgeous earrings. Studs, hoops, dangly - the choices are endless. Ear piercing experts are on hand to help you curate the perfect ear stack, mixing between gold and silver.

TO WELCOME THE AUTUMN, Ushvani is launching a Signature Rejuvenating Ritual from September 23. Comprising a blend of Asian massage techniques, it begins with an inhalation of Ushvani's signature Balm, containing eucalyptus and camphor. Next up is a bespoke heated herbal compress to relieve aches and pains, followed by relaxing strokes derived from Malay Massage, deep drainage from Balinese Massage and stretches from Thai Massage. You'll leave feeling warmed through and rejuvenated.

£250, 1 Cadogan Gardens



HEAD TO KX SPA (151 Draycott Avenue) for a HydraFacial. A recently-added treatment, the patented technology is all about a deep clean and brightening, removing dead skin and impurities. Skin will be left hydrated and super smooth. The spa is also available for non-members.

Youth preservation personal training

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Look great and most importantly feel great. Through our holistic approach you will not only lose weight and tone up but we correct posture, relieve shoulder and neck pain, help strengthen the lower back and alleviate joint tension.

Location

If you are looking for total privacy, look no further. Our tranquil studio hidden in the heart of South Kensington provides 1 on 1 personal training only. Rid yourself of life's stresses and distractions and allow us to focus on the most important person – you.

Founder and local resident Jordan De Leon explains why he has been so popular.

“Clients love our completely bespoke workout that only we provide.”

“The biggest compliment I receive (other than how incredible their transformation has been) is how fast the time goes in our session. I love knowing how much clients enjoy our exclusive workouts.”

Book in your FREE personal training session with Jordan via email info@jordandeleon.co.uk or by phone 07951558641.

For more information, please visit JordanDeLeon.co.uk





DR MARYAM ZAMANI
IS A CHELSEA-BASED
OCULOPLASTIC SURGEON AND
FOUNDER OF CULT BEAUTY
BRAND MZ SKIN. SHE TELLS US
ABOUT BEAUTY, BB CREAMS,
AND HER NEW KING'S ROAD
CLINIC

AS TOLD TO ALICE CAIRNS

Skin *deep*

Health & Beauty / Skincare

“I CAN REMEMBER the moment my love of beauty began. I was 14, and my mother gave me a tube of Lancome BB cream in a hard, white case. I just loved it. It smelt so nice, and it looked so pretty, and putting it on became a ritual for me every day.

That was just the beginning. My mum and I began trying out different products together: Pond's Cold Cream, Shiseido, Crème de la Mer... We tried them all. Putting on skincare became the way I unwound. When I went to medical school, I would work hard in the library all day – but then late at night, I'd go to the gym, take a long, hot shower, put on pretty underwear, boxers and a T-shirt, and then slather on all these layers of fabulous creams. Whatever my day had been like, I'd go to sleep feeling pretty and relaxed thanks to that ritual.

When I finished medical school, I thought I should try doctor-led brands, because they were more 'adult' and results-driven. But when I started using them – naming no names, of course – it felt like I was using medicine. That was when I realised that, for some reason, while skincare is usually made by women, medical skincare is predominantly made by men. Perhaps that was why it lacked that luxurious, sensory component that had always been so important to me. I wanted both.

So I started to create my own skincare, working with a chemist to create little concoctions that I would give away to my friends and patients. I never intended to sell them. I am the accidental entrepreneur. And then, one day, a mutual friend introduced me to the buyer at Harrods, and she said, 'I'd love to have this in store.' I didn't have any branding or any packaging, so I had a month to get all that together. That's how MZ Skincare was born.

The thing about skincare – and the ethos behind MZ Skin – is that you don't need a complex, 100 step routine. You just need a few core ingredients that work well together. There's a lot of miseducation around skincare, and a lot of myths. I hear people say retinol thins your skin – that's a total misrepresentation of a fabulous ingredient that most people should be using. I hear people say you shouldn't use Vitamin C in the summertime – that's actually the best time to use it.

And listen up, people, a moisturiser with SPF 15 or 20 just isn't enough. Please take care of your skin.

It's inevitable that the pandemic has changed the way we approach beauty. One thing I've noticed is that video conferencing has made people more critical of themselves than they ever were before. On a normal day, I only really look at myself when I brush my teeth in the morning – but when we're on Zoom, we look at ourselves more than the person we're talking to, and notice all our bad angles. I call it the lockdown meltdown.

At the same time, I think surgical and non-surgical treatments have become more acceptable. That's partly



“VIDEO CONFERENCING HAS MADE
PEOPLE MORE CRITICAL OF THEMSELVES
... I CALL IT THE LOCKDOWN MELTDOWN”

because people can share their experiences on social media, which breaks the taboo. Over lockdown, people have also had the time to recuperate after treatments, so more people have dabbled, I would say.

My hope is that we'll be able to guide and educate people at our new clinic at 110-112 King's Road. It's a very niche, small yet powerful little clinic with two floors and five rooms. What I really wanted to do was to be able to give my patients that MZ experience. We have some of the most amazing technology, for technology-based treatments, and little hints of personality and splashes of pink too! I just really wanted to create a beautiful space, to really elevate the experience you can have in my office. I hope it'll be an oasis on the busy King's Road.

In my opinion, there's no single definition of what beauty is. You can make any moment in your life beautiful, with a little effort – whether that's serving up your takeaway on pretty plates, or spending time experiencing the tactile and sensory experiences nature has to offer. My job isn't about creating beauty, it's about accentuating what's already there.”

mzskin.com

My Chelsea / Ruth Rogers

RUTH ROGERS, BARONESS ROGERS OF RIVERSIDE, CBE, OWNS AND RUNS FAMED ITALIAN RESTAURANT THE RIVER CAFÉ, BELOVED BY CELEBS AND FOODIES ALIKE. RUTH, WHOSE HOME IS IN CHELSEA, TELLS US HOW NO DAY IS EVER THE SAME AND WHAT SHE DOES TO RELAX

I MOVED TO CHELSEA IN 1985.

I live off the King's Road and there's lots to love – the Royal Court Theatre, being near the river and the quick drive to The River Café.

SOME OF MY FAVOURITE

local spots are the Chelsea Physic Garden, Colbert, David Mellor and John Sandoe Books.

FOR ME, THERE IS NO TYPICAL DAY.

My favourite part of my job is working with the best people ever. The

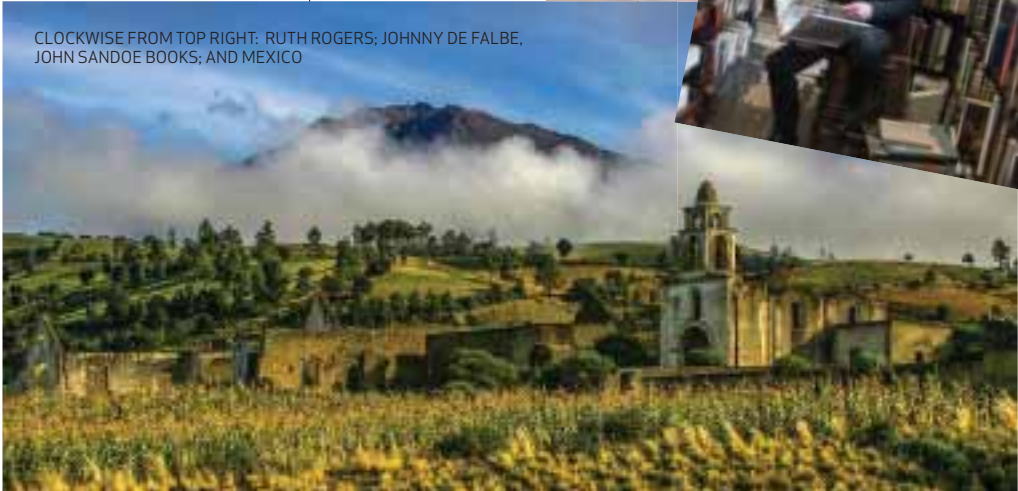
challenge of the job is always trying to be better.

I LIKE TO GO ON HOLIDAY

to Mexico but to unwind, I work! Some of my favourite River Café dishes are Chocolate Nemesis, Spaghetti Bottarga, all the seasonal vegetables and anything in the wood oven.



CLOCKWISE FROM TOP RIGHT: RUTH ROGERS; JOHNNY DE FALBE, JOHN SANDOE BOOKS; AND MEXICO



AS FOR WHAT INSPIRES ME, it's not what, it's who – and there are too many to mention.

Up next for us is River Café Gift Boxes for Christmas. Watch this space!

*The River Café,
Thames Wharf,
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