

CADOGAN VIP

THE MAGAZINE FROM CADOGAN CONCIERGE • JANUARY 2022



THIS MONTH'S HOTTEST HAPPENINGS
BEST VEGANUARY MENUS IN CHELSEA
THE COSY LUXE LIST



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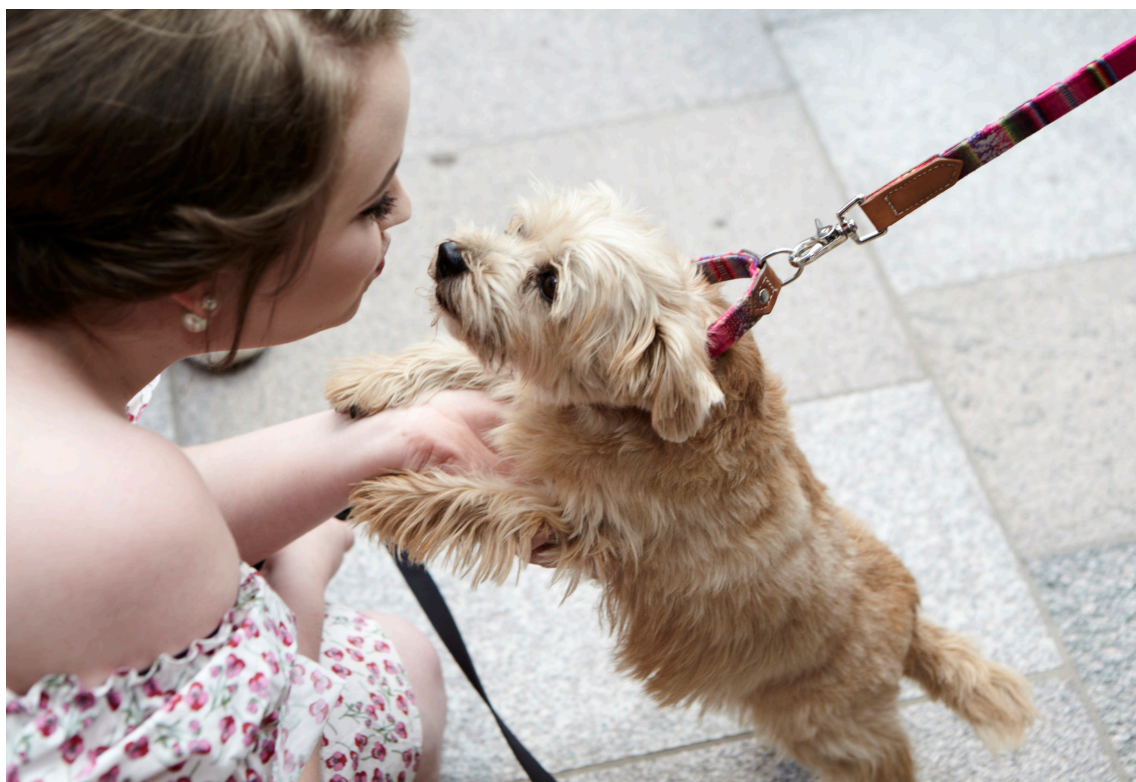
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YOUR LONDON

The Capital's most exciting dates for your diary

What's on in Chelsea

MUSIC • ART • THEATRE • EXHIBITIONS • FOOD



Dog & Brunch

23 January, Bluebird
bluebird-restaurant.co.uk

Partnering with Love My Human, Doggy Brunch is back. Indulge in a two-course brunch served with a mimosa, whilst your pooch enjoys a nutritious homemade dish, a pupcake and complimentary puppacino.

Greek Baking Workshop

14 & 27 January, Bread Ahead
breadahead.com

Master the Greek staple, bread, in this half-day workshop that focusses on baking with two of Greece's most treasured ingredients – honey and olive oil. Let the expert bakers guide you through classic Greek seeded bread rings, a rustic loaf studded with Kalamata olives and a Greek honey cake enhanced with pine needle honey.



Laughing Matters: The State of a Nation

Until 29 March, V&A
vam.ac.uk

A reflection on the role of humour in debates around identity, empire and power over the past two hundred years. This selection of curated objects unpicks the punchlines of humour since the Victorian era and tells us what it means to be British today.



© Simon Kennedy





Women on the Front Line

21 January, National Army Museum
nam.ac.uk

Join Dr Kathleen Sherit as she explores the changing status of women in the armed forces. Examining the challenges they have faced on their journey to the front line over the last century, this fascinating talk will delve into women's roles in service.

Behind the Scenes Tour with Nell Jones

27 January, Chelsea Physic Garden
chelseaphysicgarden.co.uk

Head of Plant Collections, Nell Jones, has spent over a decade immersed in the wanders of the Chelsea Physic Garden. Join her on this winter tour of behind-the-scenes favourites, followed by a three course lunch at the Chelsea Physic Garden Café.

Ferne Cotton: 'Bigger than Us' book launch

18 January, Cadogan Hall
cadoganhall.com

In celebration of Fearne Cotton's new book, *Bigger Than Us*, join Fearne for an evening of insight and advice as she shares the wisdom offered to her from wise minds on living a happier, more hopeful life with stronger connections. Tickets include a signed hardback copy of her book.

America in Crisis

21 January - 03 April, Saatchi Gallery
saatchigallery.com

An exploration of trends of social change in the United States. With over 120 works by over 40 of America's leading photographers, this must-see show reflects on change from 1960's through to today.

Retail Therapy

LUXURY • ACCESSORIES • PE

Hunker down this January with our edit of hibernation essentials...



Fursac
Midnight Blue Merino Wool
Cardigan
£435



Space NK
Neom Perfect Night's Sleep
Bath Foam
£22



Anthropologie
Emily Isabella Floral Slippers
£110



Massimo Dutti
Wool & Cashmere Cardigan
£149



Poetry
Cashmere Trousers
£259



Olivia Von Halle
Gia Lamu Silk Cashmere
Tracksuit
£1,195

PERSONAL SHOPPING • EXPERIENCES



Pucci
Monogram Embroidered
Cashmere Turtleneck
£895



Heidi Klein
Nantucket Pale Blue Roll Neck
£290



Hayley Menzies
Portobello Tiger Merino Jacquard
Cardigan
£560



French Connection
Cara Hoodie
£65



ME+EM
Cashmere Palazzo Pant
£295



Jam Industries
Merino Belnd Quarter Zip
£95



Retail Therapy

LUXURY • ACCESSORIES • PE



Free People
Hit The Slopes Fleece Jacket
£140



Boden
Cotton Dressing Gown
£65



Escada
Jumper
£745



Really Wild
Cashmere Roll Neck in Light blue
£395

The White Company
Silver Grey Cashmere Bed Socks
£36



Gucci
Men's
£400

Dermalogica
Lunar New Year 2022 Multivitamin
Power Recovery Masque
£49

Maje
Printed Mohair Cardigan
£287



Jigsaw
Wool Cable Mittens
£45



BOSS
Relaxed Fit Sweater
£169



Essentiel Antwerp
Red and Pink Striped
Cashmere Scarf
£220



Rixo
Vera PJ Set in Antelope
£150



Geometric G Print Slipper

Taste the Rainbow

Whether you are looking to do your bit for our planet or on the quest for a healthier lifestyle, Veganuary has never been so popular - here's where to discover some seriously levelled-up vegan menus across the neighbourhood. You won't find any sad, soggy salad leaves here...



Wulf & Lamb

243 Pavilion Road, London SW1X 0BP
wulfandlamb.com

Grab a seat at Wulf & Lamb for the ultimate vegan edition of comfort food classics. An extensive brunch offering comes complete with American Pancakes stacked with maple syrup, fresh berries and vanilla cashew cream whilst the All-Day menu is sure to satisfy with Bao Buns, Chilli 'Non' Carne and an Open Burrito to choose from. And if you're looking to dine al fresco for added safety, there's a beautiful palm covered terrace at the back for peace of mind.



Holy Carrot

**Urban Retreat, 2-4 Hans Crescent,
London SW1X 0LH
holycarrot.co.uk**

A true celebration of plant-based food with a globally-inspired menu, it is about time you discovered Holy Carrot for some super-stylish nourishment. From 4-29 January 2022, feast on an exclusive 'Seafood' platter, created in partnership with Seaspiracy. From 'Calamari', 'Tofish and Chips' to 'Crab' Croquettes, dive headfirst into this clever menu designed to raise awareness of the Seaspiracy campaign using only vegan ingredients. £14 per person with 20% supporting the cause.

Vita Wellness Café

**31 Sloane Square, London SW3 2ND
vitaboutiquefitness.com**

Chelsea's hot new opening, Vita, will soon be your go-to for all things wellness. Peckish? Grab a bite from the Café where the menu has been carefully curated to optimise your health. Expect goodness breakfast bowls, supercharged sandwiches, and superfood salads as well as guilt-free treats to satisfy any hunger pangs - all with added nutrition and digestive benefits. Available to eat-in or to grab-and-go.





Humble

342 King's Road, London SW3 5UR
humble.london

Humble is 100% plant-based and hard to miss with its pink exterior. With an emphasis on fresh and wholesome food, finding Vegan food you will want to come back to again and again has never been so easy. Try the Carrot 'Lox' Bagel or the Coconut BLT for next-level sandwiches that are pure, plant-based perfection.

The Good Life Eatery

59 Sloane Avenue, London, SW3 3DH
goodlifeeatery.com

Whilst not totally plant-based, this is definitely a place to highlight for any health lover and comes with plenty of Vegan delights. The 'All Day Yumz' menu has been lovingly compiled as part of their mission to support a better, healthier and happier you with dishes that will ensure you eat the rainbow; nourishing acai bowls, warming soups and sweet treats such as vegan blueberry muffins. We'll take two please.





exclusively for You



COMPLIMENTARY COCKTAIL OR SPARKLING WINE AT THE CADOGAN

The Cadogan, 75 Sloane St
belmond.com

Newly opened The LaLee at The Cadogan, a Belmond Hotel, brings continental all-day café culture to Sloane Street. Taking guests on a culinary journey to the grand cities of Europe, The LaLee's menu and offering is inspired by the voyages of one of the hotel's most legendary past residents, Lillie Langtry. Expect tableside-theatre, rare wines by the glass and playful cocktails in a sophisticated setting.

As a valued member of Cadogan Concierge, order any Grand Café Classic dish from the all-day menu and receive a complimentary signature cocktail or glass of Rathfinny Classic Cuvee Brut, East Sussex.

T&C's: Offer valid per person when ordering a Grand Café Classic dish throughout January.

To reserve a table email: dining.cad@belmond.com and quote VIPCADOGAN.

Exclusively for You

REVEAL YOUR RADIANCE WITH SARAH CHAPMAN

Sarah Chapman, 259 Pavilion Road
sarahchapman.com

Founder, CEO and product formulator Sarah Chapman is widely regarded as a premier skincare authority, making her one of the most respected and sought-after experts in the beauty industry. Sarah's Skinesis clinic in Chelsea, London, is the ultimate destination for those in pursuit of perfect skin. Ever the innovator, Sarah's range is constantly evolving, always with the aim of delivering radiant, healthy skin for everyone.

As a valued member of Cadogan Concierge book a Micro-Facial and LED Light Treatment for £85 (worth £110).

This powerful treatment combines Sarah's award-winning facial massage techniques and high-potency skincare with LED light therapy to stimulate collagen and elastin production, help prevent blemishes, and soothe and repair inflammation in the skin.

To book, simply email boutique@SarahChapman.com or call +44 (0)20 7589 9585

Ts&Cs: The Micro-Facial with LED Light Treatment must be purchased and used before 31.01.22. Micro-Facial and LED Light Treatment must be used together as one treatment. Valid only in the Skinesis Boutique and non-transferable to other treatments or products.



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Your London

We take a look at some of the Capital's most exciting dates for your diary.

We can access tickets for a range of occasions including many sold out or unobtainable events. Please contact us for further details covering the world of theatre, sport, exhibitions, comedy, film premieres and concerts...

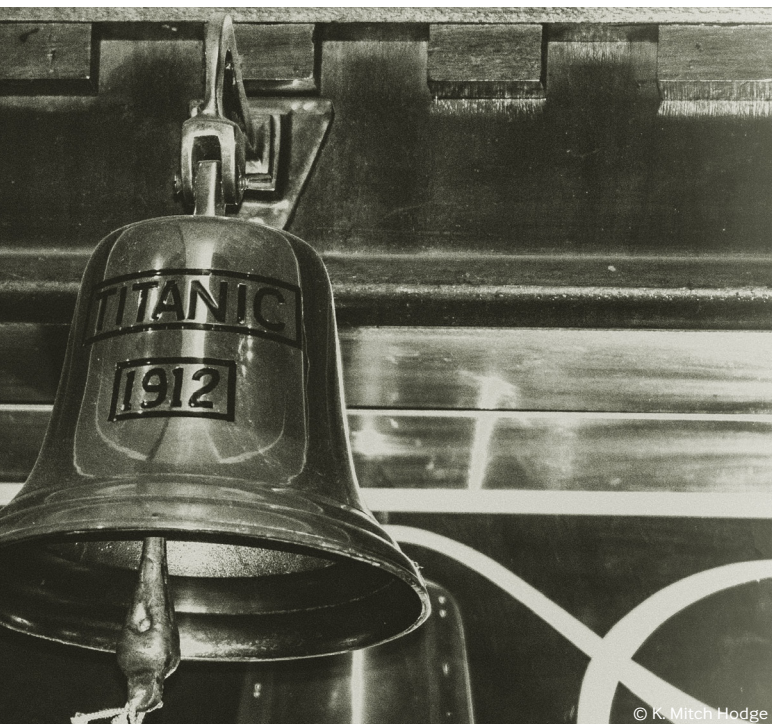


The Rosé Festival

27- 29 May 2022 - Fulham Palace
the-rose-festival.com

An exciting new concept, The Rosé Festival, is coming to the Gardens of Fulham Palace in London this year. The festival will celebrate all things rosé, feasting, live music with special guests throughout the weekend, and is set to kick off the Summer season in true style.





Titanic: The Exhibition

Until Sunday 20 March - Unit 1, Dock X London
titanicexhibitionlondon.com

A tale of the people aboard history's most legendary ship on its maiden and final journey. Travel back to 1912 and relive the true stories of the Titanic's passengers and crew through personal objects and reconstructions.

Candlelight Concerts

Various dates - Various locations
[feverup.com /london/candlelight](http://feverup.com/london/candlelight)

Experience music from some of the greatest contemporary composers and artists whilst surrounded by the warm glow of candlelight. Taking place in different atmospheric locations, you will be transported to a world of peace and serenity through the senses of sight and sound at these enchanting concerts.



Romeo and Juliet

Until 25 February 2022 - Royal Opera House
roh.org.uk

Kenneth MacMillan's ballet classic, Romeo & Juliet returns this year with the Royal Ballet. Garnering critical acclaim, expect stunning performances, detailed choreography, magnificent costumes and so much more as the renowned Shakespeare story is brought to life once again through dance.

Six Nations

Until Saturday 19 March - Various locations
sixnationsrugby.com

Catch the Six Nations with our tickets and hospitality packages. This season England's fixtures at Twickenham are:

26 February - England v Wales

12 March - England v Ireland

The Big London Bake

Various dates - Various locations
thebigbakes.com

Channel your inner Mary Berry at London's first bake off experience. With a new bake every month, the ingredients provided and no cleaning required, baking has never been so easy. You get 90 minutes to whip up a show stopper of your own, do you think you have what it bakes?

Strictly Come Dancing: The Live Tour 2022

Until 13 February 2022 - TheO2
strictlycomedancinglive.com

Strictly Come Dancing Live Arena Tour kicks off next month with a host of dazzling performances from celebs and professional dancers from the BBC One TV series, including 2021 champions Rose Ayling-Ellis and Giovanni Pernice.







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