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WINTER 2024

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IMAGE: JASPER DOEST

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# Calendar

## FEBRUARY 8

### THE TALLIS SCHOLARS

Take an emotional journey from darkness into light alongside the Tallis Scholars. The first half of the programme features solemn songs of lament inspired by Lent. The second half celebrates the triumph of Easter with songs of worship including *O bone Jesu*, *Ave Maria* and *Regina Caeli*.

5 Sloane Terrace



# Events

JANUARY & FEBRUARY

# *diary*

## JANUARY 25

### DEAR ENGLAND AT EVERYMAN CHELSEA

Visit the Everyman cinema to see *Dear England* as part of the National Theatre Live series. Joseph Fiennes plays Gareth Southgate, the England manager tasked with confronting our years of hurt and forging a new identity for the national team.

279 King's Road







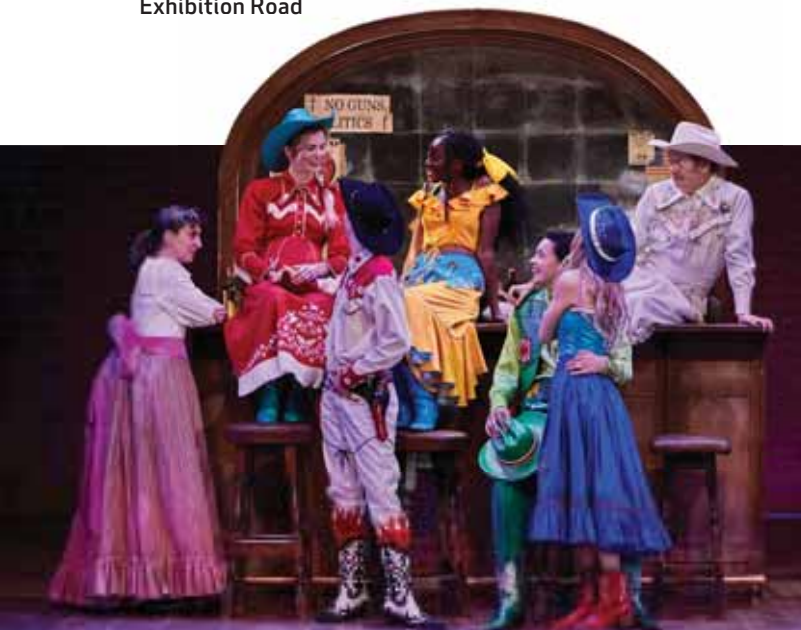
IMAGE: SHASHWAT HARISH

**JANUARY 14, 18 AND 26**  
**WILDLIFE PHOTOGRAPHER OF THE YEAR GUIDED TOUR**  
Take an in-depth guided tour through the Natural History Museum's Wildlife Photographer of the Year exhibition. Your expert guide will give you an insight into the poignant stories behind this year's winning photos, as well as answering questions about the judging process and the impact of the competition on conservation efforts around the world.  
**Cromwell Road**

**ONGOING**  
**ANTARCTICA 3D**

Enjoy an epic documentary at the Science Museum's immersive Imax cinema. Presented by Benedict Cumberbatch, *Antarctica* uses underwater filming techniques to take you below the sea ice and reveal the alien world of the sea floor, introducing you to deadly jellyfish, playful seals and colonies of penguins.

**Exhibition Road**



**JANUARY 11 - FEBRUARY 10**  
**COWBOYS**

A handsome bandit, bounty hunters and a drunken sheriff... this queer western at the Royal Court explores a gender revolution in a sleepy town in the Wild West. There is an audio described show on January 27, a captioned show on January 30 and a chilled show on February 2.

**Sloane Square**



IMAGE: LARS BORGES

## JANUARY 17

### MILOŠ

Guitarist Miloš Karadaglić returns to Cadogan Hall alongside the award-winning performance ensemble Arcangelo, conducted by Jonathan Cohen. Expect a celebration of baroque music, including pieces by Handel, Purcell, Vivaldi and Bach.

**5 Sloane Terrace**



## JANUARY 18

### SCOTTISH CÈILIDH

Visit the National Army Museum for an after-hours cèilidh event ahead of Burns night. Accompanied by a live Scottish country dance band and led by expert cèilidh caller and instructor Simon Wales, the evening is open to all ages and abilities. The event will feature country dances such as *The Dashing White Sergeant* and *The Reel of the 51st*, which make reference to the longstanding relationship between Scotland and the British army. The museum's cafe will be serving food and drinks until 10pm.

**Royal Hospital Road**

## JANUARY 10-31

### ADULT MAKING CLASSES

Attend these weekly classes at the Fashion School to discover how to make, mend, recycle and pattern cut. You're encouraged to bring along a project of your own to work on with the help of the Fashion School experts, whether that's a piece of clothing you'd like to alter or a design you'd like to create from scratch. You can choose daytime (1.30-3pm) or evening (6.45-8.15pm) sessions.

**6 Burnshall Street**



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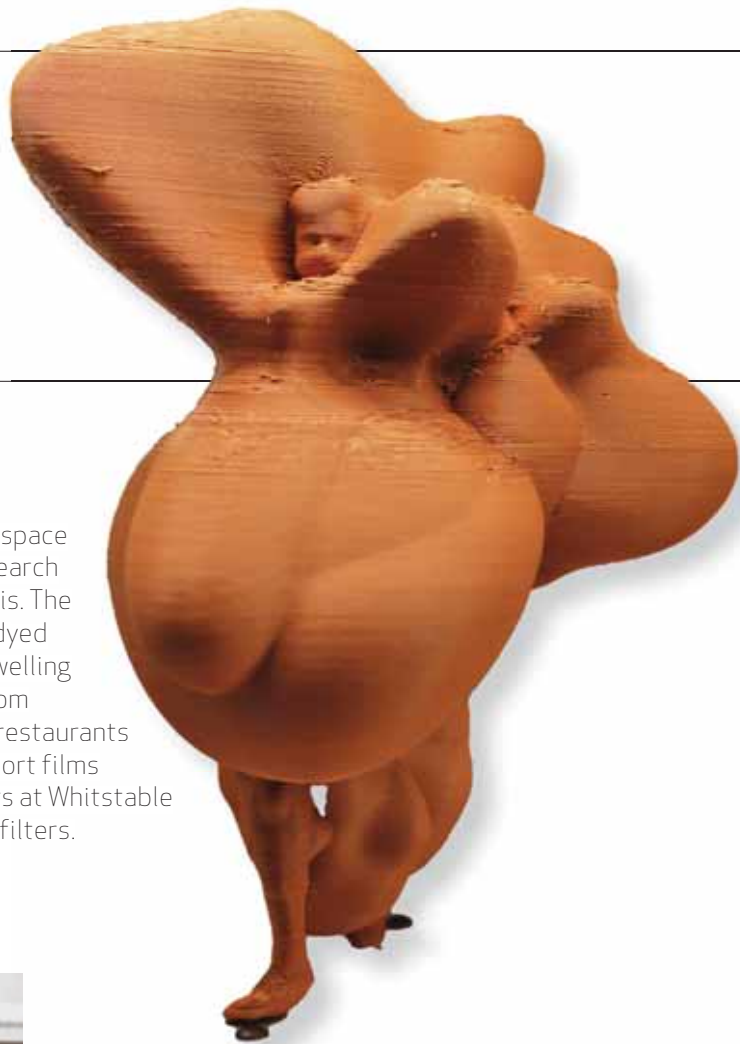
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## ONGOING

### FUTURE OBSERVATORY

The Design Museum has unveiled a new exhibition space dedicated to ongoing research on the environmental crisis. The display includes a jacket dyed with pigment from soil-dwelling bacteria, a mural made from seashells collected from restaurants on the Isle of Skye, and short films showing the use of oysters at Whitstable beaches as natural water filters.

**Kensington High Street**



## JANUARY AND FEBRUARY

### CLIMATE TALKS

The Science Museum is holding a new series of climate talks addressing sustainability and the environment. On January 24, a panel of speakers will explore how climate change impacts food security. On February 15, the topic under discussion will be India's green transition, while on February 29, the journalist and broadcaster Samira Ahmed will chair a talk on how to solve the UK's power grid problem.

**Exhibition Road**

## UNTIL FEBRUARY 25

### GABRIELLE CHANEL: FASHION MANIFESTO

This is your last chance to visit the V&A's Chanel showcase, the first UK exhibition dedicated to the work of the iconic designer. You'll trace the evolution of Chanel's style, and the many ways in which it continues to influence the world of contemporary fashion.

**Cromwell Road**



# Simply The Best

## MULTI-AWARD WINNING DERMATOLOGY CLINIC COMING TO CHELSEA

For many years, Eudelo's Dermatology & Skin Wellbeing clinic in central London ([www.eudelo.com](http://www.eudelo.com)) has remained quietly located between MI6 and the new American embassy. Catering to a high-flying clientele including actors, supermodels, business CEOs, and a smattering of international royalty, the private clinic has long been considered to be among the world's leading clinics for dermatology and aesthetic medicine.

In fact, demand for Eudelo's innovative fusion of medical and aesthetic dermatology services is now such that the clinic has recently opened a new centre in the Brompton Cross area, at 86 Sloane Avenue. Their motto is, 'Changing Skin. Changing Lives', so whether your concern is a medical skin problem requiring treatment, or simply the desire to look your very best, the specialist team headed by dermatologist Dr Stefanie Williams can help you achieve healthy, beautiful skin.

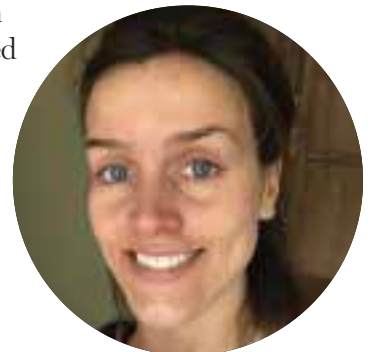
Dermatologist-led, Eudelo is one of the UK's very few fusion clinics, meaning it offers both medical and aesthetic dermatology services. According to Dr Stefanie, "Looking after your skin has been divided into two camps for too

long. Traditionally you would either see a dermatologist to treat any skin disease or see a range of less qualified beauty practitioners for cosmetic treatments. Our dermatology clinic not only looks after the full spectrum of skin diseases, but also offers innovative non-surgical cosmetic treatments, ensuring the best results and highest safety standards".

Eudelo's new centre in Chelsea continues this approach but adds a unique experience-led aspect. Visitors can receive facial scans, skin biology measurements, and tailored skincare regimes, to find out more about their skin and how to best look after it. You are also invited to look through a microscope to discover how different skin conditions look at a cellular level. But best of all, the clinic offers complimentary consultations where for one hour, you have the undivided attention of a specialist Patient Consultant who will examine your skin, talk through your concerns and goals, and create a bespoke, state-of-the-art treatment plan.



BEFORE



AFTER



eudelo

### READER OFFER

Call 020 7118 9500, quoting 'Sloane24', to receive a free copy of Dr Stefanie's 'bible' on how to look after your skin, together with a digital face scan and skin physiology assessment (worth over £495).



# News / January



THOUSANDS GATHERED TO ENJOY THE CHELSEA CHRISTMAS LIGHTS SWITCH-ON which took place on November 18. Organised by Cadogan, with the support of The King's Road Partnership, the festive celebration raised money for the Kensington + Chelsea Foundation's winter appeal.

The King's Road was part-pedestrianised, hosting a Christmas market and an afternoon of entertainment including mulled wine, festive fizz and even a sprinkling of "snow".

Visitors enjoyed entertainment from balloon makers, choirs, dancers and face painters, and even had the chance to meet Santa's reindeer. Finally, Santa himself took to the stage to switch on Chelsea's Christmas lights, with a little help from a special assistant: six-year-old local resident Kamsi. The entire extravaganza was topped off with a spectacular display of fireworks.



PAVILION ROAD has been named London's lifestyle street of the year at the London Lifestyle Awards 2023. It faced stiff competition from 38 other shortlisted streets, but ultimately beat the likes of Carnaby Street and Portobello Road to take top prize at the red carpet gala event.



IMAGE: OASTHOUSE ARCHIVE

PETER JONES IS OFFERING a complimentary home design service. The 60-minute in-store appointments are led by a British Academy of Interior Design-trained stylist, who will provide advice and inspiration tailored to your budget and needs. Your stylist will create visual guides including mood boards, floor plans and 3D imagery to help you picture your new space, and you'll leave with a personalised shopping list of recommended products.



**THE CADOGAN ARMS** at 298 King's Road has recently secured a full licence to host weddings and civil partnerships. The entire venue is available for exclusive hire for up to 150 guests, and there are also a range of dining rooms and bars that are available for use during pre- or post-wedding celebrations.

JEAN HARVEY, THE PHOTOGRAPHER known for her pictures of Quentin Crisp, has died aged 85. Born in Baltimore, she lived for 30 years in a flat near Old Brompton Road, and was a regular visitor at the Chelsea Arts Club. She developed a lifelong friendship with Crisp, a Chelsea eccentric and raconteur who was then living in a bedsit on Beaufort Street. She would continue to photograph him throughout his career – including after his move to New York. During her long and varied career, Harvey wrote romantic fiction, exhibited paintings and photographed a range of subjects including Ava Gardner, James Baldwin and Yul Brynner. She is survived by three children.





LORD CADOGAN AND HUGH SEABORN, CEO of Cadogan, recently paid a visit to the St Giles Trust – a charity that works with people experiencing disadvantages such as homelessness or a background of offending. For the past three years, Cadogan and the Kensington + Chelsea Foundation have funded a programme called SOS, which provides outreach support to young people at risk of criminal exploitation in the Kensington and Chelsea area.

During their visit, the duo received updates from SOS caseworkers on the vital support that they offer in schools, on the streets and in hospitals. Each caseworker provides intensive mentoring and support to young people to help them move away from criminal exploitation, serious youth violence and criminal activity. They also support young people to address the wider issues they may be facing and help them to find alternative pathways.

[stgilestrust.org.uk](http://stgilestrust.org.uk)



KENSINGTON AND CHELSEA COUNCIL has created 128 new parking spaces for rental e-bikes. The area now has one of the highest densities of rental e-bike parking spaces in London, encouraging residents to consider cycling short distances in order to cut carbon emissions and improve air quality in the borough. Cllr Cem Kemahli, lead member for planning, place and environment, said: "Rental e-bikes are really handy for people making short trips and are a great alternative to taking the car or the Tube."





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A STAR-STUDED Christmas carol concert at Holy Trinity Church in aid of Place2Be in partnership with Cadogan raised over £116,000 in December.

The record-breaking sum will help the charity to continue providing vital mental health support for children and young people locally and across the UK.

Well-known broadcasters Kate Thistleton and Yolanda Brown hosted the festive evening which featured performances by children's choirs, seasonal songs from BRIT-nominated soprano Laura Wright and internationally acclaimed singer Joe Stilgoe.

Sophie Dahl and Keeley Hawes were just two of several stars to give readings.

Lord Cadogan, Chairman of headline sponsor

Cadogan said: "We are proud to support the life-changing work Place2Be does both locally and in schools across the UK. The carol concert was the third of its kind sponsored by Cadogan,

and held at Holy Trinity Sloane Square – it means a great deal to us all that the event, held in the heart of Chelsea, impacts the lives of children and young people around the country."

*For further information please visit Place2Be*



SARRA PARDALI has joined Cadogan as its new Head of Sustainability to drive its pioneering Chelsea 2030 Stewardship Strategy to ensure the entire Cadogan portfolio achieves its Net-Zero target by the end of the decade.

Sarra has almost two decades' experience working on sustainability in the built environment and joins Cadogan after four years as Head of Infrastructure and Sustainability at the Girls'

Day School Trust, where she led on its decarbonisation programme.

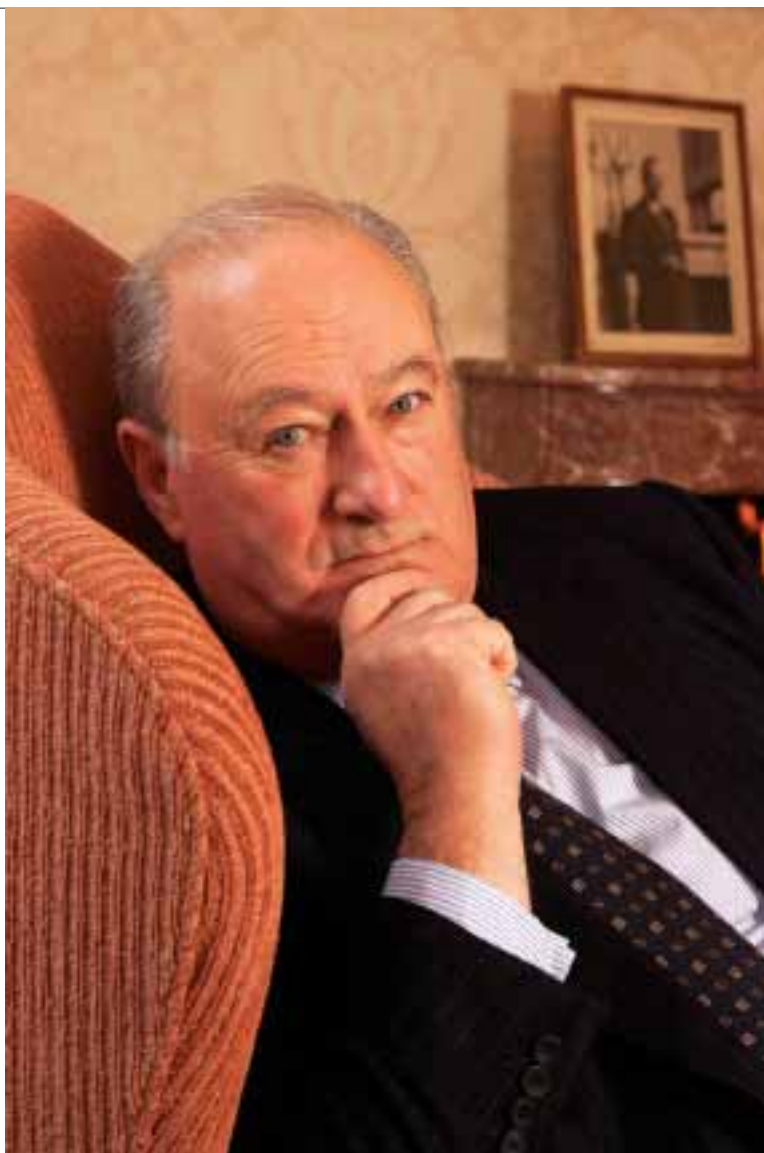
Cadogan has made strong progress since launching the initiative, already achieving 10 per cent carbon saving and the launch of a comprehensive £90 million decarbonisation programme to improve energy efficiency and a 12.3 per cent increase in Urban Greening Factor.

Hugh Seaborn, CEO, Cadogan, said: "Sarra will play a crucial role in driving positive change and contributing to the creation of a flourishing local community and more sustainable city."

ST LUKE'S CHURCH, the regular place of worship of the eighth Earl Cadogan KBE DL, fittingly hosted an uplifting Memorial Service for his life in November.

Family and other significant figures from the Earl's life joined representatives from the local community, the world of horse racing and the many charities that benefited from his support.

Local MP Greg Hands said on X: "Almost the whole of Chelsea has turned out today for the memorial service of Charles Cadogan, the 8th Earl. In the words of one of the tributes, 'His vision for Chelsea was for it to be the best place to live in London.' Who could argue he didn't succeed?"



PARTRIDGES HAS SECURED a £1,000 special grant for Kensington & Chelsea Food bank from the Royal Warrant Holders Association Charity Fund. The grant is being match funded by Partridges to raise £2,000, which will be used to buy food and resources for the local community.

GREG HANDS, MP for Chelsea and Fulham, has recently been appointed Minister for London. In his new role, Hands will be responsible for policy relating to London. He said: "The government will continue to deliver for London and I will also scrutinise Mayor Khan very closely."



# Poliform



IN JANUARY, London typically sees more rainy days than dry ones, and average temperatures hover around five degrees (Celsius): temperate weather, one might say. Yet the human body strives to keep a constant temperature of 37 degrees, and for rough sleepers, the survival test at this time of year is relentless.

“Non-Freezing Cold Injury—as distinct from hypothermia—can have severe effects, yet tellingly the condition is poorly understood,” says Professor Michael Tipton, a four-decade specialist in environmental physiology and thermoregulation. “Injuries, typically afflicting hands and feet, include neuropathic pain and cold sensitivity, and can be lifelong. In severe cases, the injured extremity must be amputated. We know that these injuries are associated with fatigue, immobility, malnutrition and dehydration, and that they are more common with wet footwear.”

Small wonder that life expectancy among rough sleepers is so low: 44 years for men (versus a national average of 79), and just 42 for women, against an average of 83—approximately half. The picture in this part of the Royal Borough is distorted by joint-highest life expectancy in the country, linked to commensurately high housing costs, and there is no easy way to secure a sufficient amount of affordable rented accommodation in Chelsea.

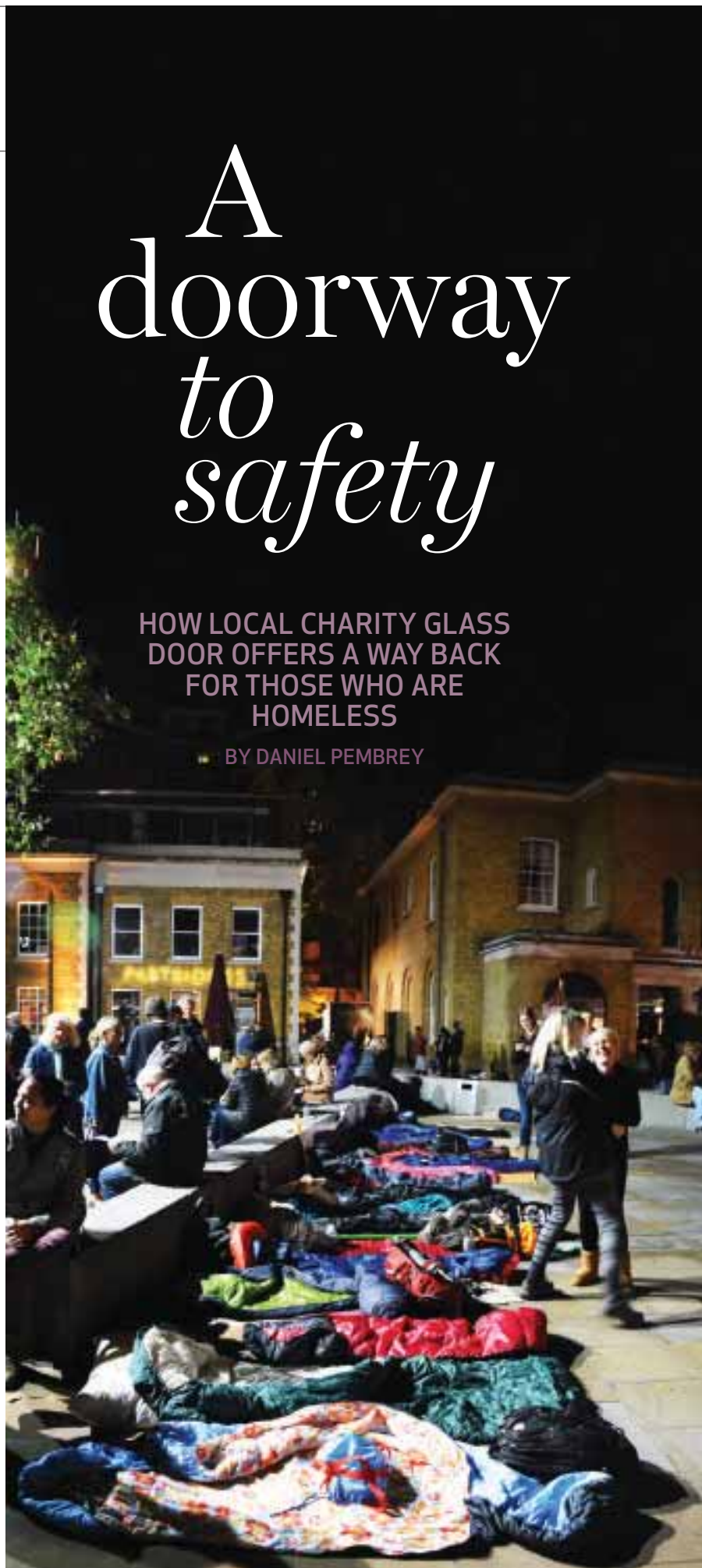
Yet one entranceway on the King’s Road, at 155A (opposite The Gaumont cinema), offers a shining example of hope: the glass door of the Chelsea Methodist Church, from which the homeless service that started here in 1998 got its name. Via a network of partner churches, the Glass Door Homeless Charity (hereinafter Glass Door) has evolved into the UK’s largest provider of open-access emergency night shelters, offering safe places to sleep, hot meals and an otherwise-elusive support network. Trained Caseworkers provide one-to-one advice. Throughout the dark winter months, Glass Door operates emergency night shelters across west and southwest London, every night of the week.

One way in which Glass Door has

# A doorway to safety

HOW LOCAL CHARITY GLASS DOOR OFFERS A WAY BACK FOR THOSE WHO ARE HOMELESS

BY DANIEL PEMBREY



# People / Local heroes

brought visibility to its crucial work is via Homelessness Can Happen to Any Of Us, a new three-minute film narrated by Academy Award-winning actor Colin Firth. It tells the stories of some of those individuals who find themselves homeless, reminding us that beyond the statistics and commentaries lie very human realities, and relatable ones at that.

Firth's own journey with the homeless cause is decades old. Playing Mark (not Darcy) in the 2006 film *Born Equal*, he inhabited the character of a City banker who initially refused to give money to a beggar in an Underground station, but, guilt-ridden, went on to volunteer as an outreach worker. Firth said at the time that if it "gets under your skin, it will feel a little bit different the next time you go down an underpass and walk past a homeless person."

These themes were reprised in CJ Heck's *Homeless Man*, the poem Firth read out at the 2020 Glass Door Sleep Out fundraising event in Duke of York Square. The event occurred during the COVID pandemic, which saw rough sleepers initially drawn off the streets into government-funded emergency accommodation, only to be returned to the most precarious conditions of all as COVID outlived such support programmes.

"Homeless man I watched you line a deserted doorway," goes Firth's precise, restrained recitation of Heck's poem. "Your Maytag boxes cardboard monuments in Fed Ex labels and signs pointing 'This Side Up!'" The poem ends chillingly, "But for the grace of God go I."

"It can happen quickly; far more easily than you'd think," says Gemma Thapermall, a Glass Door Senior Caseworker. "If you lose your job and are in private rented accommodation, and if you only have a license agreement rather than a tenancy, the protections you have are far less. Within 48 hours, you can be asked to leave if you haven't paid your rent. If you don't have friends you can sofa surf with,

"IF YOU  
DON'T HAVE  
FRIENDS YOU  
CAN SOFA  
SURF WITH,  
EVENTUALLY  
YOU'RE  
CALLING US."



*To make a donation, please visit [glassdoor.org.uk/donate](https://glassdoor.org.uk/donate), and help the shining sense of hope at 155A King's Road (and around London) stay bright.*

IMAGES SHOW GLASS DOOR SLEEP OUTS: MOTIVATED SOULS RAISING MONEY AND AWARENESS FOR THE CAUSE. INSET: ACTOR AND PRODUCER COLIN FIRTH

eventually you're calling us [Glass Door]."

Of those who succumb to rough sleeping, fully 80 per cent wrestle with mental health problems. "Take filling out a form," says Doctor Rachel Blundell, a clinical psychologist working with homeless charities. "For many people who have had poor experiences of services previously, they will have filled out countless forms before with no meaningful result. Distilling some of the most sensitive and difficult parts of your life can also be re-traumatising." Relationship problems, lack of support networks and a vivid sense of shame over the perceived stigma of homelessness can all play in. "For many people, trust in services can be so low that even walking through the door is a huge step."

Every contribution to Glass Door helps provide the services required, from emergency shelters offering warm meals and safe sleeping spots to year-round casework that lets individuals secure permanent ways out of homelessness.

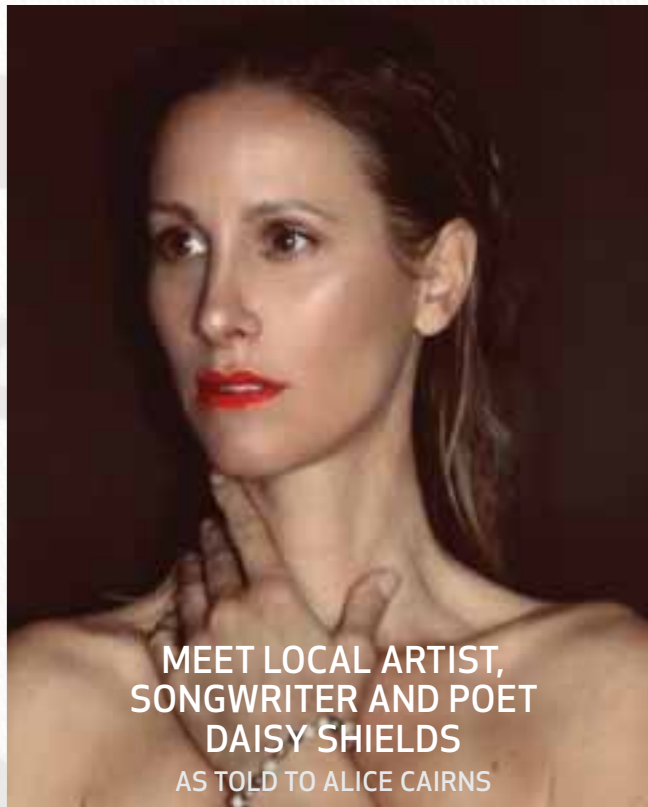
The sum of £234 will fund a 'move-on' package with support sessions and a deposit top-up, which can lead a person to stable accommodation. Meanwhile, £105 can let 10 new 'guests' have advice sessions with a Caseworker at one of Glass Door's partner day centres, and £34 will provide someone with safe shelter for a night, including an evening meal and breakfast.

*To watch Glass Door's new film narrated by Colin Firth, visit [glassdoor.org.uk](https://glassdoor.org.uk)*



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# Chapter AND VERSE



MEET LOCAL ARTIST,  
SONGWRITER AND POET  
DAISY SHIELDS  
AS TOLD TO ALICE CAIRNS

“I DON’T SEE POETRY AS SOMETHING I sit down and work at” says local artist, poet and songwriter Daisy Shields, as we tour her pop-up exhibition space on the King’s Road.

“It’s more like I catch my poems out of the air. I always think of Rimbaud describing poets as the thief of fire. That’s really how it feels!”

Daisy is one of those rare people whose creativity is truly irrepressible. Not only has she recently staged an exhibition of artwork, but she’s also part of a song-writing trio (with painter Luke Hannam and her husband, drummer Johnny De’ath) who have recently created an EP with critically acclaimed post-punk pioneers Gramme.

Her most recent project saw her collaborate with Fine Cell Work, a charity which works with over 500 prisoners in 32 British prisons to provide high-quality needlework skills. Daisy wrote a series of poems inspired by great lives, which were then hand-stitched by prisoners to create beautiful tapestries.

“I’m an obsessive reader of biographies, and I have my heroes” Daisy explains.

“I had the idea of creating portraits in poetry. After reading a biography, I’d find that the subjects began to come to me in poems, offering fragments and glimpses of lives: people such as Oscar Wilde, Ada Lovelace, Dylan Thomas and



# Local Hero / Daisy Shields

Philippe Petit. I wrote these poems down, and then I decided I wanted to make them tangible, to make them 3D.

“That’s when the idea of tapestries came to me. By working with Fine Cell Work, I’m drawing a thread – a literal thread! – between the lives of those heroes whose lives we put on a pedestal, and prisoners in Category A men’s prisons. That can be seen as melancholy, but I hope it also contains a reaching towards something positive – the sense that even in the darkness of prison, there is still room for hope.”

Daisy’s tapestries are designed to be beautiful objects, carefully constructed and lined with deep red fabric. But they also showcase mistakes – spelling errors in Daisy’s original text have been carefully preserved, as have typex marks. Some of the tapestries have even been deliberately lined backwards, to expose the stitching.

“I think that’s how life feels sometimes – an imperfect scramble!” Daisy says.

“I like how when you look at the back of the tapestry, the threads create a sort of spider’s web. It reveals the intricate craft that has gone into the creation of this object. And I deliberately preserved spelling mistakes because I like the idea of being candid about the process of creation. There’s a certain watering down of ideas that comes from deleting, curating and checking until you have something that’s technically perfect. A lot of people in my family suffer from dyslexia, and I have a very unusual form of it, which means that things can get scrambled in my brain sometimes. I like that these tapestries reflect that honestly.”

Daisy writes all her poetry on an antique typewriter which was passed down in her family.

“It’s a 1910 Corona typewriter which originally

belonged to my great grandfather, Douglas. He was a surgeon, and he took it into the trenches with him to write up his medical reports on. It’s kept going and going, until it made its way to me.”

Daisy is inspired by the look of old typewriter font, and has created a series of prints made from solarized magnifications of poems written on

her great grandfather’s typewriter. She’s been selling her prints to local businesses as part of a community project to give back to those in need.

“An array of shops along the King’s Road have been buying my prints to prettify their walls and elevate their space with poetry” she explains.

“I had a community idea to invite some cool local brands and coffee spots to collectively support local art, and I deliver a lunch feast to the local homeless shelter for every print sold. It’s a small grassroots way to help us all connect, which is at the heart of all the work I write, but people are surprisingly receptive

and it’s lovely to see retailers from Blank Coffee to Penhaligons and Rixo so keen to share a love of art and build community.”

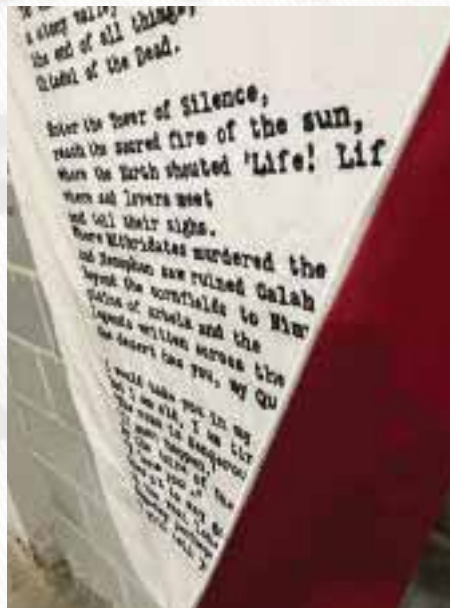
Chelsea is important to Daisy, who lives with her family in a beautifully renovated 1930s apartment building.

“It’s a very special place” she says.

“So many artists and creatives have lived here – I love just walking up Tite Street, for example, and thinking about people like Oscar Wilde living their lives here. The architecture of the streets is very inspiring. Chelsea feeds my creativity every day.”

You can follow Daisy’s work at

@poetrybehindbars, @mystraywords and @picassocantswim



*“I THINK THAT’S HOW LIFE  
FEELS SOMETIMES – AN  
IMPERFECT SCRAMBLE!”*

# Books / Chelsea Rare Books

## Tell me about Chelsea Rare Books?

My husband Leo and I bought it in 1972 with no previous experience of running a bookshop. During our 30 years there we became a part of the King's Road community. At that time, the King's Road was full of mods and punks and rockers. It was noisy, young and fashionable.

## What were your customers like?

We had everyone from dustmen to royalty. We'd see Vivienne Westwood, pop stars and all sorts of people from the world of fashion. It was the King's Road after all. Charlie Watts from the Rolling Stones was



# Turn up for the books

PHILIPPA BERNARD HAS PUBLISHED A BOOKSHOP IN CHELSEA, A MEMOIR ABOUT HER TIME AS OWNER OF CHELSEA RARE BOOKS ON THE KING'S ROAD

WORDS: ALICE CAIRNS

a regular customer: a lovely, very intelligent man with a cockney accent. Once he bought a £750 book as a birthday present for Mick Jagger.

We also had a visit from Imelda Marcos, then first lady of the Philippines, who went downstairs to where we kept our art books and said, "I'll buy everything". The next day, four big cars with boxes and burly men came along to collect it all.

## Any favourite memories of the King's Road?

There was a shoemaker a few doors down from us called Terry de Havilland. The day he opened his shop, he employed streakers to run up and down the King's Road! I'm not sure if that sold a lot of shoes, but it certainly made people curious.



## Did you enjoy running Chelsea Rare Books?

It was a very happy time. We had the most lovely sales assistants who were known as Leo's girls, and they were like family – I'm still in touch with many of them now. We had a cocker spaniel called Tess, after *Tess of the d'Urbervilles*, and there was

always coffee on the go – or wine on Saturdays. People used to say the shop smelled of strong coffee and old leather, which I thought was the best scent in the world. On Sunday nights, my husband and I used to sit at home longing to get back to work.

*A Bookshop in Chelsea by Philippa Bernard is available from John Sandoe Books, 10 Blacklands Terrace*

*The Chelsea*  
Townhouse

CHELSEA'S MOST CHARMING NEW ADDITION  
[thechelseatownhouse.com](http://thechelseatownhouse.com)

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SET ON THE CORNER OF AN unassuming residential street south of the King's Road, a buzzer-protected doorway leads into a shabby subterranean space, decorated with black and white photographs and murals of jazz and soul legends. Mismatched wooden tables and chairs fill the space; a diminutive stage complete with piano and drum kit spreads across one length of the room. Walking into this storied venue feels like entering into another era – one where smoke languidly ascended to the ceilings until the early hours.

The club (originally located at 606 King's Road) was one of a number of after-hours spots in Chelsea during the 1960s and 70s. "There were clubs right up and down the King's Road, and they were all open until three or four in the morning – all within a few doors of us," says Steve Rubie, the proprietor of the 606 Club.

Before he came to run the club himself, Steve was a punter – a 16-year-old school student and aspiring musician. "I played loads of different instruments, but I settled on the flute; I started sitting in on sessions and people started offering me gigs. It was after one of those gigs that a friend suggested we visit the 606. That must have been 1969 or 1970. It was like nothing I'd ever seen."

Steve recalls stumbling upon a bohemian scene filled with colourful characters. "I learned about life very quickly. There was a guy called Larry, he was American and was like a poor man's Liberace. He was very witty – he was a singer and pianist, and he was completely outrageous. He used to wear these big fur coats and he married a much older woman who was related to the Dutch royal family. One of his favourite things to say was: 'Only 14 more people need to die and I'll be the next queen of the Netherlands.'

"Then there was a wonderful man called Keith. Out of the gents came this guy dressed in full drag with stockings and high heels. He was a fantastic piano player and a real down to earth Yorkshireman who had been an infantryman during the war. We became very close."

An eye-opening experience for a young jazz lover, certainly; but within a few short years, Steve found himself going from cooking in the club's kitchen as a side hustle while studying flute at Trinity College of Music, to running the show. "The owner Steve Cartwright came to me one day in 1976 and said: 'I'm moving to France next week and the sale of the club has fallen through – do you want to take it



# Precious RUBIE

CHELSEA'S 606 CLUB IS ONE OF LONDON'S MOST LEGENDARY MUSIC VENUES. OWNER STEVE RUBIE TELLS US MORE ABOUT THE SUBTERRANEAN SPACE AND HOW HE CAME TO RUN IT

WORDS: REYHAAN DAY

STEVE RUBIE © ROBBBLACKHAM

# Music / 606 Club



DEREK NASH © TATIANA GORLOVSKY

over?’ I told him ‘no chance’ – yet here we are.

“I didn’t have any money, but he was desperate; he told me I could pay the alimony he owed his wife for the next five years. And that’s what I did.”

It was a baptism of fire for the young Steve. “We didn’t have a licence – we never thought about it, we just used to serve wine in teapots and get on with it. It was tiny – we had about six or seven tables. There was an open fire, which kept the place warm in winter – and into which the musicians would occasionally fall. It was all a bit fraught.”

By 1987, the club had become so

Sunday lunches, it gets a bit boring if you’re putting on the same style of music every night. That being said, we employ more jazz musicians than any other venue in the country. The standard of music in the UK is extremely high.”

The club has been a breeding ground for some of the UK’s most celebrated artists, particularly in the world of jazz. A young Jamie Cullum tried successfully to get Steve’s attention, thereby kicking off a career that is still going strong.

“He used to chase me round the club with his demo CD,” Steve recalls. “I listened to it and he was clearly very talented, so I gave him what turned out to be one of his first London gigs. He must have been 20, or perhaps younger. He even got his record deal here.”

Reflecting on the club’s location, Steve says



TONY KOFI © TATIANA GORLOVSKY



LIANE CARROLL  
JAMIE CULLUM © KMERON



popular that it was struggling to keep up with demand. “We were still at 30 covers and turning so many people away, which was really stressful. We worked hard and we built it to the point where the King’s Road site wasn’t feasible any more – plus the building itself was old and falling down.”

Steve moved the club to Lots Road in 1988. “It had been rehearsal rooms and a recording studio but was derelict at the time,” he says of the new space. “There was water running down the walls. There was an old piano with a dead cat in it. But we made it work.”

Though the 606 Club has primarily been regarded as a jazz venue, Steve has expanded its offering to spotlight a variety of genres. “It doesn’t have to be jazz – I’m looking for musicians that are achieving certain levels of performance,” he says.

“As we’re open seven nights a week and on

*“OUTSIDE OF  
CHELSEA, IT WAS  
PRETTY HARD  
TO FIND PLACES  
THAT WERE  
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ACCEPTING IN  
THE WAY THAT IT  
WAS HERE”*

Chelsea has been a key part of 606’s legacy. “I’m not sure we would have survived in too many places other than the West End or on the King’s Road in the 60s or 70s. Outside of Chelsea, it was pretty hard to find places that were bohemian and accepting in the way that it was here.”

It’s not all about past glories, however – the club continues to welcome up-and-coming players to grace the historic stage. “We’ve just done London Jazz Festival and we were really, really busy. It was great – a lot of younger people too.”

Steve admits that the landscape for live music is constantly changing and challenging, but running a jazz club has never been easy. “Like my good friend Ronnie Scott used to say: ‘How do you end up with a million pounds running a jazz club? You start with two million.’”

# Culture / Cadogan Hall

BELOVED CONCERT VENUE CADOGAN HALL is celebrating its 20th anniversary this year. It's a must-visit venue for music lovers, with a diverse programme featuring everything from jazz to folk, and the Royal Philharmonic orchestra which regularly rehearses and performs in its 950-capacity auditorium.

"We're so excited about our anniversary that we'll be celebrating it throughout 2024," says Managing Director Adam McGinlay, over coffee in the Cadogan Hall bar.

"Our resident orchestra, the Royal Philharmonic, will be marking their 20th anniversary with us, and so we'll also be celebrating our ongoing connection with them. We're looking forward to welcoming back some very significant soloists who began their career with us 20 years ago as young, up-and-coming members of the orchestra, and who have now hit the stratosphere."

Cadogan Hall wasn't always a concert venue. When it first opened in 1907 it was a Christian Science church, and remained a place of worship until the reduced congregation moved elsewhere in 1996.

"Then Mohammed Al-Fayed took ownership of the building, and he had some grand plans including flattening of the roof to park helicopters!" says Adam.

"When that didn't work out, Cadogan purchased the Hall and set about safeguarding it for the future." Hugh Seaborn, CEO of Cadogan, concurs: "Aside from protecting such a special building, we intended to create something for the community that would celebrate and strengthen Chelsea's artistic and musical heritage" he says.

After extensive conversion work to improve the lighting and acoustics of the auditorium, Cadogan Hall opened its doors as a concert venue in 2004. The church organ had been carefully dismantled and stored, while the magnificent stained-glass windows had been restored by specialists to honour the building's history.

"We haven't forgotten that this building was a church" Adam explains.



CELEBRATING TWO DECADES  
OF CADOGAN HALL  
WORDS: ALICE CAIRNS



"That's something we thought about a lot while planning our anniversary programme. In our choral series, we present music from the early Renaissance period, before concert halls existed. The music of Tallis, Fagiolini and Monteverdi would have been performed in churches, and so to be able to present that music in a building that has a church acoustic provides some wonderful context and narrative. That's

# Cadogan Hall TURNS TWENTY



*"OUR NEXT ASPIRATION IS TO BE ABLE TO STAGE A CONCERT EVERY SINGLE NIGHT, TO ENSURE THAT WE NEVER GO DARK!"*

ADAM MCGINLAY

"We had Linda Evangelista in the other day marking the launch of her new book, as well as Welsh cyclist Geraint Thomas, and we've collaborated with a company called Intelligence Squared to host debates. We've recently had Gordon Brown in for a debate, and we've had Rory Stewart and Mary Beard here to discuss politics and power. Podcasts are huge nowadays, they're the new "in conversation with..."

and we're hoping to hold even more podcast recordings here in our anniversary year. We love the variety of events we host here, and the diversity of performers who appear on our stage, and that's absolutely something that we'll continue to develop."



something we'll be expanding on in our anniversary year."

Asked to account for Cadogan Hall's success, Adam is quick to credit Chelsea.

"This is a unique location" he says. "We are indebted to Cadogan, and to Chelsea as a whole, for creating such a nice area for us to operate in. As a result of that, I think Cadogan Hall has become something of an aspirational venue to perform in, which allows us to stage some really unique events."

Adam is rightly proud of the diversity of Cadogan Hall's programme. Not only does the venue stage a hugely varied range of musical styles and performances; it also welcomes podcasters, celebrities, children's concerts, and debates.



All of which contributes to Adam's biggest ambition for the Hall in the years to come: to host events 365 days of the year.

"Our next aspiration is to be able to stage a concert every single night, to ensure that we never go dark. At the moment we're at about 76 per cent occupancy, but it wouldn't it be wonderful to have an event here every day? That's our direction at the moment – working towards that target, while making sure we can maintain the high quality of our events and also our relatively competitive ticket prices."

Watch this space...

*For more information on Cadogan Hall's 2024 anniversary programme, visit [cadoganhall.com](http://cadoganhall.com)*

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# Queen of the NILE



## SINGER-SONGWRITER AND CHELSEA RESIDENT RAWAA BARNES TELLS US ALL ABOUT HER NEW PROJECT: A MUSICAL ABOUT CLEOPATRA

WORDS: DAVID WIGG

SINCE HER EARLY CHILDHOOD, the award-winning singer-songwriter Rawaa Barnes has been fascinated by Cleopatra. So much so, that she has spent the last 10 years composing songs about the Egyptian queen's extraordinary life, which will now form part of a new West End musical titled *Cleopatra*.

As well as this impressive achievement, Rawaa has just had her first children's book published, *The Young Cleopatra and The Tellers of Time*. It's the first in a beautifully illustrated series that brings to life Egypt's greatest queen as a teenager facing a huge challenge.



Rawaa says: “Cleopatra was given a great responsibility by her father. And she faced it head on and that’s what makes her Egypt’s greatest queen. She was known for so many things: she was a diplomat, she was a queen and a mother. She was a leader, she was a lover, she was a seductress and she was even head of a navy. She could make her own medicines and makeup, potions and lotions. She spoke nine languages and she was the first in her family to learn the Egyptian language. She made the effort to learn the language of the people of Egypt. When you remember that she died at 39, she achieved so much.”

Rawaa’s book is an educational read for young people as it includes 50 facts about ancient Egypt. Mysteriously Cleopatra’s tomb has never been found, and there is currently an expedition exploring untouched areas of Egypt in the hope of finding where she was buried. Rawaa says: “I hope they find her and it coincides with all that is happening here with my musical and my children’s books about her. Wouldn’t that be great.”

Apart from the success of her songwriting, Rawaa is a multi-award-winning filmmaker. Her family moved from Baghdad to the UK in the 1970s and from a young age she was interested in writing stories and songs. In fact, possessing a fine voice herself, she first went into a recording studio at the age of 12, where she recorded some of her early songs.

These days, she lives in Chelsea with her Scottish-born husband, Nicholas Duffy, who works in finance. They married seven years ago at Dumfries House in Scotland, with a performance by their close friend, the West End theatre star and recording artist Darius Campbell Danesh. Darius had agreed to play Caesar in Rawaa’s musical but tragically he unexpectedly died in August 2022. Rawaa has dedicated her book to Darius, who often stayed at her Chelsea home. She says: “He so much wanted to play the role of Caesar and he would have made a great Caesar.”

She says that her husband loves Cleopatra too, and has been most supportive and helpful in offering ideas, having studied ancient history at St Andrew’s university.

After 10 years in preparation, composing all the songs and storylines, the casting process

will now take place as the musical moves into a London theatre workshop. What qualities is Rawaa looking for in casting her queen? “She should have *it*, just like Cleopatra had it,” she says.

“We intend to search for our Cleopatra nationally and internationally, if we need to. We’re looking for someone who can obviously act and sing and can really be Cleopatra. It’s a gift of a part for the right person.”

Is she at all nervous about putting on such a big show? “I’m so excited for everyone to hear my songs and for audiences to go through



**“CLEOPATRA WAS A  
DIPLOMAT, A QUEEN, A  
MOTHER, A LEADER, A LOVER,  
A SEDUCTRESS AND EVEN  
HEAD OF A NAVY. WHEN YOU  
REMEMBER THAT SHE DIED  
AT 39, SHE ACHIEVED SO  
MUCH”**

the story. To love the story and understand it. What I’m nervous about is showing ancient Egypt – the Nile, the Pyramids – on the stage using modern technology and how that’s going to work and come alive. It will be authentic, but with a surprise element that hasn’t been done in musical theatre.”

*The Young Cleopatra and The Tellers of Time, £9.99, is available via [theyoungcleopatra.com](http://theyoungcleopatra.com)*

# Culture / *The Chelsea Murders*



## What is it?

*The Chelsea Murders* is a 1978 crime novel by Lionel Davidson. Now largely forgotten, the novel was a critical and commercial success on publication and won Davidson the prestigious Crime Writers' Association Gold Dagger award. A television adaptation was later filmed on location in Chelsea in 1981.

## What's it about?

A series of gruesome and theatrical murders are terrorising Chelsea's bohemian set. A masked killer is selecting victims with the same initials as Chelsea's blue plaque celebrities, and taunting the police with eerie quotations from the area's 19th-century authors. An intrepid local reporter must attempt to catch the killer.



## Cultural artefact

### Why Chelsea?

In 1978 the glamour of the Swinging Sixties had dissipated, and Chelsea's arty bohemian set was now butting shoulders with high-end boutique owners and tourists. One of the main characters in the book is

Margaret Mooney, a local journalist whose publication has been forced out of the glamorous King's Road and obliged to take offices in Fulham due to climbing rents. *The Chelsea Murders* makes the most of the tension between wealth

and poverty, bohemians and businessmen, to paint a picture of an area in a time of transition.

### Where in Chelsea is it set?

The story ranges across Chelsea, from the glamour of Sloane Square and nearby Belgravia to the seedy bedsits of World's End and Lots Road. One of the novel's most memorable scenes is set in a fictional gay club called Shaft, probably inspired by the trailblazing LGBTQ+ nightlife of the King's Road.

### Where should I read it?

The novel is full of quotations from and allusions to Chelsea's literary history. Take your copy to the Chelsea Library in Chelsea Old Town Hall, where you can follow up on any references that catch your eye.

*If there's a cultural artefact you'd like us to explore, drop us an email at [alice@pubbiz.com](mailto:alice@pubbiz.com)*



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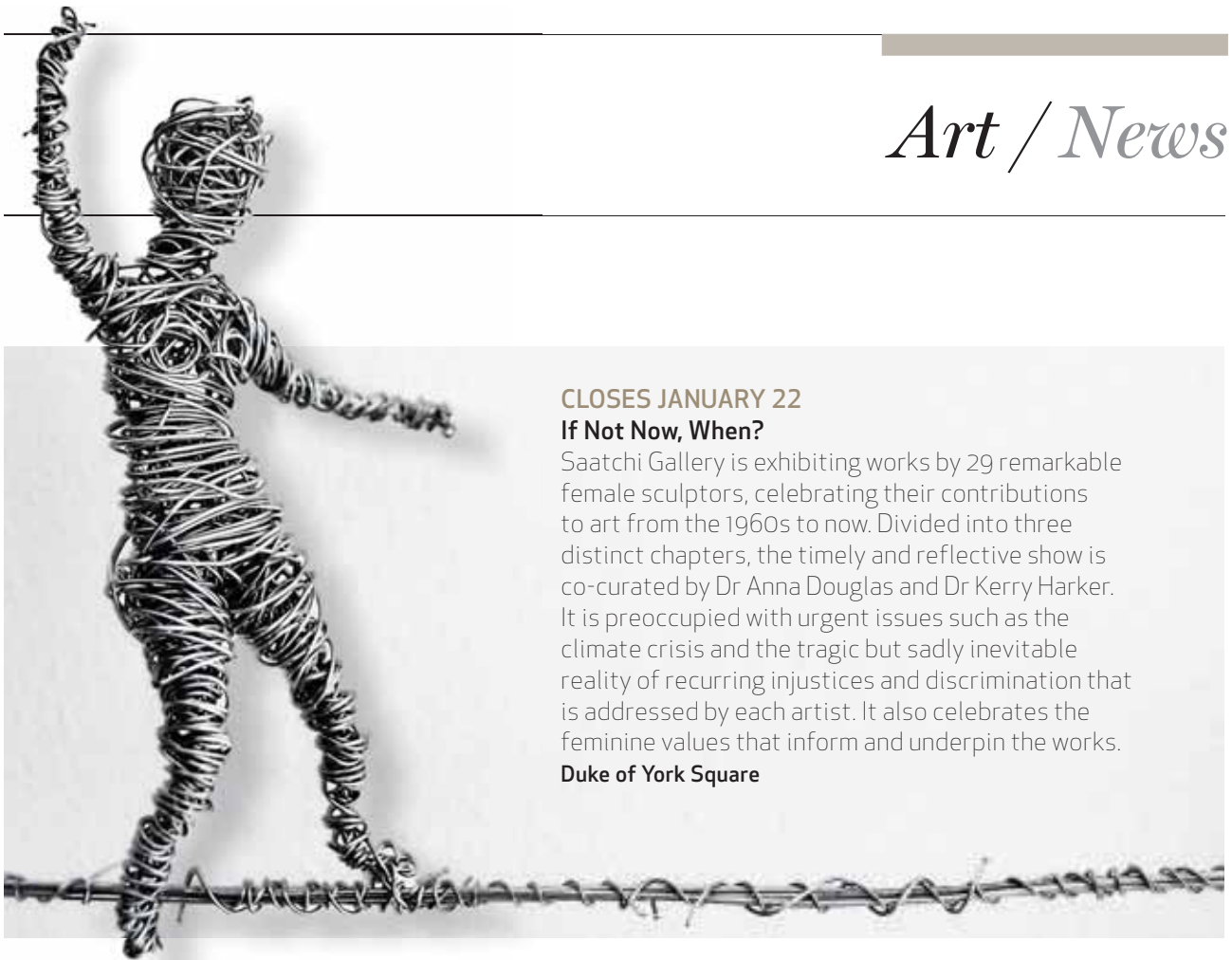
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## CLOSES JANUARY 22

### If Not Now, When?

Saatchi Gallery is exhibiting works by 29 remarkable female sculptors, celebrating their contributions to art from the 1960s to now. Divided into three distinct chapters, the timely and reflective show is co-curated by Dr Anna Douglas and Dr Kerry Harker. It is preoccupied with urgent issues such as the climate crisis and the tragic but sadly inevitable reality of recurring injustices and discrimination that is addressed by each artist. It also celebrates the feminine values that inform and underpin the works.

**Duke of York Square**

## JANUARY 20

### Sketching the Museum

Artist and educator Leo Crane is taking over the National Army Museum, helping guests to draw inspiration from objects in a guided drawing session. After an introduction, budding artists can select objects, details and spaces to create their own visual narrative. Sessions run from 10.30am-12pm and 1.30-3pm and cost £20.

**Royal Hospital Road**



## JANUARY 11 - FEBRUARY 1

### Axel Crieiger

Known for its enthralling exhibitions of American iconography, Box Galleries begins 2024 with a focus on Axel Crieiger. The American-German artist, photographer and designer fuses myriad elements to create a single resounding image, each one theatrical with hints of danger, rebellion and desire. While the narrative is ultimately false, the end result is luxurious and sophisticated.

**402 King's Road**

**JANUARY 24 – MARCH 1**

**Look We Here: Curating the Caribbean**

Delve into a formative period of British history by curating a collaborative display at the V&A. Featuring objects from the Caribbean or those purchased in the UK by Caribbean settlers, the course invites participants to think critically about a 75-year period of rich cultural exchange. Applicants are not required to have an arts background, but should demonstrate an interest in the Caribbean and its diaspora, history and culture. The course costs £120.

**Cromwell Road**



**FEBRUARY 14 – MARCH 9**

**Tom Mabon: landscapes of southern France and Italy**

Tom Mabon lives on the Black Isle in Scotland, and his paintings document the shifting seasons and wildlife he sees there. Now, his delicate, finely textured paintings of southern France and Italy are going on show at Jonathan Cooper. If his previous shows are anything to go by, these works, all new, will sell fast.

**20 Park Walk**

**FEBRUARY 1 – JUNE 2**

**Clockwork Treasures from China's Forbidden City**

Head to the Science Museum to discover the outward beauty and inner workings of centuries-old timepieces. The exhibition showcases 23 ornate clockwork automata known as zimingzhong, collected by China's emperors, and takes visitors on a journey through the 1700s to explore the technical expertise, creativity and global trade behind them. Pay what you can, £1 minimum per ticket (under-12s go free).

**Exhibition Road**



IMAGE: THE PALACE MUSEUM

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**Hill House students bring talent and colour to Chelsea and Westminster Hospital**

Art by talented young students has been exhibited at Chelsea and Westminster Hospital in an exhibition encompassing just over 50 works. Drawings and paintings by children from years three and four are located on the first floor, next to the hospital's children's outpatients ward and the hospital school. Observed from still life and drawing from nature en plein air, the children have developed technical drawing skills and created vibrant works inspired by past masters Paul Cézanne, Henri Matisse and Henri Rousseau.

Paintings from older Hill House pupils in transitus, senior school and lower sixth adorn a ground-floor corridor, showcasing colour-splashed works emulating the singular style of the late Russian painter Wassily Kandinsky and his intuitive responses to classical music. Meanwhile, senior school and lower sixth pupils have also been experimenting with pattern and symmetry, with their research of biomimicry and intricate studies of insects informing their work.

For upper sixth pupils the focus has been on observational drawing and exploring the sensitive, colour-rich works of the iconic American modernist Georgia O'Keeffe. Students have evolved from developing their observational

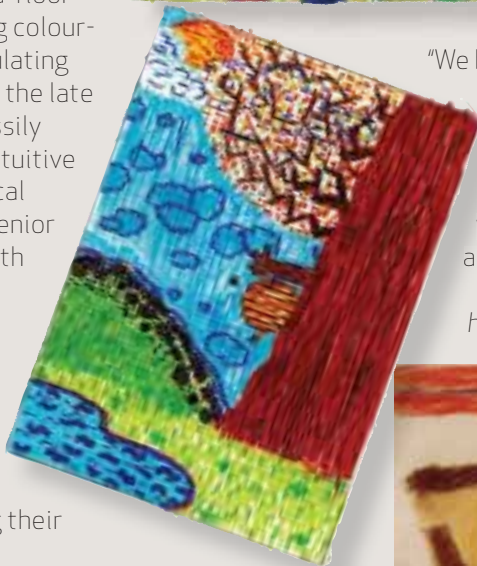
drawing skills to making abstract artworks and experimenting with painted materials made from natural ochre, gum arabic and egg yolk.

With many students born in the hospital and the school working valiantly to raise money for the St Nicholas Fund – which partners with the hospital's official charity, CW+, to provide funds for child-focused needs – Hill House and Chelsea and Westminster Hospital have a strong affiliation.

"It has been a pleasure to work in partnership at Chelsea and Westminster Hospital. The children have been excited to make new pieces of art, and share it with the patients, visitors and hospital staff," said Hill House art teacher Sarah Lawton.

"We believe in the value of arts for health and our pupils have worked hard to explore themes underpinned by the natural world, biomimicry and classical music. These may seem like broad topics but together they work to encourage our children to thrive and flourish."

The artworks will remain in place until July.  
[hillhouseschool.co.uk](http://hillhouseschool.co.uk)





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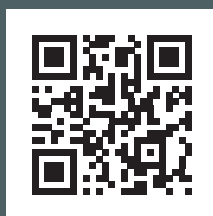


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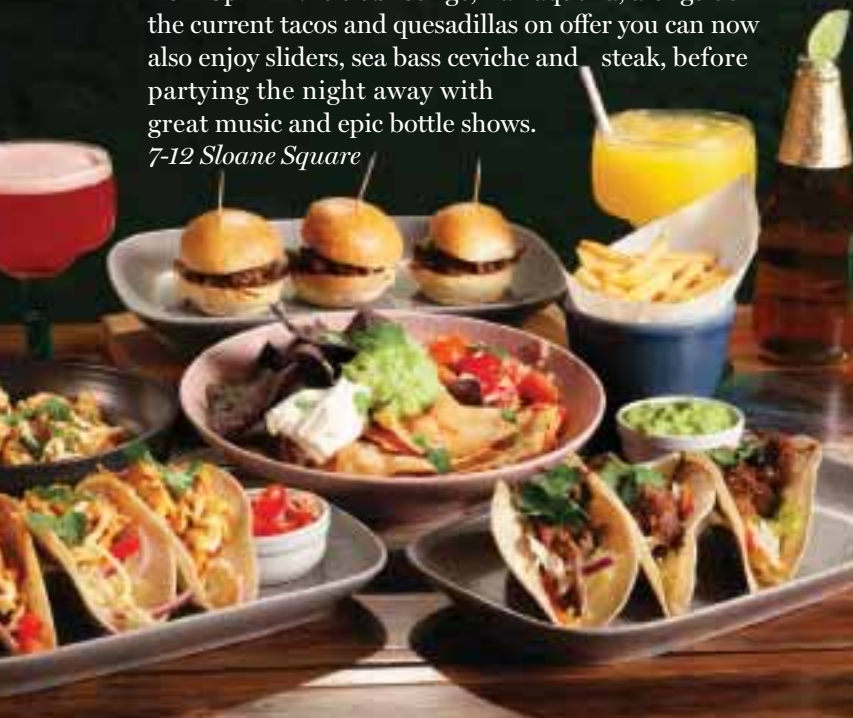


## Food / News

THE CADOGAN, A Belmond Hotel has a new afternoon tea by chef pâtissier Benoit Blin. Delicacies include salmon gravadlax croissant with quail egg, dill and cream cheese, Cornish lobster roll with caviar and desserts such as the salted butter caramel and buckwheat religieuse. Scones with clotted cream and jam, a cake trolley including Benoit's signature ultra lemon cake and more than 20 blends of tea also feature. From £75 per person.  
*75 Sloane Street*



TONTERIA HAS LAUNCHED a new food menu that offers the perfect pre-club bite to eat. Available from 8pm in the club lounge, La Taqueria, alongside the current tacos and quesadillas on offer you can now also enjoy sliders, sea bass ceviche and steak, before partying the night away with great music and epic bottle shows.  
*7-12 Sloane Square*



THE CHELSEA TOWNHOUSE is officially open at 26 Cadogan Gardens, and the luxurious hotel is the perfect spot for breakfast. Pop by for morning meetings, a catch-up with a friend or a solo date with the newspapers in the library or the relaxing dining salon. The latter overlooks the gardens and has a buffet table heaving with homemade nutty granola, artisan yoghurts, stewed compotes and pastries – do try the Chelsea bun to accompany whatever you pick from the à la carte menu.

LE DELI BY JOËL ROBUCHON INTERNATIONAL is open at 279 King's Road, with French-style breakfast, lunch and dinner to eat in or take away. Breakfast includes avocado omelette with caviar, while lunch is a mix of salads, sandwiches, quiches and hot plates. Try the savoury iteration of Le Deli's cube croissant and pick up foodie treats from the shelves.



OVER AT 165 SLOANE STREET, Sumosan Twiga has revamped its bar, restaurant and club. The new interiors reflect owner Flavio Briatore's love of Africa with their colours and motifs, alongside Japanese artwork, a new cocktail list and open kitchen counter. The restaurant's geometric Italian marble floor is epic.



THE NEW neighbourhood cafe you need in your life, Vanilla Bean is the spot for catching up with friends and family over breakfast, lunch or afternoon tea. The menu includes staples from a full English to buttermilk pancakes. For lunch you'll find dishes such as chicken fajitas and grilled salmon fillet, alongside drinks such as elderflower and cucumber lemonade and rose matcha latte. Kids are big fans of the freshly made banana bread.  
122 Dawes Road



YOUR NEW LOCAL IS HERE, courtesy of the Butcher's Tap and Grill by Tom Kerridge – a sister site to the chef's famed Marlow outpost. The 3,600 sq ft spot will be drinks-led – think lager, wine and more – alongside delicious hot dogs, burgers and a cold fridge that you can choose your meat cut from. The Sunday roast is not to be missed and it's dog-friendly, too.  
27 Tryon Street

CHELSEA LOST TWO SIGNIFICANT FIGURES of the restaurant scene at the end of 2023 with the loss of Polpo creator Russell Norman and self-taught Australian chef and restaurateur Bill Granger.

Russell Norman was the restaurateur with plate loads of charisma who back in 2009 made Venetian cicchetti (small sharing plates) wildly popular and accessible.

Despite his tragic demise at the age of 57 his vision can be seen to clearly influence much of London's casual dining scene and although Russell had moved on from Polpo the exciting vibe is very much in evidence still.



RUSSELL NORMAN



BILL GRANGER IMAGE BY PETRINA TINSLEY

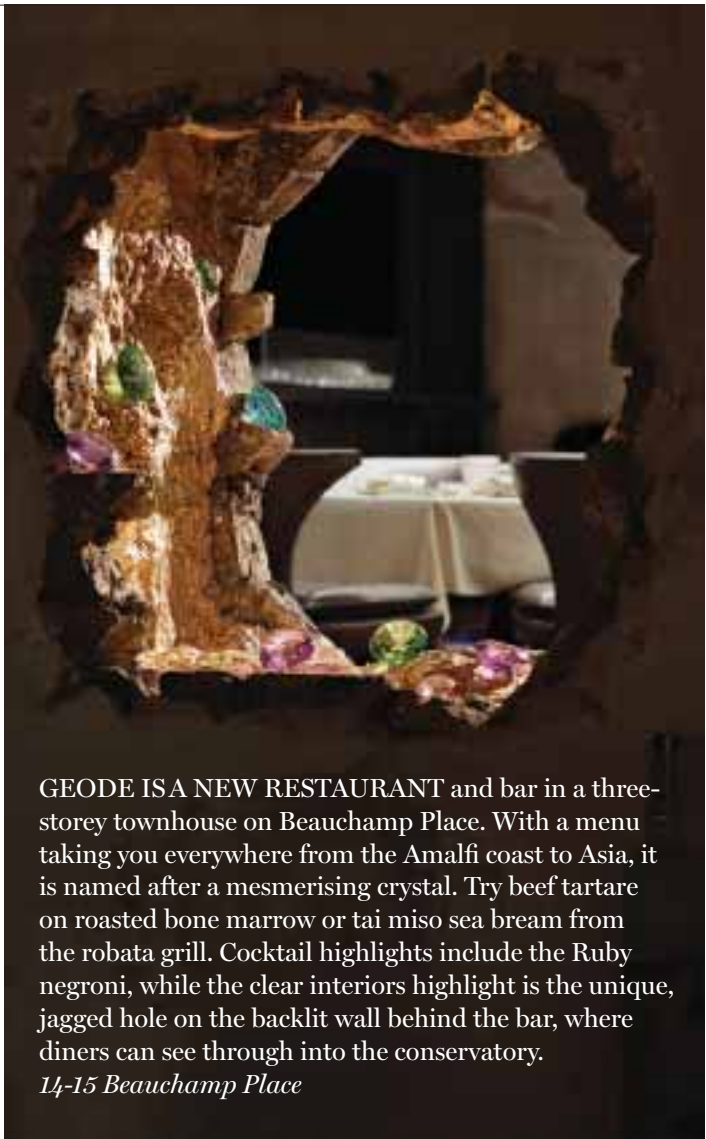
Bill Granger, who died on Christmas Day at the age of 54, was the chef who is credited with popularising avocado toast as a breakfast staple around the world.

Like Russell Norman, Bill changed the way we eat – modernising breakfast to become a treat rather than a trudge.

Starting his own restaurant in Sydney at the age of 24 which soon became a favourite of stars such as Leonardo di Caprio and Nicole Kidman the sunny atmosphere and vibrant recipes led to a small set of similar restaurants across the globe such as the hugely popular Granger & Co in Pavilion Road.

Perhaps his philosophy is encapsulated in this quote from an interview back in 2009 with food blogger Lorraine Elliott: “the joy factor of food is often overlooked, even in reviews. Food should be about joy, it’s the flowers of life.”

**LONDON-BASED COFFEE CHAIN**  
Blank Street Coffee is opening on the King's Road. An affordable, fun coffee option – from just £1.90 for a classic hot brewed coffee, with oat milk or ice added to your drink at no extra cost – it serves speciality Arabica coffee from Origin Coffee Roasters. Blank Street Coffee is partnered with Too Good To Go for its surplus food, and the menu isn't overwhelming.  
*67 King's Road*



**GEODE IS A NEW RESTAURANT** and bar in a three-storey townhouse on Beauchamp Place. With a menu taking you everywhere from the Amalfi coast to Asia, it is named after a mesmerising crystal. Try beef tartare on roasted bone marrow or tai miso sea bream from the robata grill. Cocktail highlights include the Ruby negroni, while the clear interiors highlight is the unique, jagged hole on the backlit wall behind the bar, where diners can see through into the conservatory.  
*14-15 Beauchamp Place*

**LUXURY SWISS**  
**CHOCOLATIER LÄDERACH**  
has opened on the King's Road. Its iconic FrischSchoggi (fresh chocolate) slabs and much-loved pralines are made bean-to-bar in-house in Switzerland, finished by hand and brought directly to its stores worldwide. The farms Läderach sources its cocoa from are supported in environmental protection, social justice and economic viability through close cooperation with local Rainforest Alliance organisations.  
*27 King's Road*



# Tapping in

TAKE A PUB, ADD AN ESTEEMED CHEF INTO THE MIX, AND YOU'VE GOT YOURSELF A LITTLE BIT OF MAGIC IN CHELSEA. TOM KERRIDGE TELLS US ABOUT HIS NEW VENTURE, THE BUTCHER'S TAP AND GRILL

WORDS: CHARLOTTE PASHA

## Why was now the right time to open in Chelsea?

I wasn't really looking to open another site to be honest, but when I walked into the building on Tryon Street, I knew I had to have it. It's beautiful and I could instantly see it as a Butcher's Tap and Grill. It reminded me of the feelings I had when we opened the Hand and Flowers in Marlow almost 20 years ago. I think when you know, you know, and you have to trust your gut instincts.

## What will the Butcher's Tap and Grill be like?

It is first and foremost a pub, so drink-led with lots of great ales and lagers and a carefully chosen wine list from Gavin, who does our wine at the Hand and Flowers. It'll be super casual; I want people to pop in for a drink and a pub snack, or to grab a burger and watch the football on the TV. In the evening you can come and just have a drink or enjoy a fabulous côte de





# Food / Tom Kerridge

boeuf from our meat fridge and have it cooked exactly how you like it. There will be around 100 covers across two floors and some bar stools to watch all the action in the kitchen. We will be open every day for lunch and dinner and as any good pub should, we will be serving a cracking roast every Sunday. Also, we will offer our burgers and hotdogs to take away as well, so if you don't fancy cooking, pop in and grab something on your way home.

## What makes a great pub?

I think it has to start with a warm and friendly welcome. A pub has to make you feel at home, make you want to stay and sink into a big comfy sofa. The menu should be full of things you want to try, some classics and then a couple of dishes that make you want to try them because they sound a bit more quirky and interesting.

## What is your favourite drink?

I don't drink any more and haven't for about 10 years, so now apart from a lot of coffee, I tend to stick to a Diet Coke or for something a bit more fancy, maybe a glass of Wild Idol.

## What is your favourite item on the menu?

It depends what mood I'm in. Sometimes I'll grab some of the bits and bobs like the sriracha chicken wings, mac and cheese bites and lamb fritter and snack on those, or I'll have the classic burger. If I feel like a steak then it has to be the rib-eye with chimichurri sauce.

## Where do you source your food and drink from?

I'm proud to have worked with my suppliers for nearly two decades now. We're using the same suppliers as we do for the Hand and Flowers [which has two Michelin stars] and the Coach [one Michelin star, also in Marlow], so I know the produce is the very best. We use HG Walter and Dovecote Farm, Blythburgh pork, Longland Farm duck and Suffolk Texel lamb.

## How would you describe the decor?

My wife Beth is an artist – a sculptor – and she has designed and dressed all of our pubs including this one. She's a natural. The look and feel of the Chelsea pub will take inspiration from Marlow, but there will be nods to Chelsea.

## Who will your clientele be?

Locals and more locals! I don't want the pub to be a destination pub, it's just going to serve great burgers and steaks and I want to see it filled with people that live around the corner. I want our staff to know the names of regulars and for it to feel like it's the local you always wanted near you. Of course I'm happy for people to come from far and wide but that's not who the pub is for.

## Where else do you like to go in Chelsea?

Chelsea is so vibrant and fun. Anna Haugh's Myrtle is a cracking place and the Five Fields is great. I can't forget my old friend Claude Bosi at Bibendum either – a stunning restaurant.

## Will you be working in the pub?

I will be popping into the Butcher's Tap and Grill all the time, like I do with all my pubs. I like to chat to the guests and listen to feedback. I have been known to throw on an apron and do a service, so you never know.

## What's next for Tom Kerridge?

For now it's all about focusing on the Butcher's Tap and Grill Chelsea, making sure it runs smoothly and operates as it should. This year will see the return of Pub in the Park as well and another cookbook. It's going to be busy busy, but that's exactly how I like it.

27 Tryon Street

*"I WILL BE POPPING IN ALL THE TIME, LIKE I DO WITH ALL MY PUBS. I LIKE TO CHAT TO THE GUESTS AND LISTEN TO FEEDBACK"*



# Fashion News

HEIDI KLEIN HAS LAUNCHED a new line of linen pyjamas, with a classic button-down shirt paired with trousers or shorts. Adding a touch of elegance to your evenings and mornings, the linen sets are available in white, pink and blue and have long-sleeve and short-sleeve options. The fabric is breathable, comfortable and ideal for relaxation and lounging, with an oversized fit. We love that they come with a beautiful linen packing bag, ideal for travelling.  
*257 Pavilion Road*



MEJURI IS NOW OPEN at 104 King's Road. Known for its sustainable, affordable yet luxurious jewellery, the chunky gold rings and earrings make a statement all on their own, while the pavé pieces add a perfect touch of sparkle on a dreary January day. Basically, you can't go wrong.

VARLEY'S WINTER COLLECTION and Alpine capsule are now in store, showcasing the luxe fabrics and elevated everyday pieces the brand is known for. The Alpine edit celebrates tonal dressing, combining fresh neutrals with rich, warming shades and winter whites. It's all about layering, matching sets and contrasting pops of colour, perfect for everyday life on the go.  
*110-112 King's Road*





DO MAKE TIME to wander in Paolita, which has a pop-up in Duke of York Square until later this year. The one-stop holiday shop has gorgeous matching swimwear and kaftans, fun earrings, sunglasses and more. It certainly has us dreaming of warmer climes.  
*20-23 Duke of York Square*

IF YOU HAVEN'T ALREADY, be sure to purchase your 2024 Smythson diary, to keep you organised all year round. The shades this year are epic and bright – we particularly like the watermelon and peony options. All are available in your choice of Smythson's three signature leathers – Panama, Ludlow and Mara – and can be personalised, too. The brand has also launched its first Evergreen refillable diary. With stationery this chic, there's no excuse for forgetfulness.  
*141-142 Sloane Street*



FOR WINTER WEDDINGS, look no further than Reformation's new wedding collection – for brides and for guests. Think moody florals, deep jewel tones and warm metallics. Modern brides will love the sleeved options, open backs and cut-out details.  
*11 King's Road*



## Fashion / News

ASPIGA HAS LAUNCHED a new eco-sequin collection.

Sequins are notoriously bad for the environment in their traditional form but Aspiga is a leader in British sustainable fashion - in 2022 it was awarded B-Corp certification, a serious accolade in sustainable practices. The blue sequin dress with a ruffled hem and sleeves is particularly pretty. 312-314 King's Road



BURBERRY HAS APPOINTED the Chinese actor Tang Wei as its global brand ambassador. "Having known Burberry for many years, it feels as though we've become old friends, with its influence woven deeply into my life," she said. "I'm truly grateful for this enduring companionship. I adore Burberry's distinct mastery of colour and lines, which exudes a sense of familiarity and novelty. It's a British charm that I've come to know and love, coupled with a timeless yet rebellious modern spirit. Fate brought us together. This friendship is like a rose, and I would love to see it blossom." Watch this space.

*1 Sloane Street*



FARM RIO has landed in Chelsea bringing its playful, colourful, vibrant styles from its native Brazil.

Using nature as its greatest inspiration, the brand adheres strongly to its sustainability principles which has seen it plant over a million trees in the past few years.

*86 King's Road*

# THEO FENNELL



[THEOFENNELL.COM](http://THEOFENNELL.COM)

CHELSEA BARRACKS, LONDON SW1W 8BG



London 199 Sloane Street  
Harrods, International Designer, First Floor

[ermannoscervino.com](http://ermannoscervino.com)



ERMANNNO SCERVINO

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# *Fashion / Fam at 10*

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DO YOU LOVE THE CITY BUT DREAM OF THE BEACH? Do you want to look put together but feel like you're wearing pyjamas? If so, Jam Industries could be the brand for you. Dreamt up by brothers Andrew and Mark Jordan, the family-run lifestyle brand has a shop at 147 King's Road. It specialises in versatile pieces that can travel effortlessly from the coast to the office, and beachy silhouettes made with luxe materials that are designed to last.

"Andrew and I always wanted to go into business together," Mark tells me over coffee in Duke of York Square. "We've been inseparable since day one: we went to the same school, then the same uni, and working together felt like the natural next step. We also had a nudge from our mum [Lynne, now head buyer at Jam] who told us to get on with it and take a risk. So we took our student loans, made a T-shirt, built a website, and the rest is history."

## A family affair

JAM INDUSTRIES, THE FAMILY-RUN LIFESTYLE AND CLOTHING BRAND, IS CELEBRATING ITS 10-YEAR ANNIVERSARY. WE CAUGHT UP WITH CO-FOUNDERS MARK AND ANDREW JORDAN

WORDS: ALICE CAIRNS





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*"WE JUST WANTED TO RIP UP THE RULEBOOK AND ACTUALLY DESIGN PRODUCTS THAT YOU CAN SELL TO EVERYONE. WE DON'T WANT TO EXCLUDE ANYONE AT ALL"*

Since those early days, Jam has weathered 10 tumultuous years on the British high street, opened seven shops and built up a loyal customer base. When I ask Andrew how he accounts for the brand's continued success, he attributes it to one thing: versatility. "That's where the whole idea for the brand came from," he explains. "I love surfing and the beach, but I also love luxury fashion. When we started Jam, there were coastal brands, and there were urban streetwear brands, but there wasn't anything that bridged that gap. So that's what we decided to do."

"We describe our clothes as trans-seasonal and transcendable," Mark adds. "For us, that means they can be worn all year round and by multiple generations. There's no shame in wearing the same clothing as your parents or even your grandparents. Our clothes are designed to be shared, and a lot of our pieces are unisex too. We want to create clothes that work just as well on a 16-year-old boy as they do on a 70-year-old woman."

In order to keep the brand flexible, the duo needed to ignore a lot of well-meaning early advice. "Anyone who gives business advice tells you that you need to be super-focused on who your audience is – for example, males aged 30 to 33, earning this kind of salary, living in this kind of house," Mark explains. "We just wanted to rip up the rulebook and actually design products that you can sell to everyone. We don't want to exclude anyone at all."

It's an ethos that has helped to keep the brand

sustainable – something that's very important to the nature-loving brothers. "Sharing clothes with a parent or partner is a great way to avoid investing too much into fast fashion," Andrew says. "One of the biggest challenges for fashion is waste. One of the benefits of selling products to a very wide audience, as we do, is that there is much less waste. We haven't ever had any dead stock – we sell absolutely everything. "We've all had the experience of buying an outfit that we wear for maybe one or two nights out, never feel comfortable in and end up throwing out. We try to create clothes that you'll wear when you feel good, but also when you feel a bit rundown. We don't do aggressively tight-fitting shapes – we're all about comfort and stylish ease."

So what's next for Jam? "Our dream is to become a British legacy brand," Mark tells me.

"We want Jam to remain a family brand, because that's something that's hugely important to us. Five or six days of every week, Andrew, Mum and I will be in stores talking to customers. It's a personal touch, a friendliness that is at the heart of what we do. We love meeting customers – they're like an extension of our family. In the next 10 years – and the 10 after that – I hope that Andrew and I will be continuing to do what we're doing: creating beautiful products and expanding our Jam family."





Mayfair PA is a group of dedicated professionals who enjoy bespoke monthly events in and around the West End with the chance to experience luxury boutiques, fine dining restaurants, hotels and business services - all looking to showcase the best they can offer to Personal or Executive Assistants.



# mayfairPA



As a key influencer in your organisation, these evenings are wonderful opportunities to engage with premium brands that will be on your company's radar going forward. Always varied and fun, Mayfair PA is here to point you in the right direction, whatever your company's needs.



Joining Mayfair PA and attending its events is free of charge. To receive regular event invitations, we just need your name, the company you represent and your work email address.



Please email [MayfairPA@pubbiz.com](mailto:MayfairPA@pubbiz.com) to join the fun.



To partner with us to host an event please email [Bridget@pubbiz.com](mailto:Bridget@pubbiz.com)

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# *Valentine's Day / Gift guide*

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**COCO DE MER**

Lace plunge-neck Hera  
bodysuit, £295

*Harrods, 87-135 Brompton Road*

## Valentine's Day / Gift guide



**PAPERSMITHS**  
I Like You card,  
£3.95,  
170 Pavilion Road



**TASCHEN**  
Rainer w Schlegelmilch:  
Porsche Racing Moments,  
£850,  
12 Duke of York Square



**ANYA HINDMARCH -  
THE BESPOKE SHOP**  
Bespoke filing card case with  
personalised message, £130,  
15-17 Pont Street



**JEROBOAMS**  
Dom Pérignon  
vintage, £215  
336 King's Road

# HIS



**SMYTHSON**  
Golf tee holder, £195,  
141-142 Sloane Street



**SOHO HOME**  
House robe with  
embroidered initials  
£95 plus £10 for  
personalisation,  
6 Duke of York Square

**THEO FENNEL**  
Carved black labrador cufflinks, £7,500,  
2 Garrison Square, Chelsea Barracks





**SUNSPEL**

Classic boxer shorts in Liberty fabric, £60  
73 Duke of York Square



**OLIVER BROWN**

Pyjamas with blue stripes, £195  
75 Lower Sloane Street



**CALVIN KLEIN**

Flannel pants pyjama set, £110  
68 King's Road



**TATEOSSIAN**

Sterling silver cable oval cufflinks with moonstone, £429  
55 Sloane Square



**RALPH LAUREN**

Polo bear plaid flannel robe, £180  
32-33 Sloane Square



**HACKETT**

Two-pack trunk boxers, £47  
137-138 Sloane Street



**DUBARRY**

Ventry moccasin slippers in French navy, £99  
34 Duke of York Square

## Valentine's Day / Gift guide

### FREYA ROSE

Adjustable gold star bracelet  
in 22ct gold vermeil, £85  
50 Fulham Road



### GRAFF

Tilda's Bow white and  
pink diamond watch,  
£POA  
11 Sloane Street



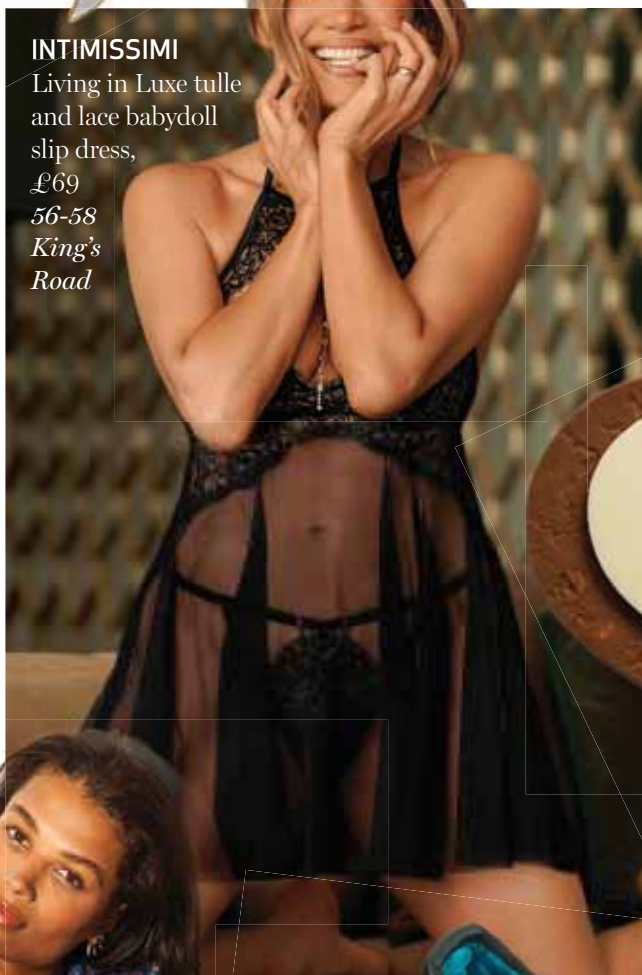
### OLIVIA VON HALLE

Amina parakeet green  
fringed silk satin robe, £795  
190 Pavilion Road



### INTIMISSIMI

Living in Luxe tulle  
and lace babydoll  
slip dress,  
£69  
56-58  
King's  
Road



### LÄDERACH

Roasted and  
caramelized hazelnuts  
enrobed in Swiss milk  
chocolate, £33  
27 King's Road



### STRIPE & STARE

Winter floral long  
pyjama Set, £95  
Anthropologie,  
131-141 King's Road



### ANYA HINDMARCH

Anya Brands After  
Eight velvet slippers in  
dark holly, £595  
157-158 Sloane  
Street





**KIKI MCDONOUGH**  
Heart fire opal and diamond stud earrings, £1,800, 12 Symons Street



**AESOP**  
Damascan Rose Facial Treatment, £60, 22-24 Duke of York Square

# HERS



**PETER JONES**  
Bialetti and Dolce & Gabbana Moka Express coffee maker, £75, Sloane Square



**THE CONRAN SHOP**  
Exclusive Diamond Vase in Pink and Red by Sophie Alda, £98, 16 Sloane Square



**HARVEY NICHOLS**  
Atomic Rose eau de parfum from the Carnal Blends Collection, Initio Parfums Privés, £230, 109-125 Knightsbridge



**PARTRIDGES**  
Pink Marc de Champagne Exquisite Truffles, £10.95, 2-5 Duke of York Square



**LAVENDER GREEN**  
Gone with the wind bouquet, from £150, 239 King's Road

# Interiors / Beaverbrook



## Home sweet...hotel

LOCALS LOOKING FOR A STAYCATION, INTERNATIONAL TRAVELLERS SEEKING A LUXURIOUS BASE AND DESIGN LOVERS ALL KNOW WHERE TO CHECK IN

WORDS: CHARLOTTE PASHA

BEAVERBROOK TOWN HOUSE on Sloane Street is an interiors lover's dream. Behind the awning-clad door lies a treasure trove of delights, courtesy of Nicola Harding. She sourced the fabrics, furnishings and fittings from an array of local suppliers, including antique chairs from Howe, cushions by Penny Worrall, lampshades by Rosi de Ruig, decorative lighting from Vaughan Designs, ironmongery by Joseph Giles and trimmings from Samuel & Sons.

There's a sense of being in a home away from home from the minute you arrive, greeted not by a stuffy lobby but a snug little library full of London-centric artwork and soft furnishings.

Japanese culture plays a big role in the design: the Japanese restaurant is well worth a visit and the garden



TOP: THE ADELPHI STUDIO SUITE  
LEFT: THE COURTYARD





has lacquered planters, brass accents, bonsai trees and flora picked for its lush blossom and autumnal foliage. There are art deco influences too, paying homage to the 1920s and 30s: think an abundance of tiles and tactile textures, vibrant colour schemes and statement wallpaper. We particularly like the pineapple motifs.

The hotel itself pays homage to Lord Beaverbrook's colourful life in London. At his Fleet Street residence the newspaper baron and politician hosted many famous friends, including Ian Fleming, Winston Churchill, Rudyard Kipling, Elizabeth Taylor and Laurence Olivier.

Fittingly, at the Town House, rooms and suites are all named after famed theatres. Thoughtful touches abound, from personalised minibars stocked with guests' preferred treats to help-yourself whisky decanters and tea stations. The en suite bathrooms feature glossy tiles, chic lighting and lacquered mirror frames in jewel-box hues.

Of course, Beaverbrook's country house property is in Surrey, so those who love the ambience and style of the Town House could head there for a country escape, too. But with all the Town House offers right in the heart of London – who would leave?

*115-116 Sloane Street*



TOP: THE LIBRARY  
LEFT: OMAKASE DINING EXPERIENCE

# 10

*of the best*

Whether you're taking part in Veganuary or keen to explore a more plant-based lifestyle, we've found some of the best vegan buys for 2024

WORDS: ALICE CAIRNS

## EAT YOUR VEG

Get your five-a-day with the Peak Season box from Natoora, packed with a diverse selection of the fruit and vegetables that are at their very best right now.

£40, *Natoora, 245 Pavilion Road*



## IN THE BAG

The Bou bag is made from ohoskin, a pioneering vegan fabric created from orange and cacti waste.

£425, *Ganni, 94 King's Road*



## SKIN DEEP

The experts at Oh My Cream can put together a bespoke, vegan skincare routine for you as part of a free skin consultation.

This moisturiser from Milk features oat milk, fig milk and argan milk.

£35, *Oh My Cream, 194 King's Road*



## JOG ON

Take the next step in your vegan journey with the Jump low-top trainers, inspired by basketball legends of the past.

£64.99, *Superdry, Peter Jones, Sloane Square*



# Top 10 / Veganuary



Ottolenghi  
**FLAVOUR**

## BY THE BOOK

Yotam Ottolenghi's cookbook contains a range of delicious plant-based recipes, designed to infuse vegetables with maximum flavour.  
£30, Ottolenghi Chelsea, 261 Pavilion Road



## DATE NIGHT

Can't be bothered to cook? Head to Wulf & Lamb for all-day plant-based dining, from a vegan full English to a chilli "non" carne.  
Book a table at [wulfandlamb.com](http://wulfandlamb.com),  
243 Pavilion Road



## SWEET DREAMS

Going vegan doesn't have to mean no sweet treats. This bar from Rococo is dairy-free with a caramelised bitter orange flavour.  
£6.95, Rococo Chocolates, 321 King's Road



## SQUEAKY CLEAN

All products from Aesop are vegan and cruelty-free. This geranium leaf cleanser is perfect for sensitive skin.  
£35, Aesop, 22-24 Duke of York Square

## CARRY ON

This mini tote is made from vegan grape leather, using materials repurposed from the wine-making industry.  
£495, Strathberry, 96 King's Road



## PIECE OF CAKE

This vegan chocolate cake contains layers of dairy-free chocolate mousse and vegan ganache with a crunchy chocolate base.  
£7.50, Birley Bakery, 28-30 Cale Street

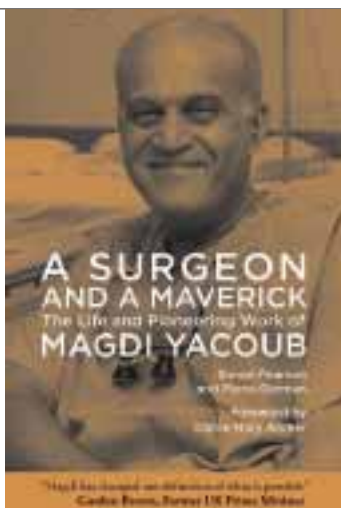
# Health / Magdi Yacoub

WHEN MAGDI YACOUB ARRIVED IN LONDON in the 1960s from Egypt, little did he know that one day he would become close friends with one of the most famous women in the world.

After many years working his way up the career ladder, in late August 1995, when the pioneering heart specialist was doing his rounds at the Royal Brompton hospital on Sydney Street, he bumped into Diana, Princess of Wales, who was talking to a patient.

“I was impressed by the way she wanted to save the world – that impressed me no end and that’s why we became close, if you like,” he tells *Sloane Square*.

“She used to actually come into my office and cry, saying, ‘nobody listens to me, I want to do more –



find out the facts and the figures’, and she actually went to these places to see the children.

“The interesting thing is the entire world understood what she wanted to do and when she died the whole world was mourning.”

Magdi’s relationship with Princess Diana is part of his extraordinary life story that is detailed in his newly released biography, *A Surgeon and a Maverick: The Life and Pioneering Work of Magdi Yacoub*.

Diana would even follow him to Harefield hospital, where she came at night to spend time with a teenage girl following her life-saving surgery.

“I would be doing my rounds at 11 or 12 before going home and I would hear giggles and I said, ‘oh

SIR MAGDI YACOUB, AGED 88 AND STILL WORKING IN TRANSPLANT SURGERY, TELLS ALL IN HIS NEW BIOGRAPHY, INCLUDING HIS TIME IN CHELSEA AND BEFRIENDING PRINCESS DIANA

WORDS: SOPHIA CHARALAMBOUS

## Rising to the *CHALLENGE*



people just see the glamour, I want to make sure this is directed to saving people around the world’. I would say, ‘like what’, and she would say, ‘like the children having their arms and legs blown up.’

“I said, ‘these are mega problems’, to which she said literally, ‘well somebody has to tackle mega problems so let us

my God,’” Magdi chuckles. “Diana is there painting the girl’s nails and toenails and both of them are laughing like mad. I said, ‘how did you get here and do you have security?’ and she said, ‘no, I drove myself.”

Magdi remembers the princess with such clarity – his mind is as sharp as anything, which must be the reason he’s still working today at 88 years old, as well as travelling to oversee his hospitals in Egypt and his charity Chain of Hope.

Not only this, at Harefield’s Magdi Yacoub Institute, and other centres around the world, teams are working on growing replacement valves and organs



from stem cells and exploring the potential for gene editing to combat heart failure.

When I ask about how he has the energy, he answers: “I lecture all around the world but with Zoom now it is much better.

“To go to Australia for 48 hours and come back – I used to do that. Or New Zealand for 12 hours. It was crazy but I was much younger and could take it. I couldn’t do that now.”

Biographers Fiona Gorman and Simon Pearson, both former *Times* journalists, interviewed Magdi for 25 hours and in that time learned that Chelsea was a key area in his story. He met his late wife Marianne, with whom he had three children – Lisa, Sophie and Andrew – in the Royal Brompton hospital where she was working as a nurse.

Simon says: “Music, fashion, he liked the Beatles, particularly the song *Michelle* – I think he remembers Cliff Richard coming to visit the hospital after the film

*Summer Holiday*. Flared trousers... they all came up in conversation.”

While it is always a challenge to write a biography, the sheer volume of work that Magdi has undertaken in the field of transplant surgery is extensive and constantly increasing. After such an inspiring career, what advice would he give young people who want to follow in his footsteps?

“When young people ask me how to succeed in their speciality, which happens to be heart surgery, I say it’s simple: they must follow PPH,” reveals Magdi.

“The first P is passion – you must find your passion so you wake up in the morning and rush to your passion. The second is persistence – because you don’t have to be a genius, many geniuses go from one thing to another and nothing happens. H is humility, so you can talk to kings and queens, top scientists but also desolate people – in science in particular if you are arrogant, you will discover nothing.”

LEFT: PRINCESS DIANA AT HAREFIELD HOSPITAL  
ABOVE: OPERATING THEATRE IN ASWAN, EGYPT

# Beauty / News

## THE EUDELO SKIN EXPERIENCE CENTRE: THE REVIEW, BY CHARLOTTE PASHA

The Eudelo Skin Experience Centre has arrived at 86 Sloane Avenue, from the renowned Dr Stefanie Williams (below). Known for her natural looking, medically-backed results, all treatments start with a consultation before she and her team create a bespoke, long-term plan for any skin concerns or improvements. From ageing and contouring to acne scarring and rosacea, Dr Stefanie and her decades of experience can help. She's a walking advert, too – she looks pretty fabulous herself.

I tried out the Eudelo Inaugural facial (£625), a brand new and bespoke experience that incorporates just about every tool and technique you could possibly want. It's 90 minutes long and starts with a deep pore cleanse and advanced wet microdermabrasion, before a mild peel (no downtime) to remove dead cell debris, clear clogged pores and gently exfoliate the skin.

Then for my favourite: extractions, to bust away any pesky blackheads and whiteheads. Two different masks are applied, tailored to my combination skin and mapped to different facial regions, before a lymphatic drainage massage that is designed to help with depuffing.

Next up: red LED light and cryostimulation. The latter uses blasts of very cold air to bio-stimulate the skin to produce more collagen and improve its oxygen and nutrient supply. Plus, it releases endorphins, so it's a win-win.

The icing on the cake is the “woo woo” element – throughout the treatment, “grounding” patches lie on my chest, tapping into Earth's free electron reservoir. This is akin to walking barefoot on the ground and comes with a host of benefits.



“The scientific background to grounding is that Earth's surface is a huge reservoir of free electrons, which on skin contact swiftly move into the body and help neutralise free radicals,” says Dr Stefanie.

“Grounding also helps balance the autonomic nervous system and reduces the level of the stress hormone cortisol in the body.”

I leave feeling energised, with bright skin and a new bespoke skincare plan. Do go along and see for yourself.

DR RASHA RAKHSHANI, one of London's most experienced cosmetic doctors, is opening a new clinic on 11 January. Her client-focused approach and attention to detail ensure beautiful results. Hydrafacials, Emsculpt, injectables and more are available.  
161 Brompton Road



**IF YOU FANCY SOMETHING DIFFERENT**, book in for a healing haircut, also known as trichoth rap , with Sabrina Picot, senior stylist at Hari's (233 King's Road). Focusing on energy as much as hair health, it explores the emotional bond between body and mind through the hair and the notion that hair cannot shed toxins on its own. To detox it, hair is trimmed with a Japanese sword called a tanto, which releases hair toxins and resets hair's energy, leaving old trauma behind and helping the scalp feel lighter. You'll leave feeling energised and empowered; with hair, body and mind revitalised.  
From £250 on consultation – call 07590 464628  
or email [contact@energy-haircut-by-sabrina-picot.com](mailto:contact@energy-haircut-by-sabrina-picot.com)



NEST New York's perfume oil collection is a new way to experience fine fragrance. The collection includes six fragrances, each housed in a glass bottle with a dropper. You massage a few drops of the oil on to your arms, legs, neck – or anywhere you want to indulge with nourishment and fragrance. Our pick is the Madagascara vanilla. £96, Anthropologie, 131-141 King's Road

NOTHING WILL START THE NEW YEAR BETTER than treating yourself to a KXU spa membership. Enjoy supercharged self care with three cryotherapy sessions - perfect for endorphin boosting - alongside a rehab session or facial (the bespoke treatments are excellent.) You can also opt for pressotherapy for improved circulation, LPG for body contouring or a relaxing massage. It's £180 per month, and a seriously great addition to your life.

*241 Pavilion Road*

SARAH CHAPMAN has launched a new intensive hand cream, which cleverly uses facial skincare principles to deliver a treatment for the hands. It contains vitamin C to even skin tone and prevent future hyperpigmentation and age spots, along with a super potent dose of vitamin A to help stimulate the production of collagen and elastin. Mango butter, shea butter and Abyssinian oil replenish moisture levels with a non-greasy feel. £46

*259 Pavilion Road*



STEP INTO MEDUSA for all your beauty needs: the three-floor salon covers complete services for hair, brows, nails, skin and body. From manis, pedis and facials to the more unusual mermaid hair (think gloss, scalp treatment and hair "filler") and Ocean signature facial, so-called because it uses seaweed, there's something for everyone. The bespoke add-ons are excellent.

*10 Beauchamp Place*

ONE SKINCARE BRAND that is truly worth the hype - and the splurge - is Lyma. Harrods is the first UK retail partner to stock the full Lyma ecosystem:

supplement, laser and skincare. The skincare starter kit contains a serum and a moisturiser (£495). Apply to double-cleansed skin and expect results after a month, from reduced redness to more hydration.







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# Beauty / Valentine's

## **Elena Lavagni, co-owner of Neville Hair and Beauty, 5 Pont Street**

Start with a good skincare routine to ensure your skin is well-hydrated and radiant – consider a gentle exfoliation to remove dead skin cells.

Treat your hair to a nourishing mask or deep conditioning treatment, such as K18 or the Philip Martins herbal hair remedy, a week before Valentine's Day to add shine and manageability. Choose a hairstyle that complements your outfit and the vibe you want to convey – soft waves, romantic updos or a sleek blow-dry can be great options.

Opt for a makeup look that enhances your natural features. Soft, romantic

tones like pinks and neutrals can be perfect for a romantic occasion. Also, don't forget your nails – a fresh manicure in a classic or trendy colour can add the finishing touch to your look. We love the heart tips at Neville.

Invest in a lymphatic drainage massage with Sana Kirse at Neville – this will make you feel more confident and less bloated.

Remember, these tips are just suggestions and the most important thing is to feel comfortable and confident in your own skin. Whether you're celebrating with a partner, friends or treating yourself, the goal is to enjoy the day and feel your best.



# Looking good

PAMPERING ISN'T JUST FOR VALENTINE'S DAY. WHETHER IT'S DATE NIGHT OR A GIRL'S NIGHT OUT, THESE TOP TIPS WILL HELP YOU GET READY - CHELSEA STYLE

WORDS: CHARLOTTE PASHA

## **Shavata Singh, founder of Shavata Singh Brows and Lashes, Harvey Nichols, 109-125 Knightsbridge**

If you're heading out for a date or for a big night out with friends, you absolutely want to look your best which inevitably calls for beautiful skin and wide awake, sparkling eyes. Start preparing a few weeks before with a consistent skincare routine. Personally I cleanse morning and evening, applying retinol twice weekly at night and either vitamin C or salicylic acid in the mornings, underneath my SPF – but everyone's skin is different and you'll soon find what works for you.



I also apply eye serum every morning and evening, along with my Shavata brow and lash strengthener. Ensure you have the right shape and correctly positioned arch for your brows, opening up and lifting your eyelids to give a more youthful, wide awake look. Your brows should complement your face rather than being the star of your show, so make sure you visit your professional brow stylist a few weeks in advance, to give your brow-shape and tint – if used – time to develop naturally. Don't forget your eyelashes too – dark, sweeping lashes, either real or extensions, can look either beautifully natural or help to emphasise a smoky eye.

**Lynne Sanders, founder and formulator at Cosmetics à la Carte, 192 Pavilion Road**

I believe Valentine's Day is all about taking time to show yourself some of the love and care normally reserved for others. Falling at a time when the days start to get longer and the light starts to come back into our lives, February 14 is a great moment to take a good calm look at your beauty routine and think about how you want to move into spring. Whether it's a change of foundation or tinted moisturiser or a rethink of your colours,



it's the ideal time to enjoy a Makeup Playtime at our boutique. This £60 session with a senior artist is the perfect mood-boosting beauty refresh. It also offers you a chance to try our signature bespoke foundation blending service – it's all about enhancing your natural beauty and creating the closest match to your skin tone.

For Valentine's colours, we're loving our new Sheer Brilliance Pavilion Road lip gloss (£32, available from Valentine's Day). Inspired by our boutique's Chelsea location, this bronzed plum hue is a delicate and wearable way of approaching colour and a modern Valentine's lip look. The nourishing formulation also cares for lips like a balm.

**Sarah Chapman, skincare guru and founder of Skinesis Clinic, 259 Pavilion Road**

It cannot be overstated how important cleansing is to achieve glowing skin. Ahead of your plans, spend a few minutes really working your cleanser into the pores to lift out the day's dirt, makeup and other impurities. This will make a real difference to your skin's clarity and radiance and will also help your follow-up products penetrate the dermis more easily for optimal results.

Masks are a wonderful complement to your routine for a pre-date skin boost, as they have an instant effect. I often recommend my 3D Moisture Infusion mask to my clients before their red-carpet events. The bio-cellulose design floods skin with hydrating hyaluronic acid, soothing rosewater and skin-defence actives to leave it refreshed and dewy.

After applying your mask, treat your skin to a facial massage – the cornerstone of my skincare philosophy. For an instant glow, use your knuckles held in loose fists and your fingertips to roll, knead and tap life back into your skin. These movements boost the skin's vital supply of oxygen and nutrients for an immediate brightening effect, while stimulating lymphatic drainage to minimise puffiness. If you can't get your hands around this, pick up my Facialift, which mimics the effects of my award-winning Skinesis massage techniques at home, giving you a treatment-style massage in minutes.

Finally, lock in hydration and smooth your complexion with a moisturiser like my Dynamic Defence SPF 15 or my Icon Day.





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Sinitta



Calum Best



Ellen Francis Gibbons



Rich Preston

## A DOG'S LIFE

### PHOTOGRAPHY AT SAATCHI

Celebrities and stars of the art world visited Saatchi Gallery for the launch of Dogs with Jobs, an exhibition by Rankin and The Kennel Club Charitable Trust. The show highlighted the work of some of the UK's most highly skilled service dogs, including Thunder, a husky trained to bring comfort to those receiving palliative care.



Bettina Korek



George



Rankin



Calum Best, Karen and Sinitta, with Dennis, Riot and Rosie

# Social / People



Best Public Attraction - BBC Earth Experience



Outstanding Team - The Lansdowne Club



Best Customer Service - Bluebird Care at The Playhouse Theatre



Diversity - David Miller Architects



Best Business of the year - Egerton House Hotel

## LOCAL STARS

### AWARD WINNERS

The Kensington, Chelsea and Westminster Awards recently celebrated some of our very best local businesses. The prestigious ceremony was attended by senior officials, business owners and VIPs from across the borough, including Mayor of Kensington and Chelsea, Councillor Preeti Hudd.



Best Performance Venue - Kit Kat Club at The Playhouse Theatre



IMAGES: MARTIN JAMES



Best Retailer - Sounds of the Universe





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## A helping hand

### NEW GRANTS FROM THE KENSINGTON + CHELSEA FOUNDATION TACKLE INEQUALITY IN THE BOROUGH

Over the past year, The K+C Foundation has implemented a progressive new initiative - participatory grant making - which has so far distributed £400,000 into the community. This approach sees the Foundation partner with and train local residents who have lived experience of particular social issues and bring their experiences and insights to deciding which projects stand the best chance of making a difference. The resident panels design the grant application process, set the aims and criteria of the fund and assess how well the applications from local charity projects meet them. The panellists ultimately decide which projects to support based on their assessment how likely they are to have the most impact.

The Foundation's first fund under this initiative aimed to tackle the relatively high unemployment rates in the borough, so the team recruited residents who had first-hand experience of under or unemployment. The panel's insights were incredibly valuable and they were passionate that projects should offer tailored approaches for their clients, listening to their needs and goals, rather than adopting a one-size-

fits-all approach. The panel selected 7 projects which are providing one to one support to 1,275 people, enabling them to increase skills, access viable employment and reach their full potential.

More recently, based on the success of this panel and the K+C Foundation's extensive network and relationships with smaller charities in the borough, it was invited to manage RBKC's Voluntary Sector Support Small Grants Fund. Residents on the panel were challenged to find projects which improve outcomes for the most vulnerable in the community, whilst

also helping Kensington + Chelsea to become a fairer borough. Over a 12 week process, the panel selected 9 projects which benefit residents from different age groups and backgrounds, over the next 3 years.

The K+C Foundation will now monitor the

charities' progress over the 3 year period, bringing them together regularly to learn from each other, collaborate and report on their impact. The Foundation believes that, together, we can build a better borough and listening to the community voice is an important step in doing just that. [contact.crossan@thekandcfoundation.com](mailto:contact.crossan@thekandcfoundation.com)



*"I REALLY, REALLY ENJOYED IT - I WAS BORN AND RAISED HERE AND WHEN YOU LOOK AT PROBLEMS IN YOUR BOROUGH THAT YOU WANT TO CHANGE, IT'S HARD TO FIND A VOICE OR A PLATFORM TO DO THAT, BUT THIS PANEL GAVE US A VOICE TO SEE HOW WE CAN CONTRIBUTE TO FIXING THE PROBLEMS IN OUR BOROUGH AND GIVE BACK TO OUR COMMUNITY."*

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# My Chelsea / Paula Chilton

## WHAT'S IT LIKE WORKING AT LOCKONEGO?

Lockonego is a wonderful place. It has a family vibe and is full of creativity and energy. I love all the conversations I have with my clients. Helping a person look and feel their best is really rewarding. No day is the same, which is how I like it.

## HOW DID YOU GET INTO WRITING?

I've always loved drawing and have dreamed of writing a book since I was a kid. Then during lockdown in 2021, I decided to have a go. That first book was called *The Adventures of Judy, Rosie and the Magic Coat* and was self-published in 2022. I found it all so fulfilling that I started my second book right away.

## HOW LONG HAVE YOU WORKED IN CHELSEA?

I am originally from Brisbane and have been



PAULA CHILTON HAS BEEN A HAIR STYLIST AT CHELSEA'S LEGENDARY LOCKONEGO SALON ON THE KING'S ROAD FOR 18 YEARS AND HAS RECENTLY TURNED HER HIGHLY SKILLED HANDS TO WRITING AND ILLUSTRATING CHILDREN'S BOOKS

WORDS: ROB MCGIBBON

in the UK since 1999. I've worked at Lockonego since 2005.

## WHAT DO YOU LOVE ABOUT CHELSEA?

It's the best neighbourhood in London! The architecture is beautiful and eclectic, but it is the people who make it special. It is packed with wonderful characters from all walks of life. I get a real insight

into Chelsea through my clients and I love listening to their stories.

## DO YOU HAVE ANY FAVOURITE LOCAL SHOPS?

Two of the best are Wilde Ones for crystals and Vivienne Westwood for jewellery and shoes. I am always browsing in Worlds End Bookshop and you can't beat Frantoio for a delicious

lunch, or Juicebaby for a healthy drink.

## TELL US ABOUT THE NEW BOOK?

It is an illustrated children's story set in my native Australia called *The Adventures of Tina, Nashi and the Fruit Bats*. It is about a little girl called Tina who loves science and is searching for a topic for a school project. Somehow she manages to make a potion that transports her and her dog, Nashi, into the world of fruit bats. This leads them on an educational journey about the importance of fruit bats in the natural world.

## WHAT'S A TYPICAL DAY LIKE FOR YOU?

I begin with coffee, then walk to work along the river from my home in Vauxhall. I'm non-stop busy at the salon and there's lots of chatter. The walk home helps clear my mind. My husband, Alex, is a model-maker and at weekends we like to do something cultural. I'm a Royal Academy member and I love galleries and museums like the V&A. London is amazing for the arts. On slower days, I will chill out at home and work on my latest book.

[paulachiltonbooks.com](http://paulachiltonbooks.com)



FAR LEFT: THE V&A  
ABOVE: CITRINE QUARTZ CRYSTAL



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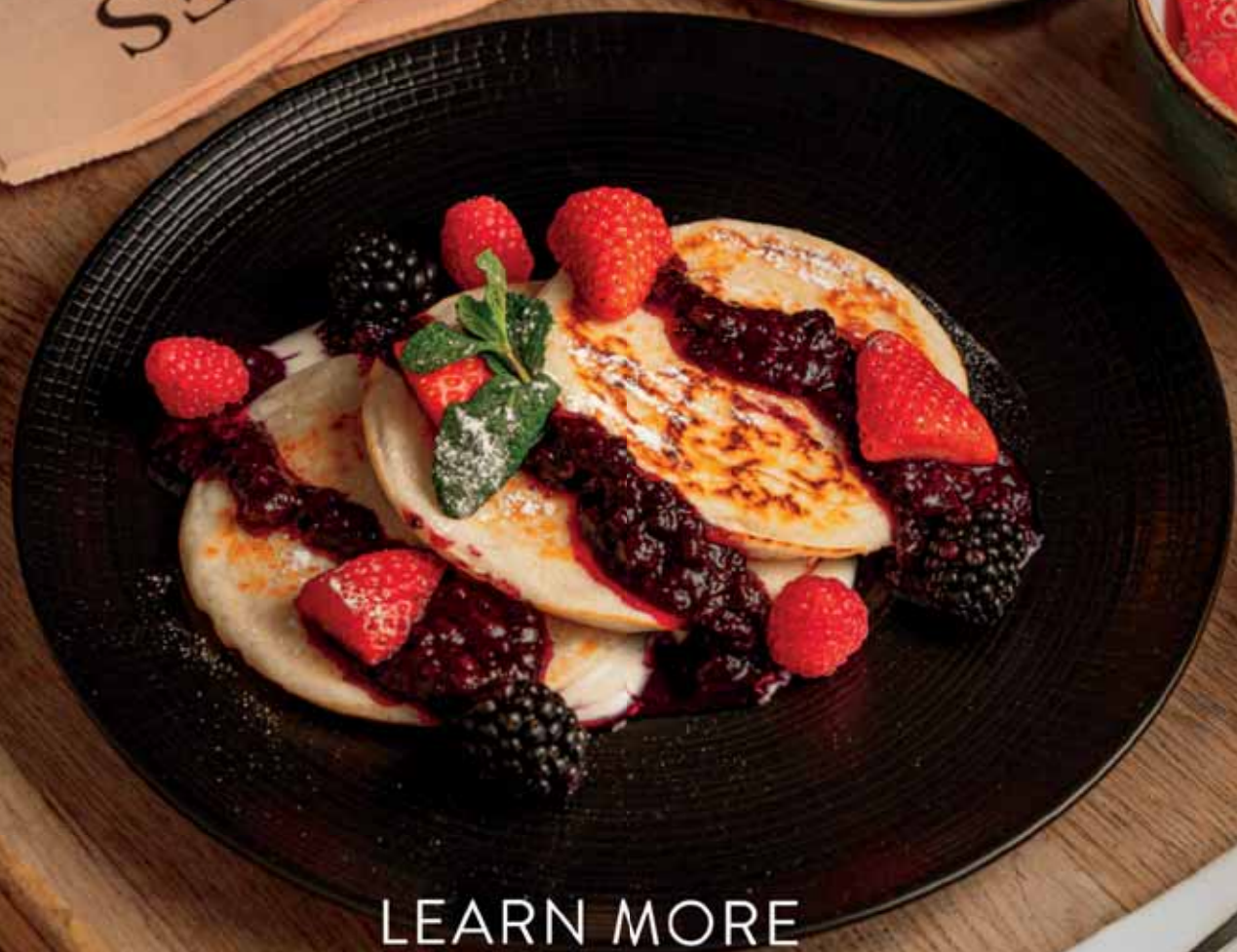
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